



ULTRASOUND
PROGRAM



Hemodynamic monitor in ICU

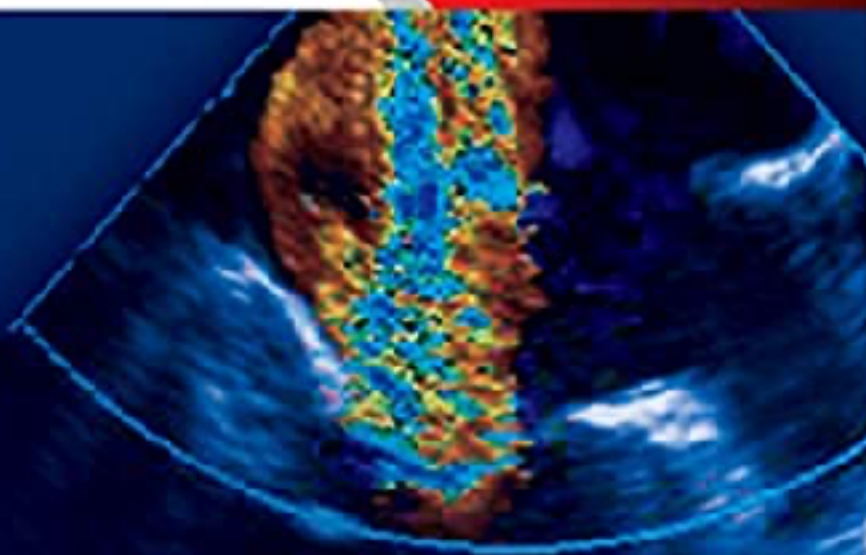
陳國智 西園醫院急診醫學科



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CRITICAL CARE ULTRASOUND



Philip Lumb
Dimitrios Karakitsos

ELSEVIER
SALVENDY

CACU

A Comprehensive Book on Critical and Acute Care Ultrasound





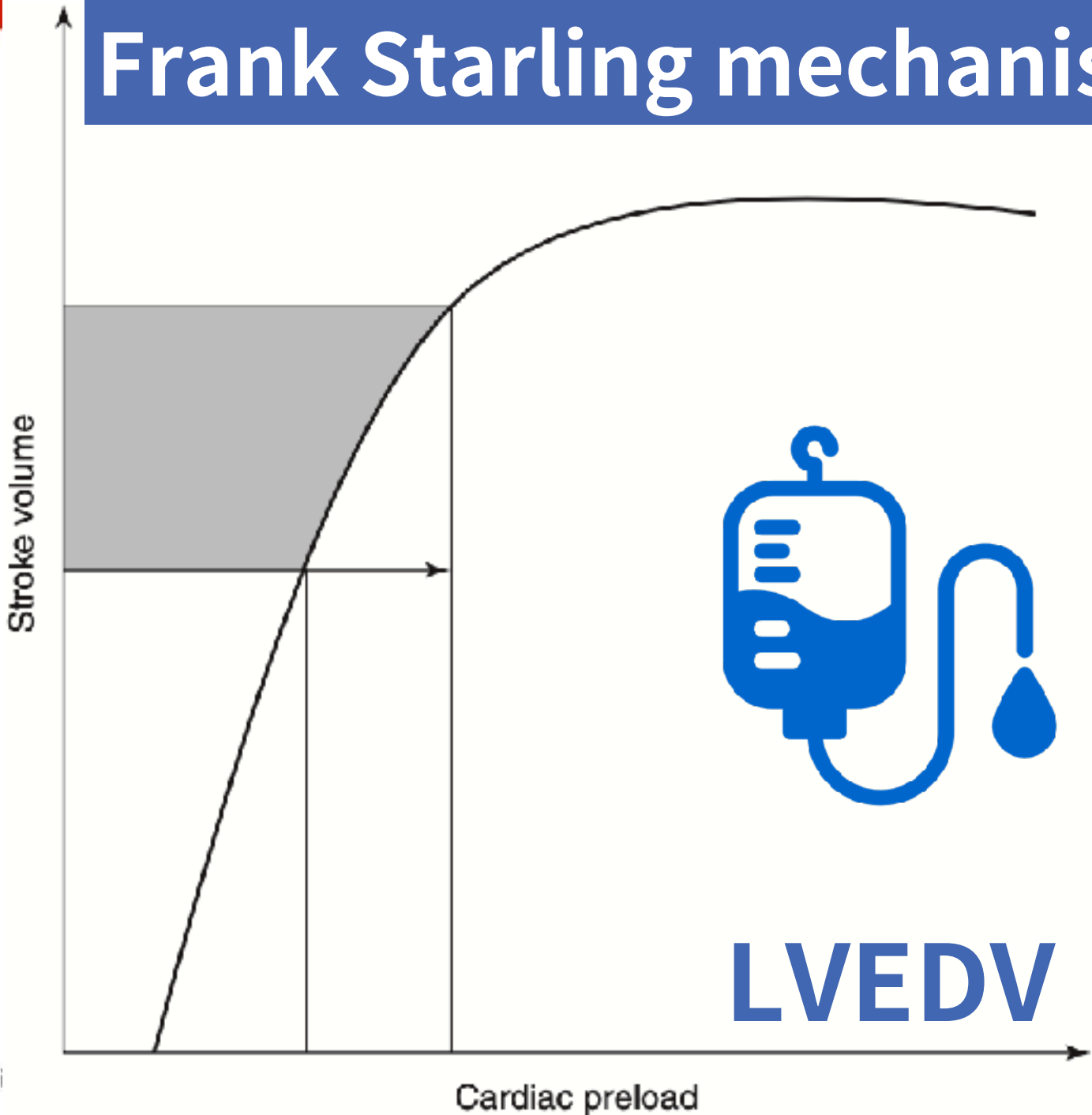
RUSH for Shock

	Heart	IVC	FAST	Aorta	Pulmonary
Hypovolemic Shock	<ol style="list-style-type: none">1. Hypercontractile2. Small chamber size	Flat IVC	Peritoneal fluid	<ol style="list-style-type: none">1. Aortic dissection2. Aortic aneurysm	Pleural fluid
Cardiogenic Shock	<ol style="list-style-type: none">1. Hypocontractile2. Dilated heart	Distended IVC	Peritoneal fluid	Normal	<ol style="list-style-type: none">1. Pulmonary edema2. Pleural fluid
Obstructive Shock	<ol style="list-style-type: none">1. Hypercontractile2. Pericardial effusion3. Tamponade4. RV strain5. Thrombus	Distended IVC	Normal	DVT	Absent lung sliding
Distributive Shock	<ol style="list-style-type: none">1. Hypercontractile or2. Hypocontractile	Flat or normal IVC	Peritoneal fluid (peritonitis)	Normal	Pleural fluid (empyema, pneumonia)

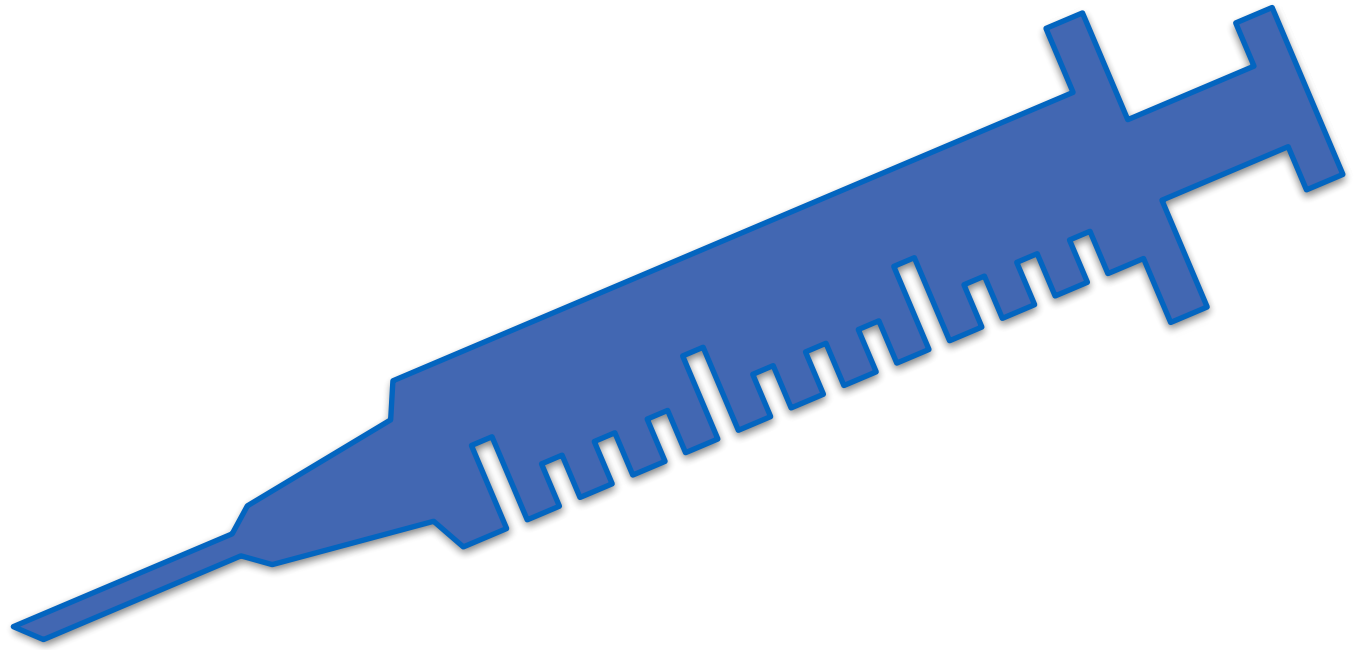
Shock Management



Frank Starling mechanism



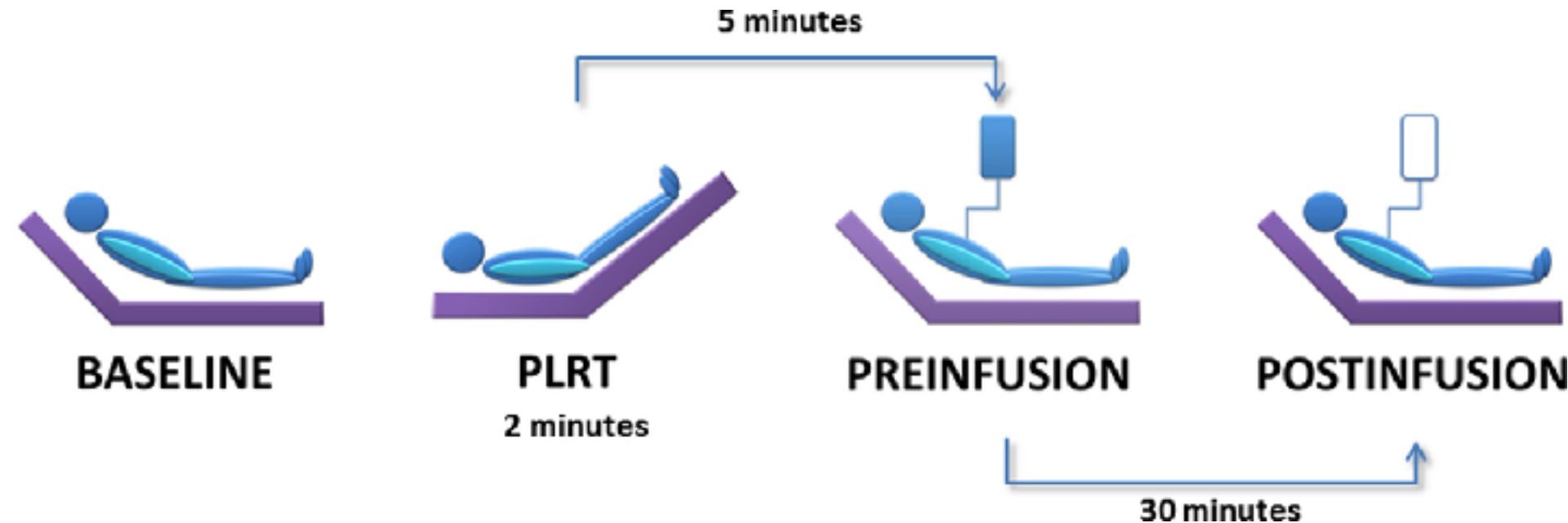
Fluid responsiveness



↑ C.O. 10 - 15%



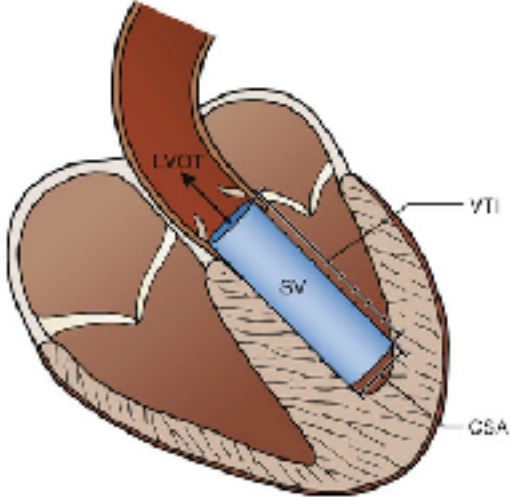
Passive Leg-Raising Test



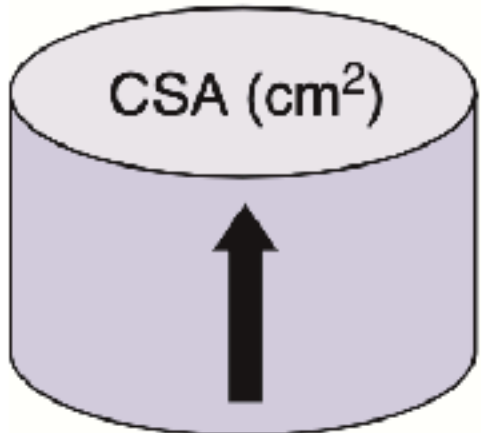
Annals of Intensive Care 2012

Techniques & Devices

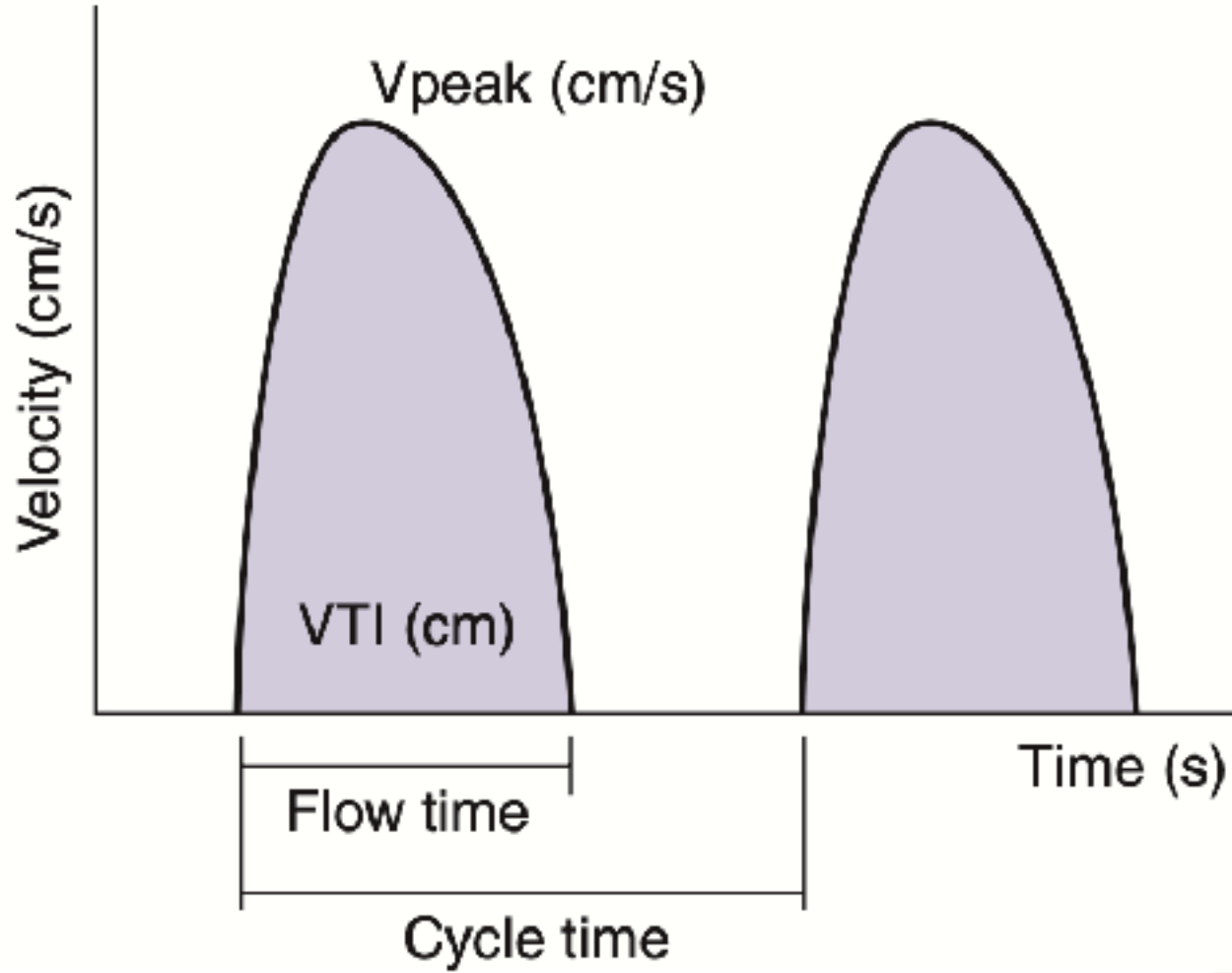
Technique	Comment	Example of Device
Flow probe Doppler Electromagnetic Fick method (O ₂)	Sometimes used as a laboratory reference standard. Limited clinical application	
Indirect Fick method (CO ₂) Partial rebreathing technique	Requires a pulmonary artery catheter and metabolic cart. Often posed as the clinical reference standard but preconditions often not met in critical care	NiCO
Thermodilution Transpulmonary indicator dilution Thermodilution Lithium Indocyanine green Dye dilution Pulsed dye densitometry Ultrasound indicator dilution (saline)	Partial rebreathing technique incorporating a number of mathematic assumptions, as well as changes in mechanically ventilated dead space, to remove the requirement for a pulmonary artery catheter Pulmonary artery catheter (bolus or warm/semicontinuous)	PICCO VolumeView LIDCO
Esophageal Doppler	The indicator dilution curve is formulated from changes measured in ultrasound velocity (blood, 1560-1585; saline, 1533 m/sec)	COstatus
Transcutaneous Doppler	May be applied to suprasternal (aortic valve) and parasternal (pulmonic valve) windows	CardioQ HemoSonic WAKle TO USCOM
Arterial pressure waveform analysis		PICCO LIDCO Vigileo MostCare
Thoracic electrical bioimpedance		Lifegard TEBCO Hotman BioZ
Thoracic electrical bioreactance		NICOM



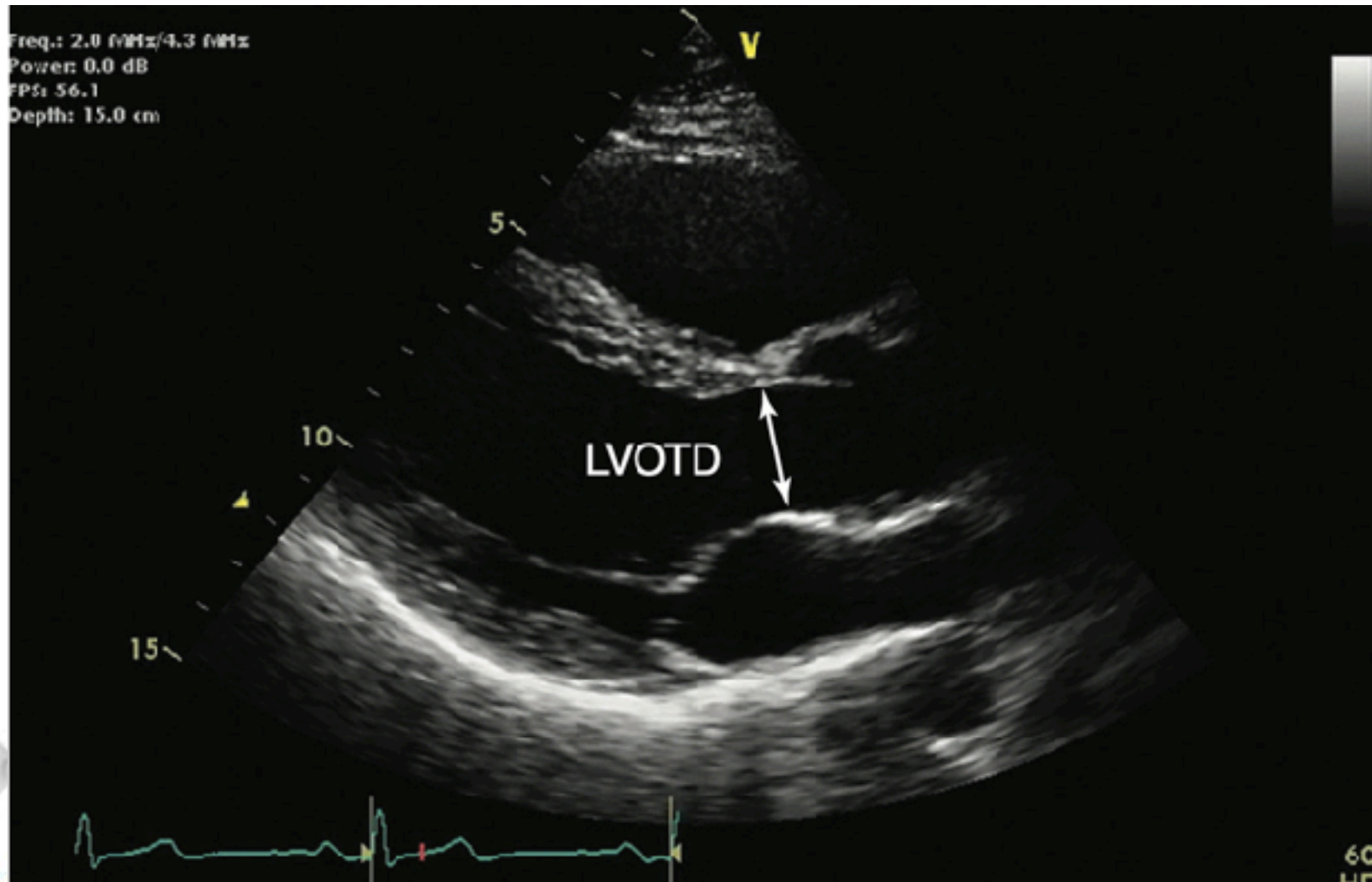
$$SV = CSA \times VTI$$



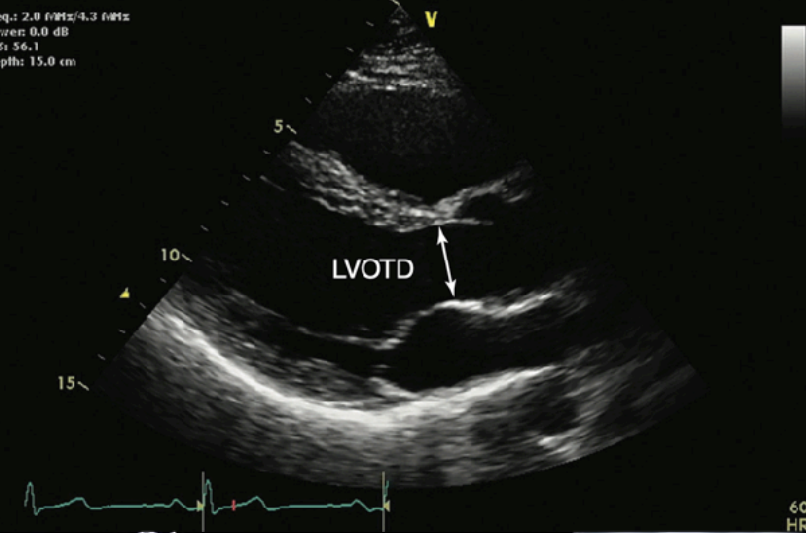
Flow



LV outflow tract



Depth: 2.0 cm
Gain: 1.3
Gain: 0.0 dB
Gain: 36.1
Depth: 15.0 cm



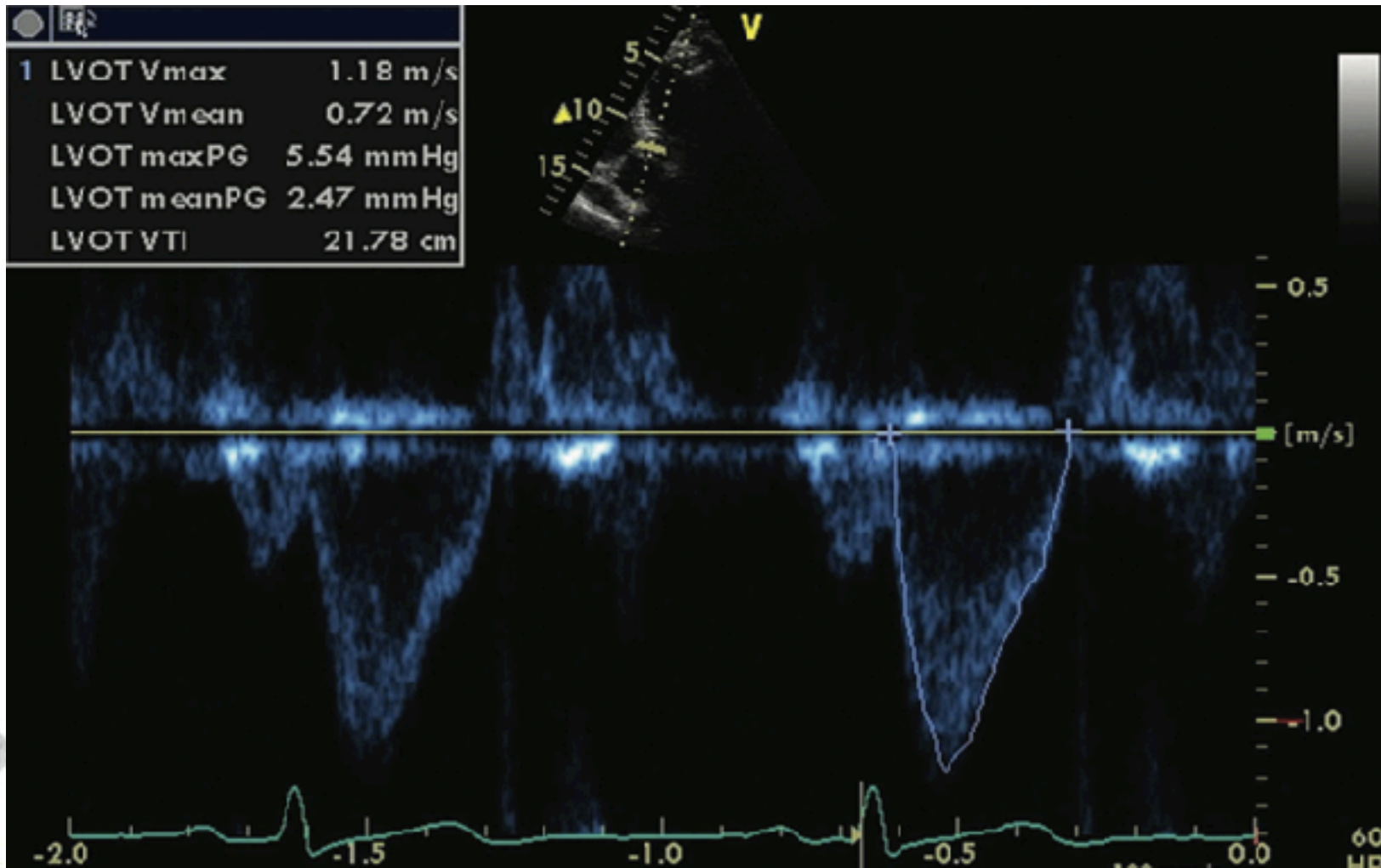
LVOT



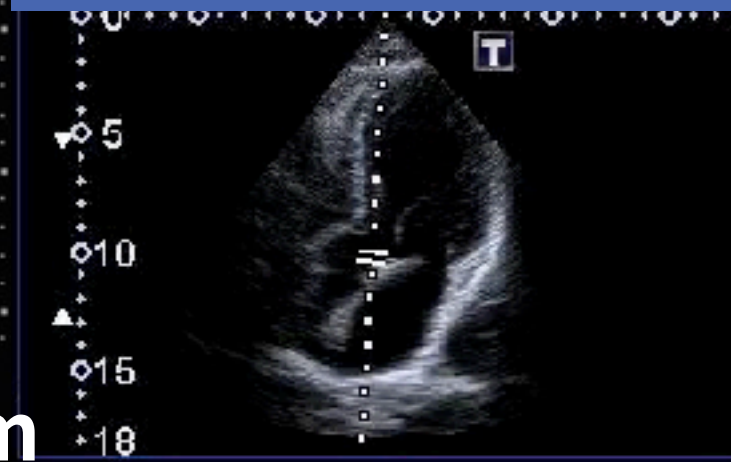
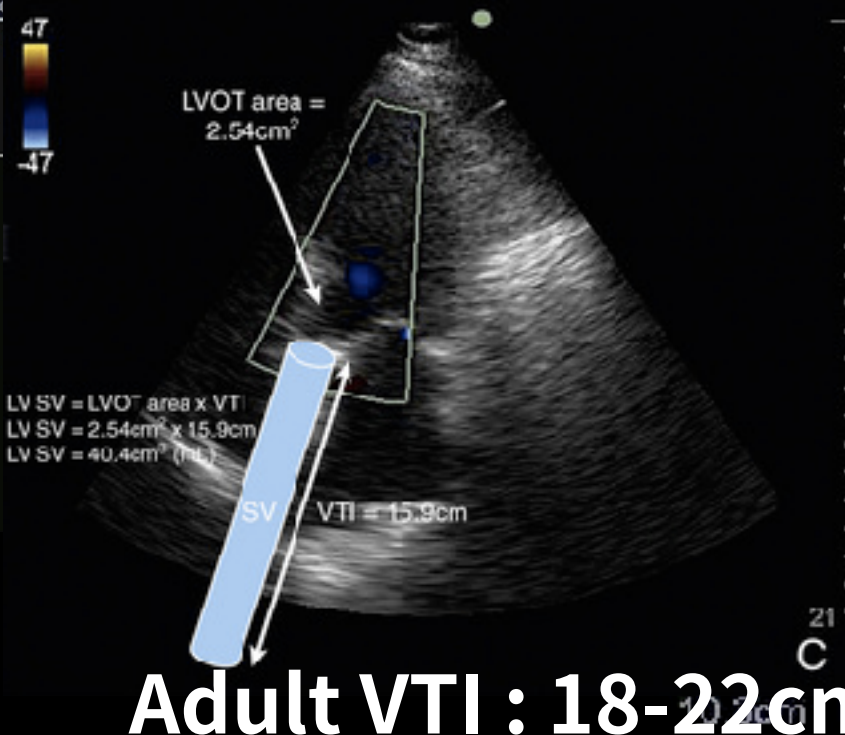
M
1.4
5S
T3.0
63 fps
G:82
DR:55
TE:3



Velocity-time integral

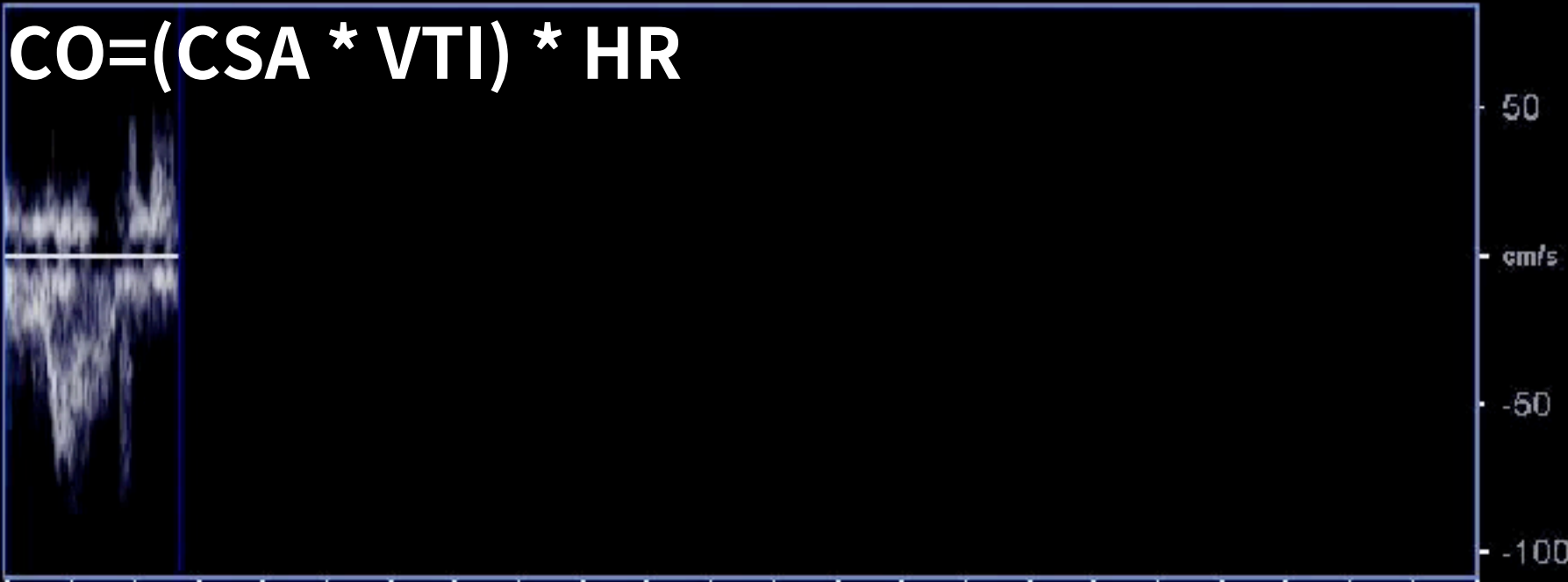


VTI



Adult VTI : 18-22cm

$$CO = (CSA * VTI) * HR$$



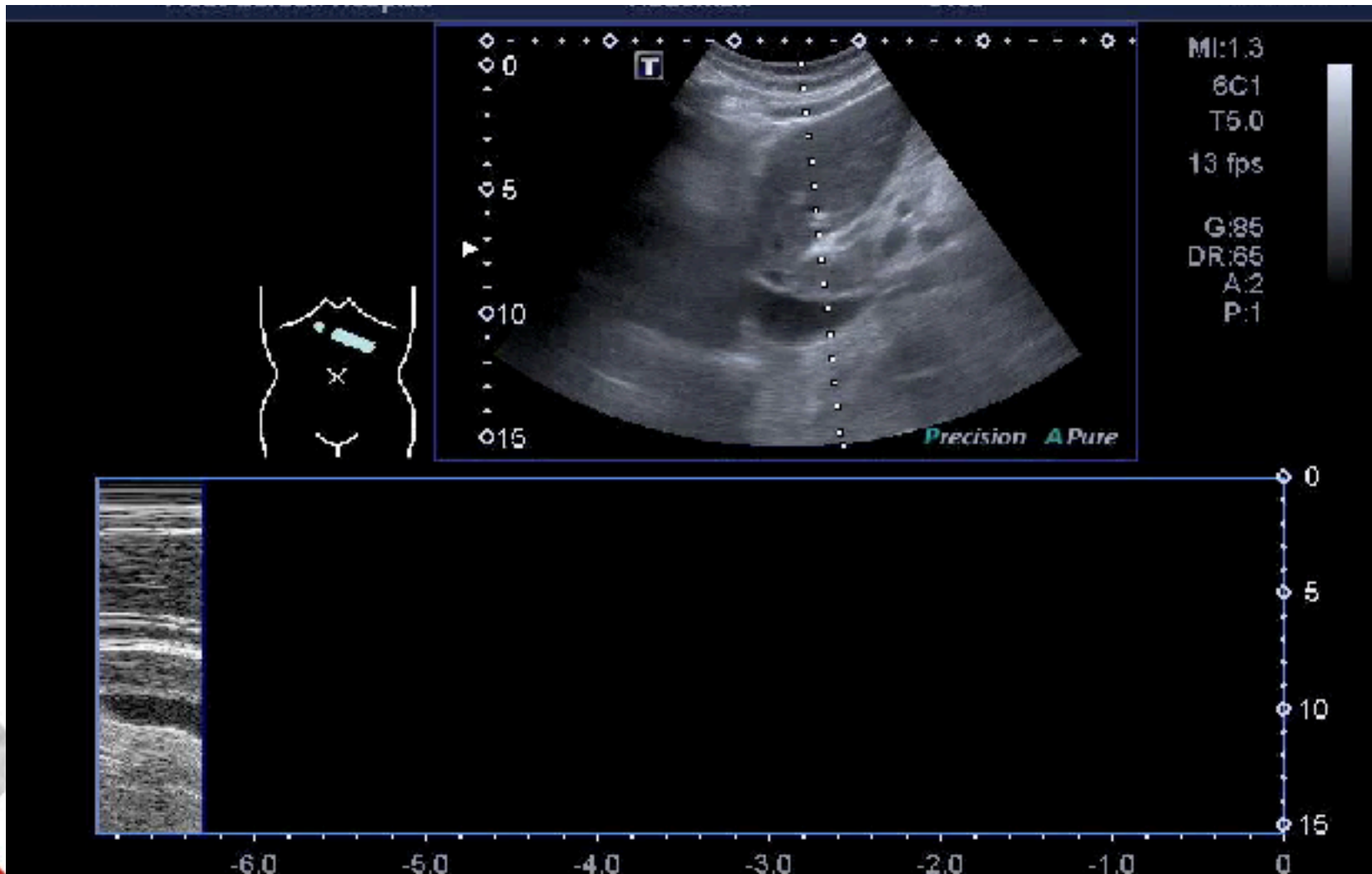
IVC : RV preload

Diameter 1~2 cm

Variation index: SB > 50% ; MV > 18%

IVC diameter (cm)	Collapse (%)	CVP (mean)mmH
<1	> 50	0-5 (3)
1-2	NA	5-10 (8)
>2	<50	10-20 (15)

IVC variation



Fluid responder ?

