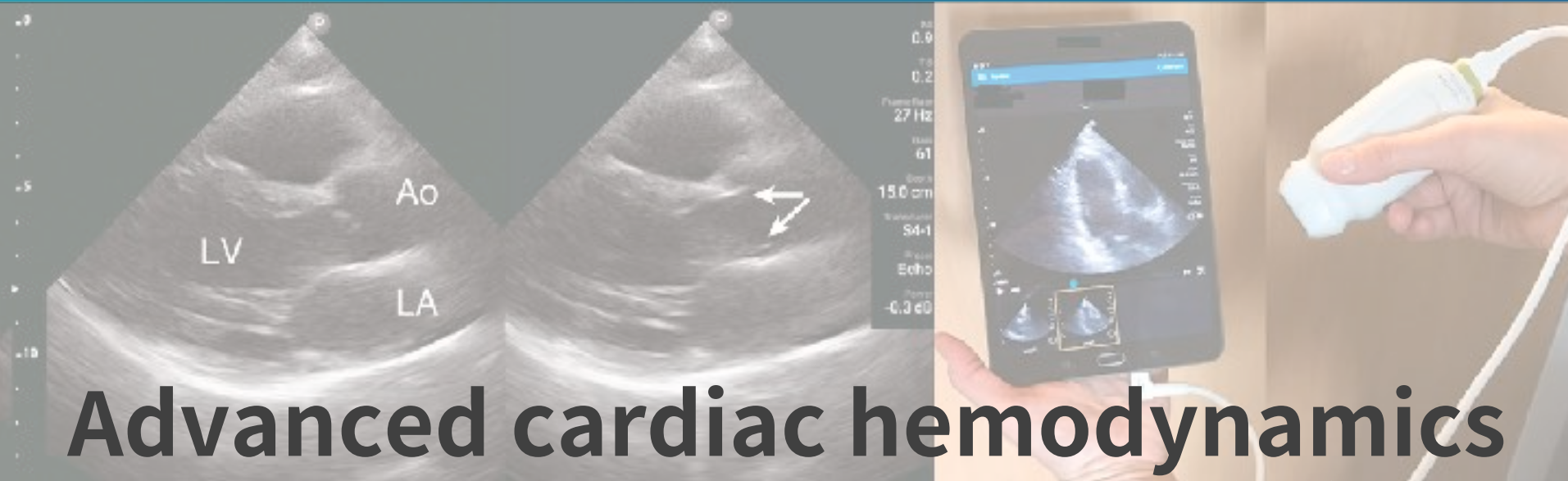




衛生福利部雙和醫院
(委託臺北醫學大學興建經營)
Taipei Medical University · Shuang Ho Hospital,
Ministry of Health and Welfare



Advanced cardiac hemodynamics

Textbook of Clinical Echocardiography (7th)

陳國智醫師 雙和醫院急診醫學科

juice119@gmail.com

POCUSacademy.com



Core Applications (2023 ACEP Emergency Ultrasound Guidelines)
15項急診超音波核心應用

陳國智醫師

Aorta

DVT

Trauma

Thoracic/Airway

Cardia/HD assessment

Procedural Guidance

US-guided NB

Testicular

Ocular

Skin & Soft tissue

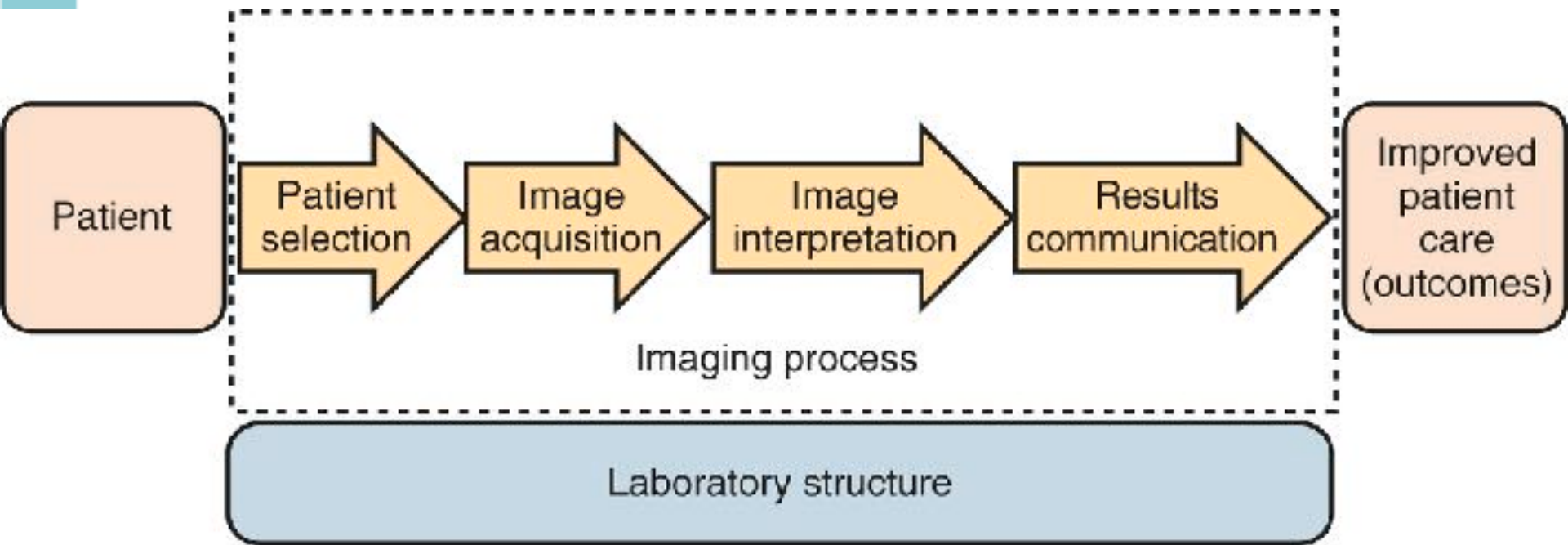
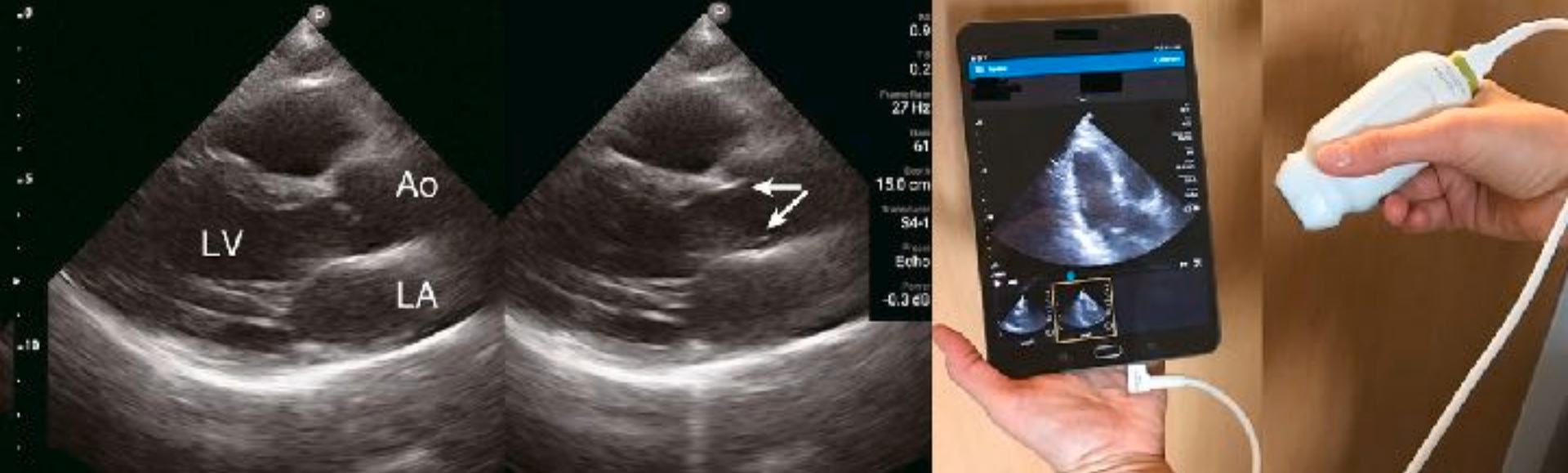
Hepatobiliary