Abd Gen
C5-1
36 Hz
14.0cm

2D

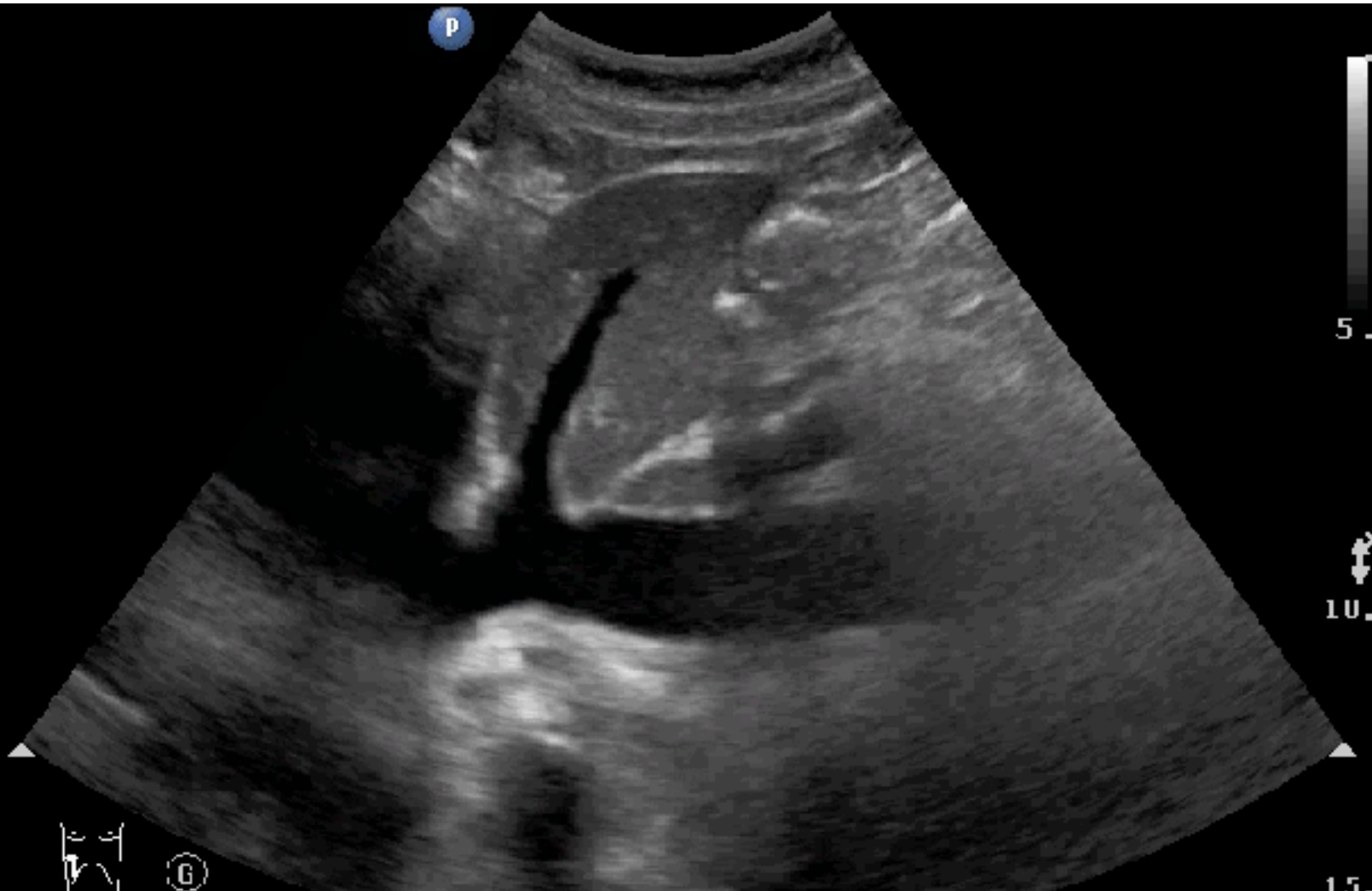
HGen
Gn 61
C 56
3/3/3



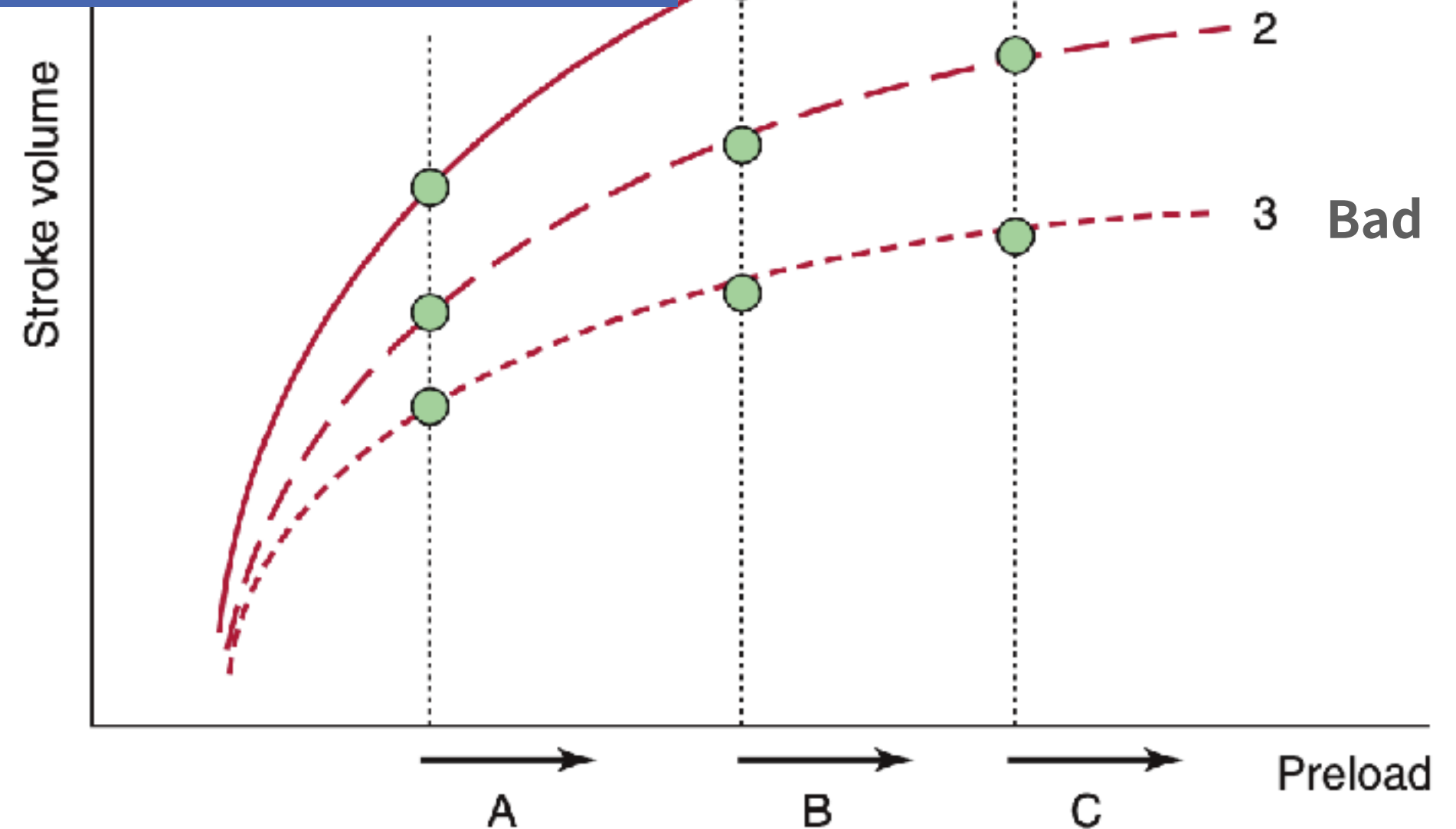
Fluid responder ?

Abd Gen2
C5-1
32 Hz
16.0cm

2D
HGen
Gn 60
C. 55
3 / 3 / 3

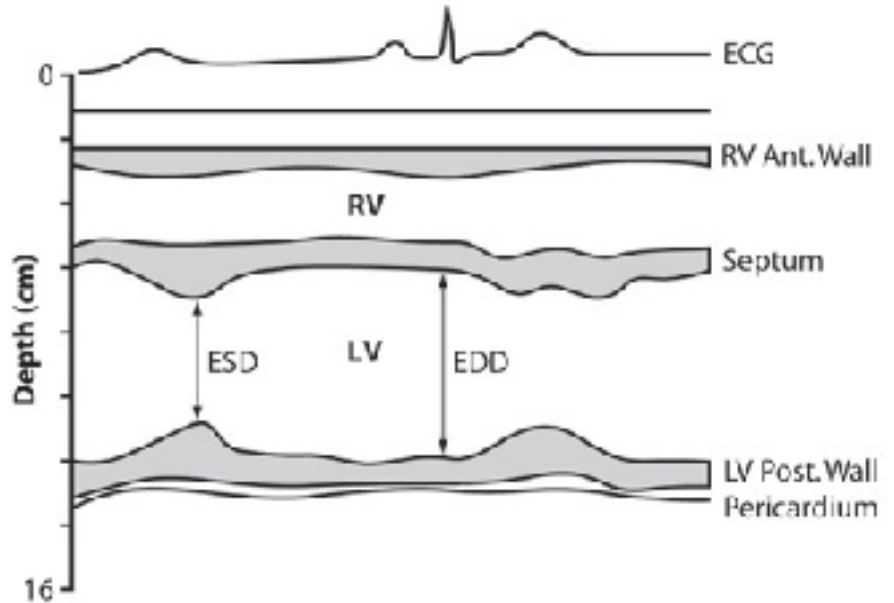


Fluid responsiveness



Fraction shortening

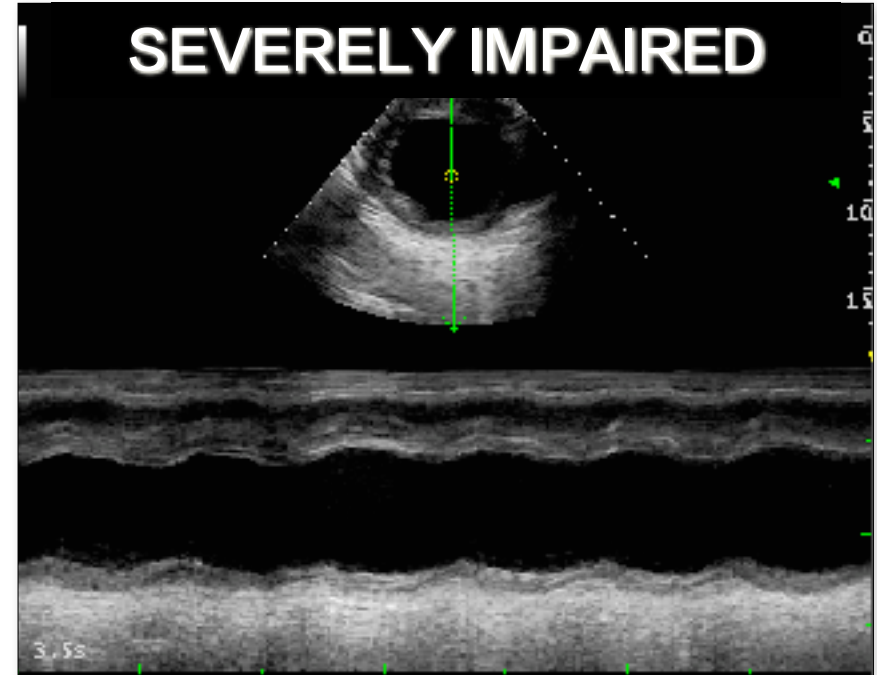
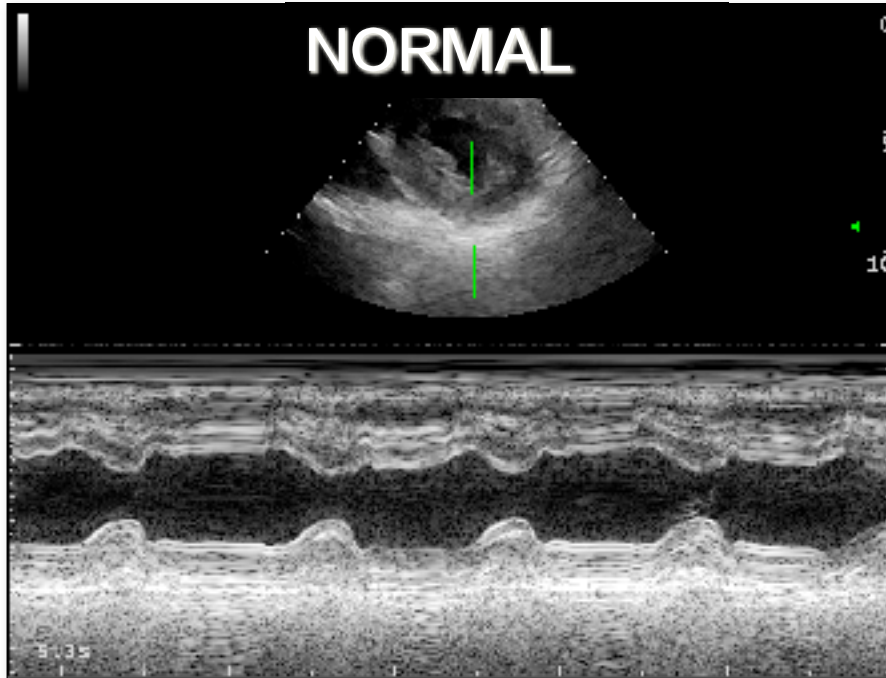
$$FS (\%) = 100 \times \frac{(LVEDD - LVESD)}{LVEDD}$$



NORMAL $\geq 30\%$

SEVERELY IMPAIRED $< 20\%$

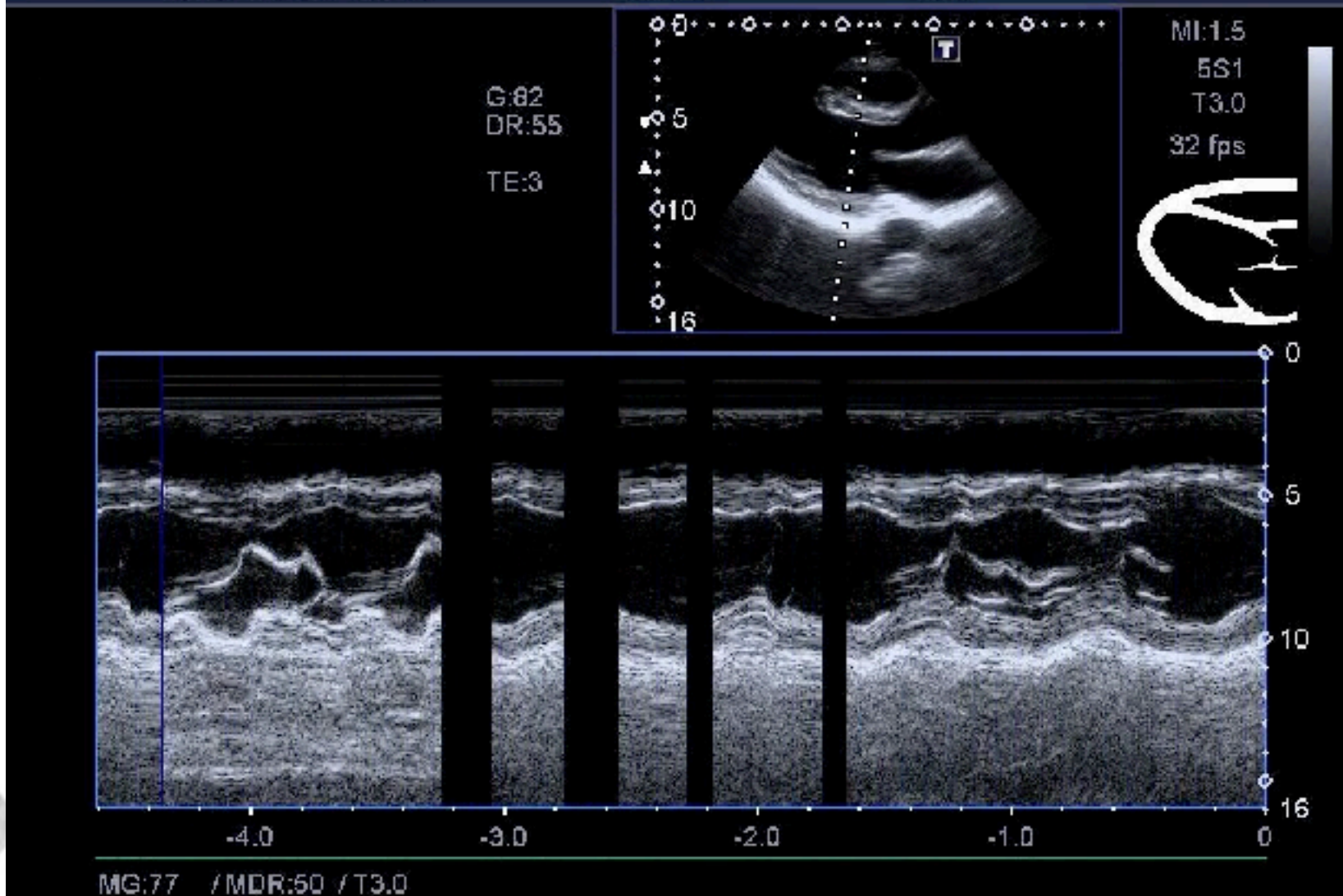
Fraction shortening



$$EF(\%) \approx FS(\%) \times 2 \quad (\text{ex. FS } 30\% \approx EF \text{ } 60\%)$$

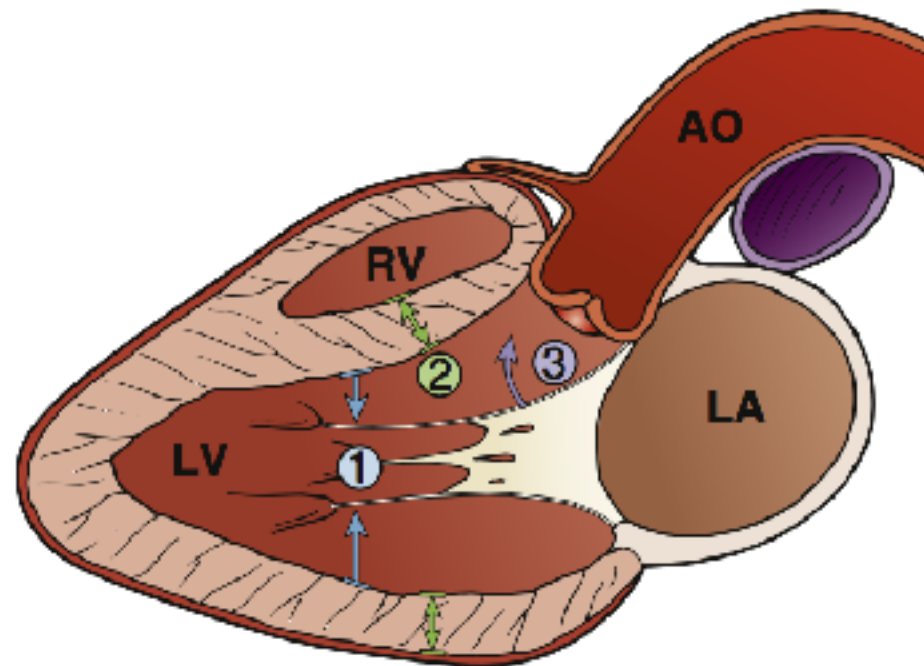
(Simplification of Teicholz method)

Fraction shortening

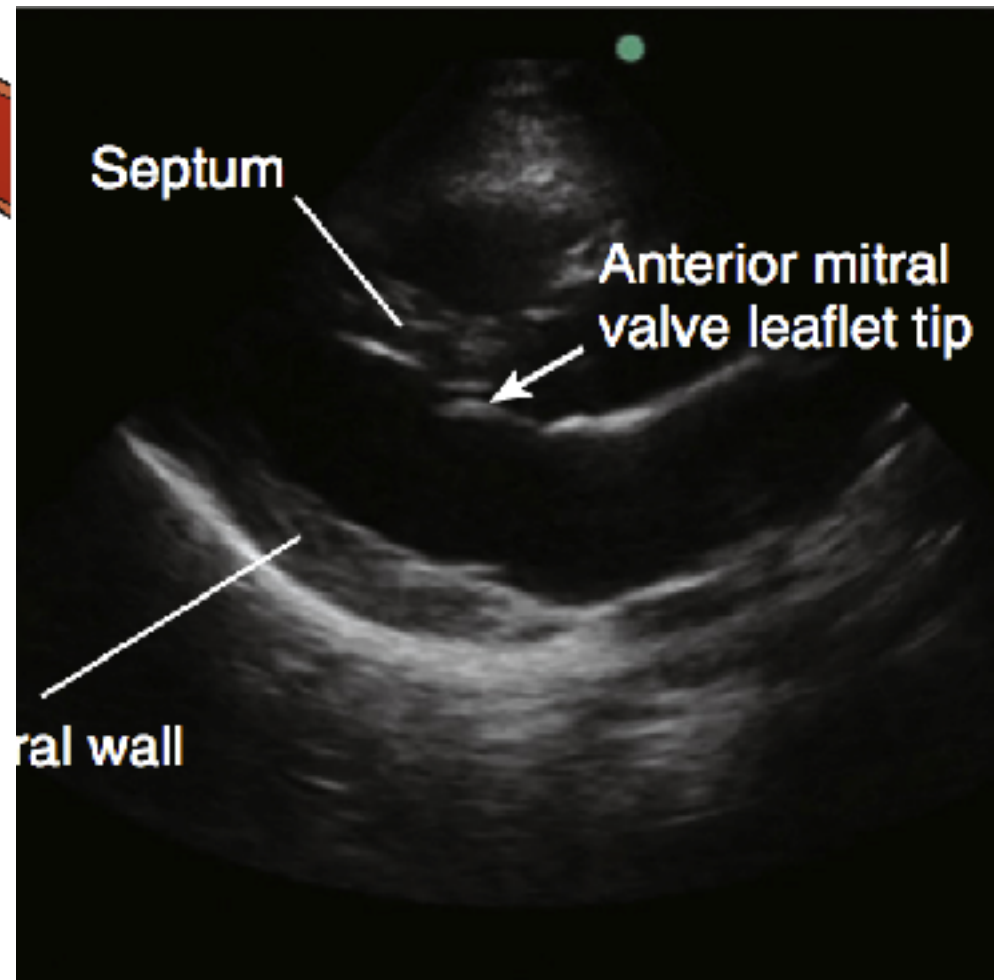


EPSS

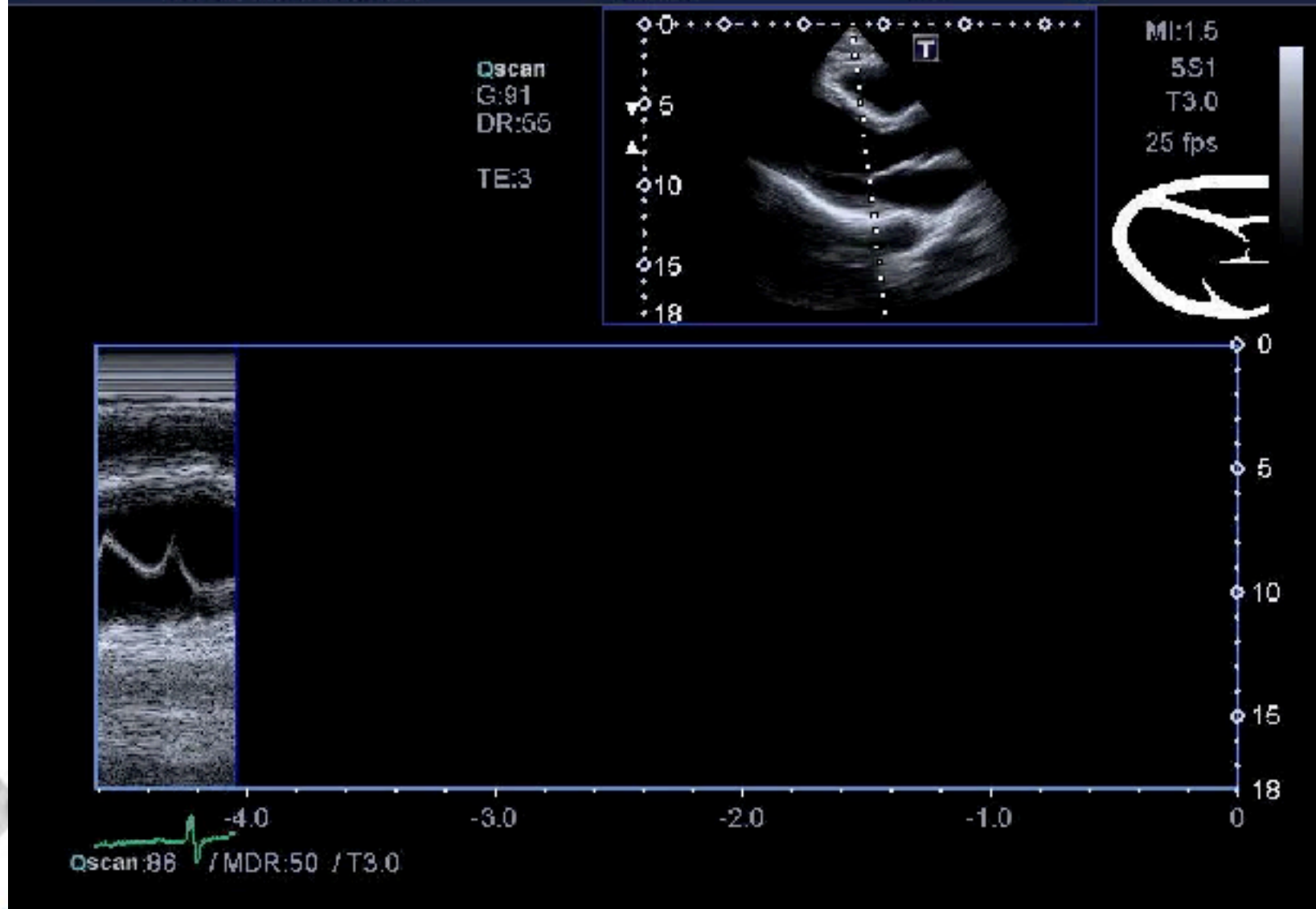
E-point septal separation $>7\text{mm}$: LVEF $< 30\%$



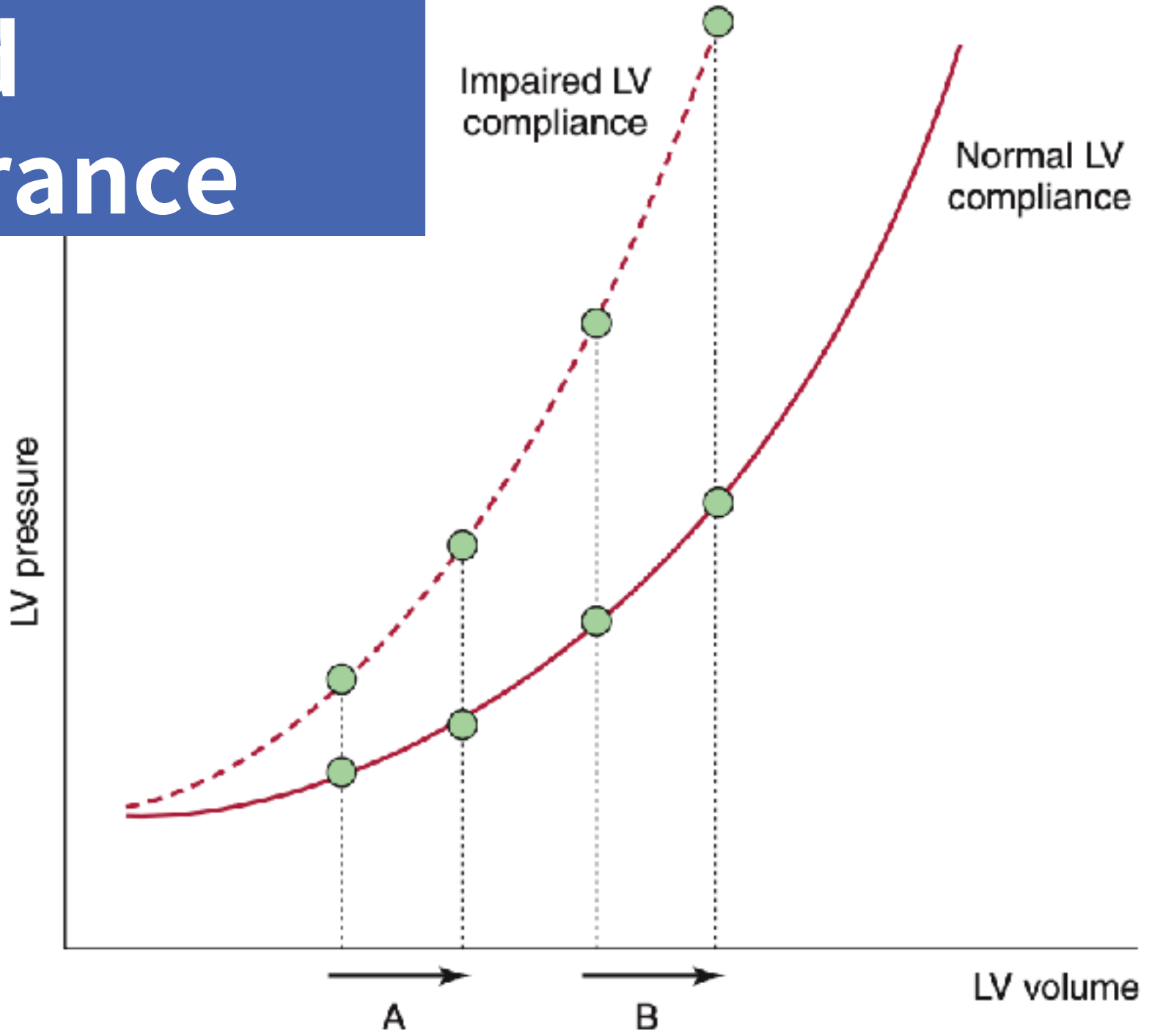
- 1 - Endocardial excursion
- 2 - Myocardial thickening
- 3 - Septal motion of anterior leaflet of mitral valve



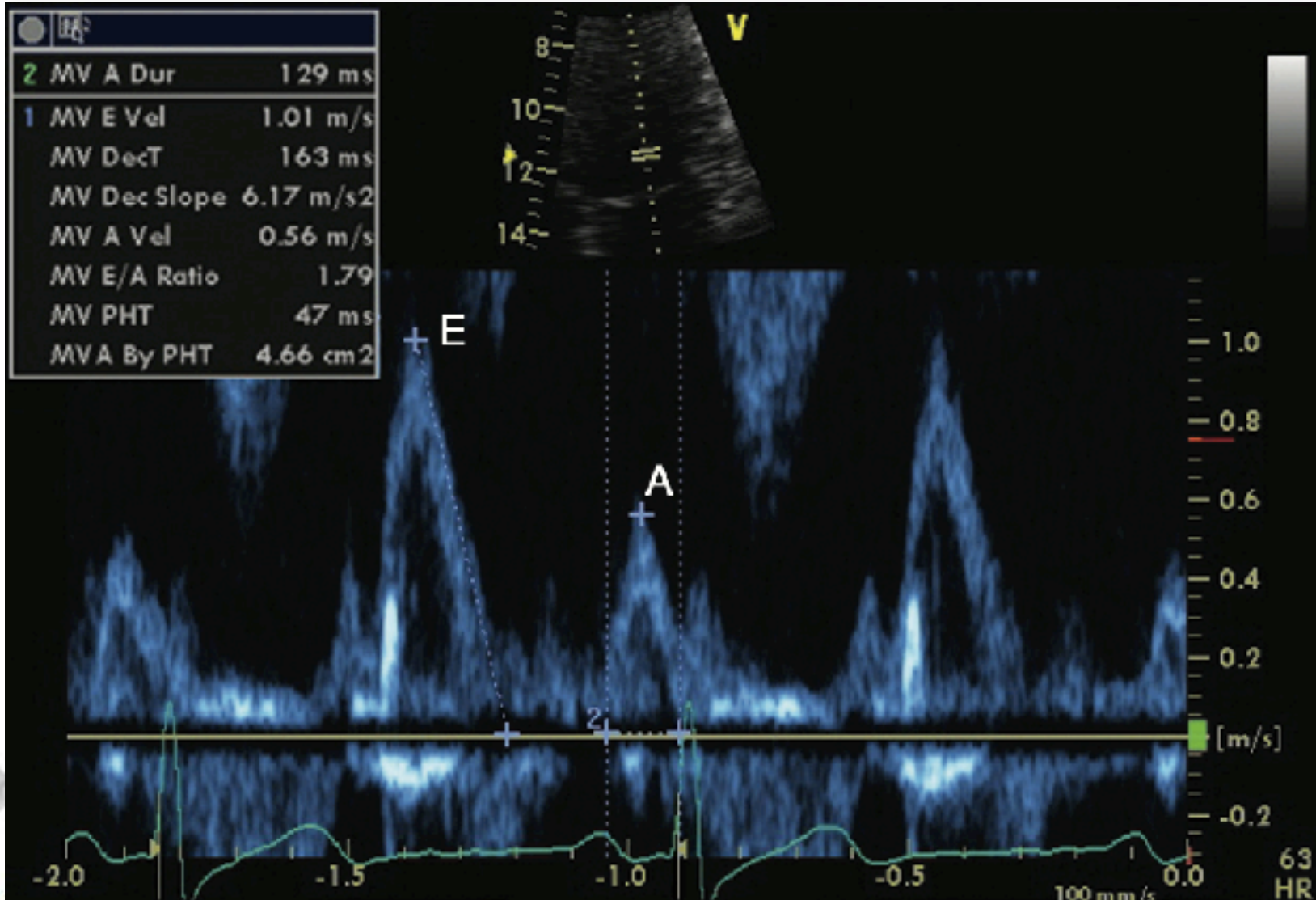
EPSS



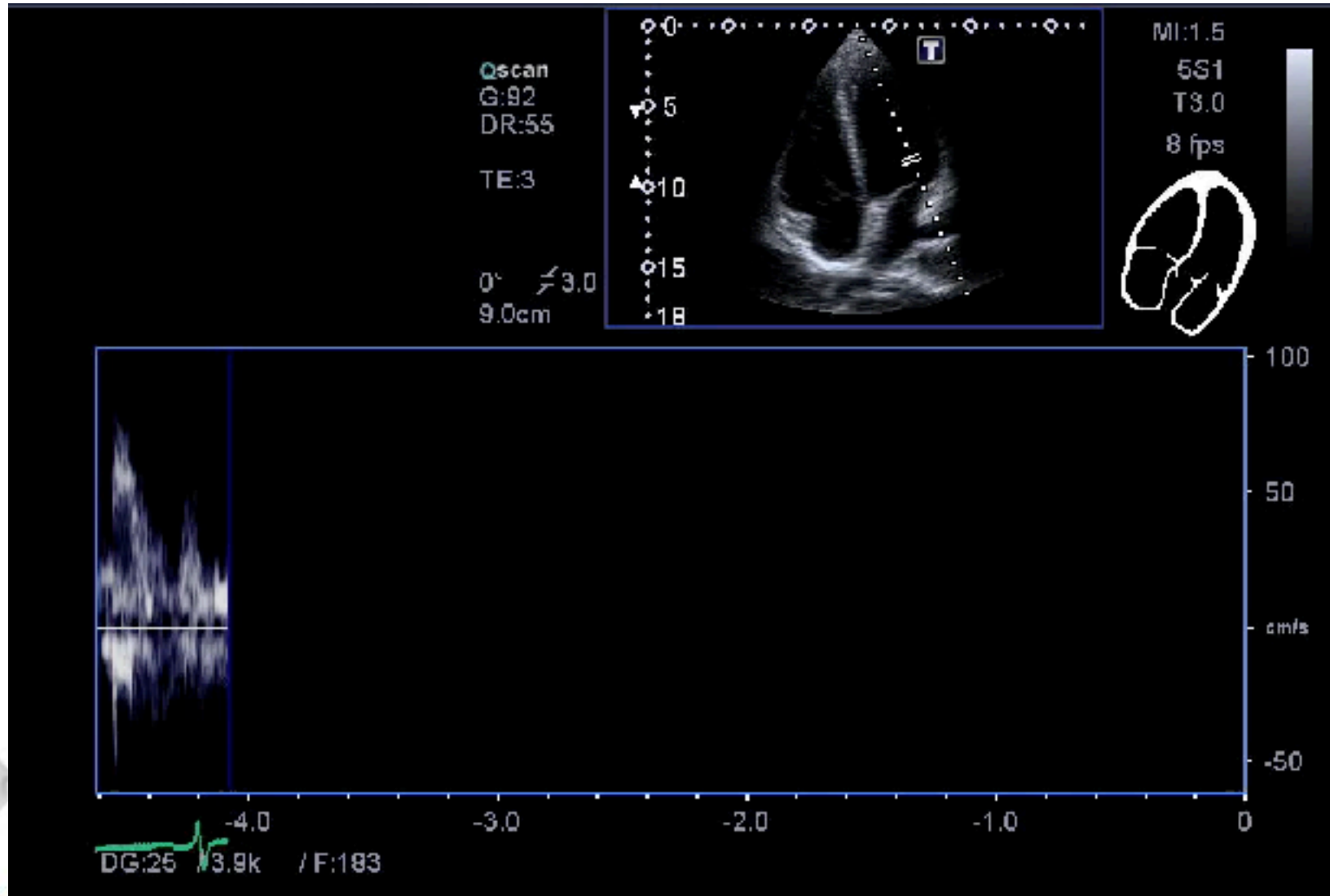
Fluid tolerance



Mitral inflow Doppler



LV diastolic function



Algorithm for LV diastolic dysfunction

Septal and Lateral E'

Septal E' ≥ 8 , and
Lateral E' ≥ 10 , and
Left atrium $< 34 \text{ ml/m}^2$

Septal E' < 8
Lateral E' < 10
Left atrium $\geq 34 \text{ ml/m}^2$

Normal
function

Diastolic
dysfunction

Grade I:

E/A < 0.8

DT $> 200\text{ms}$

Average E/E' ≤ 8

Ar - A $< 0\text{ms}$

Grade II:

E/A $< 0.8-1.5$

DT $> 160-200\text{ms}$

Average E/E' $\leq 9-12$

Ar - A $\geq 30\text{ms}$

Grade III:

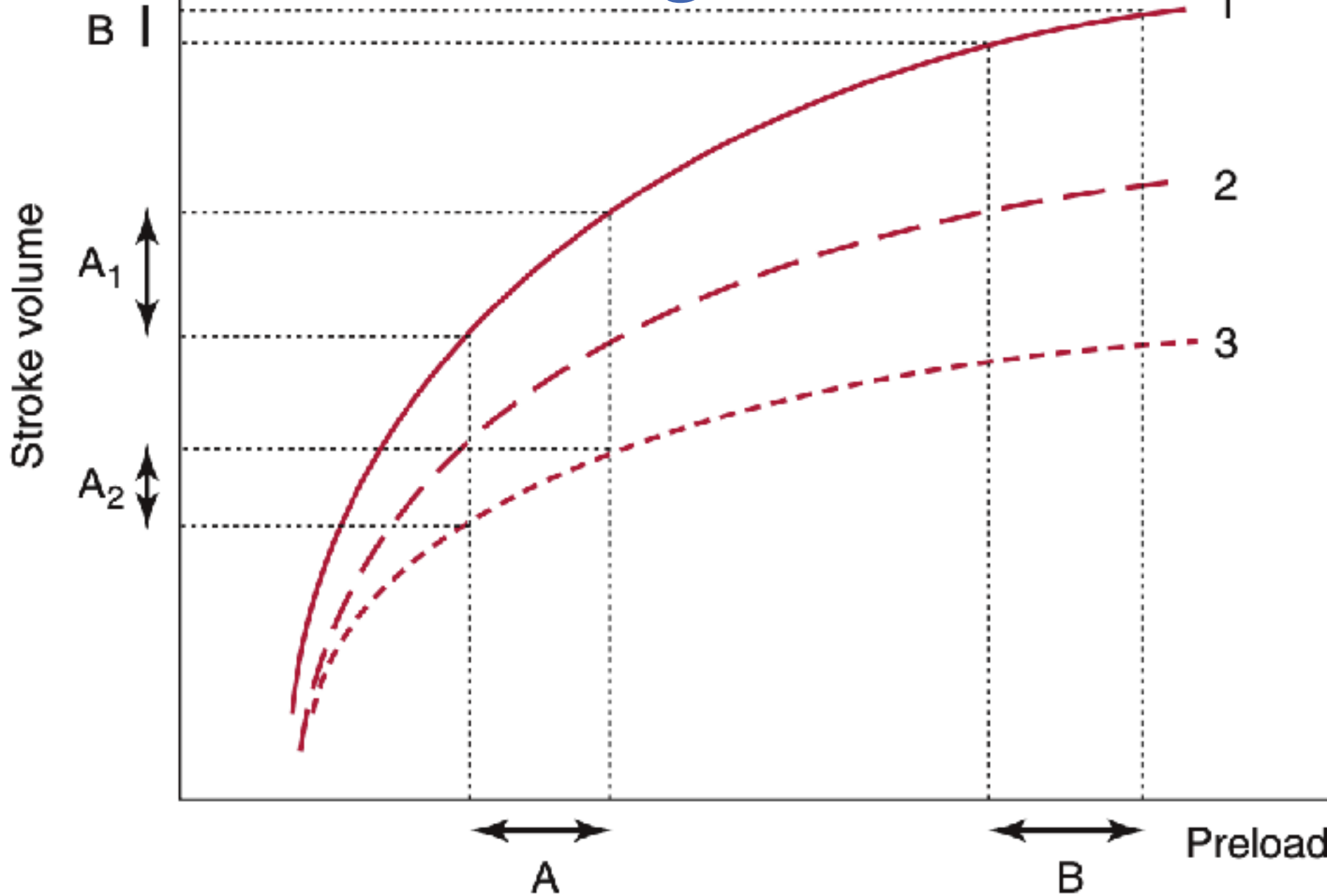
E/A ≥ 2

DT $< 160\text{ms}$

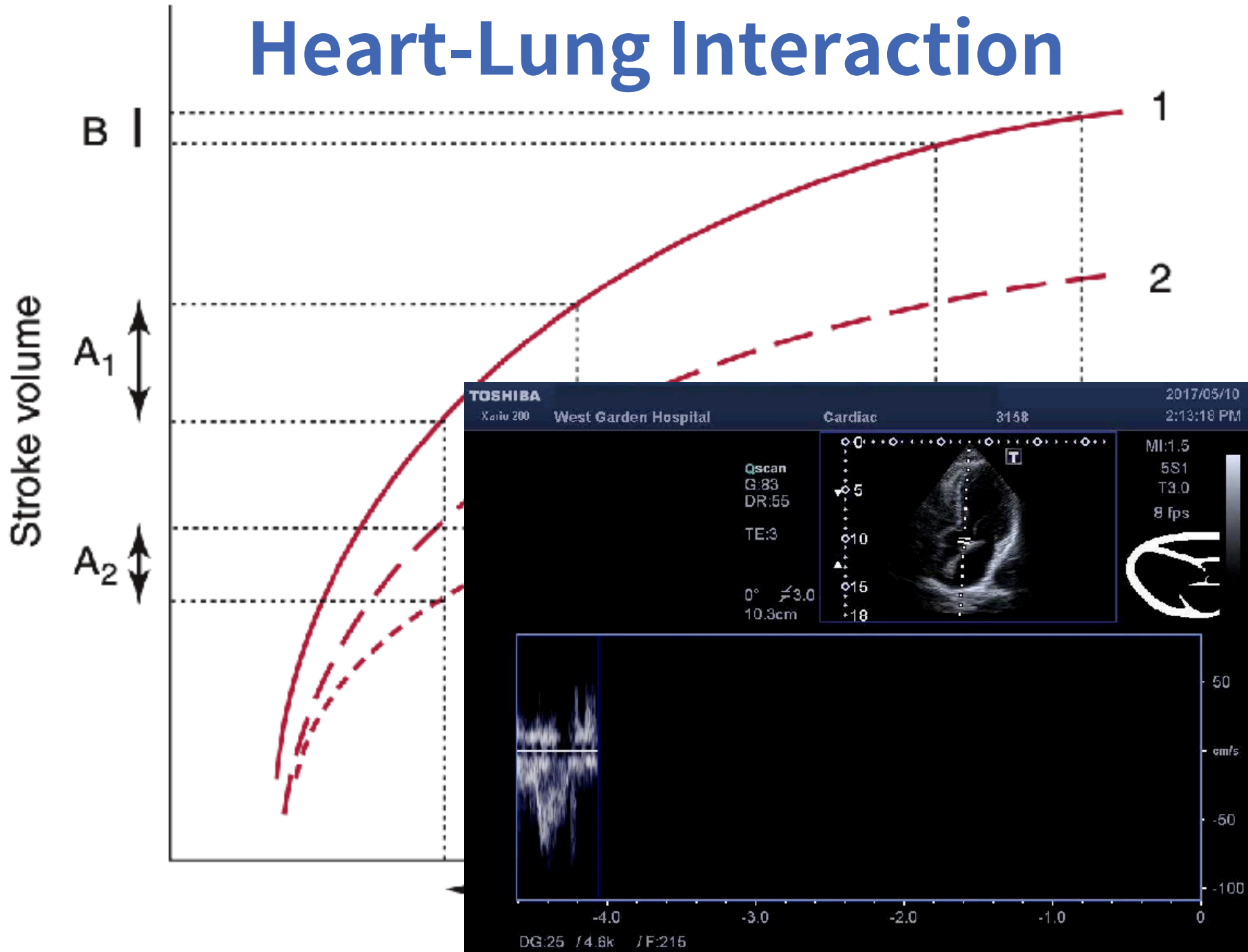
Average E/E' ≥ 13

Ar - A $\geq 30\text{ms}$

Heart-Lung Interaction



Heart-Lung Interaction

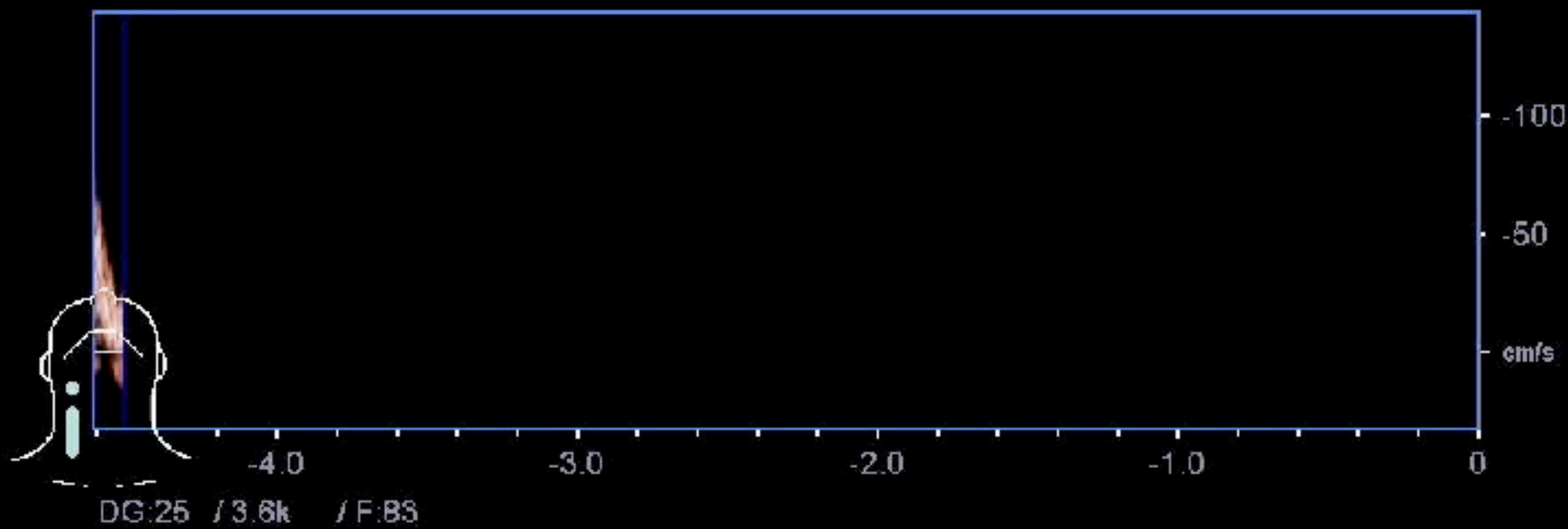
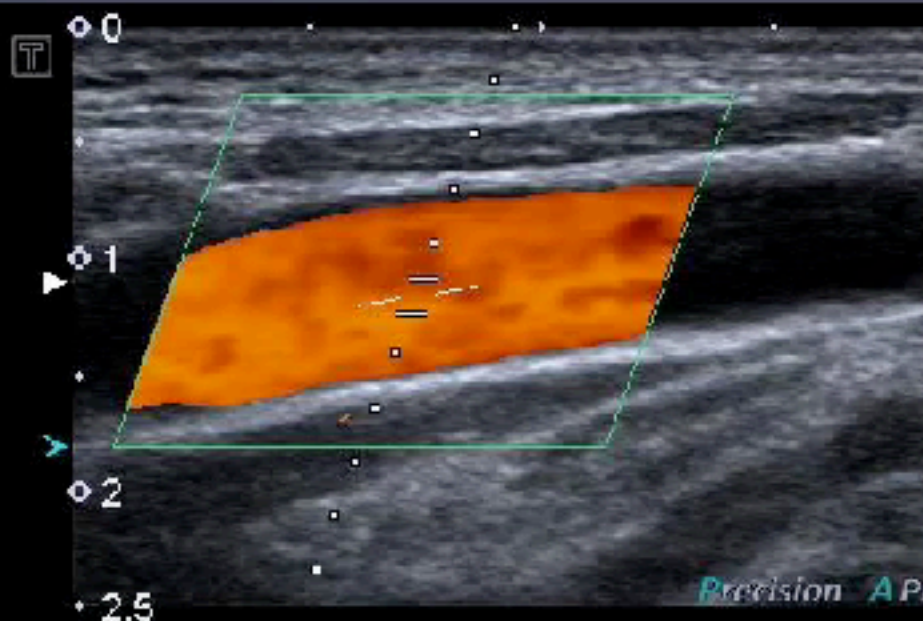


Carotid blood flow

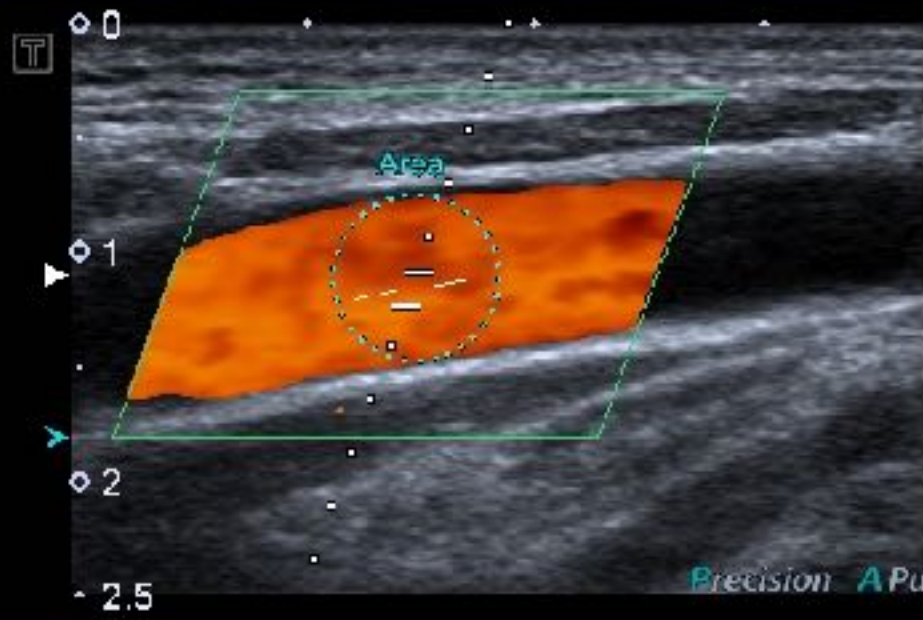
$$\pi \times (\text{carotid diameter})^2 / 4 \\ \times \text{VTI} \times \text{heart rate,}$$



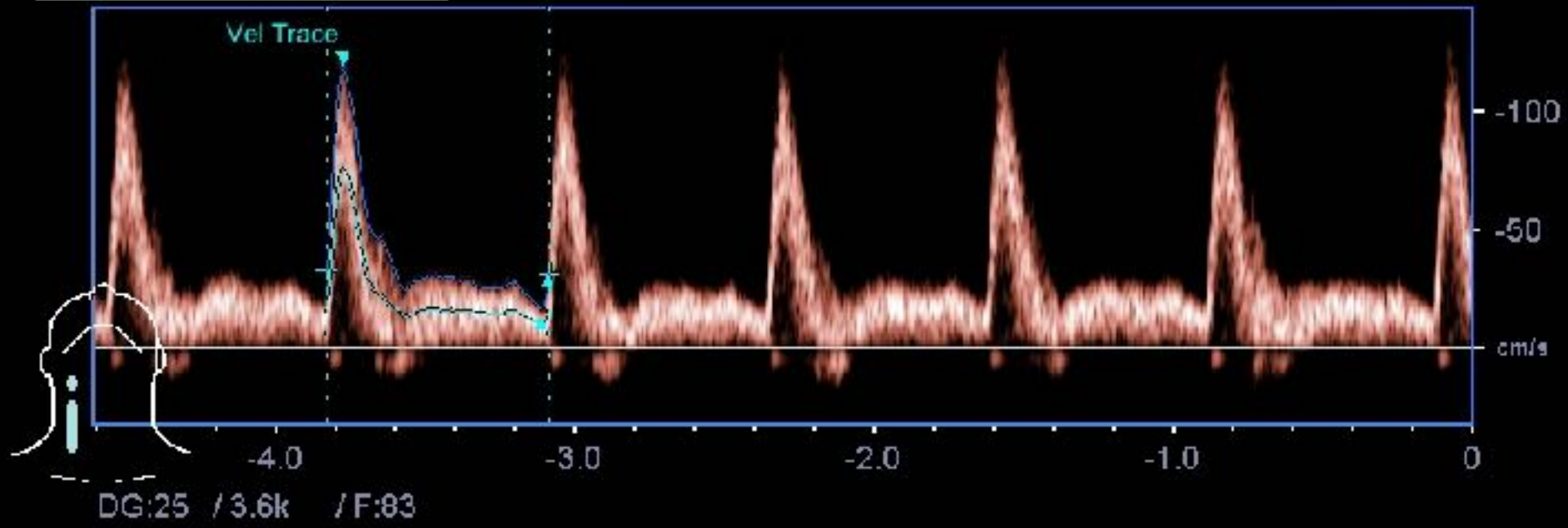
68



Flow Vol.	558 mL/min
Area	41.7 mm ²
Dist1	7.3 mm
Dist2	7.3 mm
PI(Ved)	2.18
RI(Ved)	0.74
Vmax	117.8 cm/s
Ved	31.0 cm/s
Vmin	16.2 cm/s
Vm_peak	39.9 cm/s
Vm_mean	22.3 cm/s
S/D	3.80



23.8
 11L4
 diffT8.0
 19 fps
 Qscan
 G:90
 DR:60
 CF 4
 CG:35
 9.0k
 F:5
 60° 1.5
 1.2cm
 23.8 cm/s



DG:25 / 3.6k / F:83

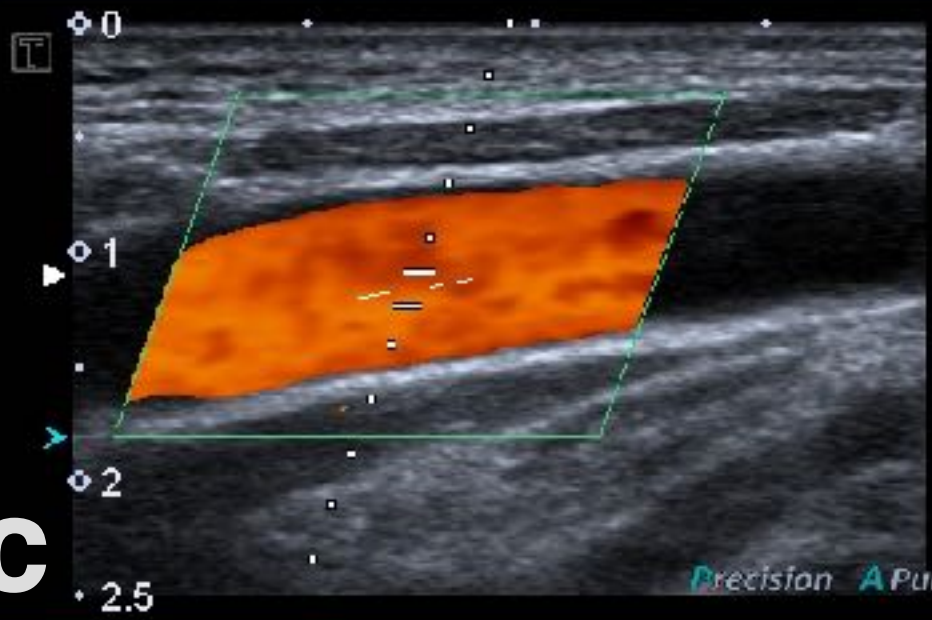
Corrected carotid flow time

$$\text{cCFT} =$$

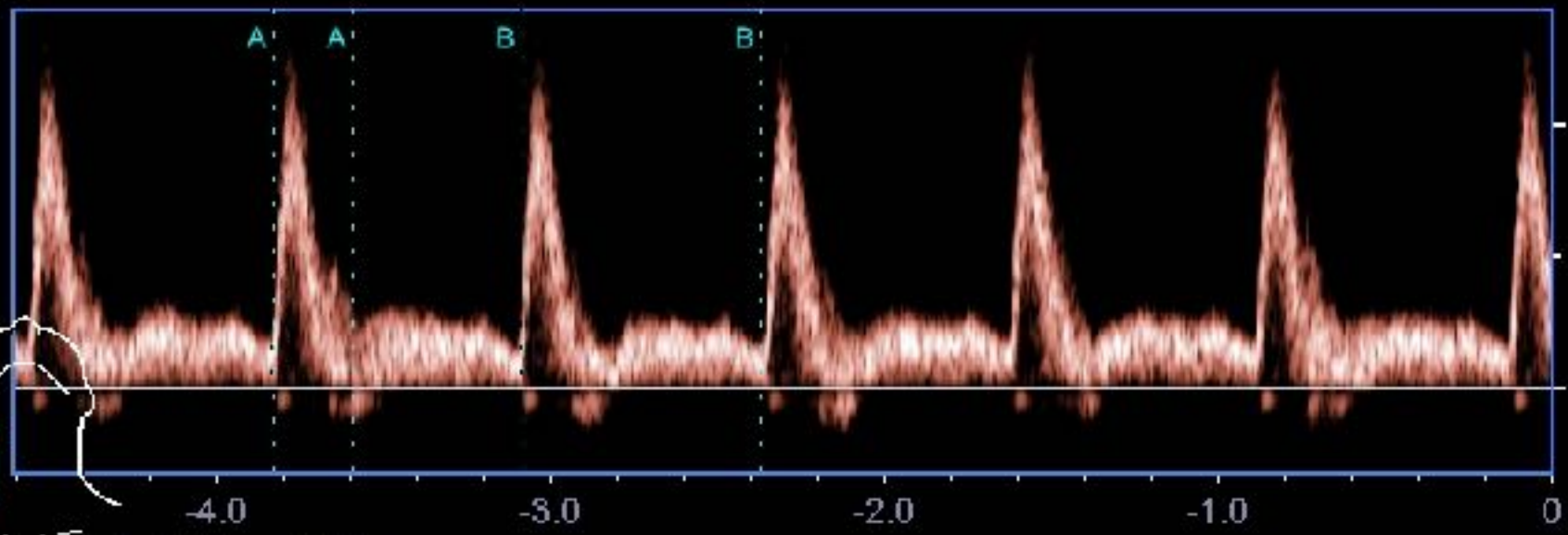
$$\text{Systole time} / \sqrt{\text{cycle time}}$$



Time A	0.239sec
Time B	0.717sec



**cCFT =
282 mSec**





CAROTID FLOW TIME

QUESTION:

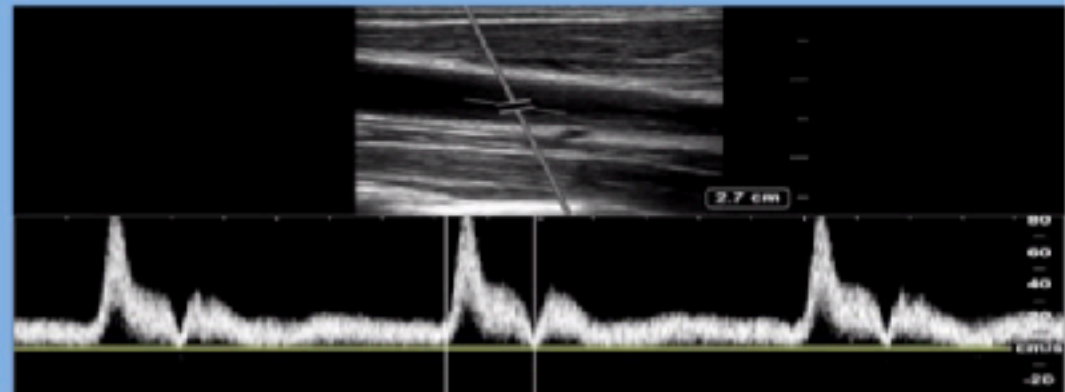
Does the change in carotid corrected flow time (ccFT) by a passive leg raise predict fluid responsiveness in undifferentiated shock?

STUDY:

Prospective study of ICU patients in undifferentiated shock. Assessed ccFT vs NICOM.

Responsiveness defined as $\geq 10\%$ increase in stroke volume on the NICOM.

N=77



RESULTS

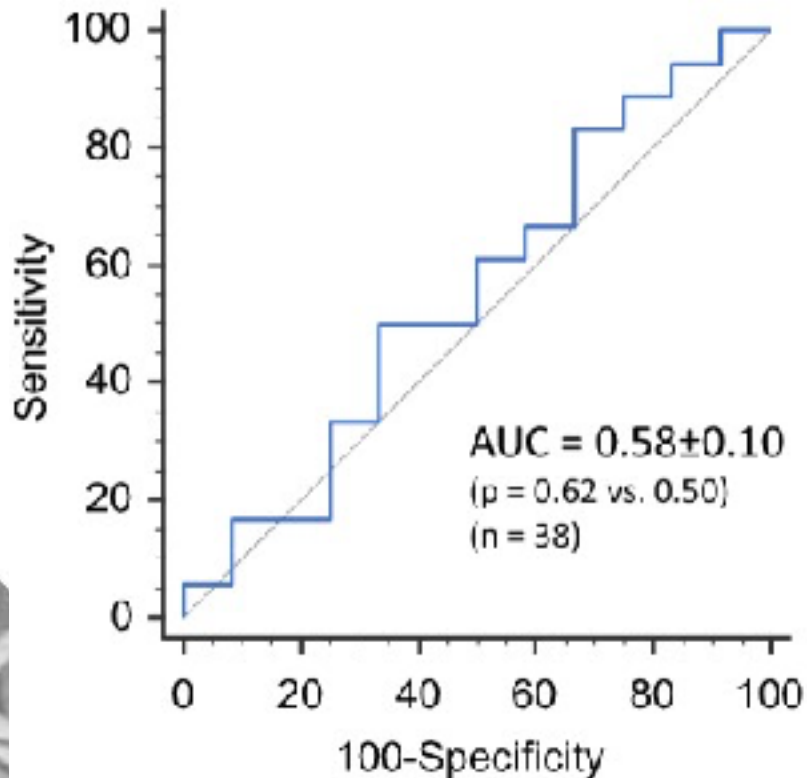
Using 7ms to define fluid responsiveness

SENSITIVITY	SPECIFICITY
68%	96%

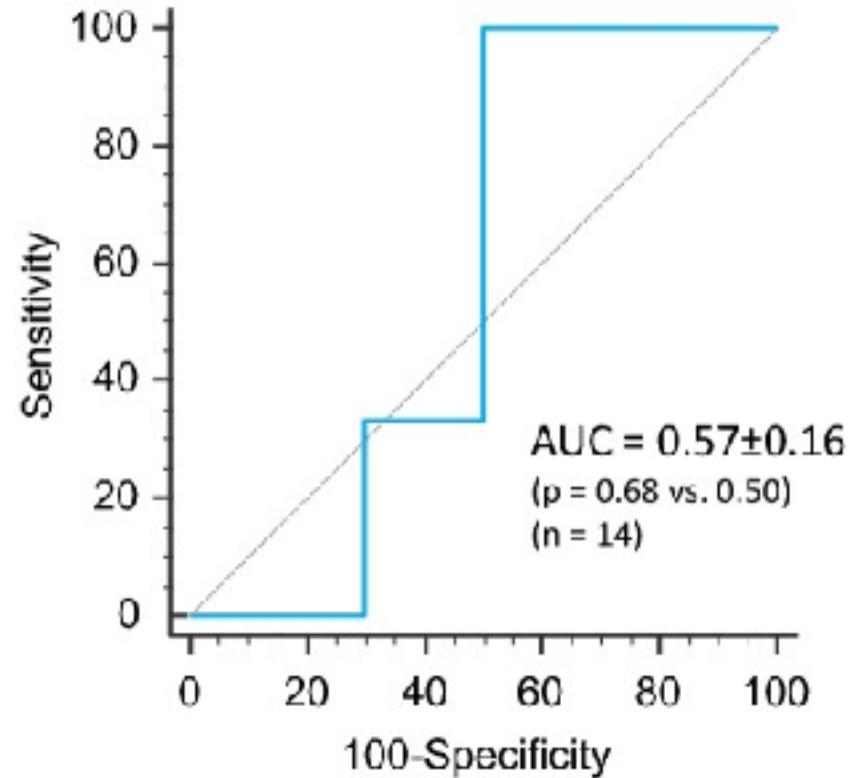
In undifferentiated shock patients, ccFT could identify fluid responders as defined by a noninvasive cardiac output device with an AUC of 0.88.

To detect a positive PLR test (increase in CI $\geq 10\%$)

Changes in
carotid blood flow*



Changes in
femoral blood flow



**TABLE 38-1** Ultrasound Indices Used to Predict Fluid Responsiveness

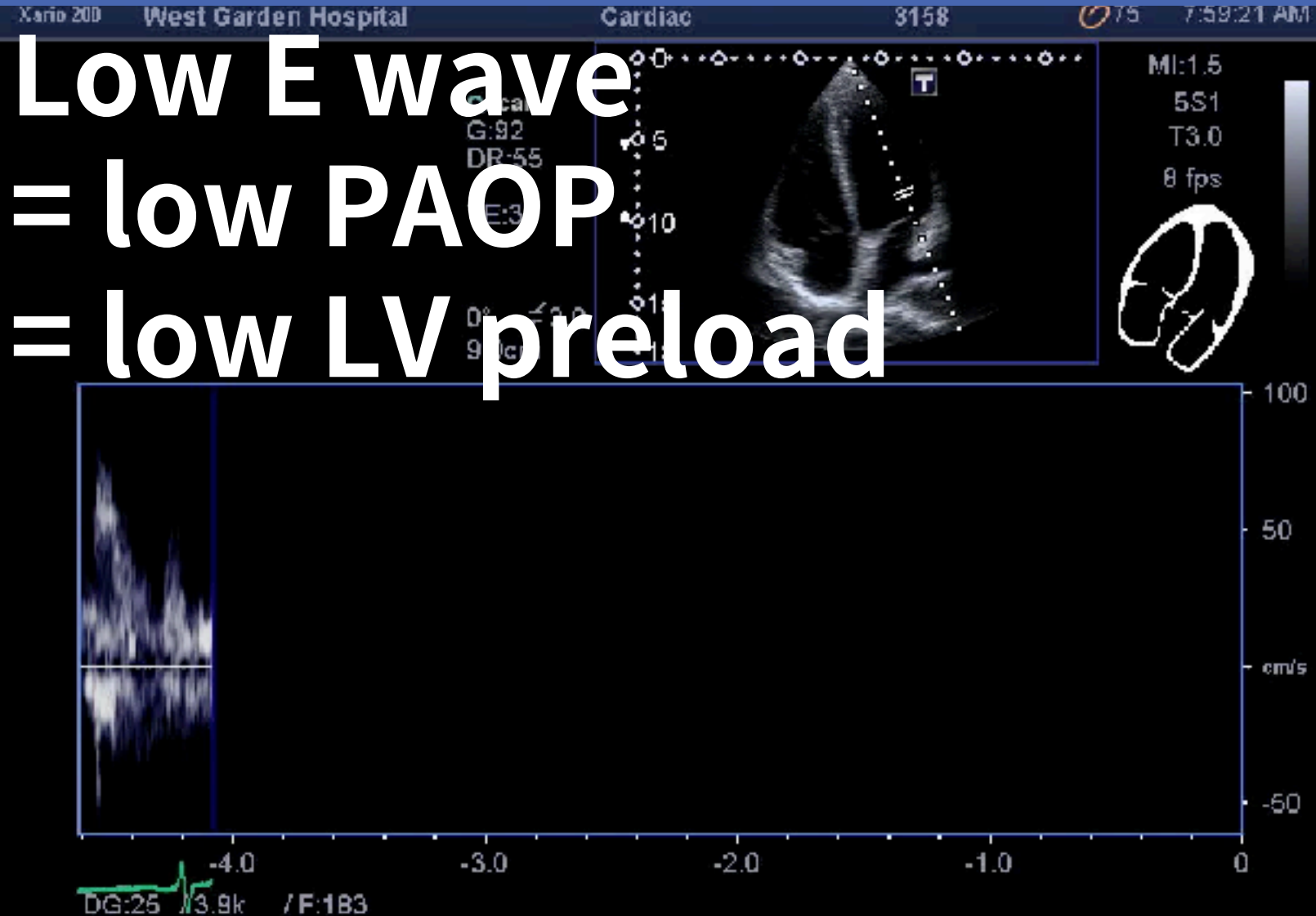
Index	Principle	Comments
STATIC INDICES		
Inferior vena cava diameter	Diameter inversely proportional to CVP and thus RV preload	Poor predictive value
LV area	LV area inversely proportional to LV preload	Poor predictive value. Kissing ventricles highly suggestive of a positive response to fluids
Mitral inflow pattern	Small E wave suggests low PAOP and thus low LV preload	Poor to moderate predictive value
Mitral inflow-to-mitral annulus ratio	Low E/Ea suggest low PAOP and thus low LV preload	Poor to moderate predictive value
DYNAMIC INDICES		
Respiratory variations in aortic flow	Mechanical ventilation induces cyclic changes in preload that result in cyclic changes in stroke volume only in preload-responsive patients	Well-validated physiologic concept. Excellent predictive value. Many limitations. Cutoff value 12%
Respiratory variations in superior vena cava diameter	Mechanical ventilation induces cyclic changes in preload that result in cyclic changes in superior vena cava diameter only in preload-responsive patients	Excellent predictive value. Cutoff value 35%. Validated in only 1 trial
Respiratory variations in inferior vena cava diameter	Respiration induces cyclic changes in preload that result in cyclic changes in inferior vena cava diameter only in preload-responsive patients	Good predictive value. Cutoff value 15-18% (with different formulas). Proposed but questioned in spontaneously breathing patients
Expiratory pause	Expiratory pause induces an abrupt increase in LV preload that results in an increase in stroke volume only in preload-responsive patients	Excellent predictive value. Cutoff value 12%. Validated in only 1 trial
Passive leg-raising test	Passive leg raising induces an abrupt increase in LV preload that results in an increase in stroke volume only in preload-responsive patients	Excellent predictive value. Cutoff value 12%. Validated in several trials. Also valid in spontaneously breathing patients. Cumbersome

CVP, Central venous pressure; LV, left ventricular; PAOP, pulmonary artery occlusion pressure; RV, right ventricular.