Urinary tract

Pregnancy

Bowel

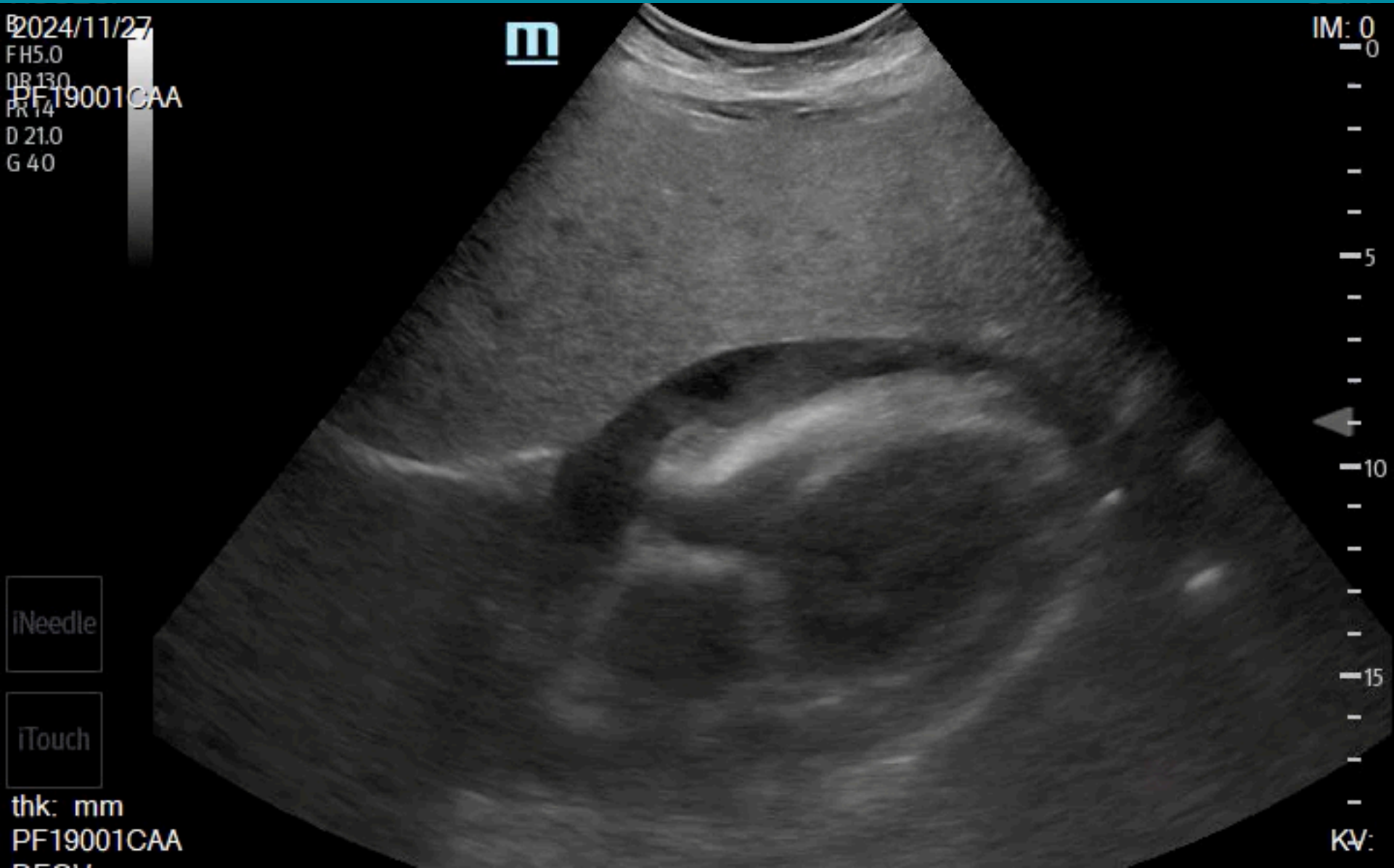
MSK



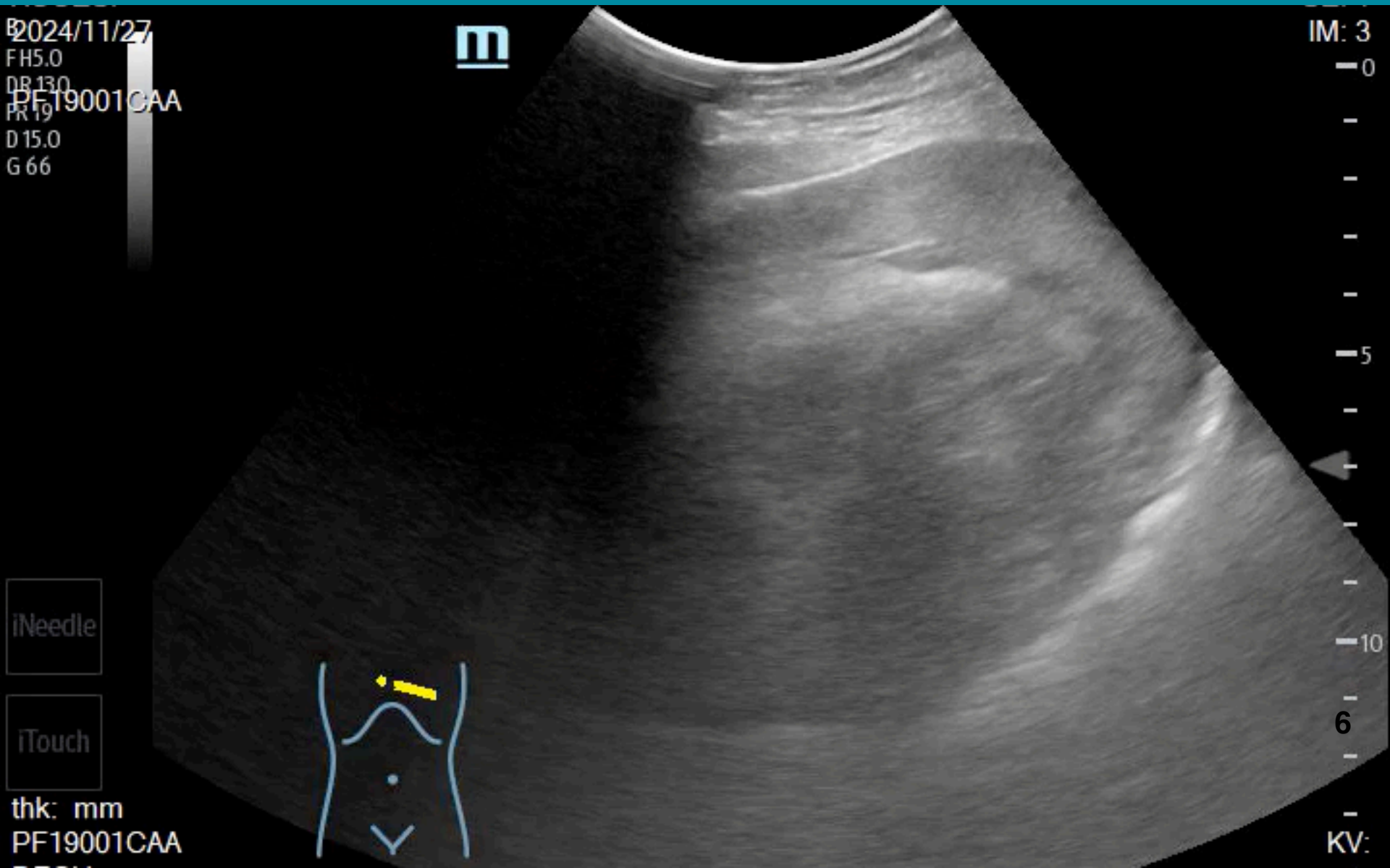
Cardiac US exam types

	Diagnostic Echocardiogram	PROCEDURAL GUIDANCE			Point of Care Echocardiography
		Cardiac Surgery	Interventional Procedures	Electrophysiology Procedures	
Purpose of imaging	Diagnose and measure disease severity, evaluate progression or response to therapy, integrate with clinical information and other imaging approaches	Comprehensive perioperative exam and/or procedure guidance (baseline data, measure results, detect complications)	Direct catheter and device positioning, evaluate procedure results, detect complications	Direct catheter and device positioning, detect complications	Immediate patient triage and management or monitoring cardiac parameters
Clinical setting	Any inpatient or outpatient location under the auspices of a structured echocardiography laboratory ²	Operating room	Interventional suite or hybrid operating room	Electrophysiology laboratory	Inpatient bedside, emergency department, or outpatient clinic
Health care provider	Images recorded by cardiac sonographer and interpreted by cardiologist with expertise in echocardiography	Interventional echocardiographer or cardiac anesthesiologist with expertise in echocardiography	Interventional echocardiographer, interventional cardiologist, or anesthesiologist ¹	Clinical cardiac electrophysiologist or anesthesiologist ¹	Physician with limited training in echocardiography who provides direct care to the patient
Ultrasound modalities	All echocardiographic modalities as appropriate	TEE Epicardial	TEE ICE TTE	TEE ICE TTE	TTE, primarily 2D imaging and color Doppler
Documentation	Formal written report in medical record	Results integrated into anesthesiology procedure note	Results integrated into interventional procedure report	Results integrated into EP procedure report	Results reported in clinical progress note
Quality improvement	Long-term PACS storage of digital images documenting entire study	Long-term PACS storage of representative digital images	Optional long-term PACS storage of representative images	Optional long-term PACS storage of representative images	Images typically not recorded, although key images may be saved for CCI