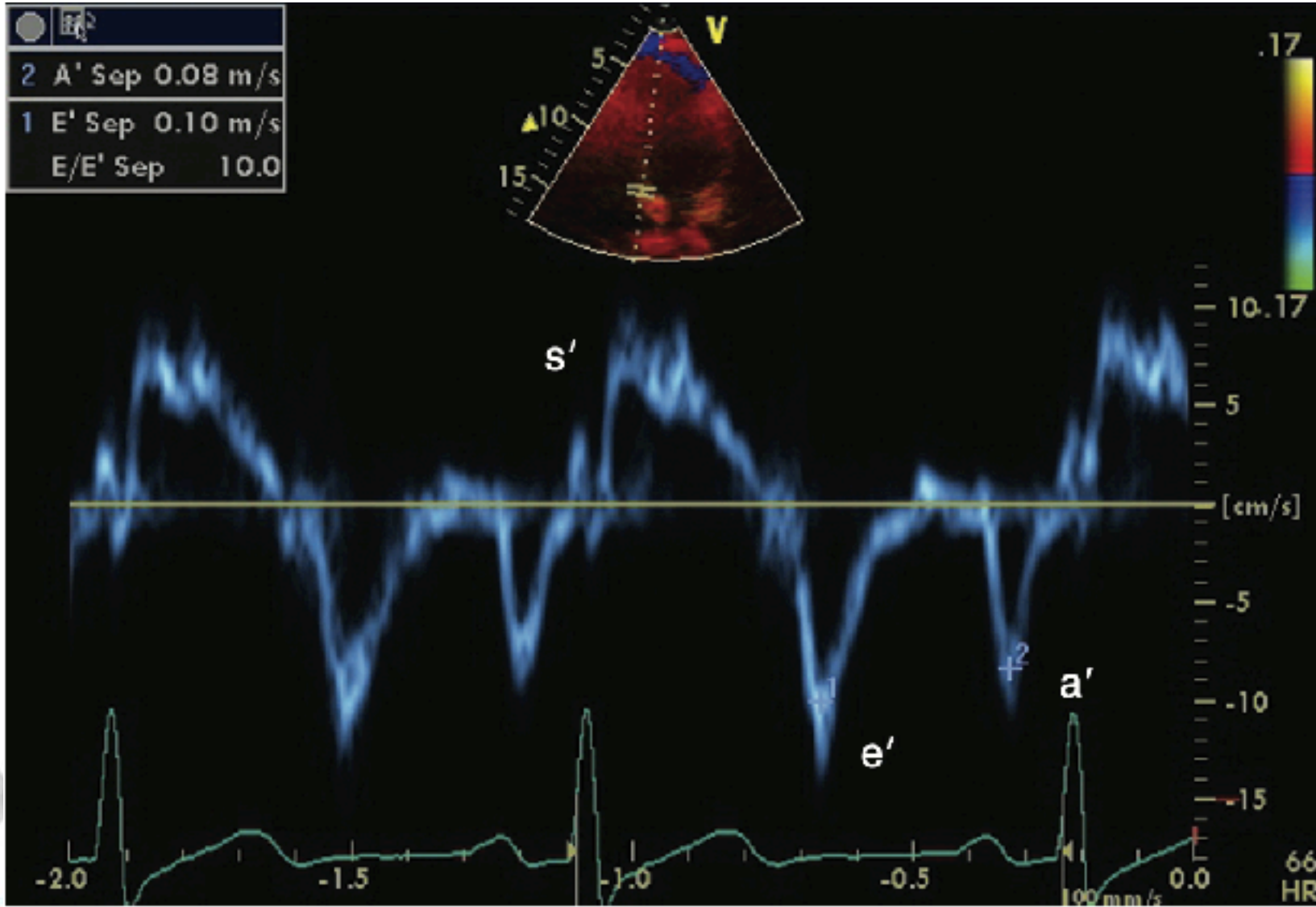


Mitral inflow pattern

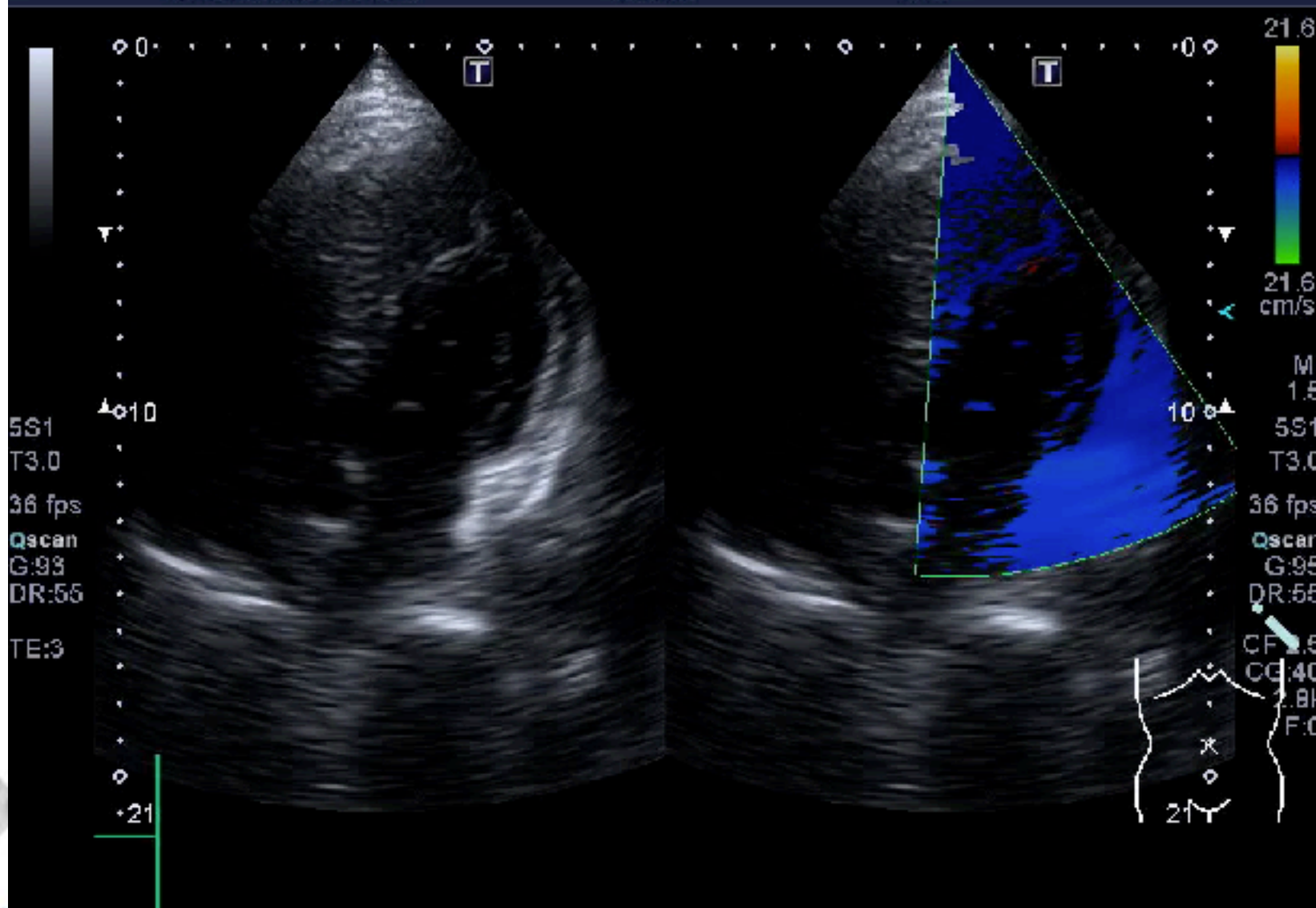
**Low E wave
= low PAOP
= low LV preload**



Tissue Doppler Image

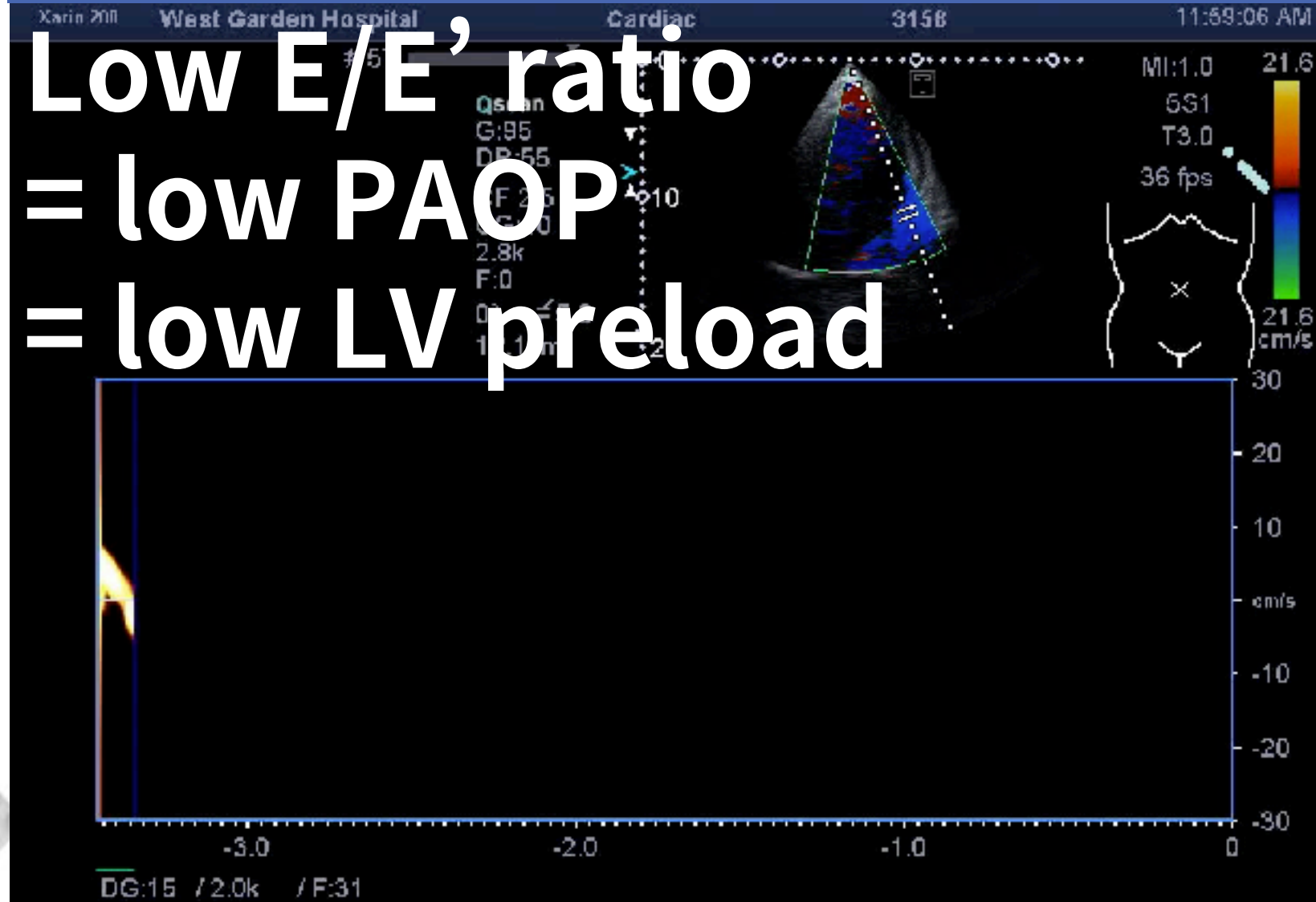


Tissue Doppler Image



Tissue Doppler Image

Low E/E' ratio
= low PAOP
= low LV preload



Dry versus Wet



FALLS-protocol: lung ultrasound in hemodynamic assessment of shock

D. Lichtenstein

Service de Réanimation Médicale, Hôpital Ambroise-Paré, Université Paris-Ouest, France

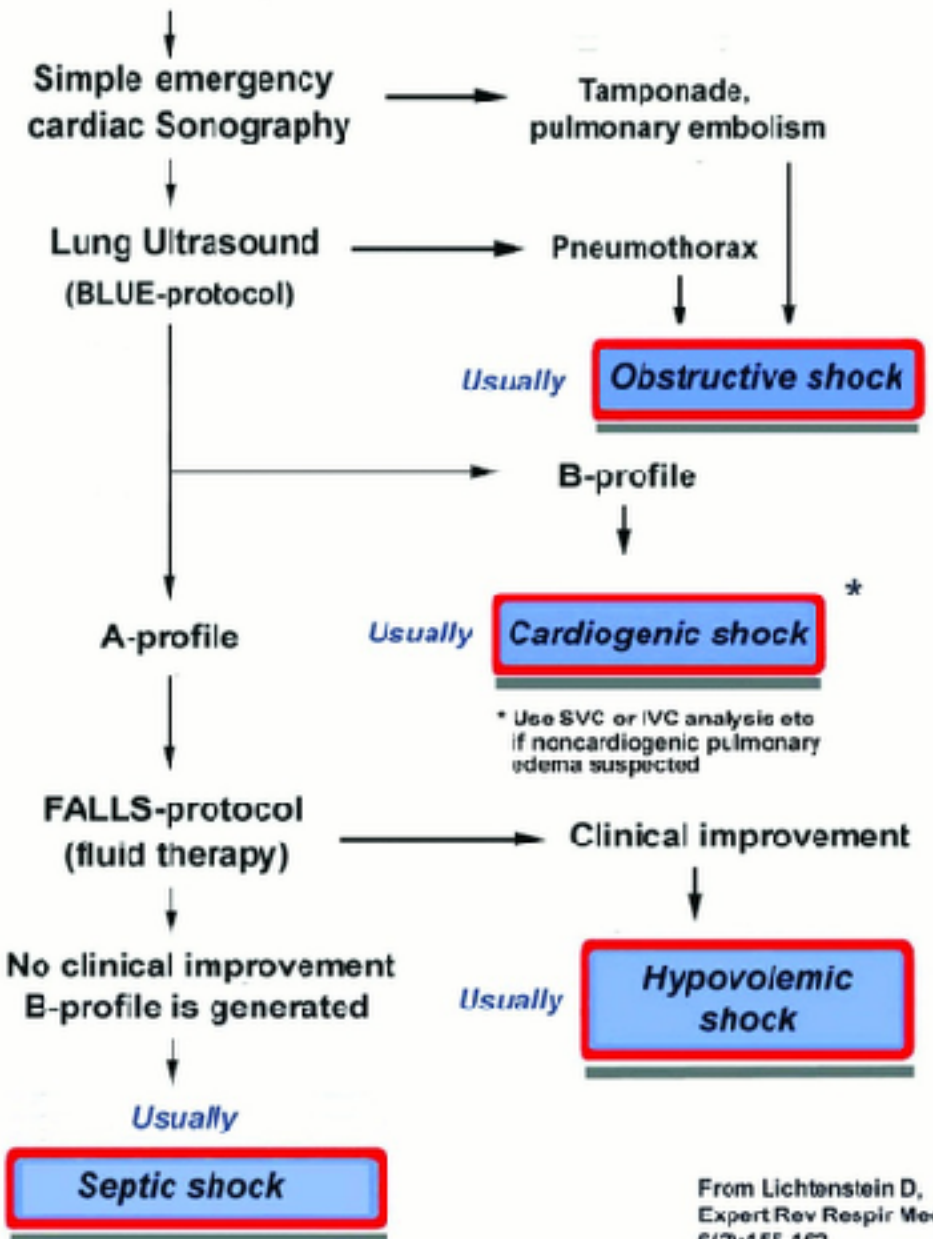
Fluid Administration Limited by Lung Sonography

Heart, Lung and Vessels. 2013; 5(3): 142-147



The FALLS-protocol (Schematic decision tree)

Acute circulatory failure



Obstructive

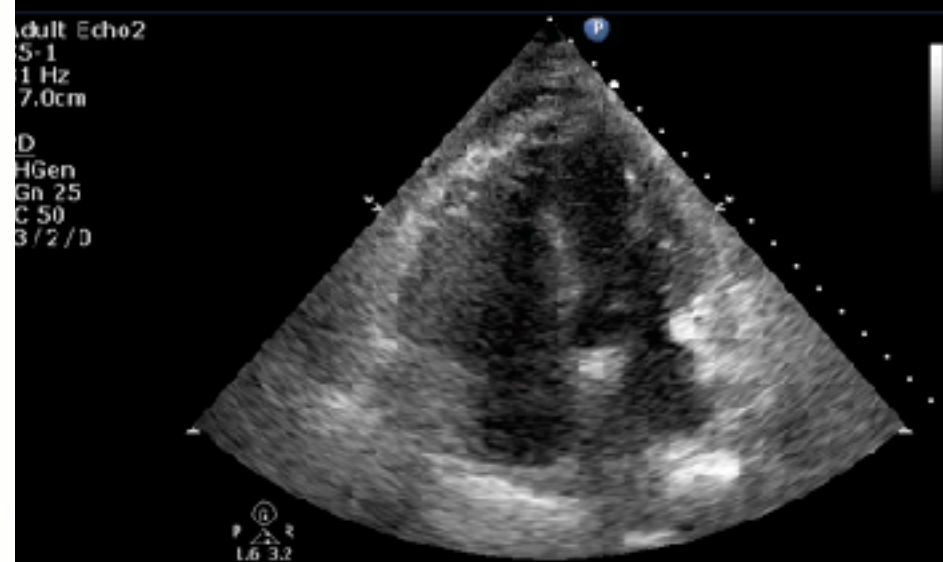
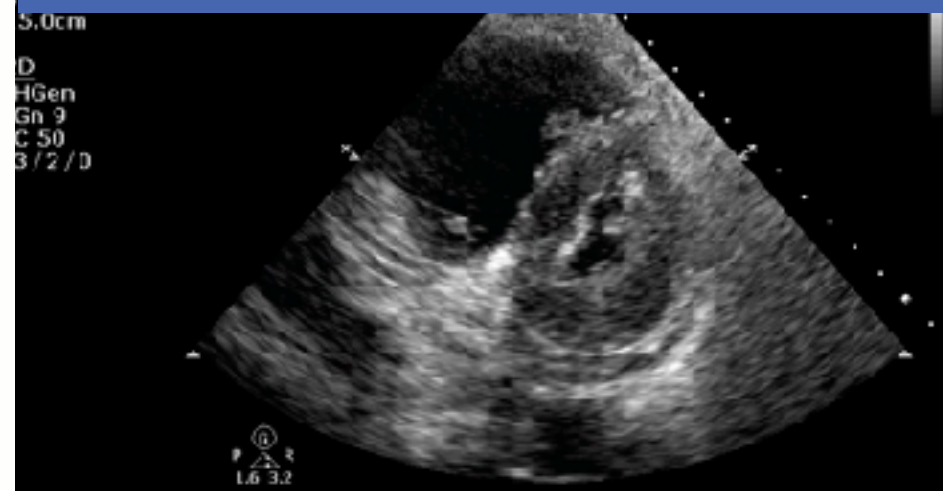
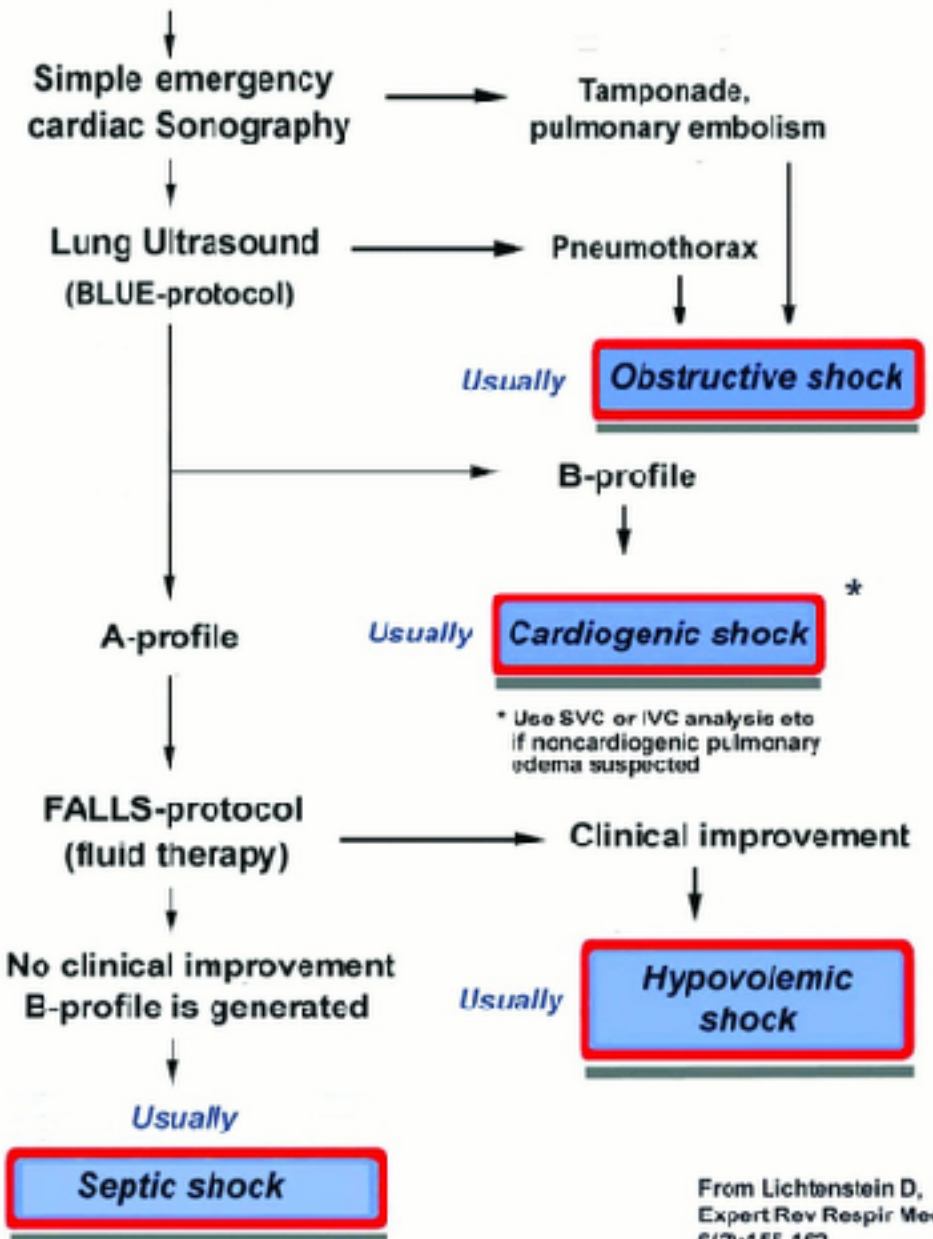


From Lichtenstein D, Expert Rev Respir Med 6(2):155-162

The FALLS-protocol (Schematic decision tree)

Obstructive

Acute circulatory failure

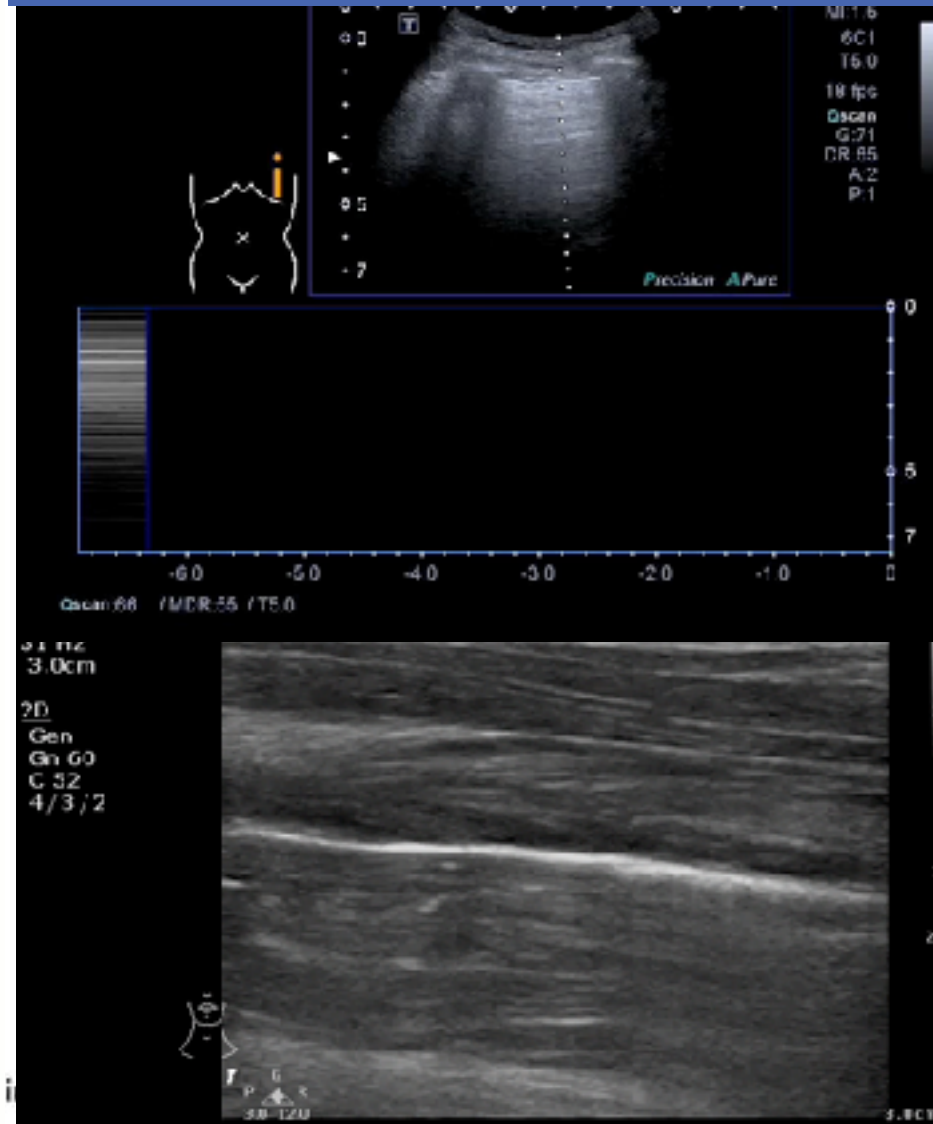
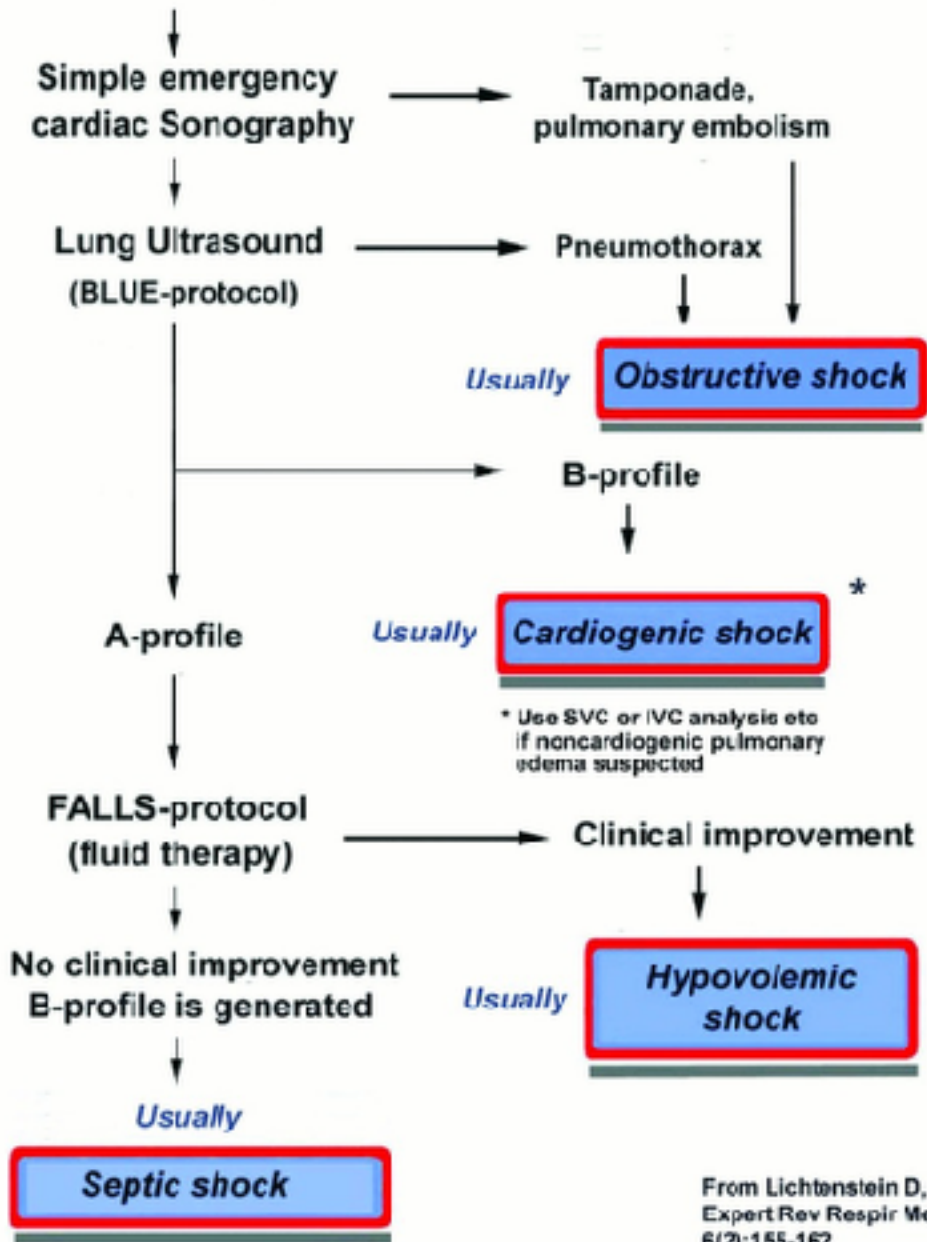


From Lichtenstein D, Expert Rev Respir Med 6(2):155-162

The FALLS-protocol (Schematic decision tree)

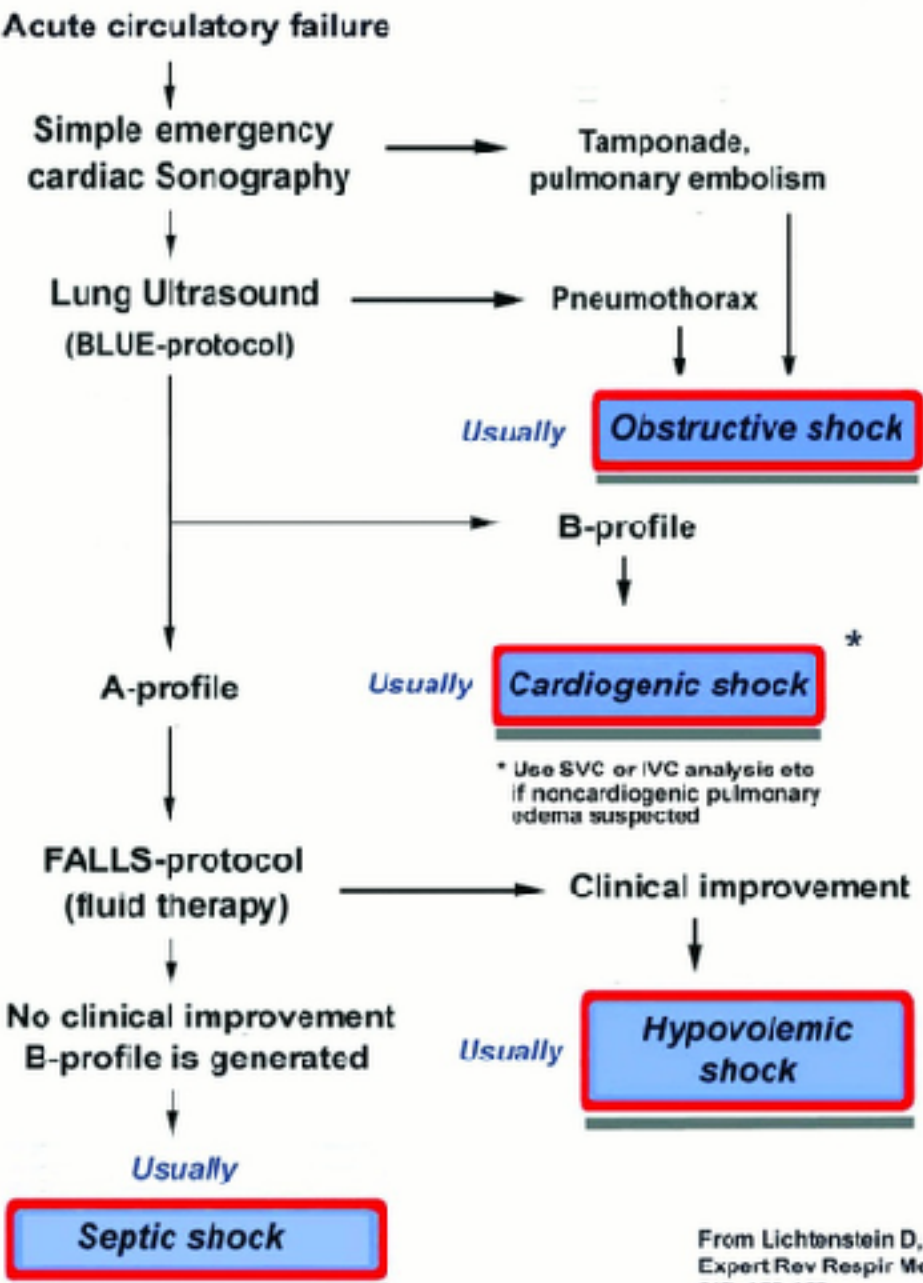
Obstructive

Acute circulatory failure



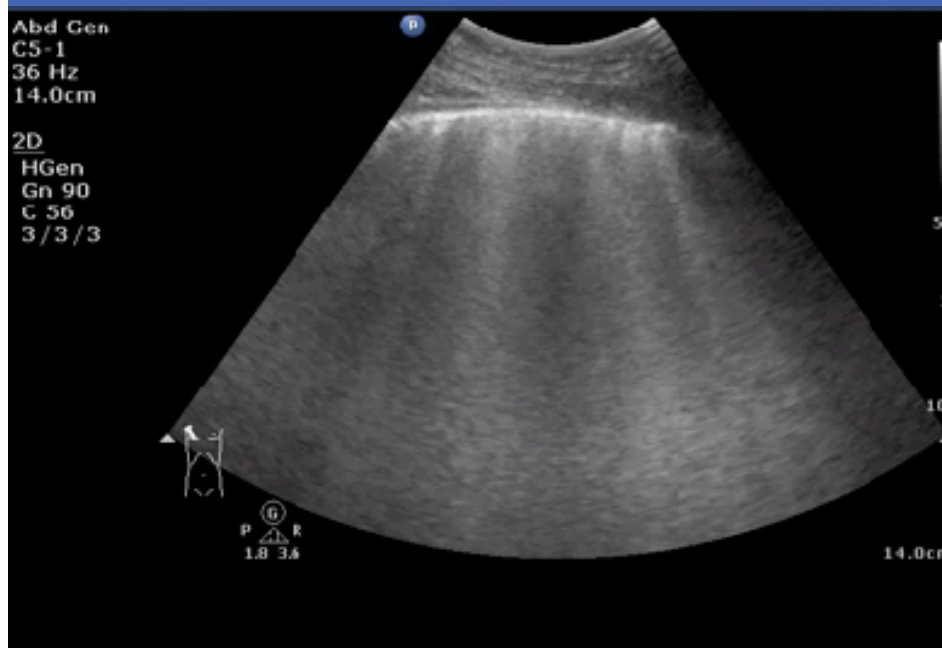
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The FALLS-protocol (Schematic decision tree)



LV failure

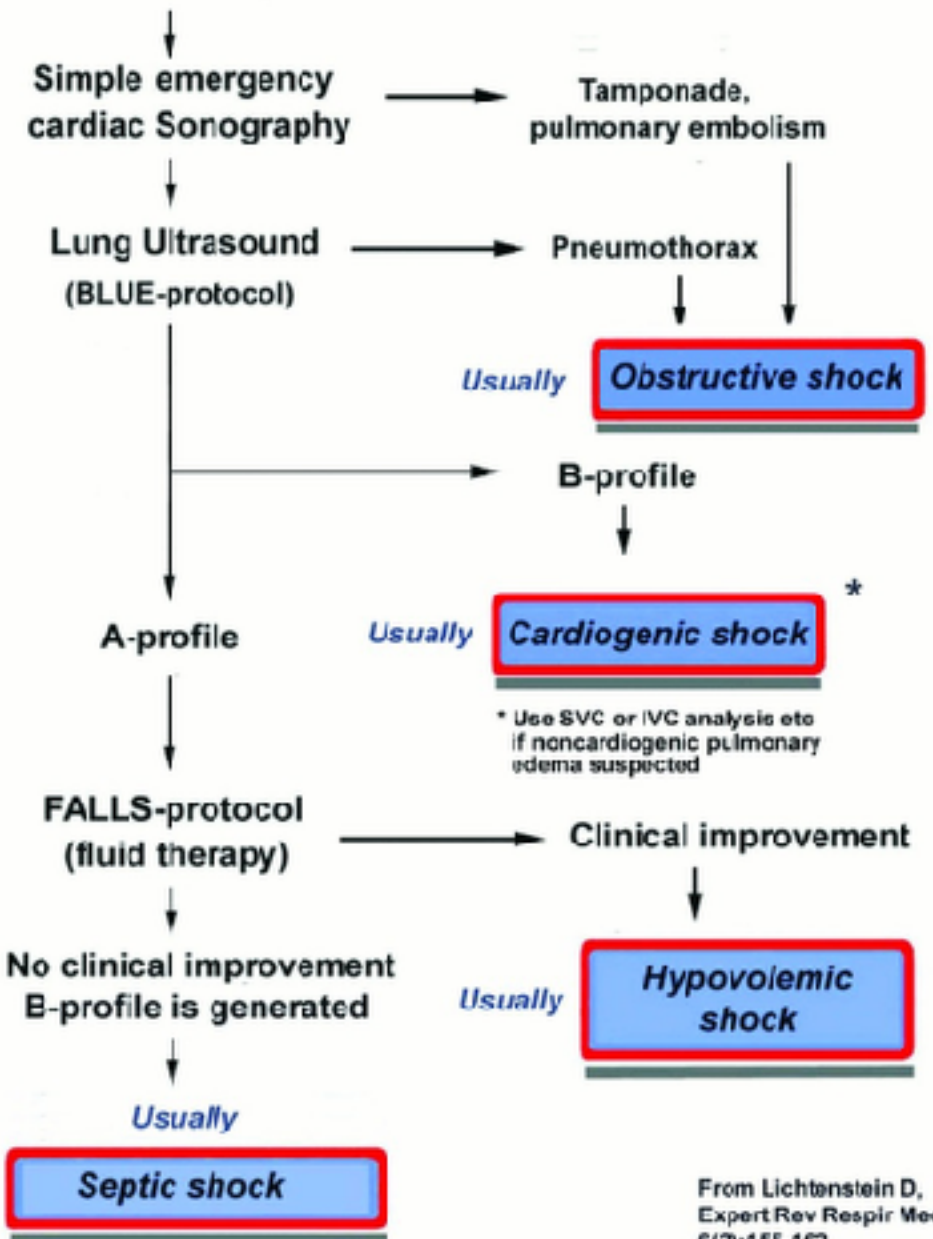
Bilateral & Diffuse



From Lichtenstein D, Expert Rev Respir Med 6(2):155-162 in Medical Simulation

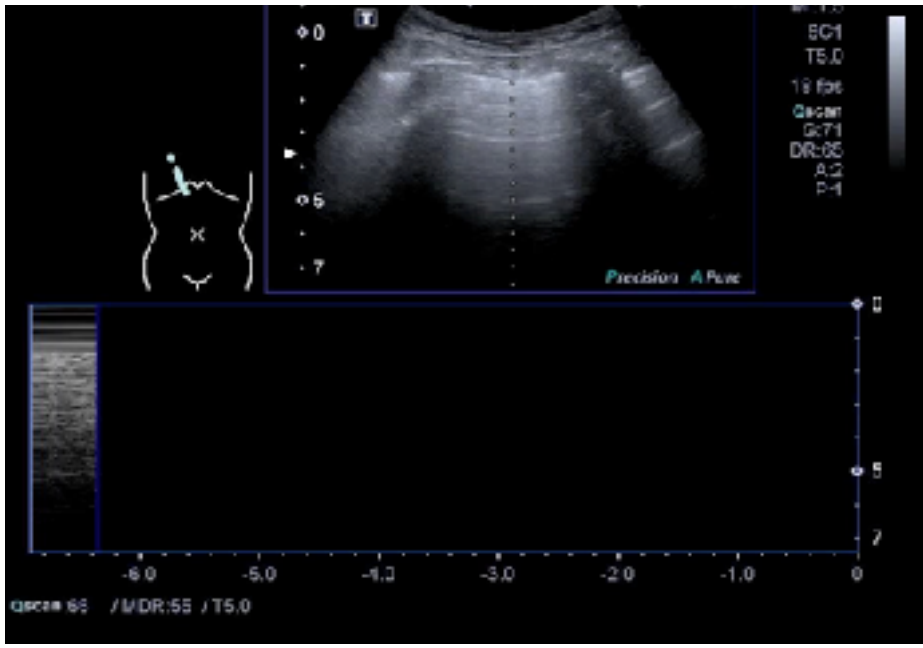
The FALLS-protocol (Schematic decision tree)

Acute circulatory failure



Hypovolemic

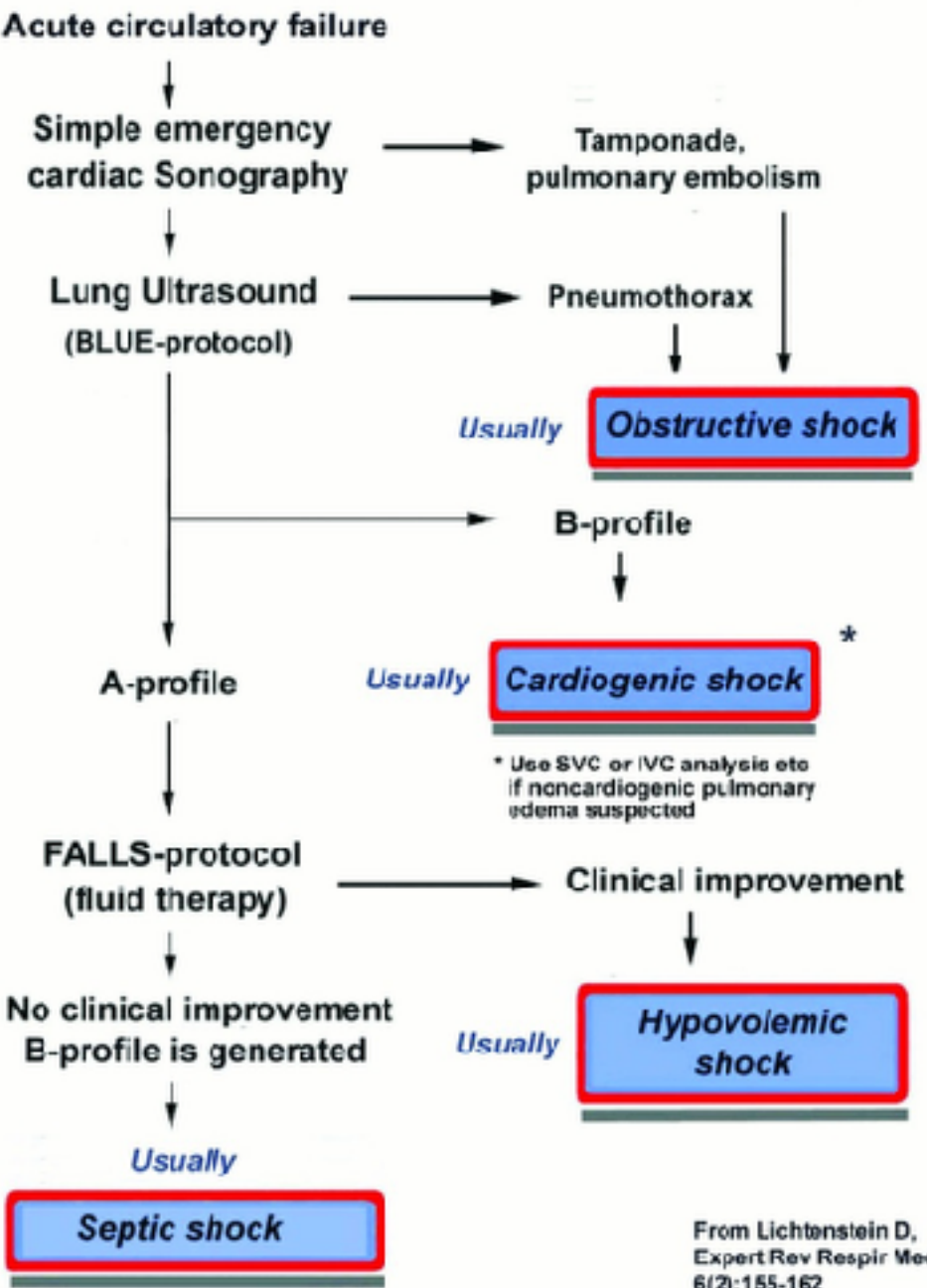
FALLS-responder



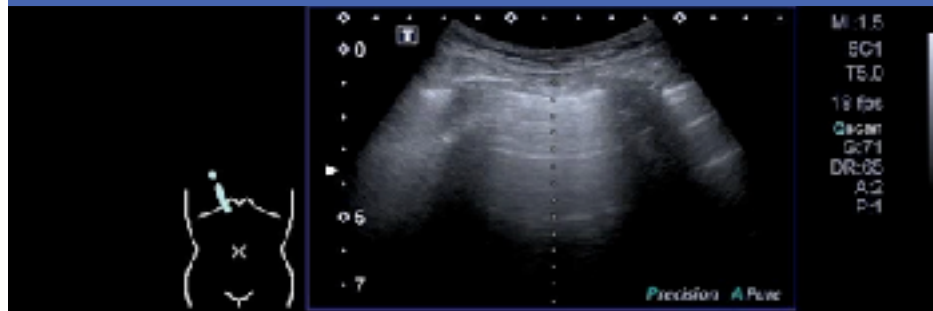
Search causes

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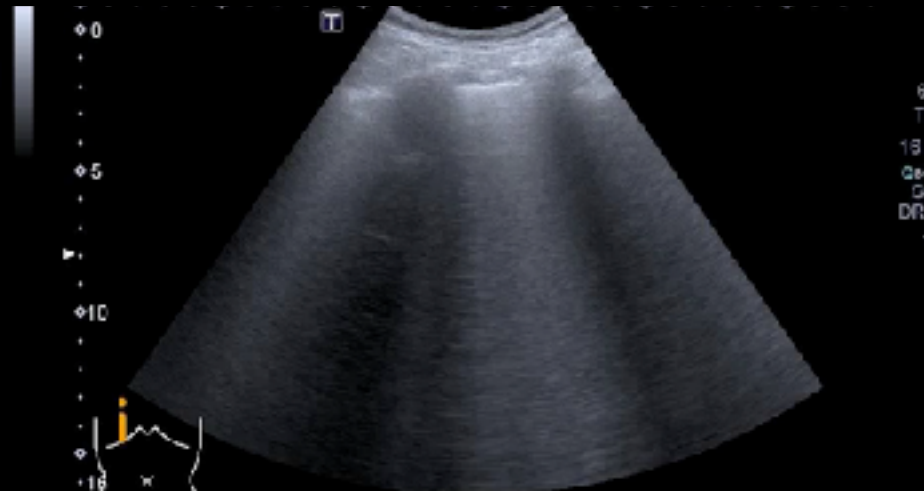
The FALLS-protocol (Schematic decision tree)



Distributive

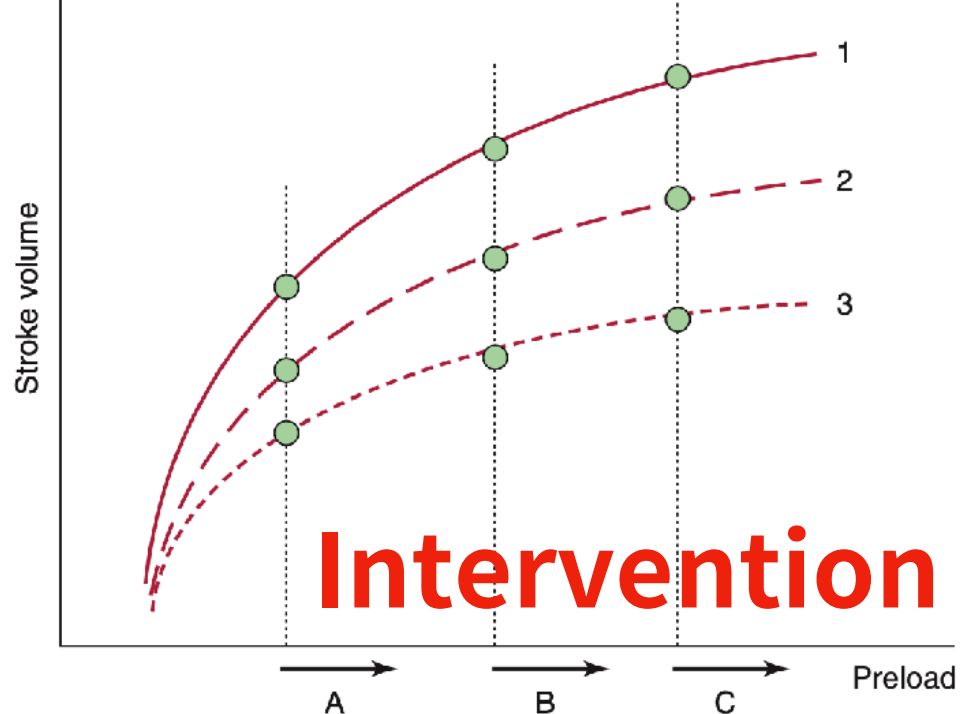


FALLS-endpoint

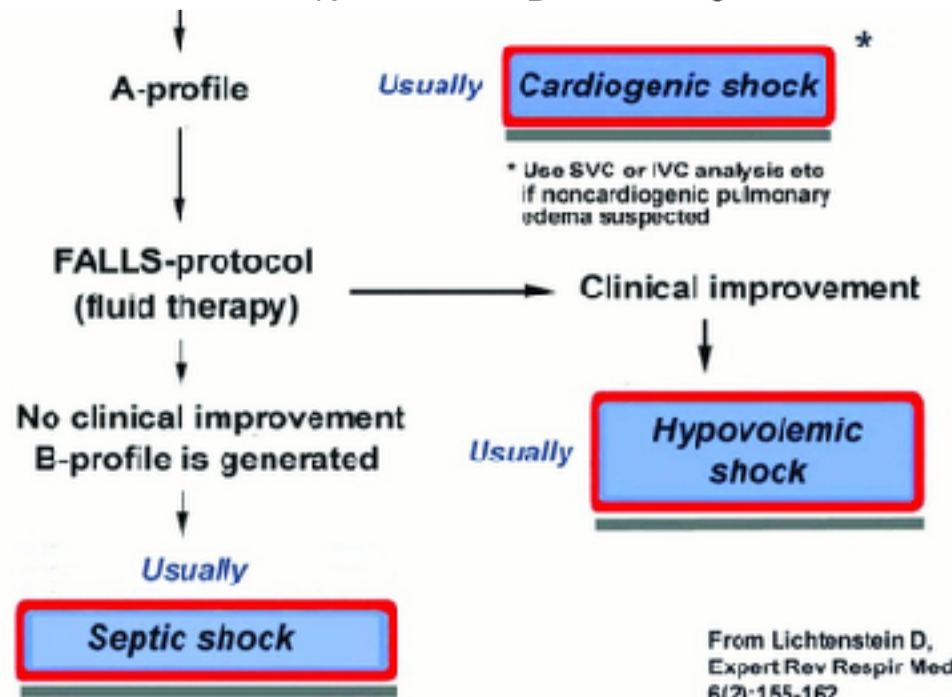


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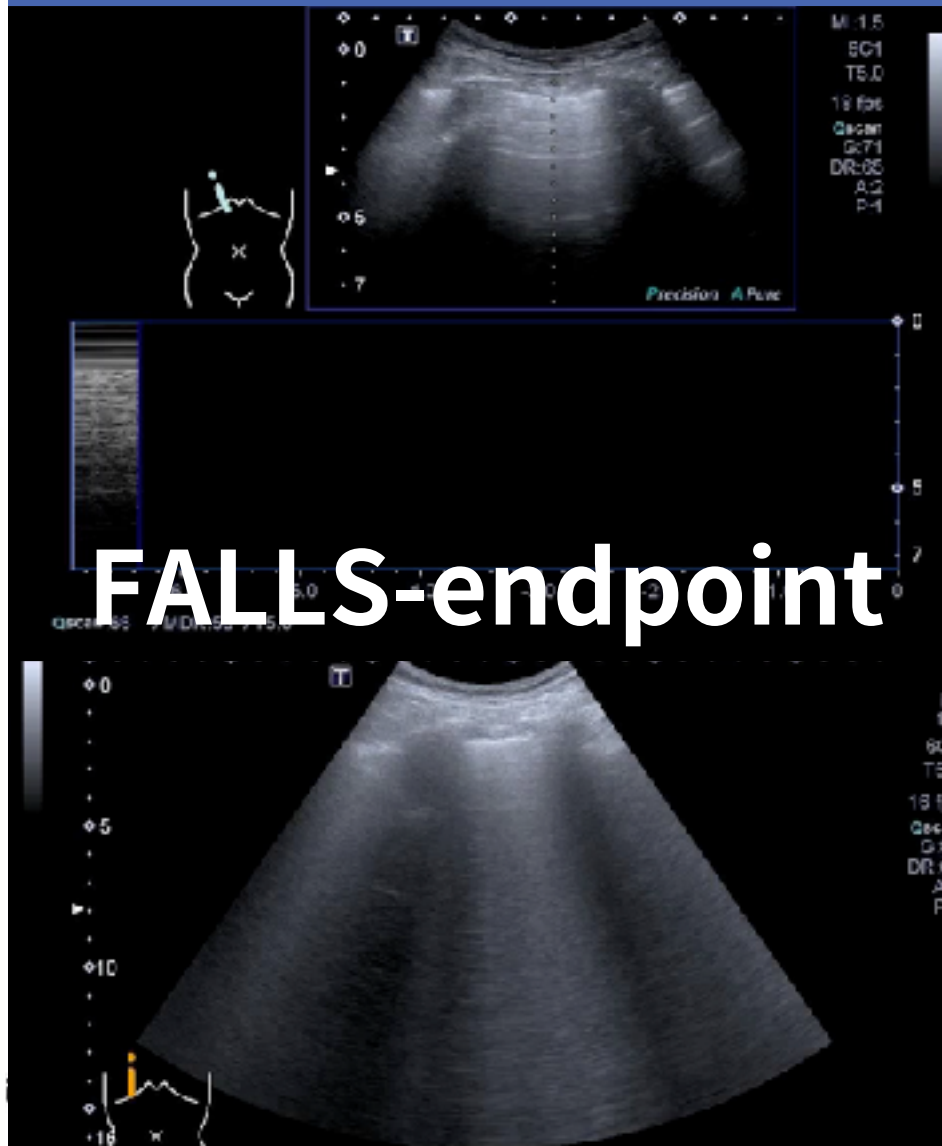
Distributive



Intervention



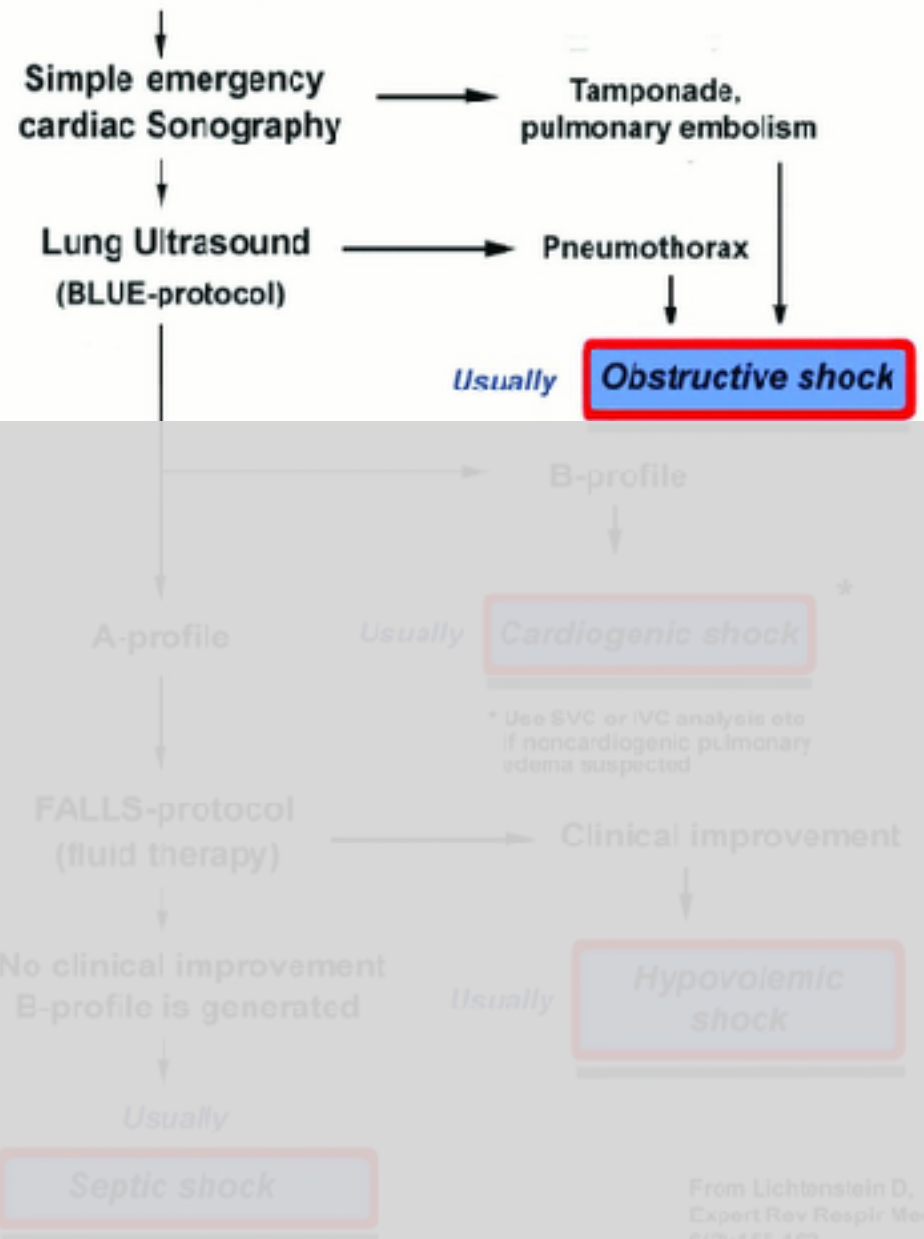
From Lichtenstein D, Expert Rev Respir Med 6(2):155-162



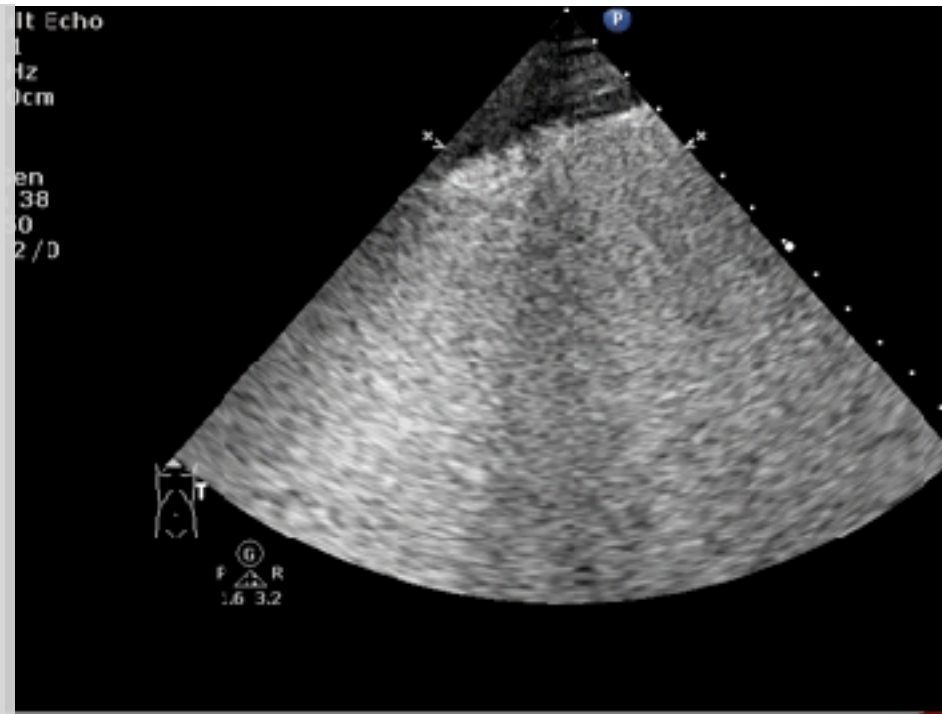
FALLS-endpoint

The FALLS-protocol (Schematic decision tree)

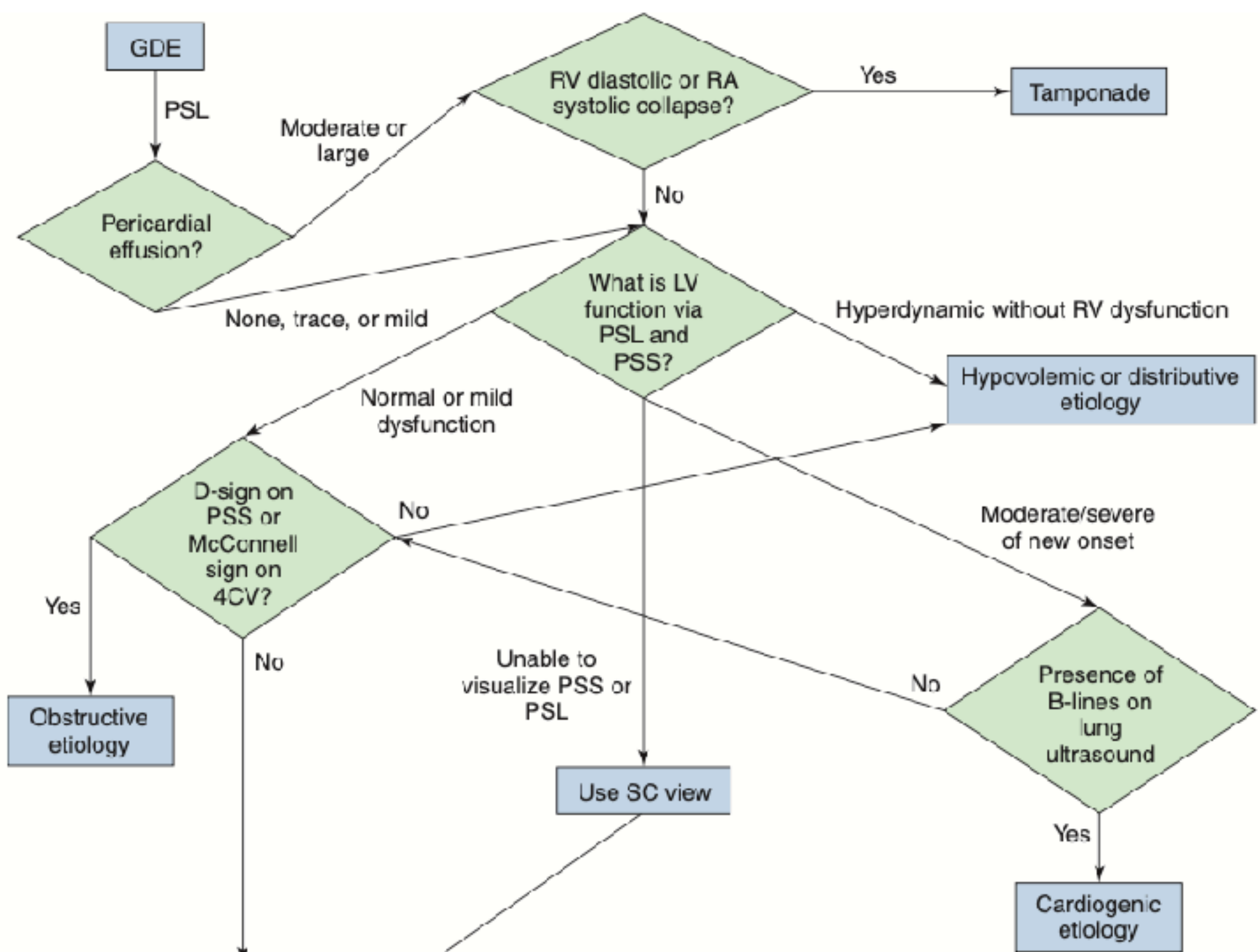
Acute circulatory failure

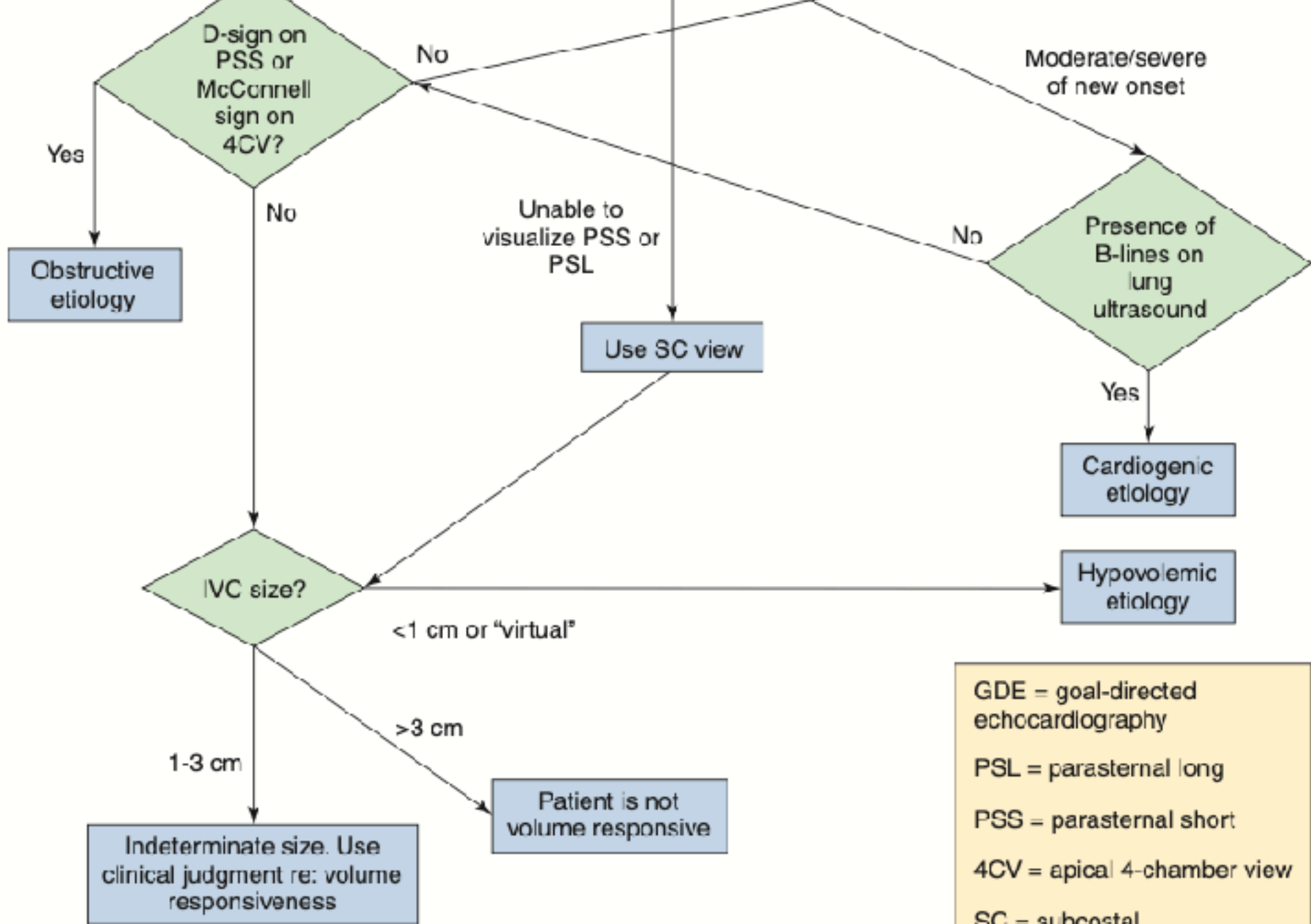


Limitation



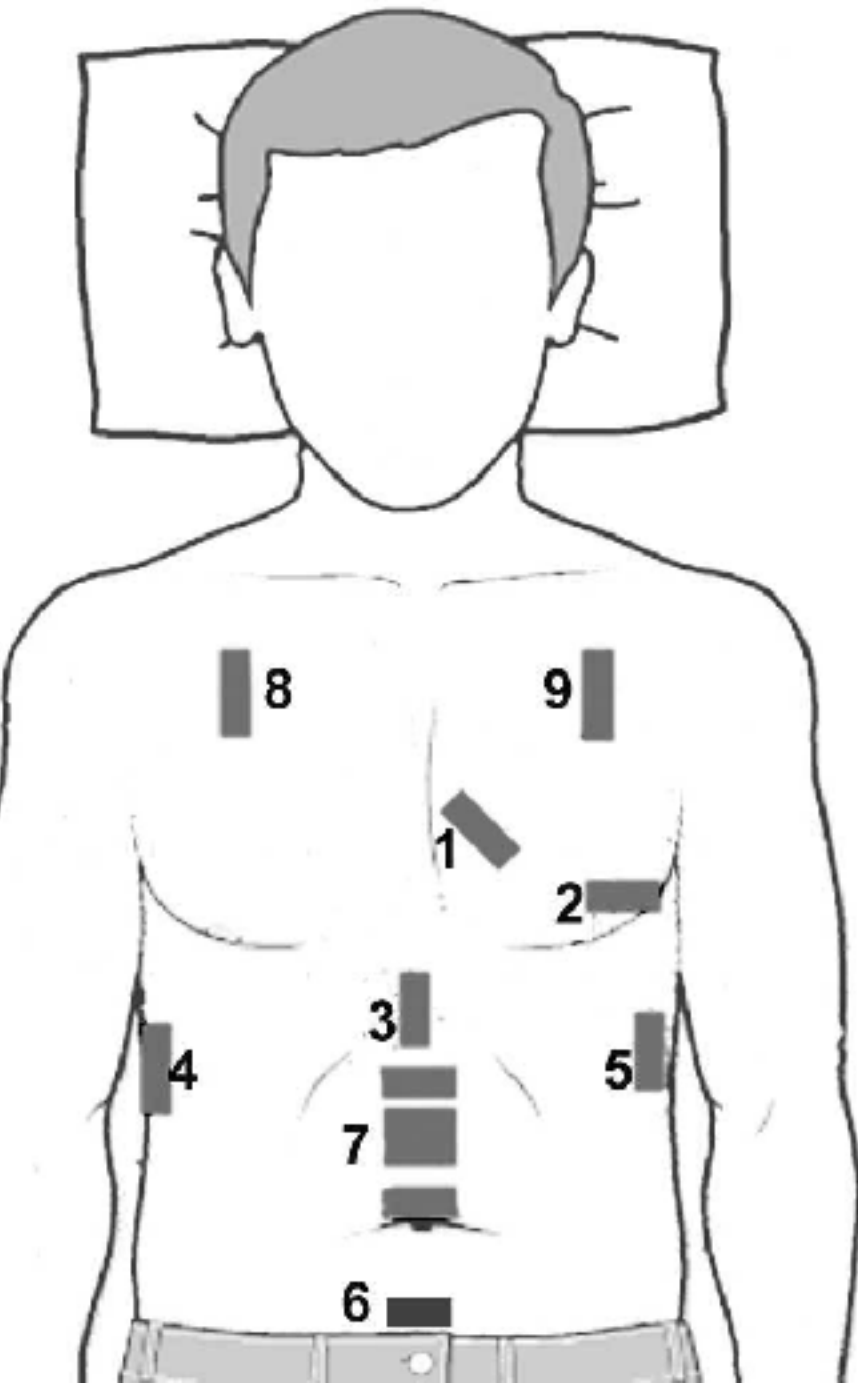
From Lichtenstein D, Expert Rev Respir Med 6(2):155-162