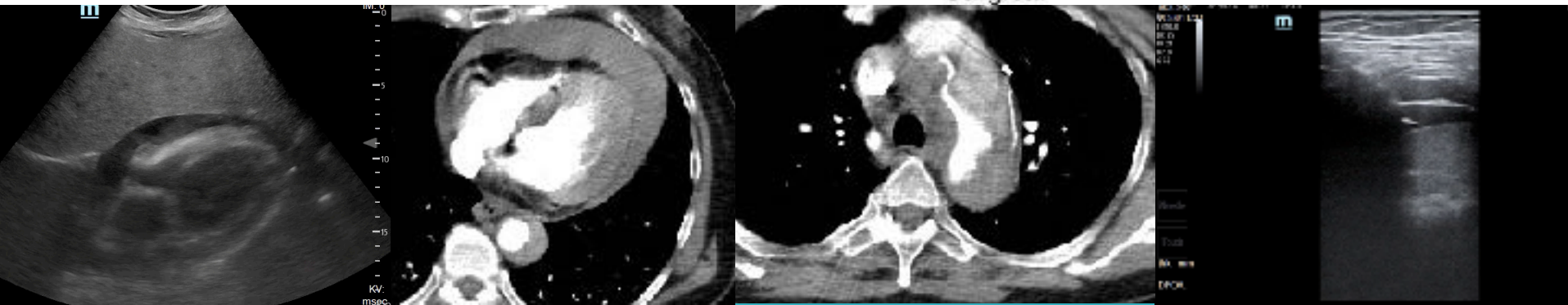
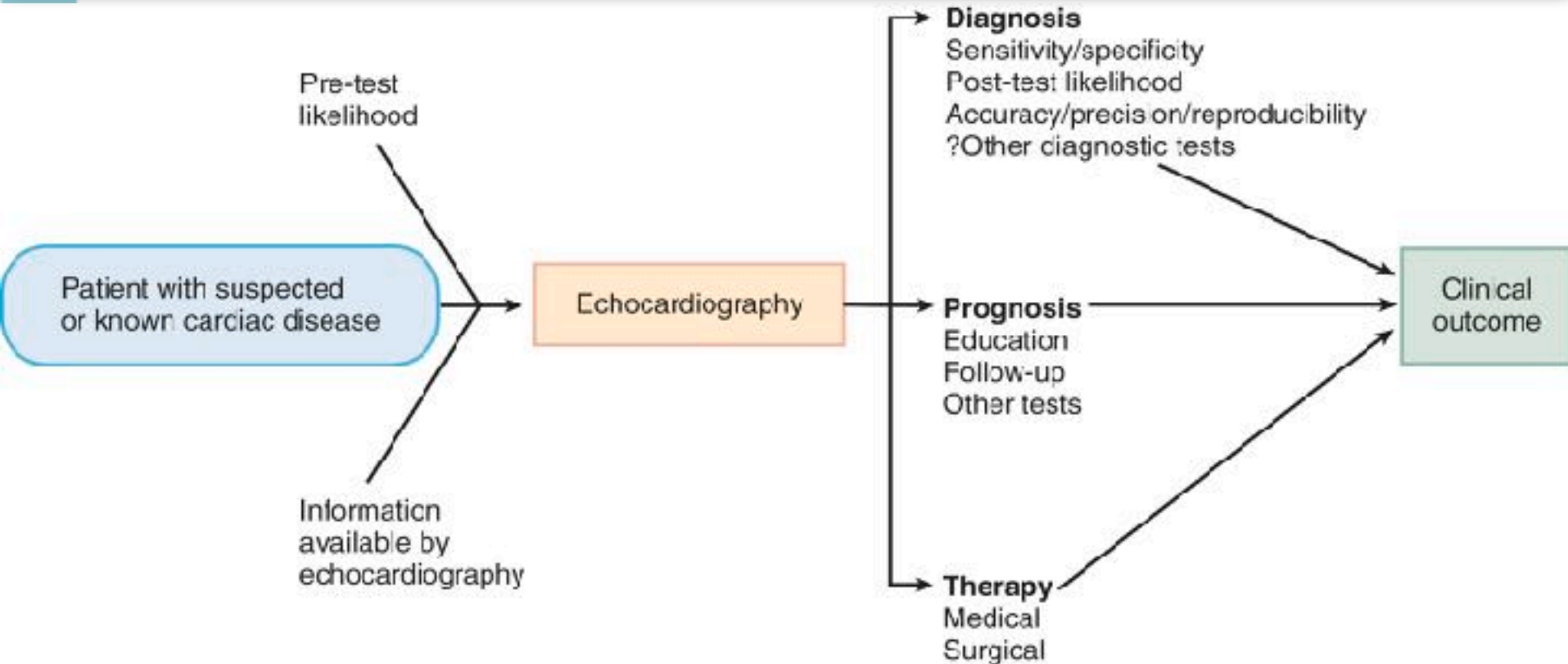
64F, dizziness with profound shock