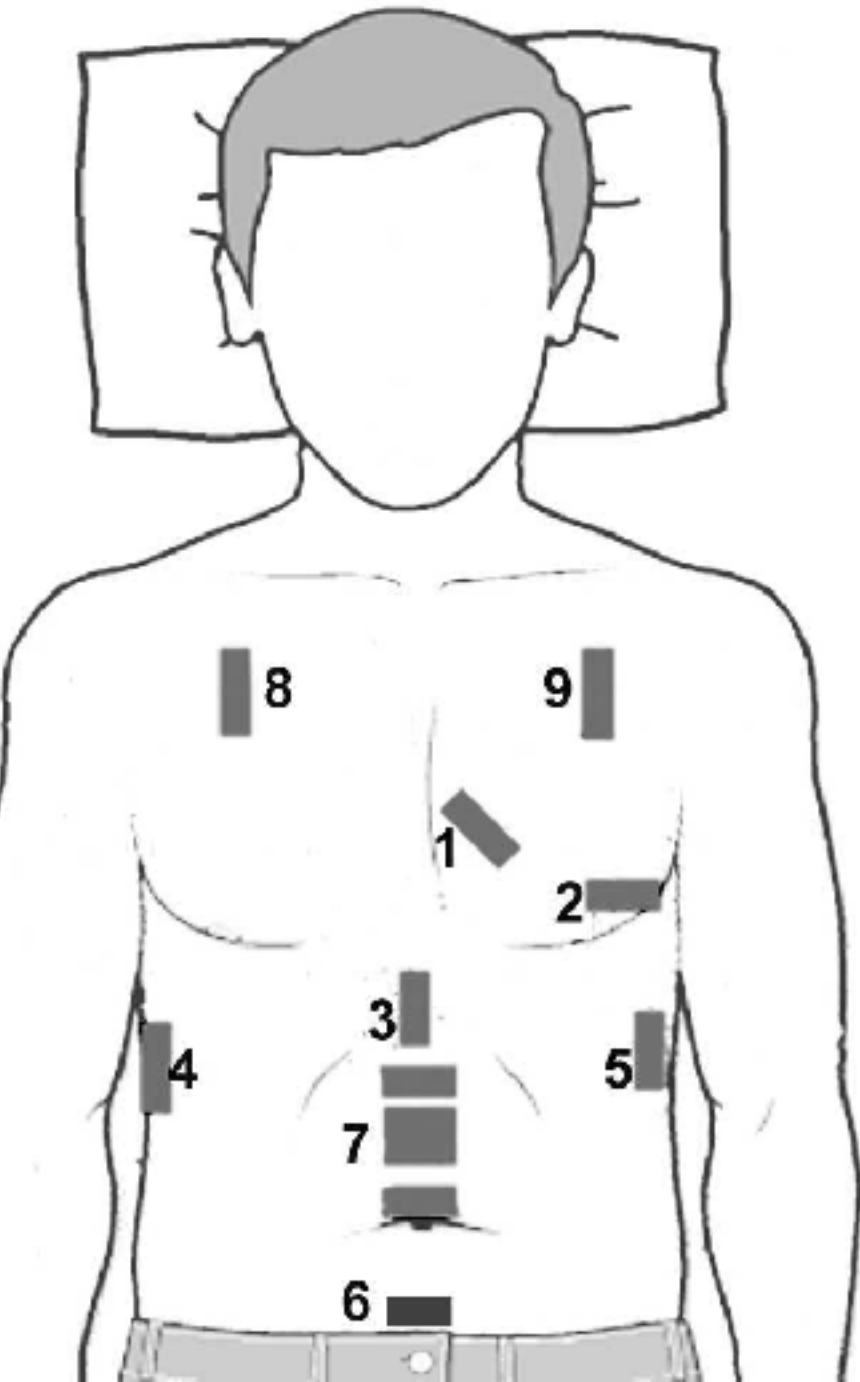
GDE = goal-directed echocardiography
 PSL = parasternal long
 PSS = parasternal short
 4CV = apical 4-chamber view
 SC = subcostal
 IVC = inferior vena cava

RUSH(ed) Exam Sequencing



1. Parasternal Long Cardiac View
2. Apical Four-Chamber Cardiac View
3. Inferior Vena Cava View
4. Morison's with Hemothorax View
5. Splenorenal with Hemothorax View
6. Bladder View
7. Aortic Slide Views
8. Pulmonary View
9. Pulmonary View

Use Curvilinear Array for all Views
Add in a search for Ectopic Pregnancy and
DVT depending on clinical circumstances



HI-MAP ED

Pump
Tank
Pipe

RUSH for Shock

	Heart	IVC	FAST	Aorta	Pulmonary
Hypovolemic Shock	<ol style="list-style-type: none"> Hypercontractile Small chamber size 	Flat IVC	Peritoneal fluid	<ol style="list-style-type: none"> Aortic dissection Aortic aneurysm 	Pleural fluid
Cardiogenic Shock	<ol style="list-style-type: none"> Hypocontractile Dilated heart 	Distended IVC	Peritoneal fluid	Normal	<ol style="list-style-type: none"> Pulmonary edema Pleural fluid
Obstructive Shock	<ol style="list-style-type: none"> Hypercontractile Pericardial effusion Tamponade RV strain Thrombus 	Distended IVC	Normal	DVT	Absent lung sliding
Distributive Shock	<ol style="list-style-type: none"> Hypercontractile or Hypocontractile 	Flat or normal IVC	Peritoneal fluid (peritonitis)	Normal	Pleural fluid (empyema, pneumonia)

RUSH for Shock

	Heart	IVC	FAST	Aorta	Pulmonary
Hypovolemic Shock	<ol style="list-style-type: none"> Hypercontractile Small chamber size 	Flat IVC	Peritoneal fluid	<ol style="list-style-type: none"> Aortic dissection Aortic aneurysm 	Pleural fluid
Cardiogenic Shock	<ol style="list-style-type: none"> Hypocontractile Dilated heart 		Peritoneal fluid	Normal	<ol style="list-style-type: none"> Pulmonary edema Pleural fluid
Obstructive Shock	<ol style="list-style-type: none"> Hypercontractile Pericardial effusion Tamponade RV strain Thrombus 		Normal	DVT	Absent lung sliding
Distributive Shock	<ol style="list-style-type: none"> Hypercontractile or Hypocontractile 	normal IVC	Peritoneal fluid (peritonitis)	Normal	Pleural fluid (empyema, pneumonia)

有無
大小
強弱
左右

RUSH for Shock

	Heart	IVC	FAST	Aorta	Pulmonary
Hypovolemic Shock	1. Hypercontractile number	Flat IVC	Peritoneal fluid	1. Aortic dissection 2. Aortic	Pleural fluid
Cardiogenic Shock	3 A	Flat	Abundant	3 A	Pleural fluid
Obstructive Shock	3 A	Flat	Abundant	3 A	Pleural fluid
Distributive Shock	1. Hypercontractile or 2. Hypocontractile	Flat or normal IVC	Peritoneal fluid (peritonitis)	Normal	Pl (empyema, pneumonia)

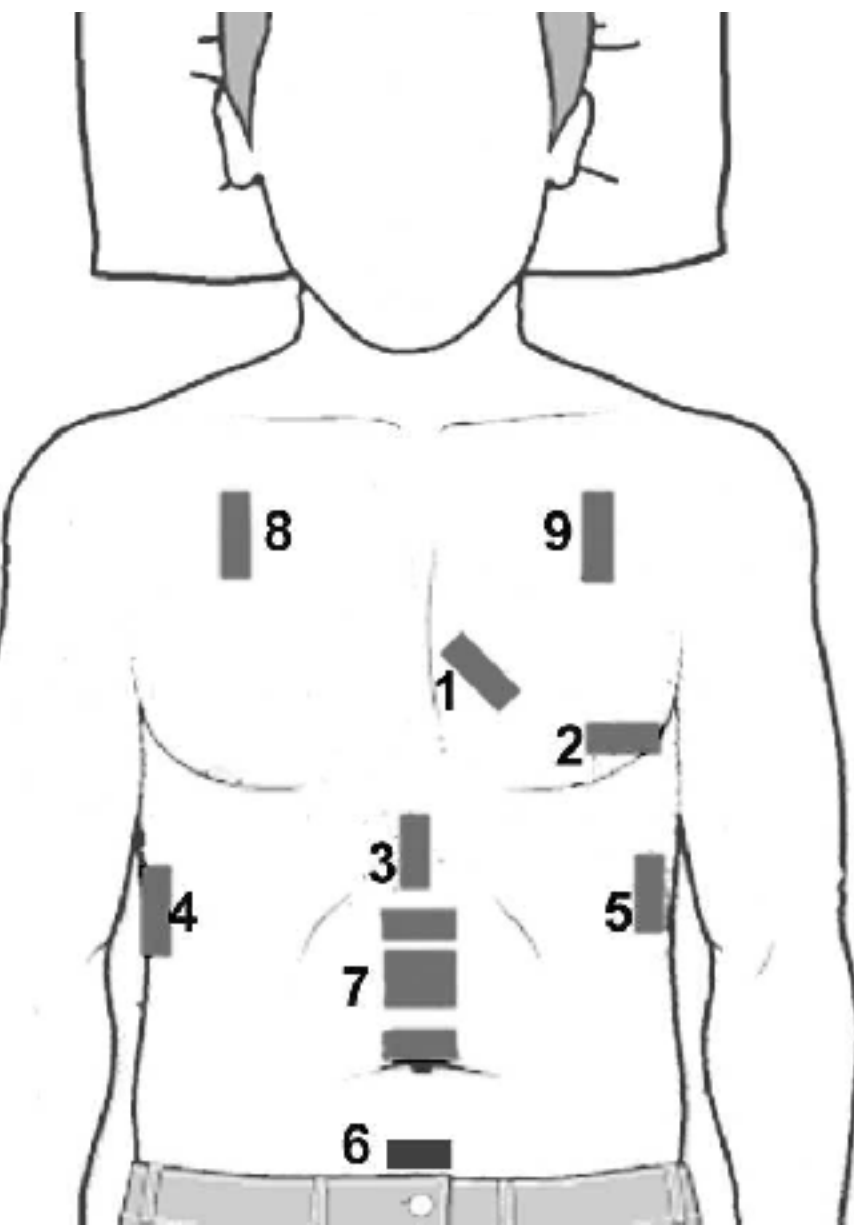
有無
大小
強弱
左右

扁漲
變化
有無

3 A
剝離
栓塞

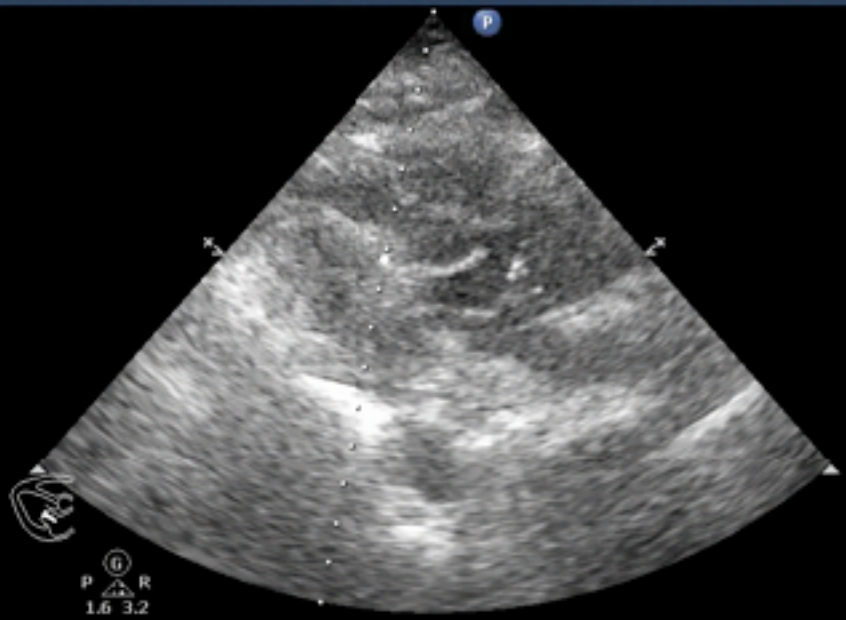
氣胸
水腫
積水
肺炎

HI-MAPED



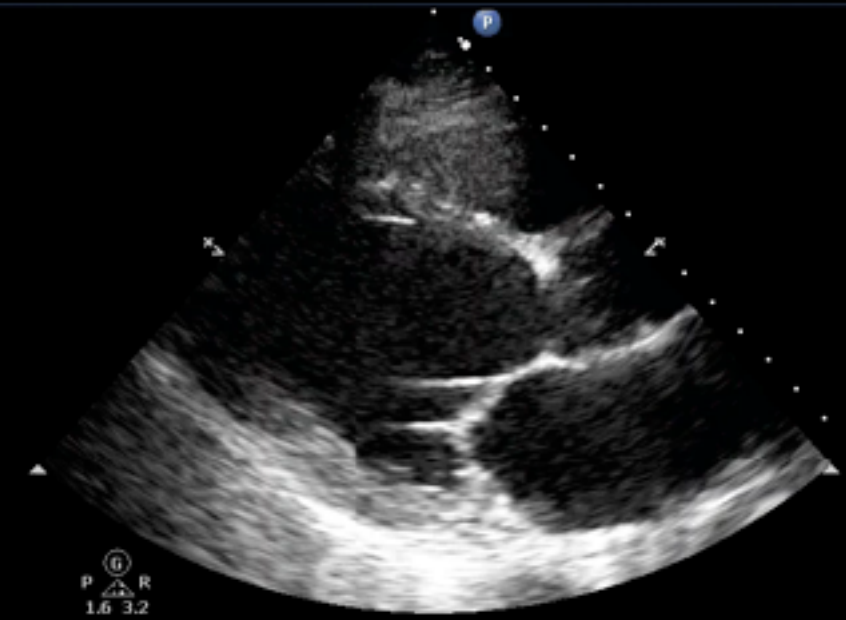
Adult Echo
S5-1
34 Hz
15.0cm

2D
HGen
Gn 50
C 50
3/2/0

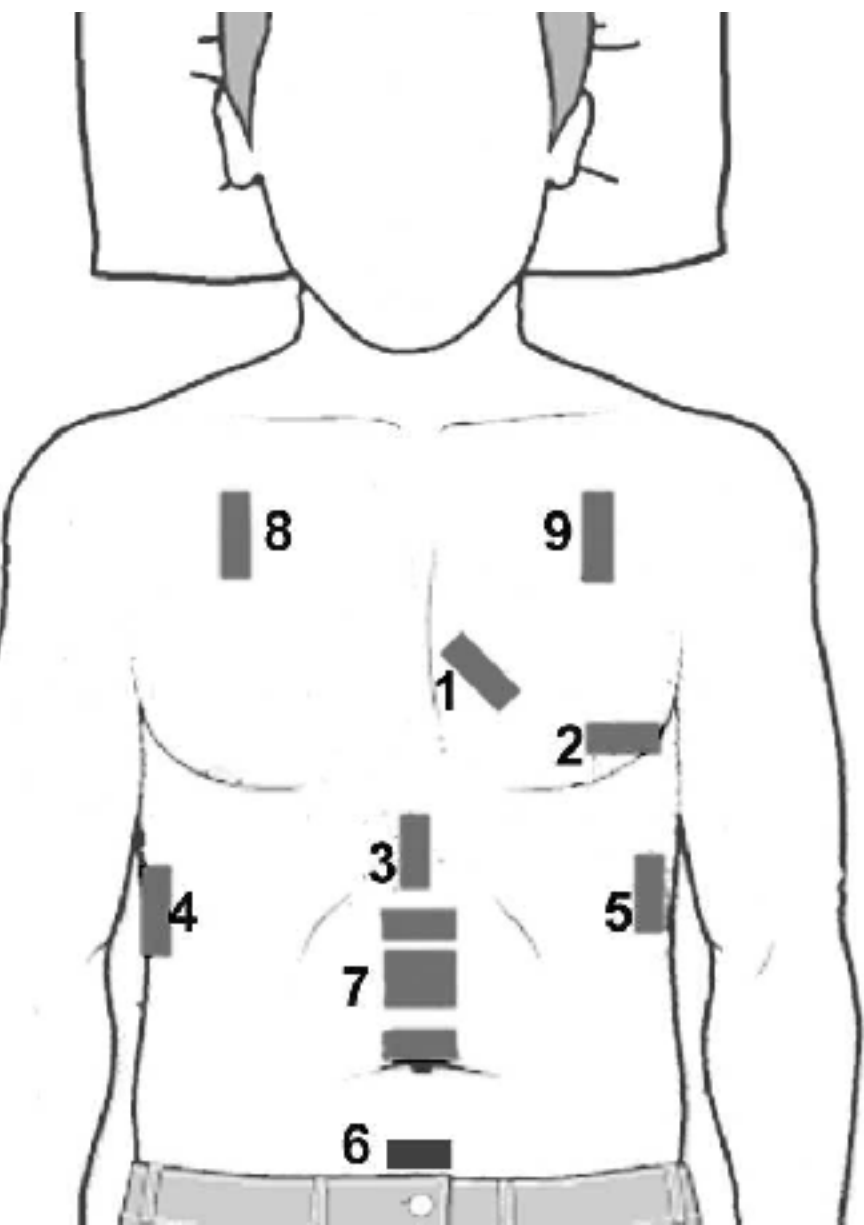


Adult Echo
S5-1
34 Hz
15.0cm

2D
HGen
Gn 50
C 50
3/2/0



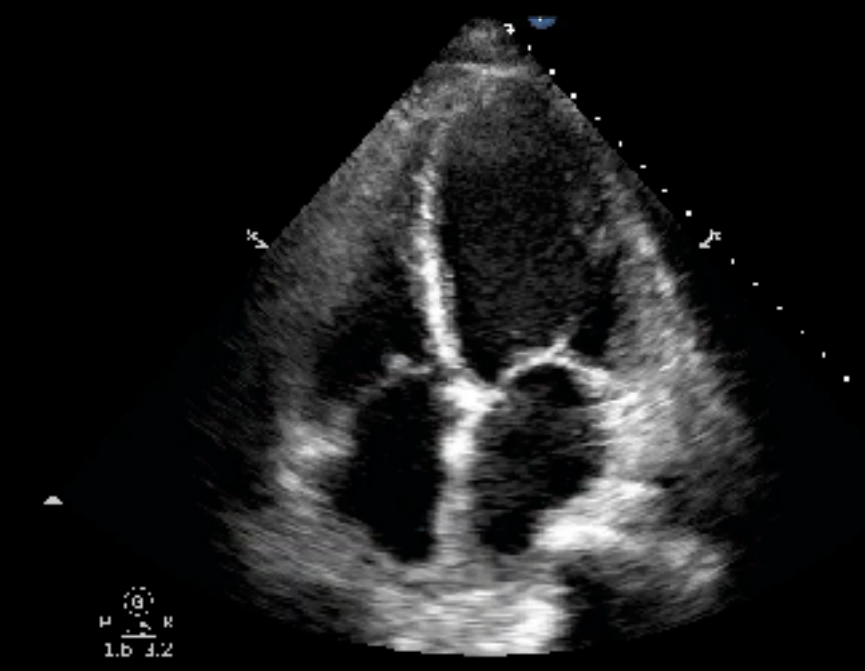
HI-MAPED



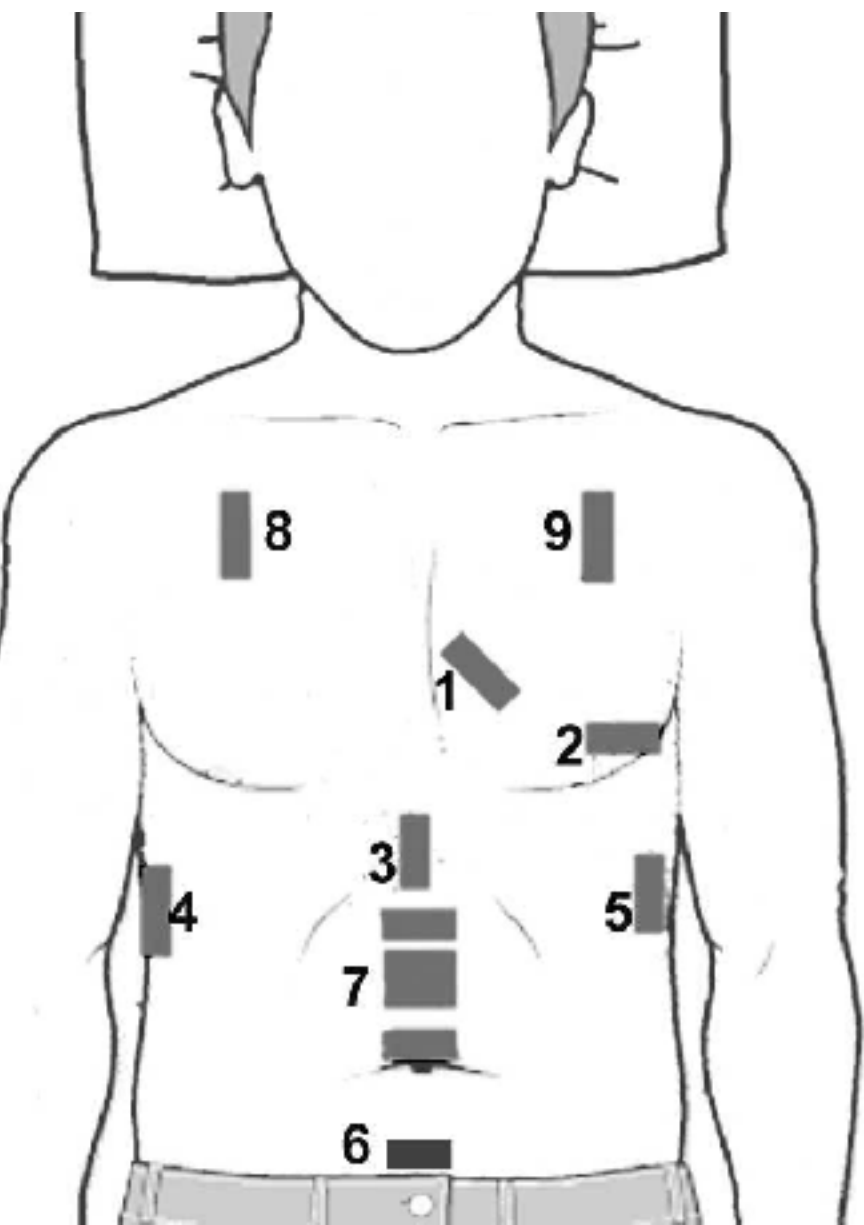
34 Hz
15.0cm
2D
HGen
Gn 50
C 50
3 / 2 / 0



S5-1
20 Hz
20.0cm
2D
HGen
Gn 16
C 50
3 / 2 / 0



HI-MAPED



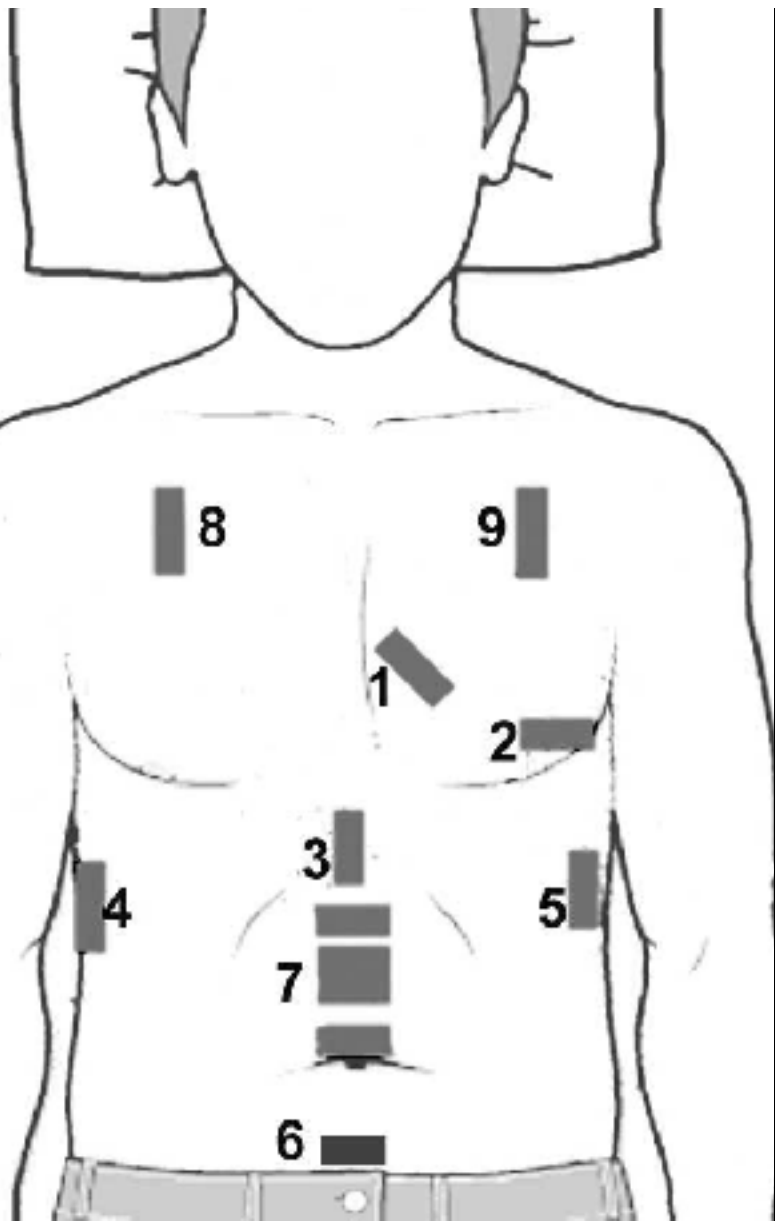
Abd Gen
C5-1
30 Hz
18.0cm
2D
HGen
Gn 100
C 56
3 / 3 / 3



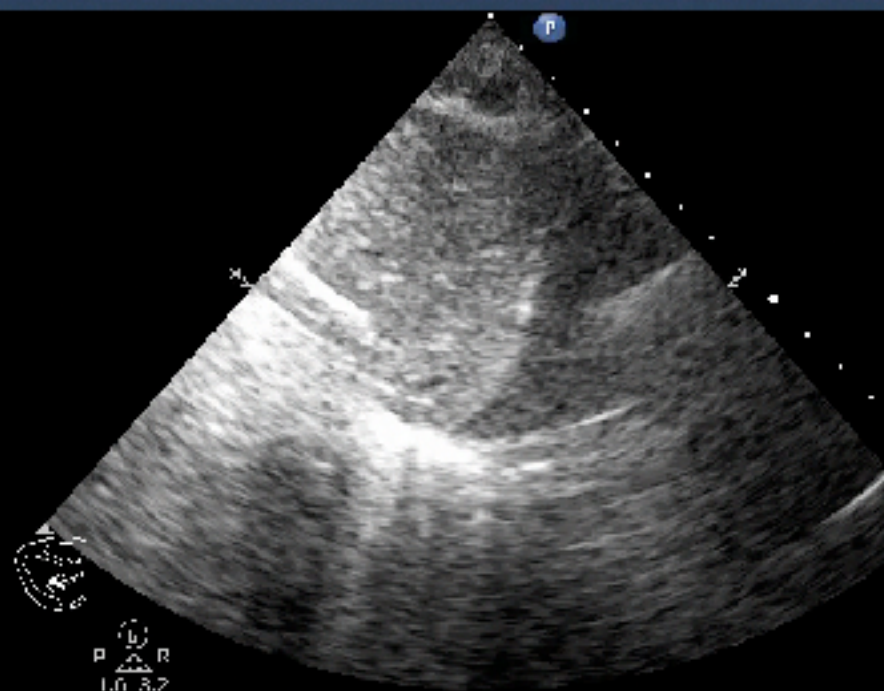
Adult Echo2
S5-1
22 Hz
26.0cm
2D
HGen
Gn 45
C 50
3 / 2 / 0



HI-MAPED



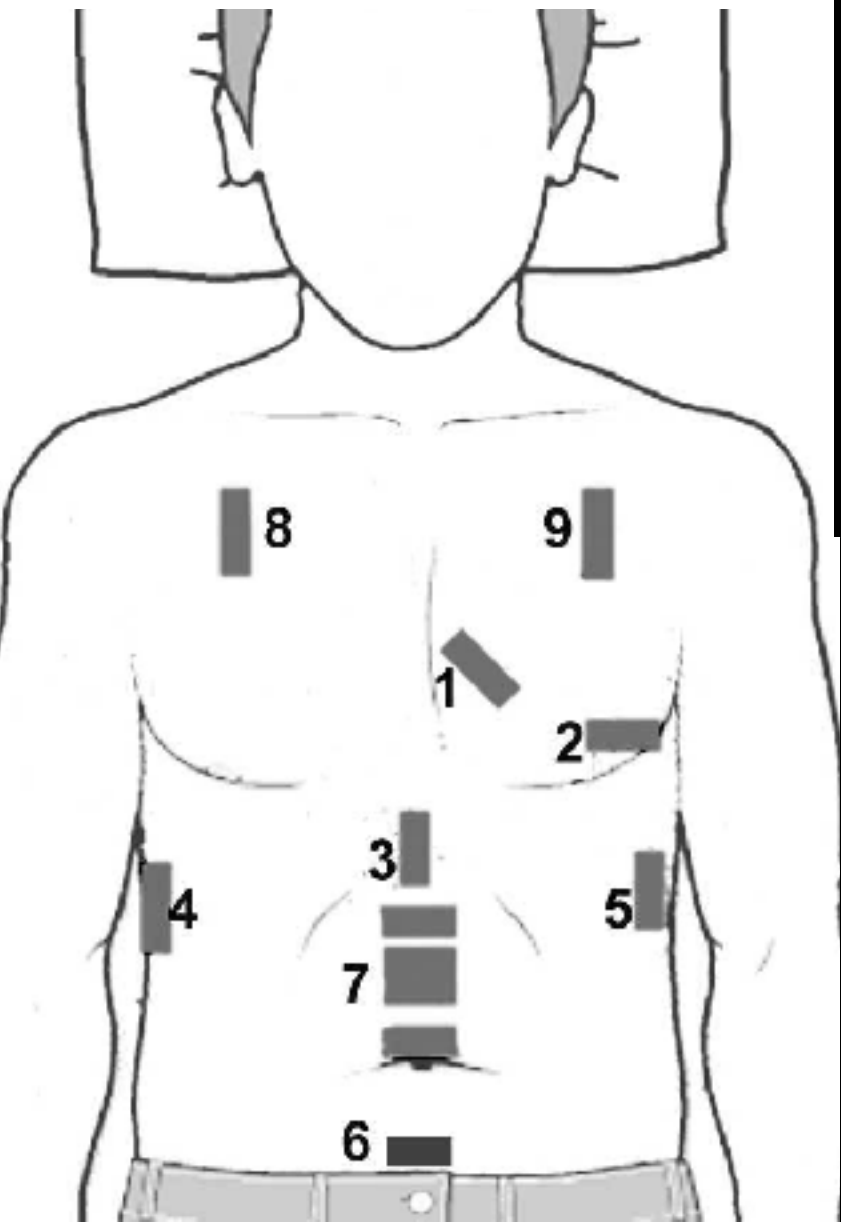
Adult Echo
S5-1
R4 Hz
15.0cm
2D
HGen
Ch 50
C 50
3/2/0



Adult Echo
C5-1
R8 Hz
13.0cm
2D
HGen
Ch 60
C 56
3/3/3

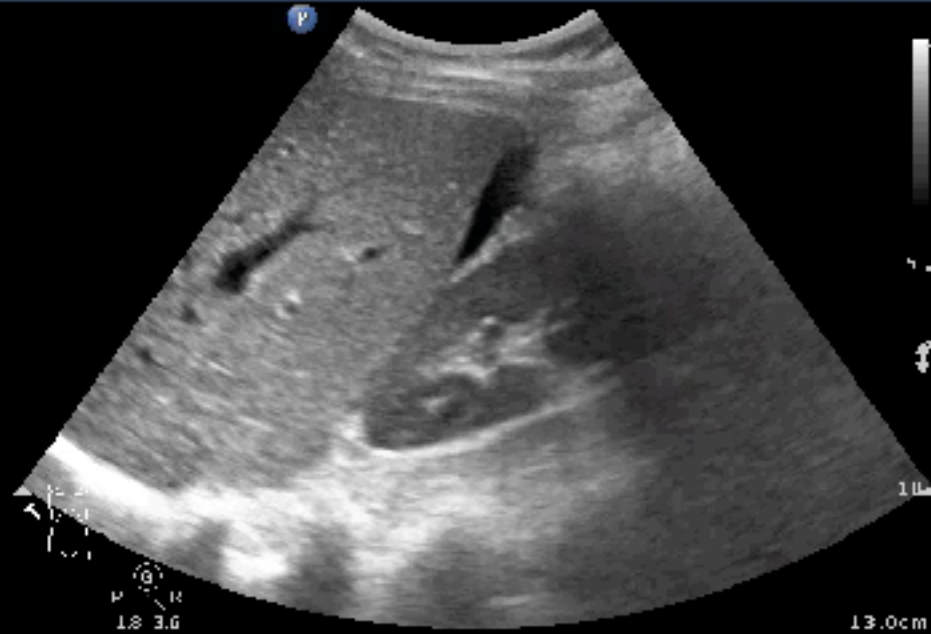


HI-MAPED



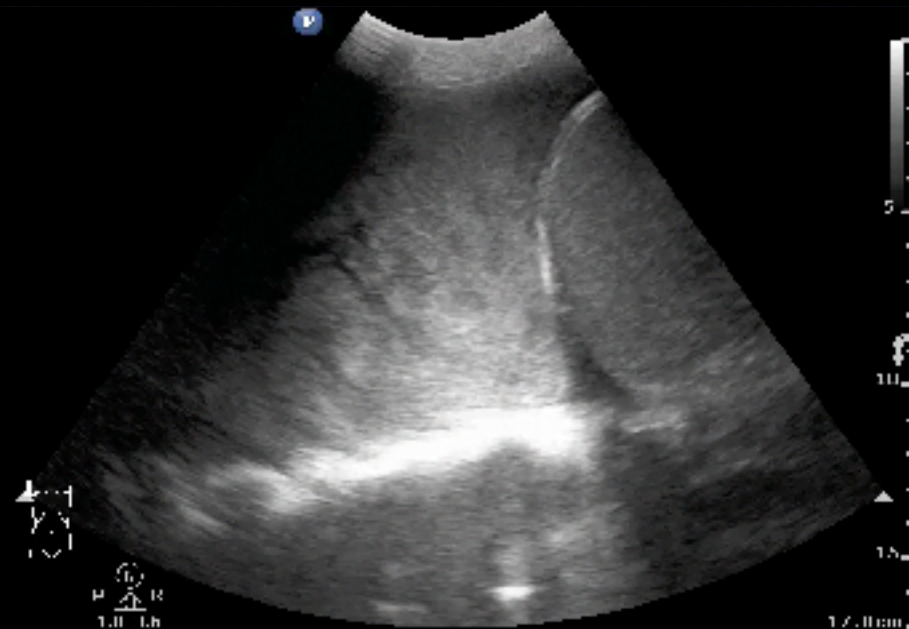
Abd Gen
C5-1
38 Hz
13.0cm

2D
HGen
Gn 95
C 50
3/3/0

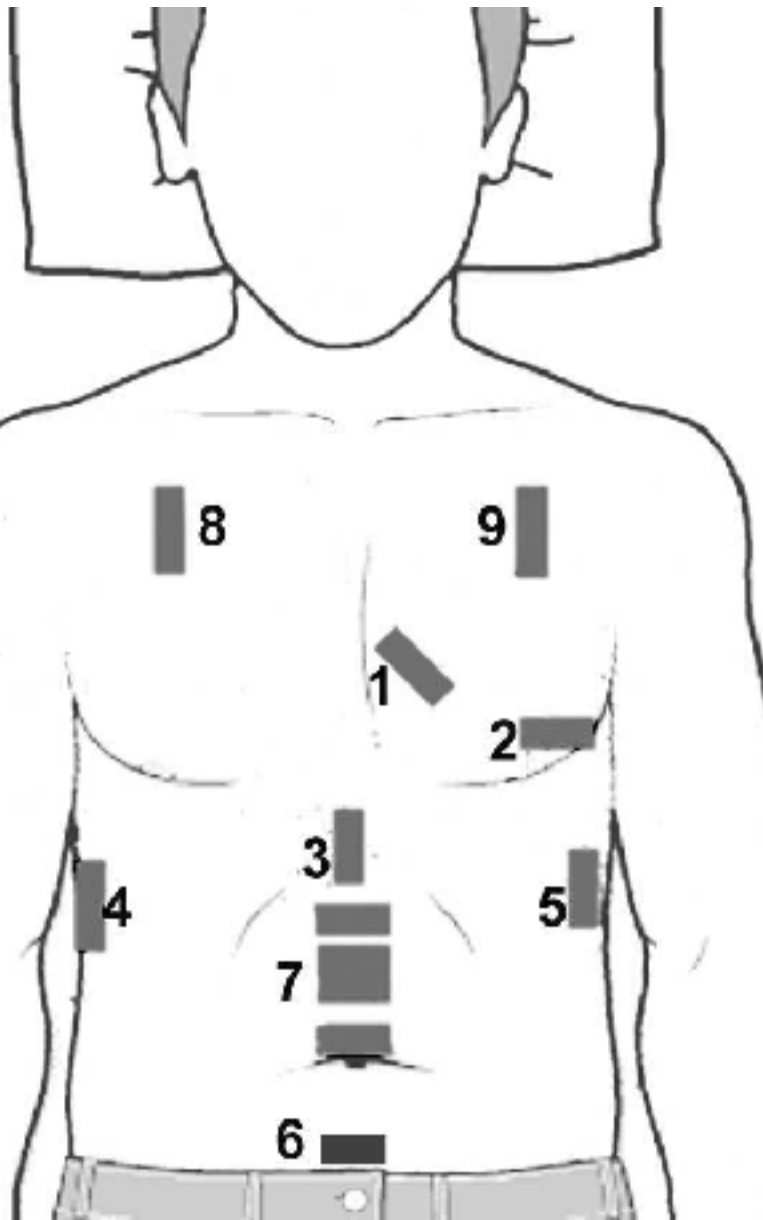


Abd Gen
C5-1
31 Hz
17.0cm

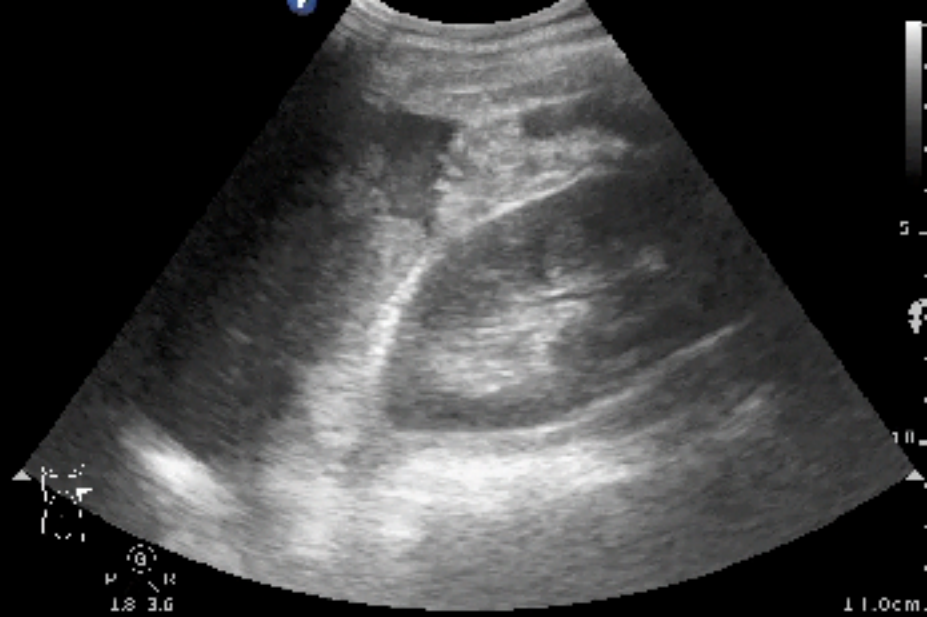
2D
HGen
Gn 90
C 50
3/3/0



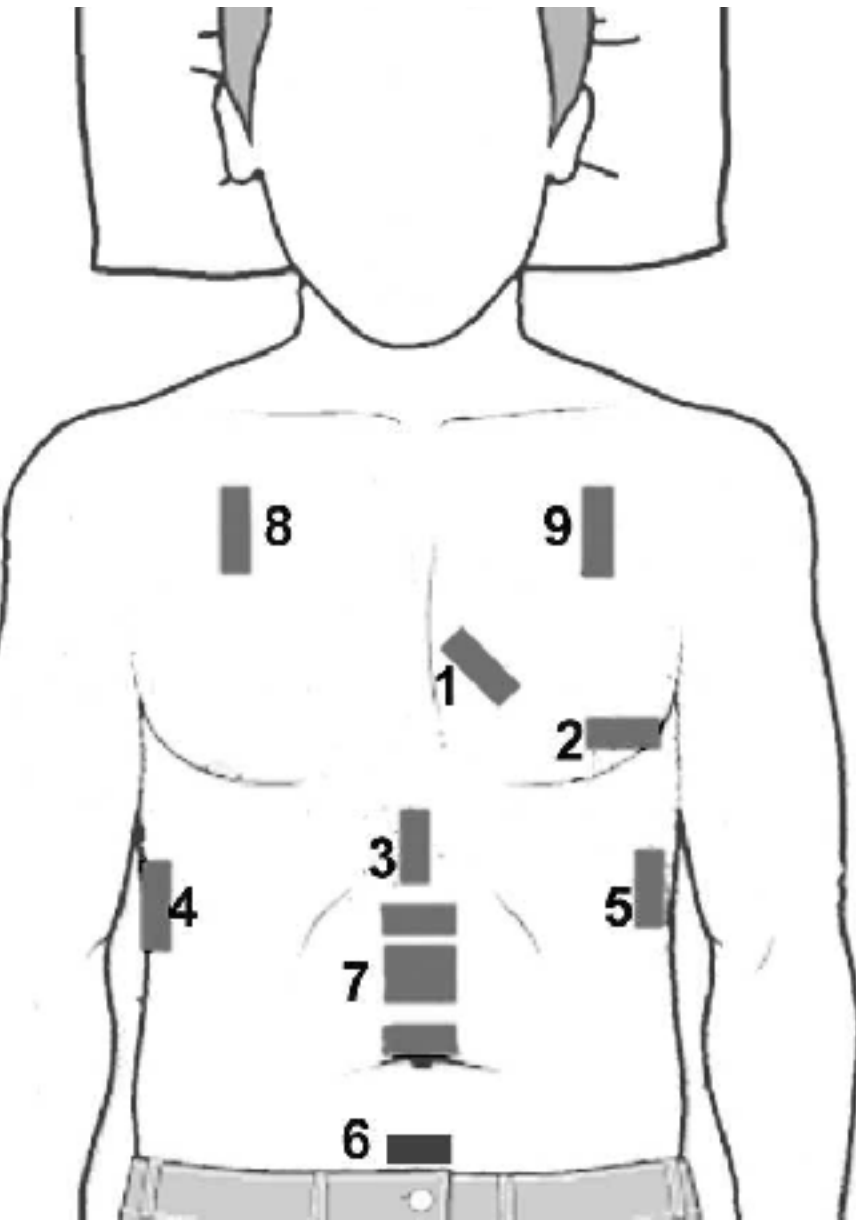
HI-MAPED



ADD View
CS 1
36 Hz
14.0cm
2D
114cm
Ch 90
C 50
3/3/0



HI-MAPED



Abd Gen2
Cb 1
31 Hz
17.0cm

2D
HGen
Ch 86
C 56
3/3/0

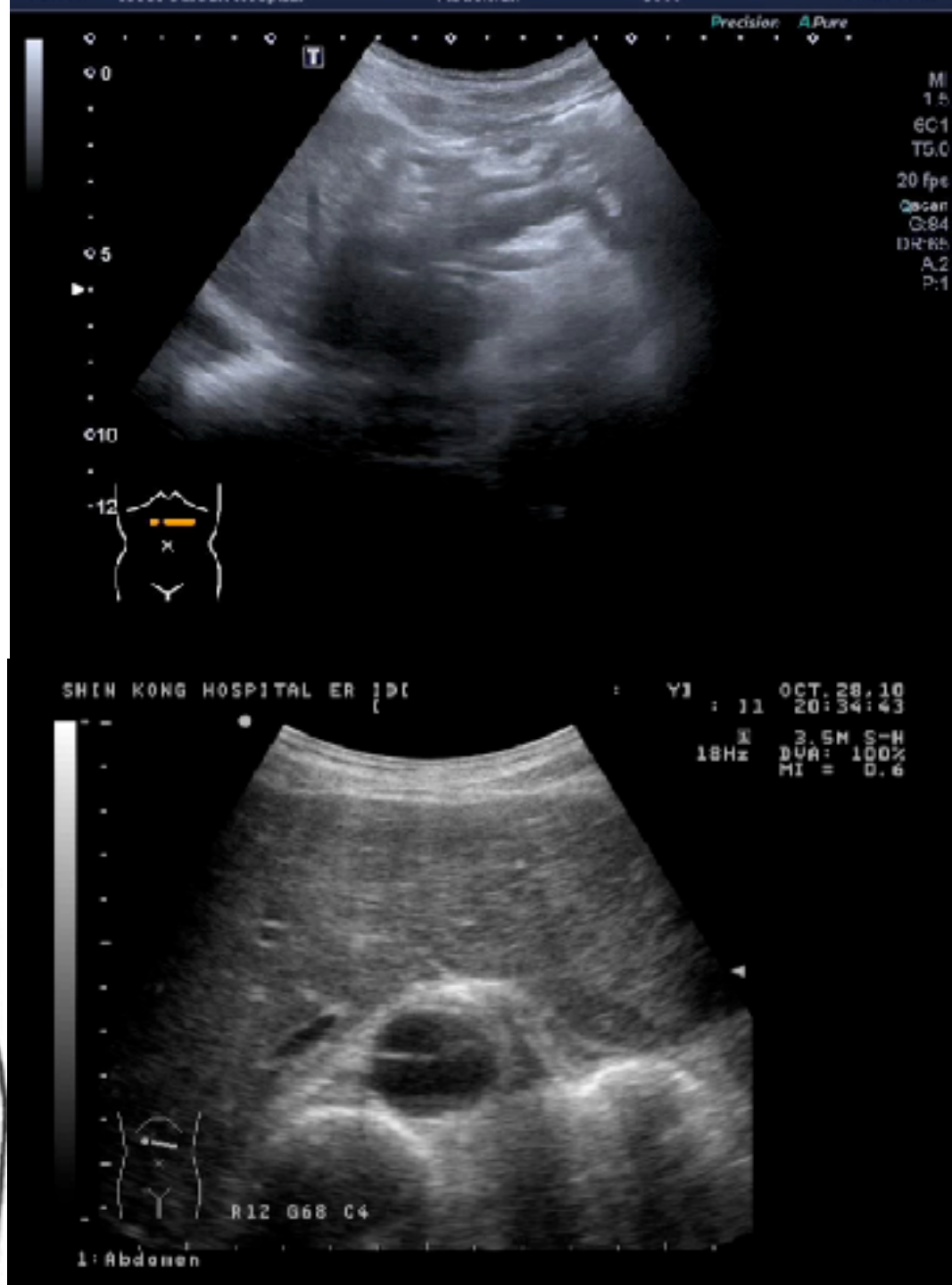
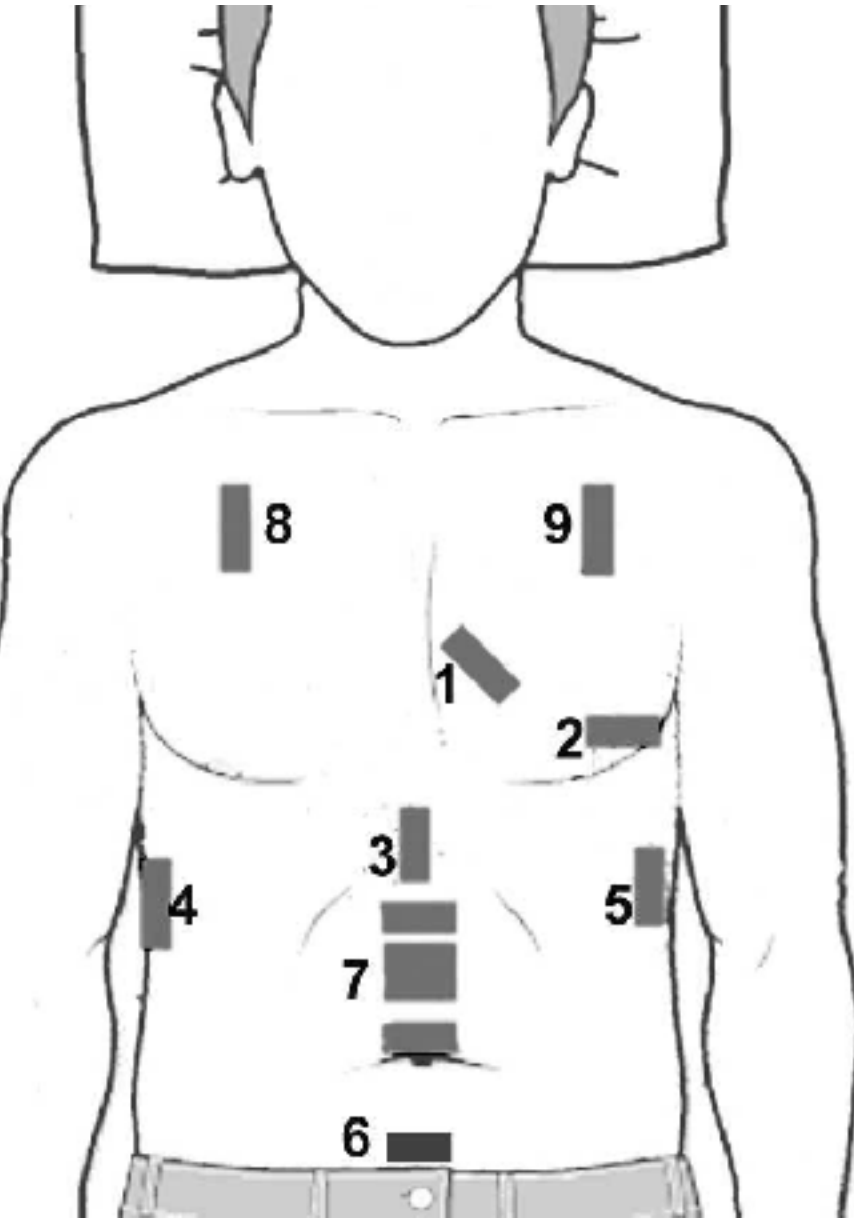


Abd Gen2
Cb 1
31 Hz
17.0cm

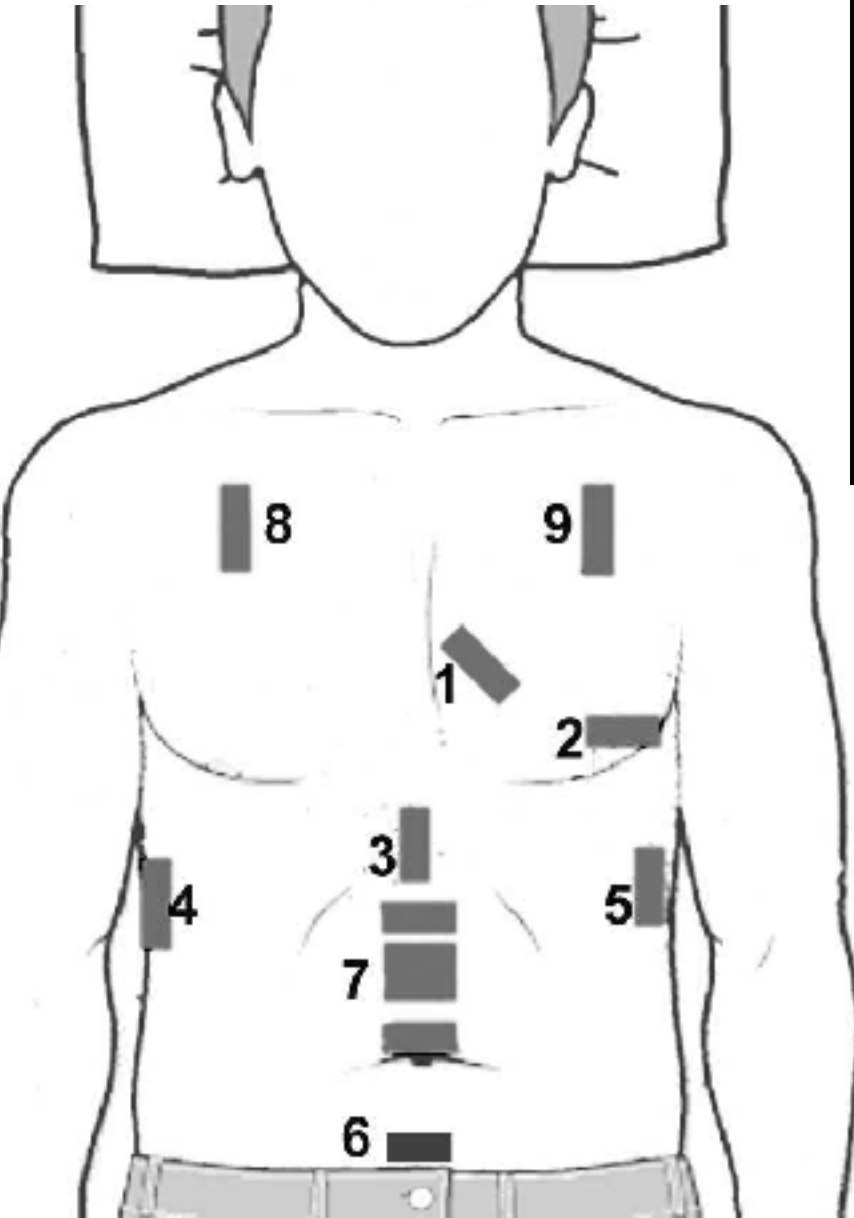
2D
HGen
Ch 86
C 56
3/3/0



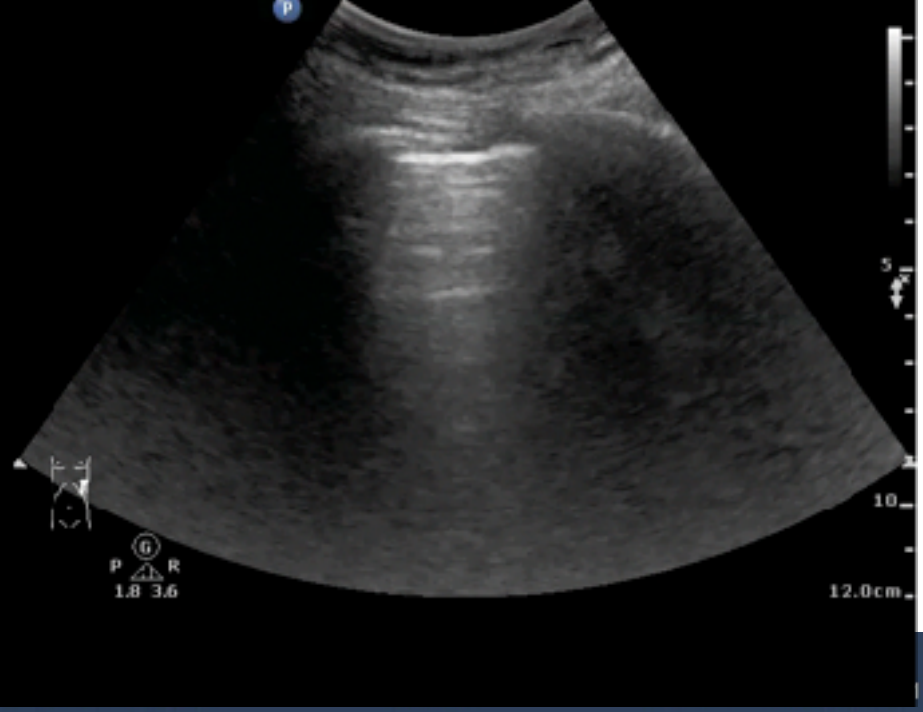
HI-MAPed



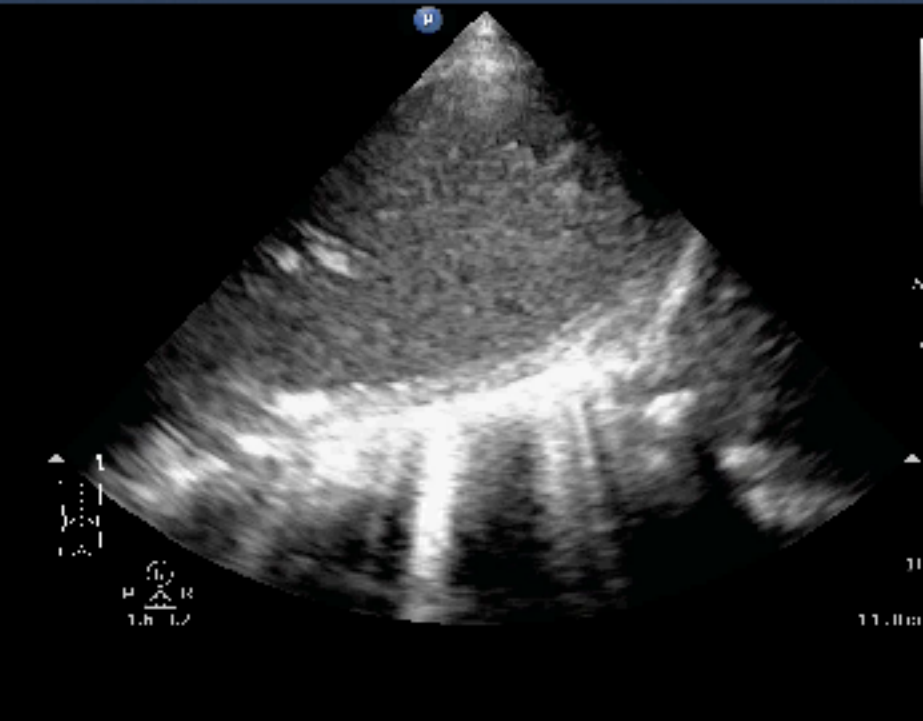
HI-MAP^{ED}



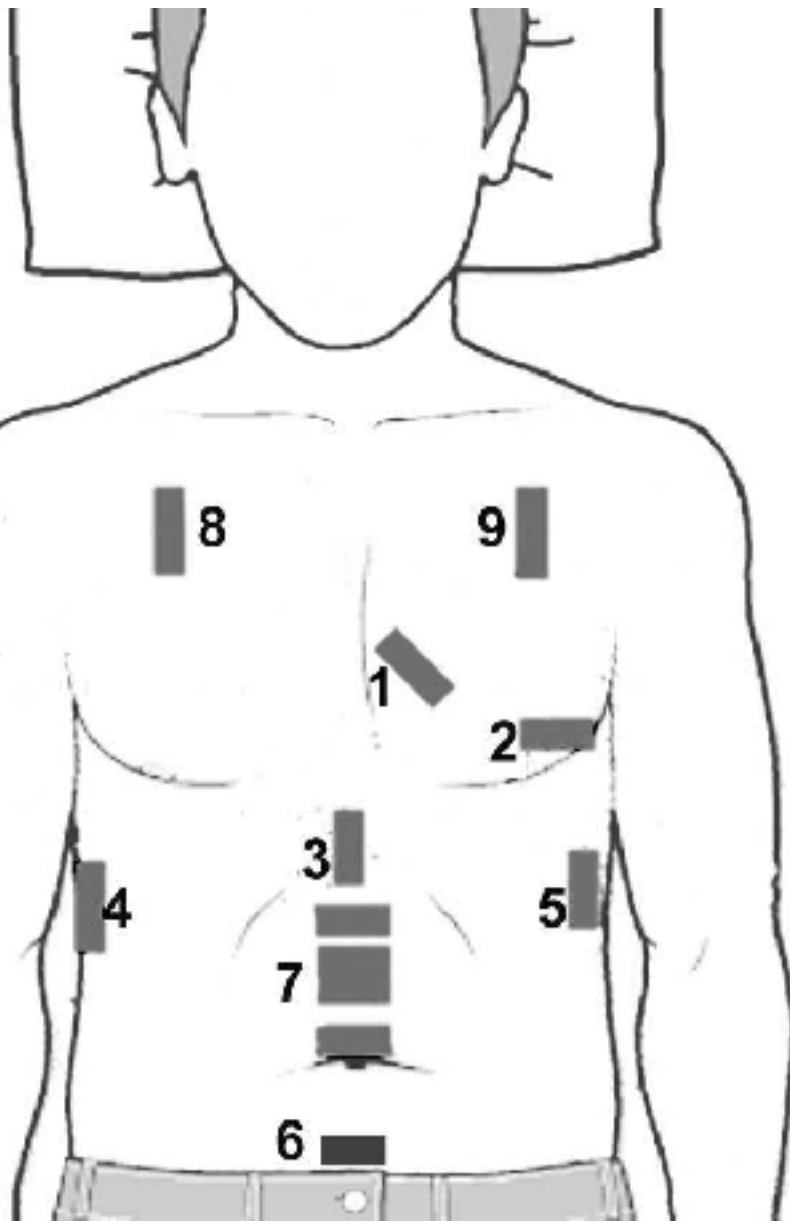
Abd Gen
C5-1
39 Hz
12.0cm
2D
HGen
Gn 76
C 56
3/3/3



Lung
S5-1
40 Hz
11.0cm
2D
HGen
Gn 67
C 47
3/1/2

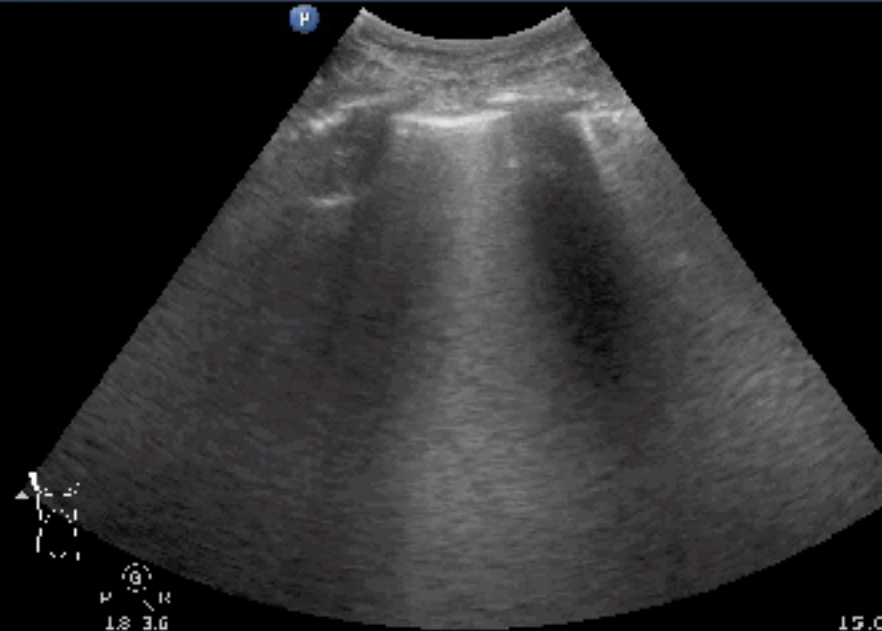


HI-MAP^{ED}



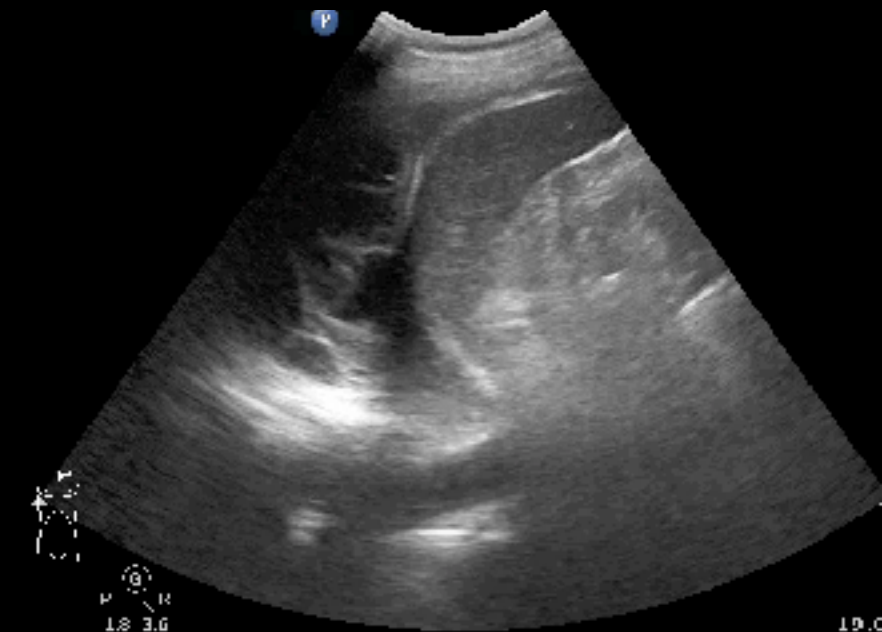
Abd Gen
C5 1
34 Hz
15.0cm

2D
TR4cm
Ch 90
C 50
3 / 3 / 0

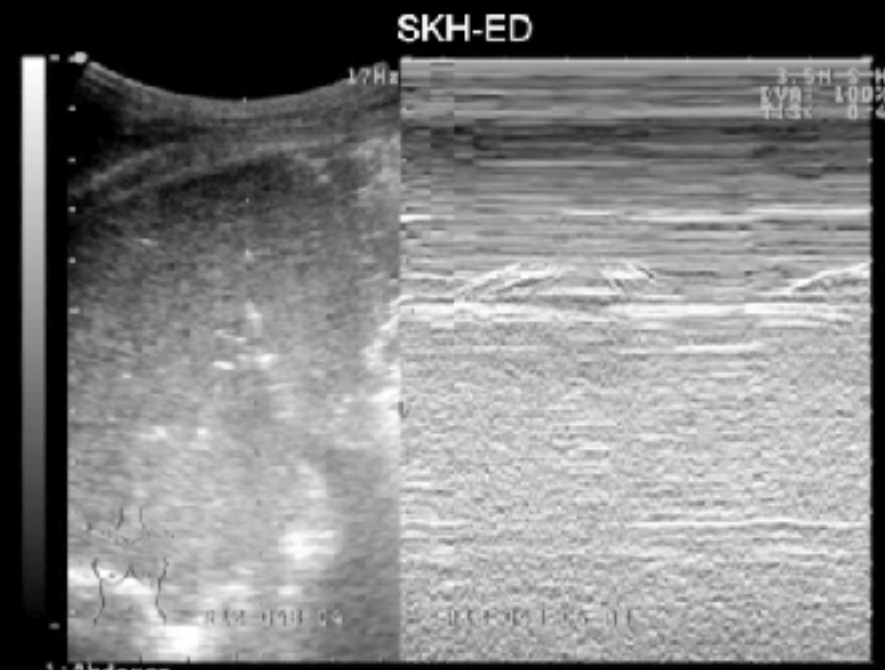
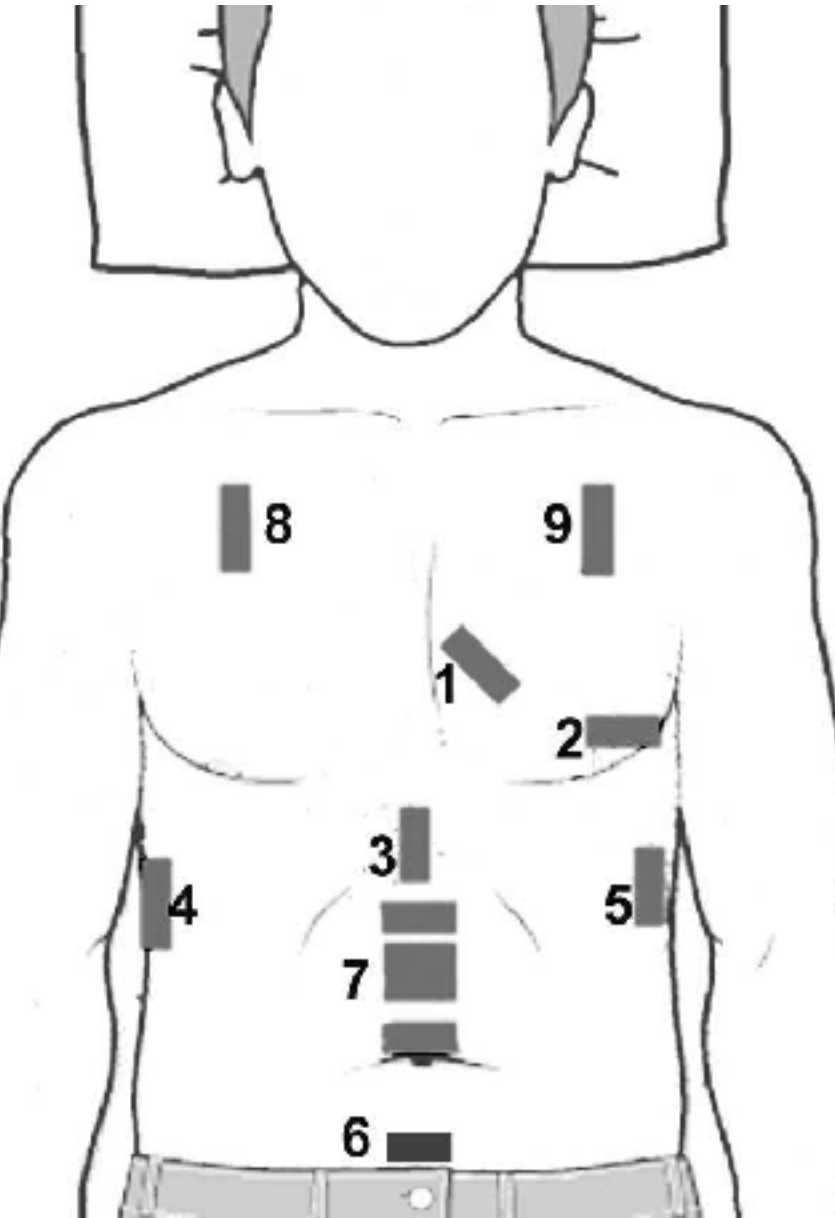