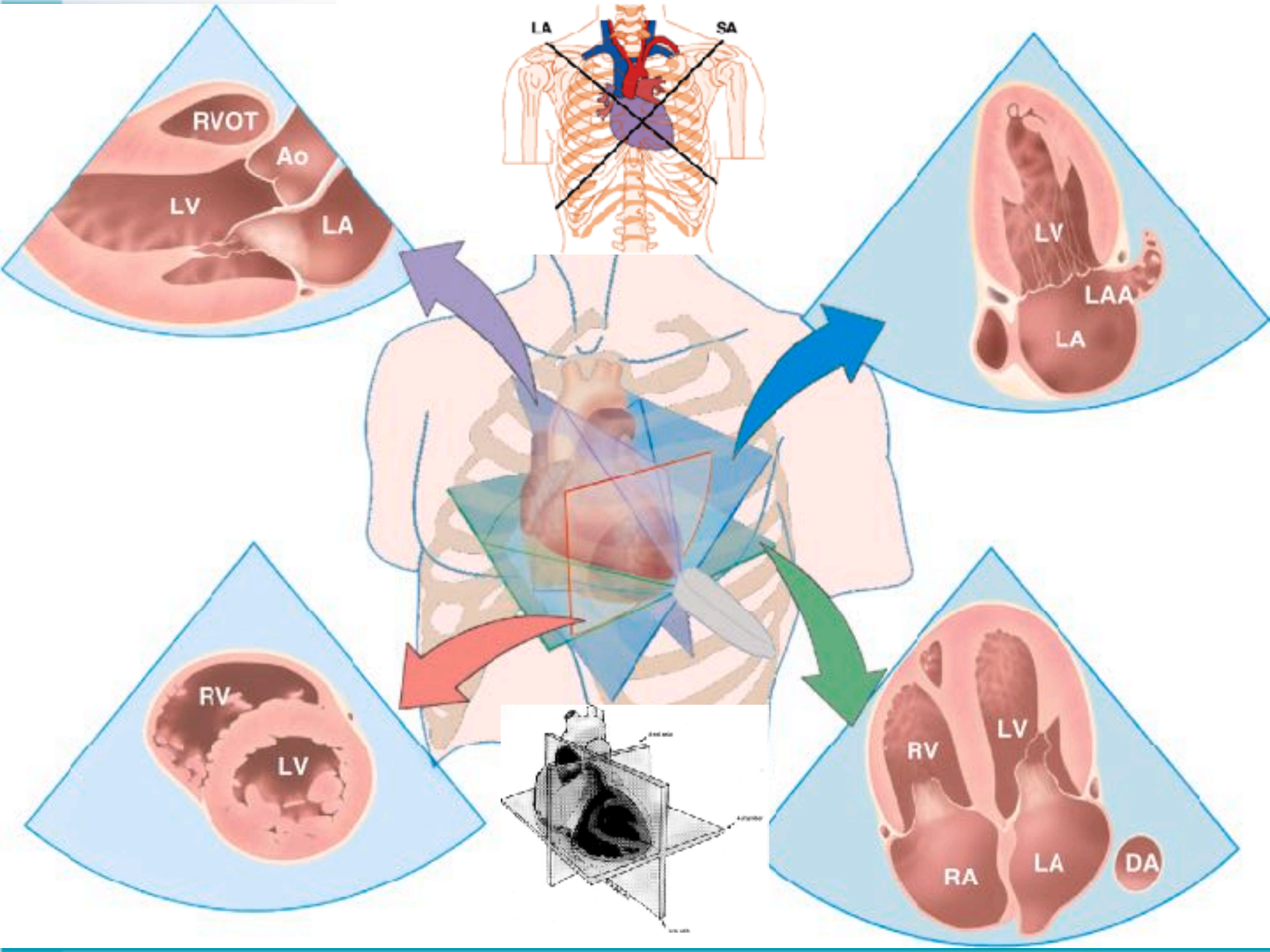


Hemopericardium (Type A dissection)