Abd Gen2
C5 1
29 Hz
19.0cm

2D
TR4cm
Ch 100
C 50
3 / 3 / 0



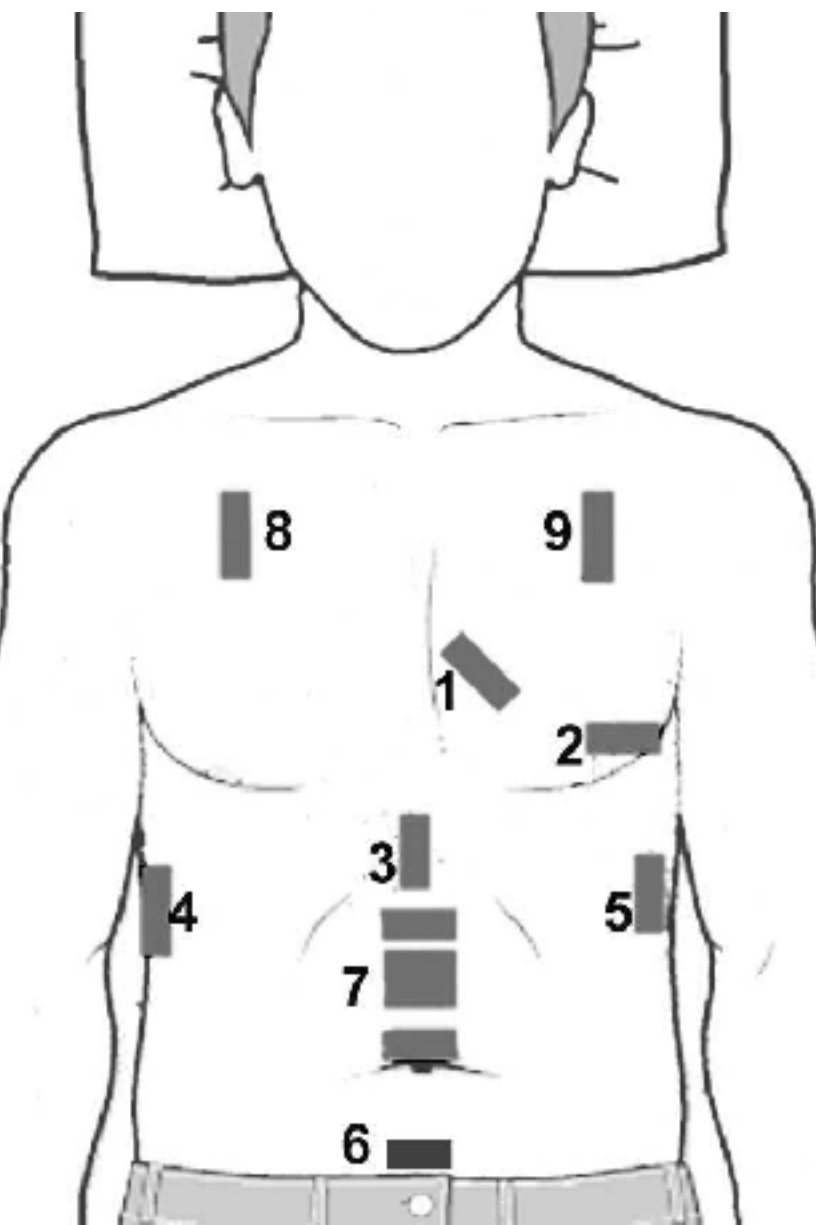
HI-MAP^{ED}



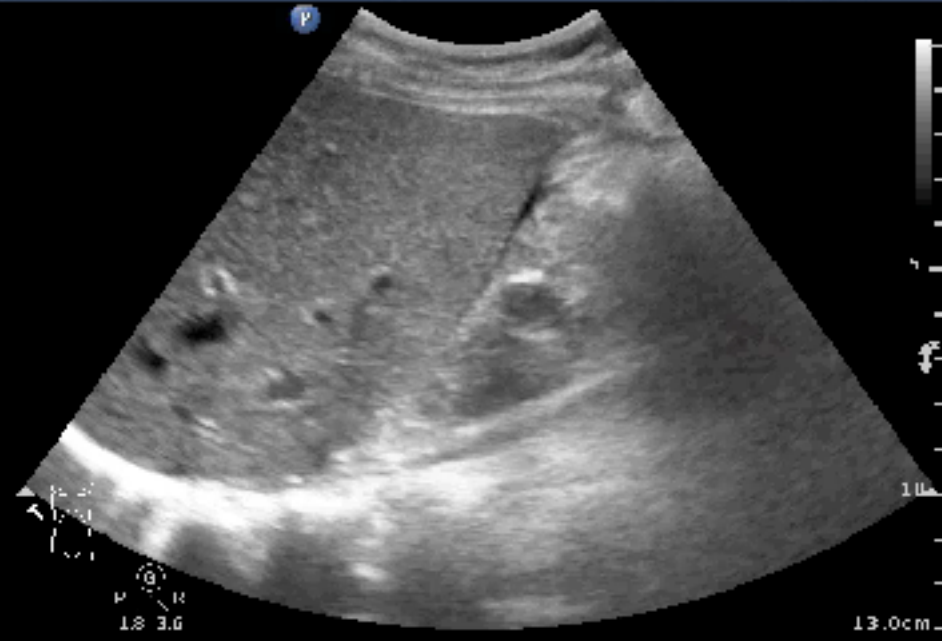
C5 1
 31 Hz
 17.0cm
 2D
 11Gen
 Ch 79
 C 56
 3/3/3



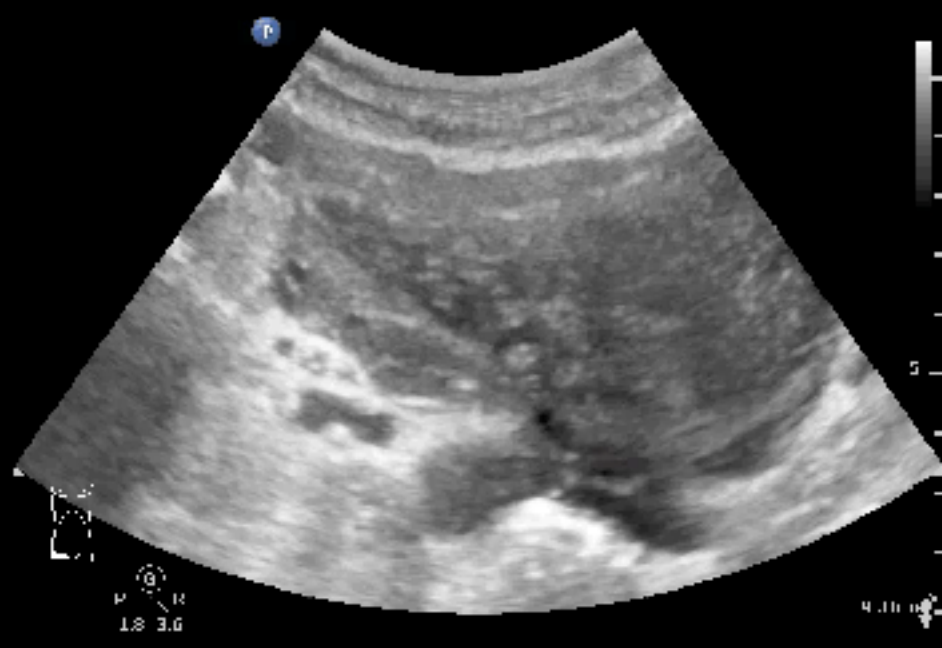
HI-MAP^{ED}



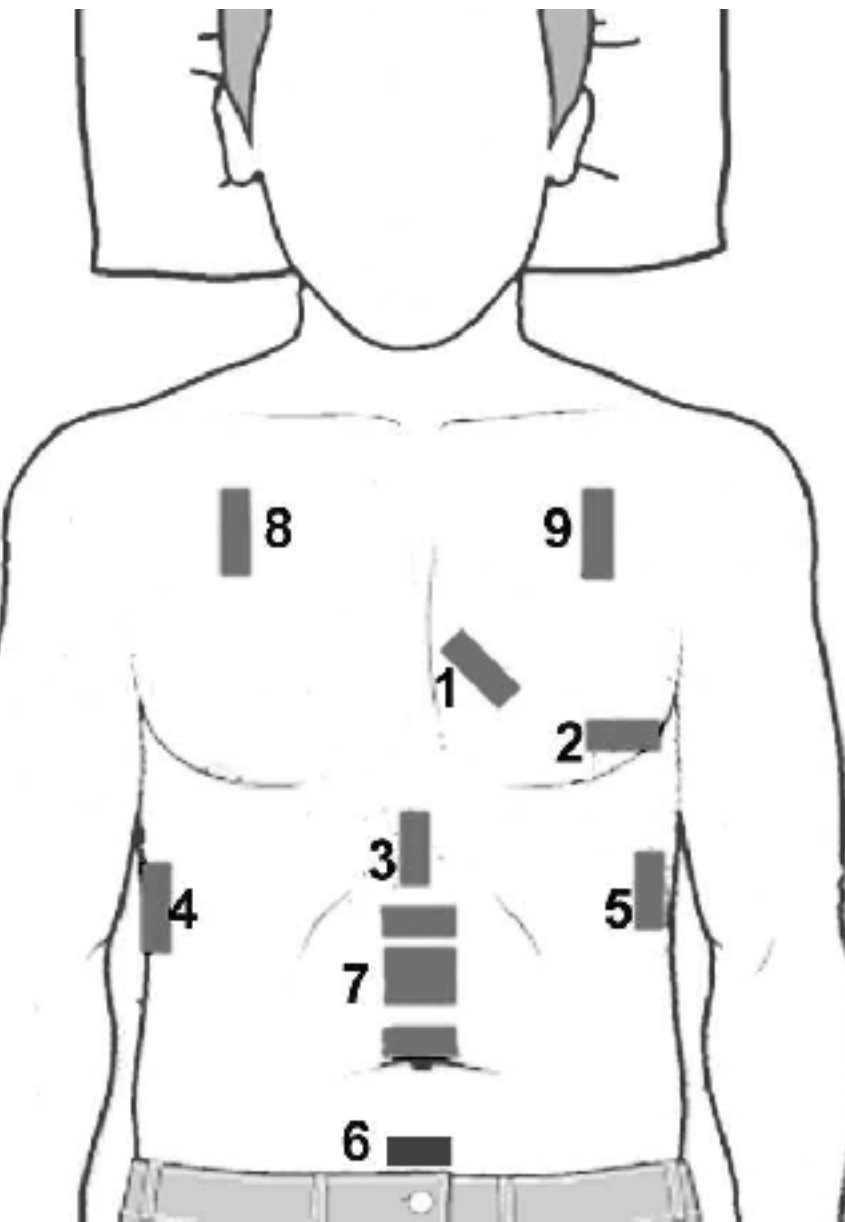
Abd Gen
C5 1
38 Hz
13.0cm



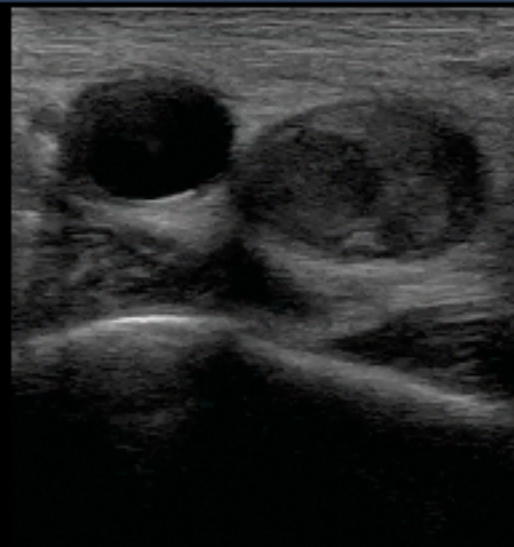
Abd Gen
C5 1
47 Hz
9.0cm



HI-MAP^{ED}



Superficial
L12 3
13 11/2
4.5cm
2D
Res
Gn 60
C 56
3/2/1

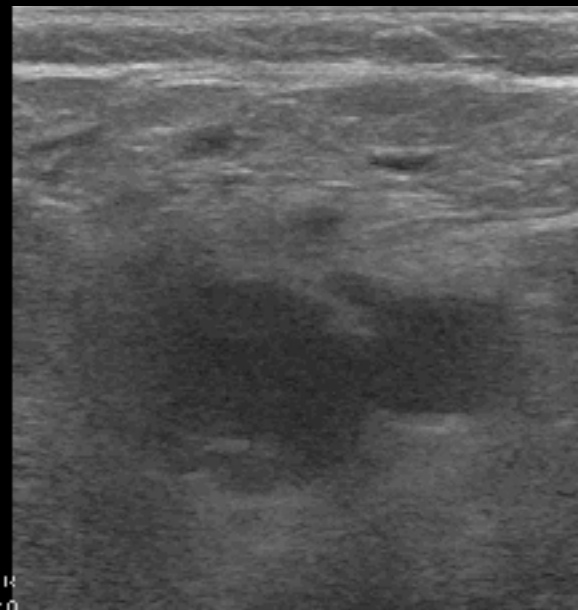


H
P R
3.0 12.0

1.5cm

Superficial
L12 3
29 11/2
4.0cm
2D
Gen
Gn 05
C 52
4/3/2

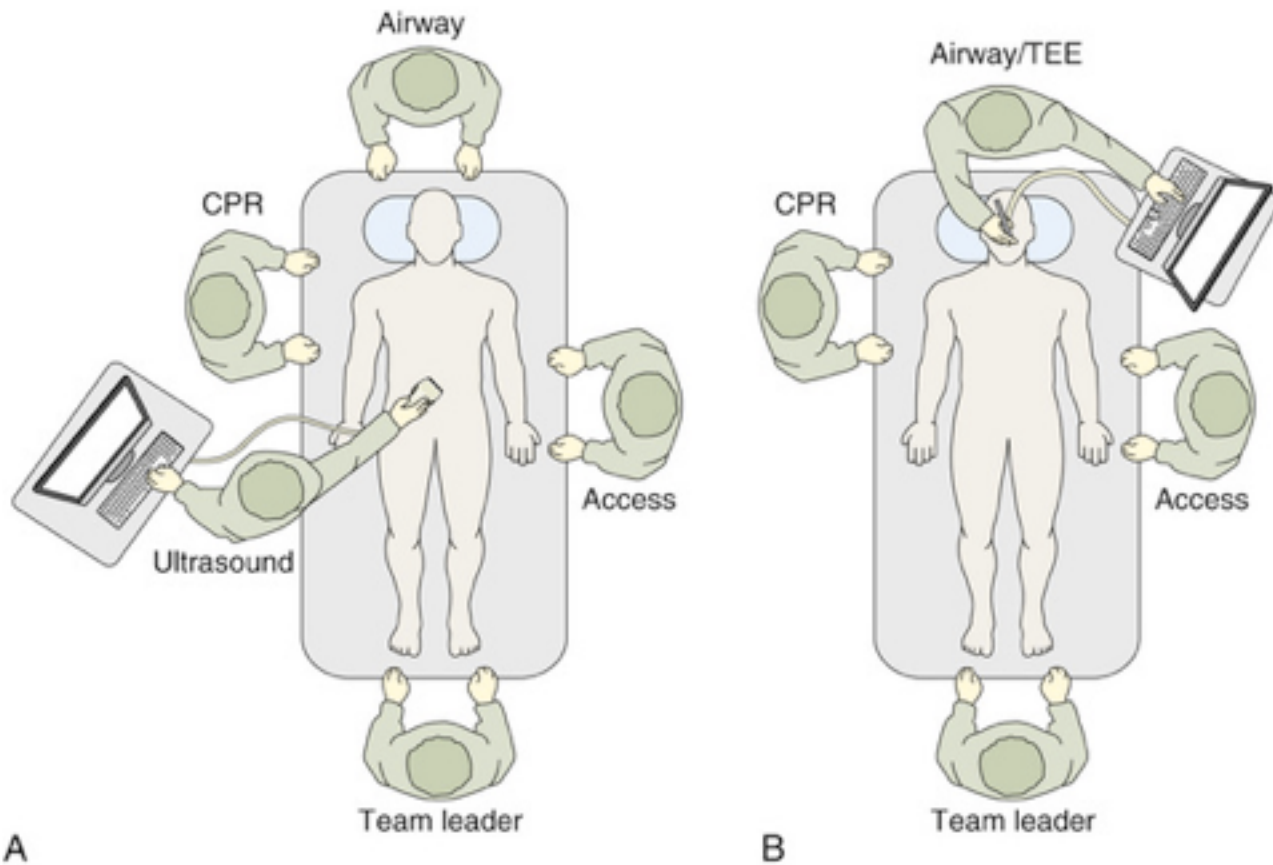
P



H
P R
3.0 12.0

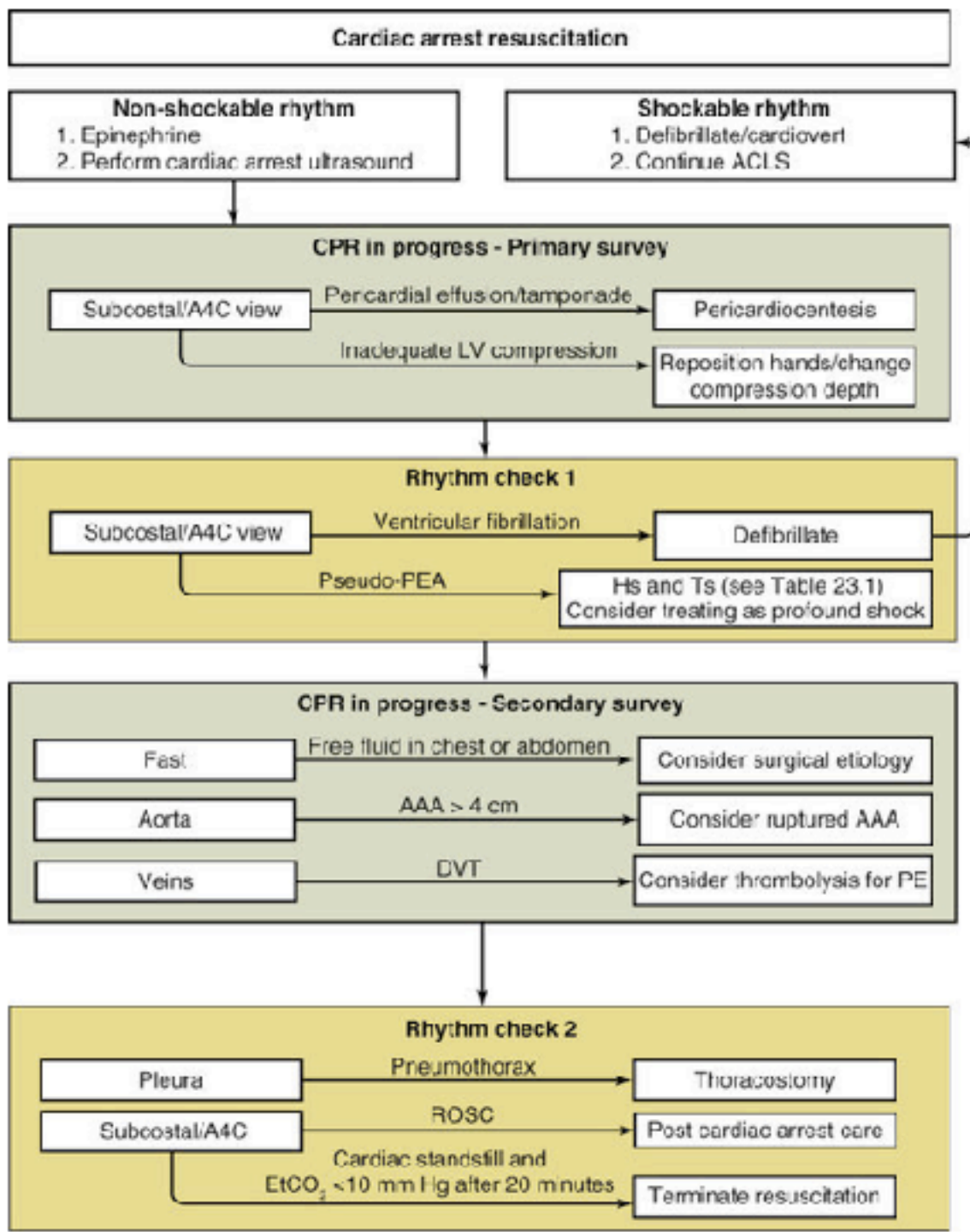
1.0cm

Resuscitation



Protocol

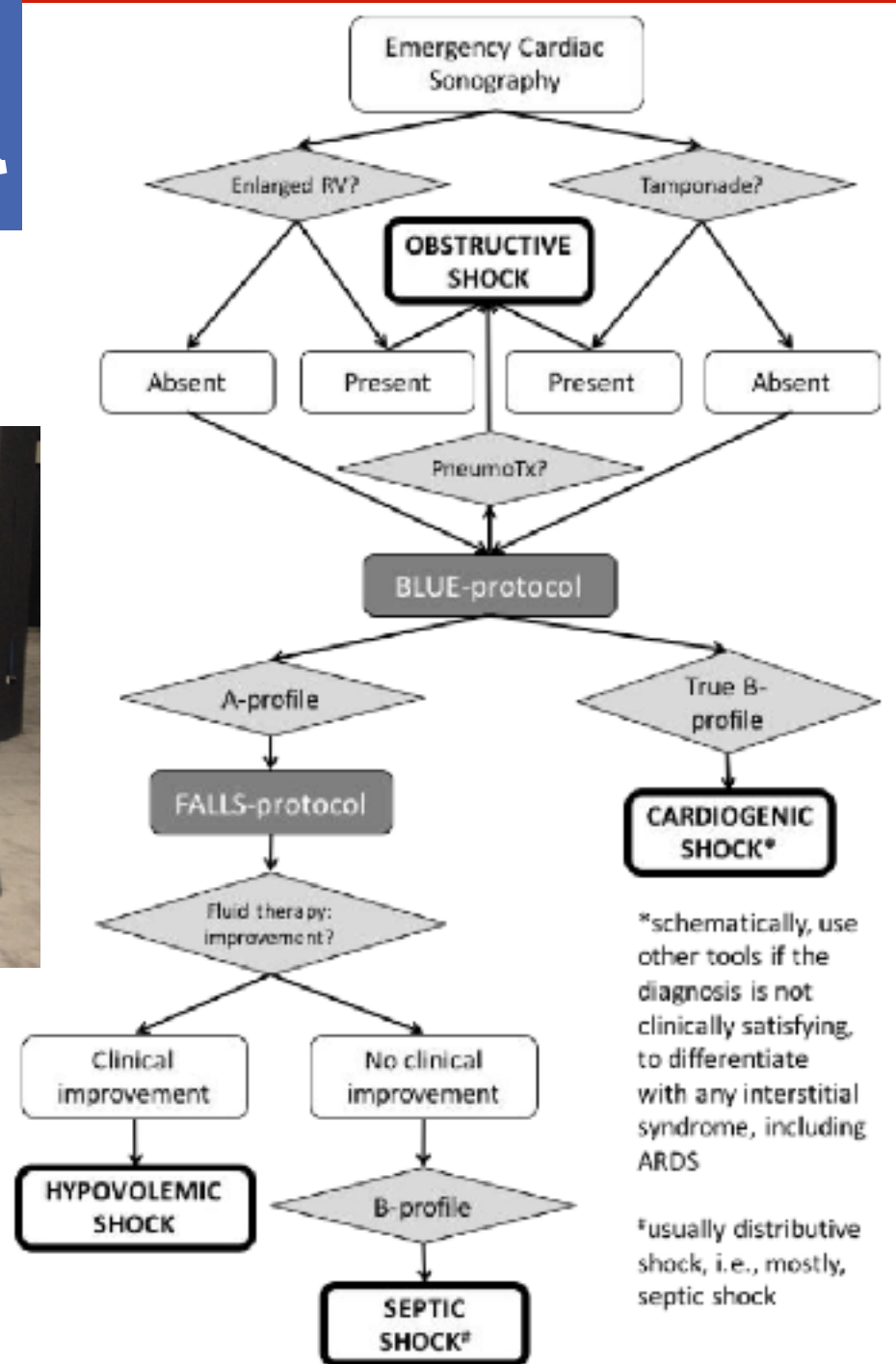
Hands-off

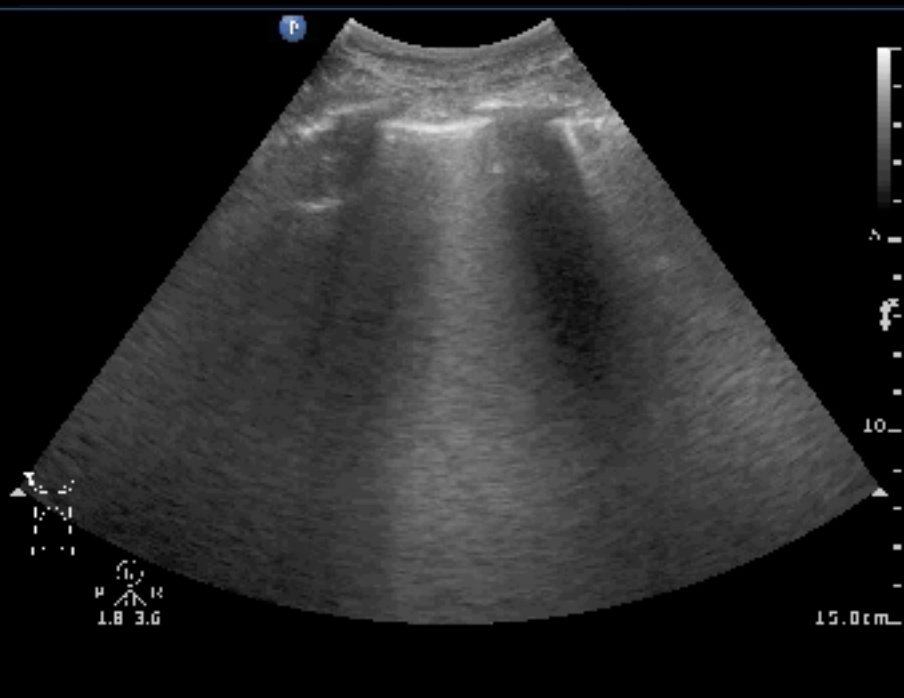
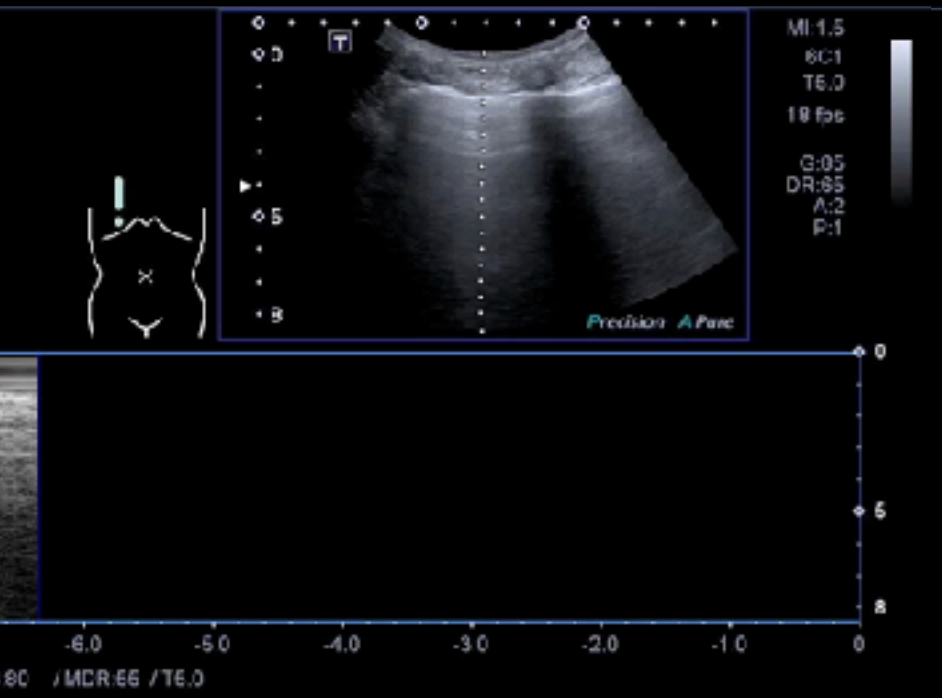
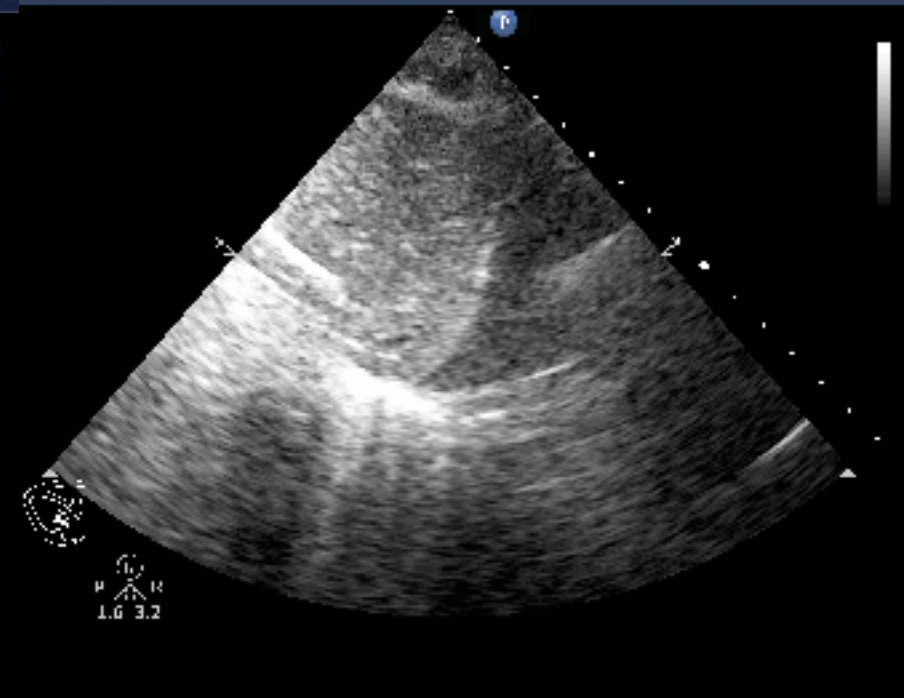
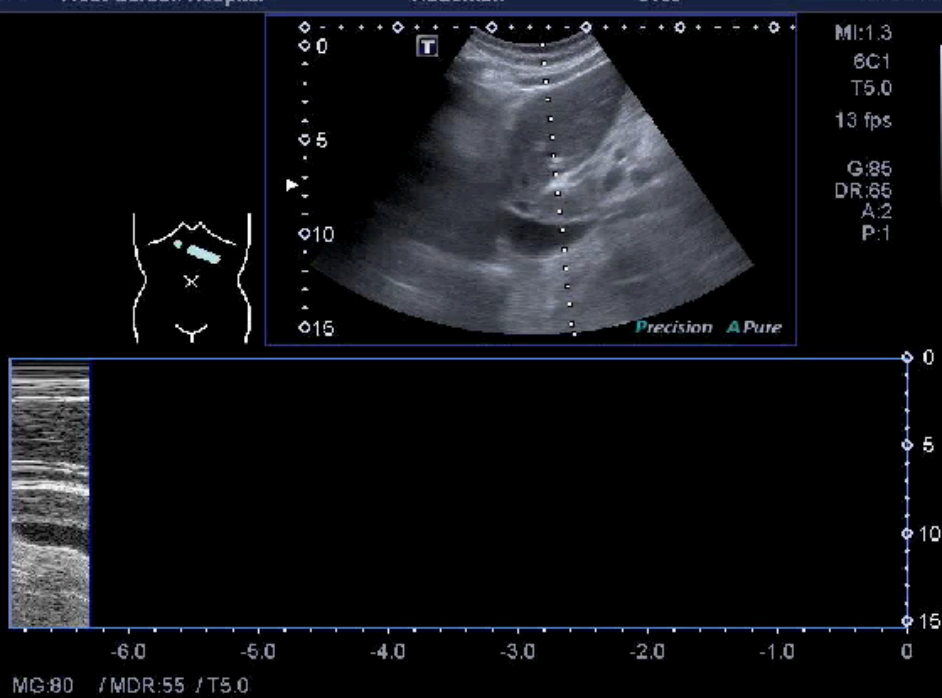


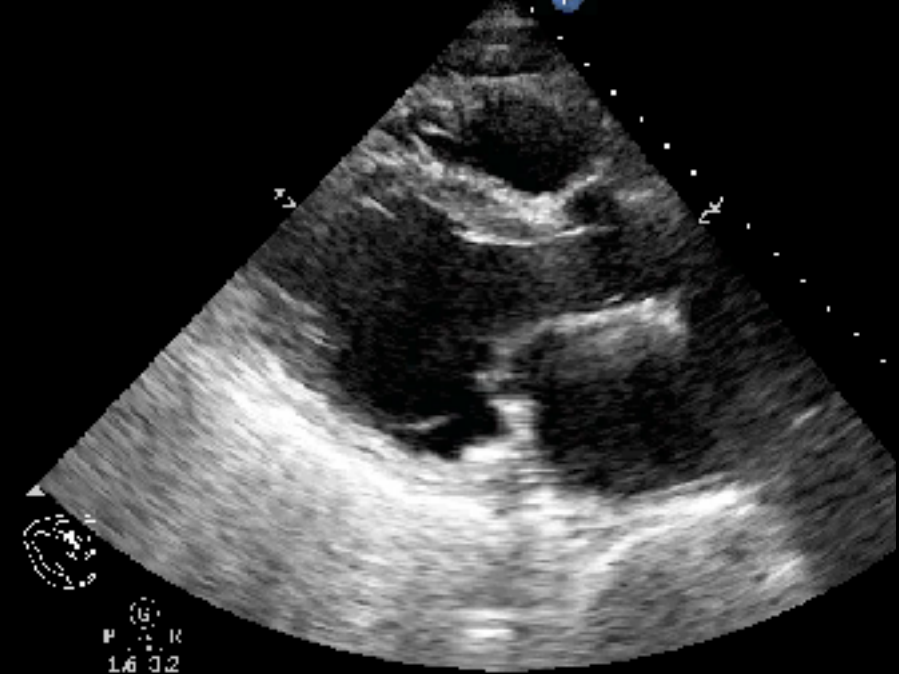
FALLS-protocol



Taipei Medical University Center for Educat







Auto Dim
GS 1
30 Hz
18.0cm
2D
HGon
Gn 100
R 56
3/3/3



GS
P
R
1.0 3.6



Hemodynamic Management



IVC / Vein



Lung



Heart



HOLA: Holistic Approach