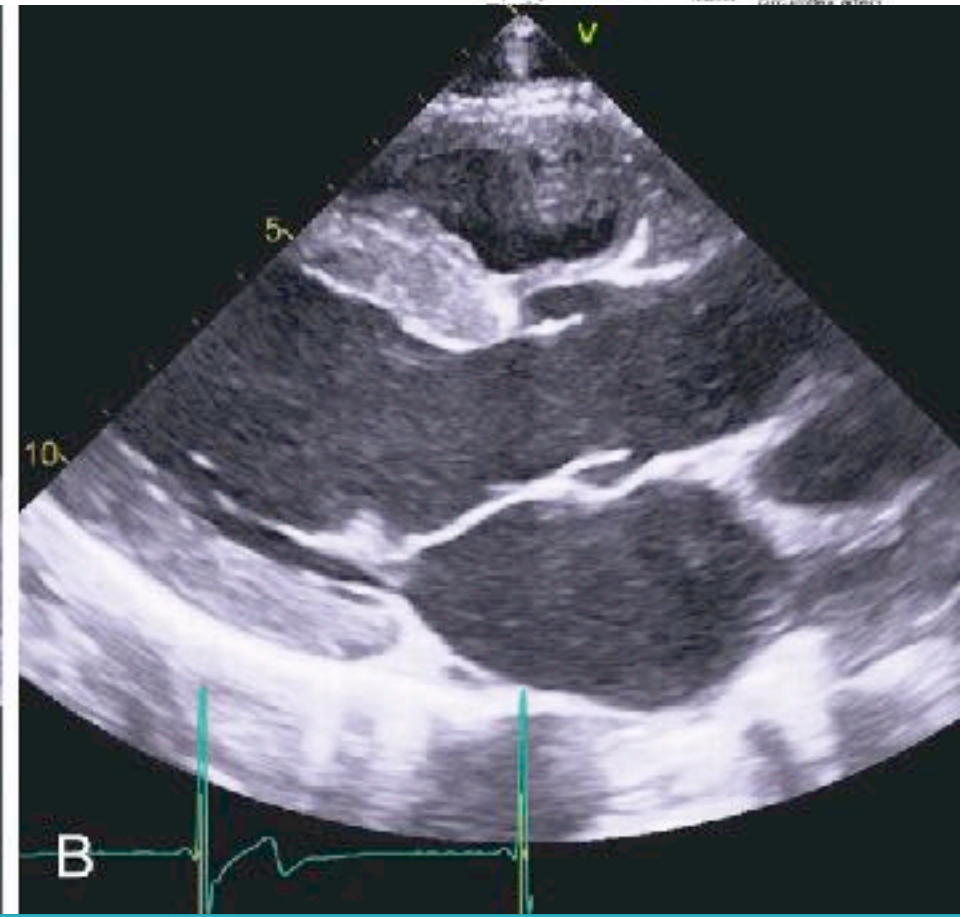
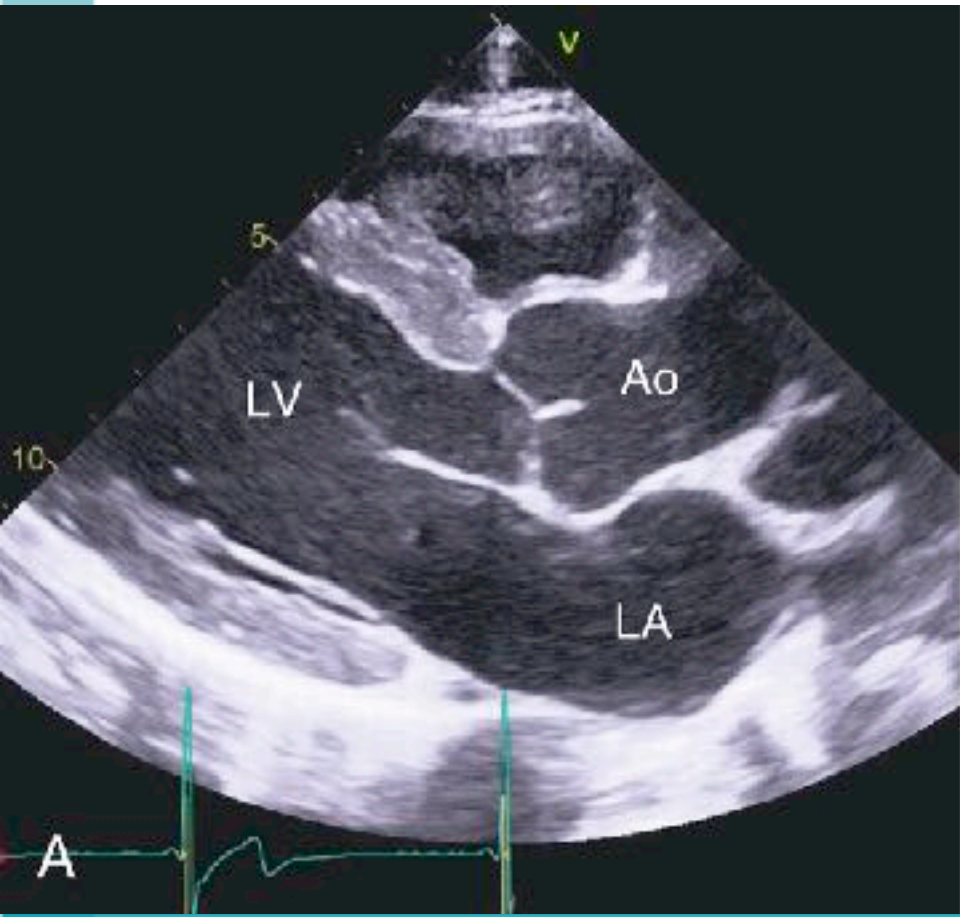
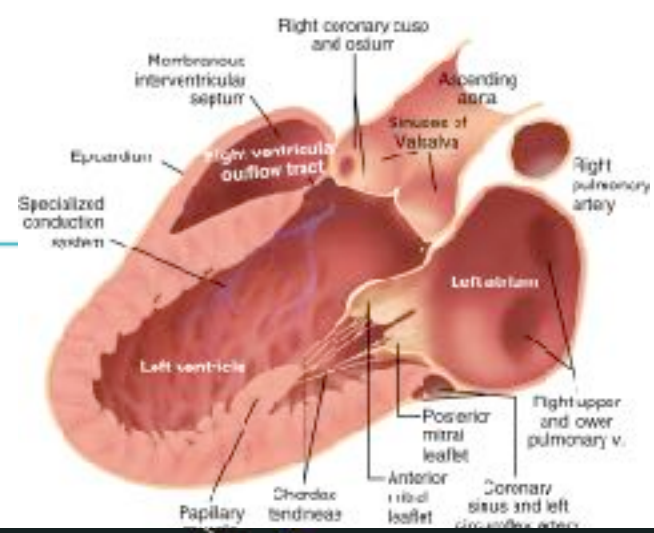


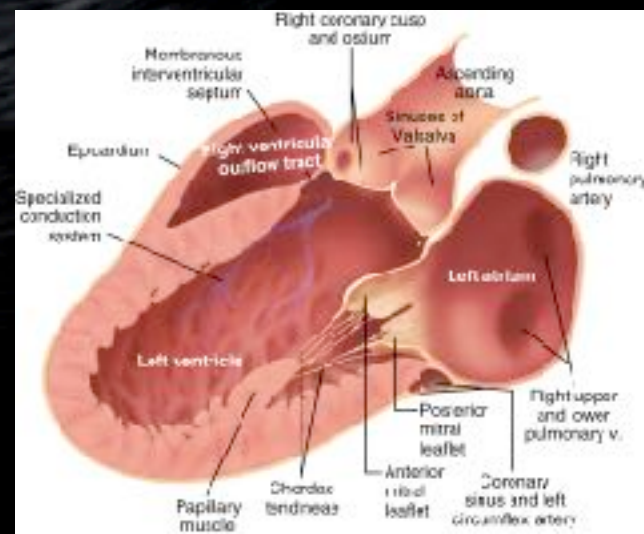
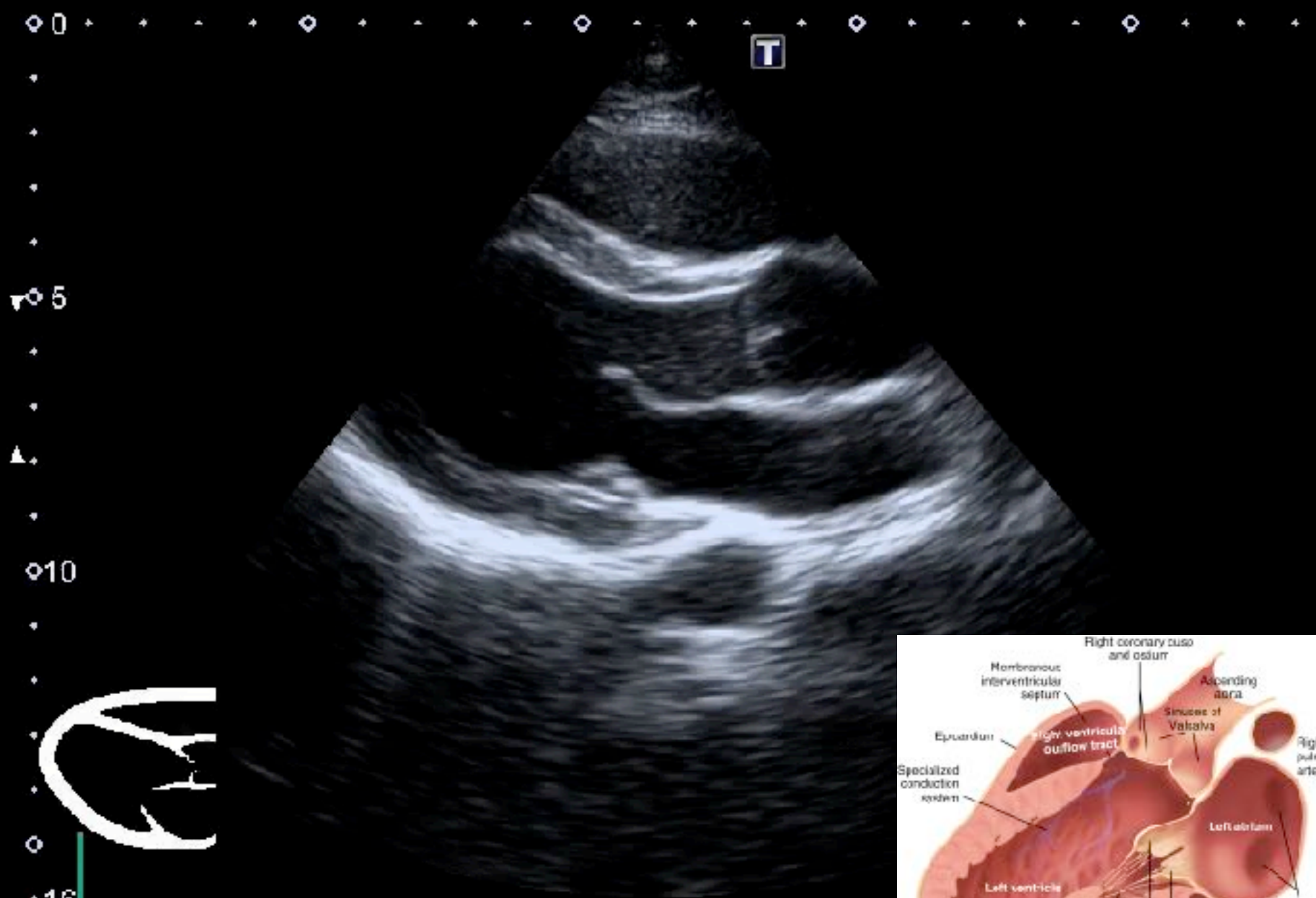
Impact of POCUS



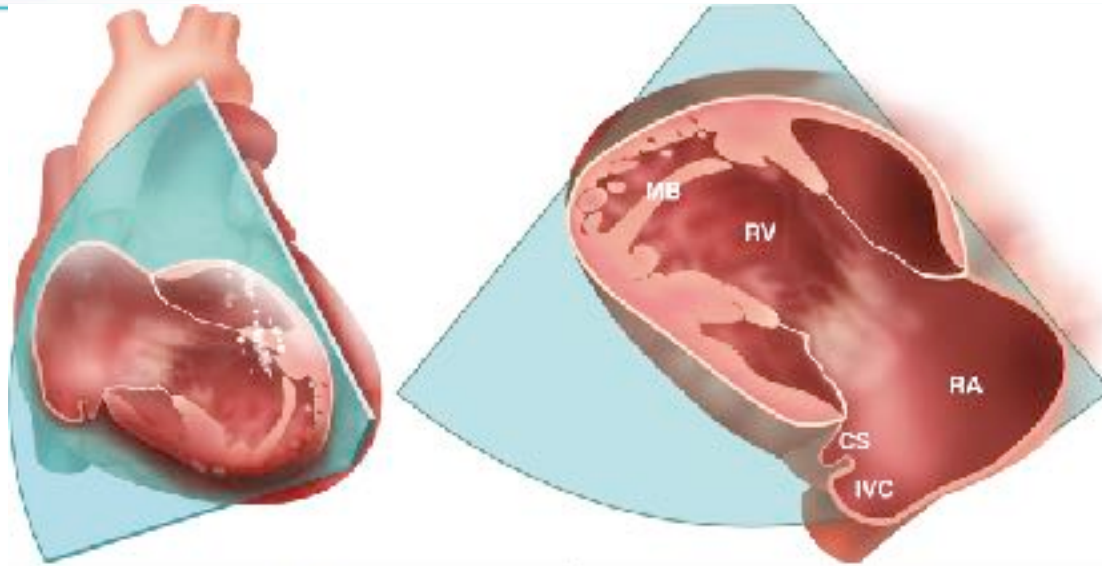


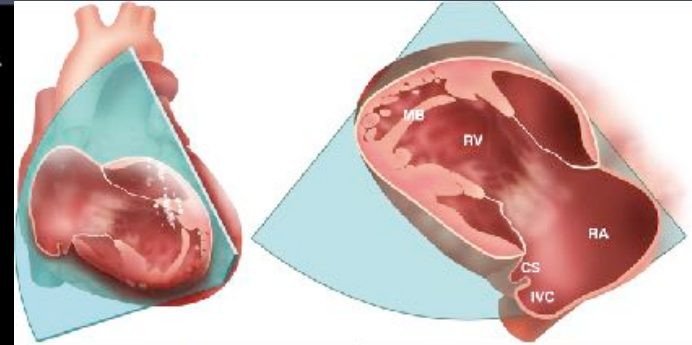
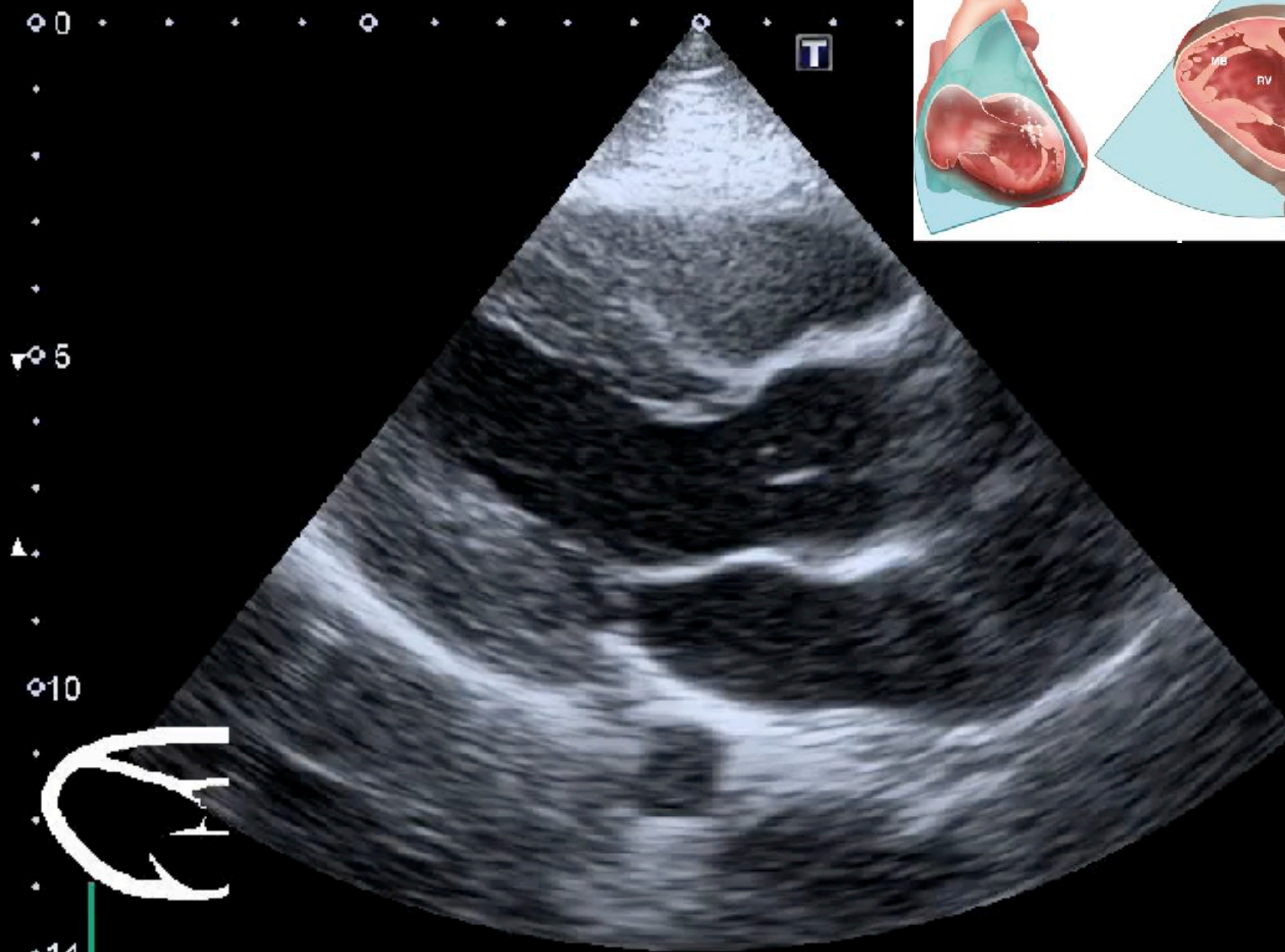
PSLA (R shoulder)





RV inflow view





5

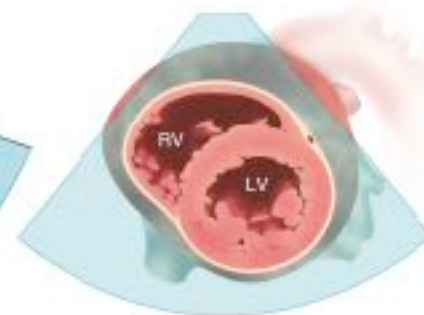
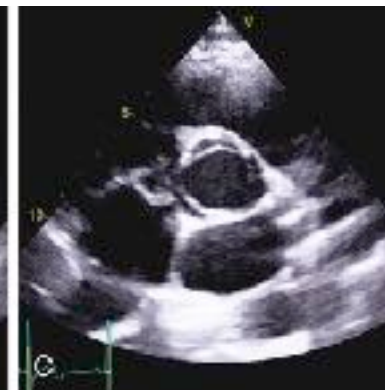
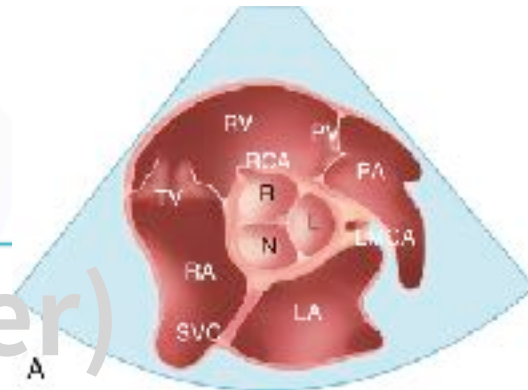
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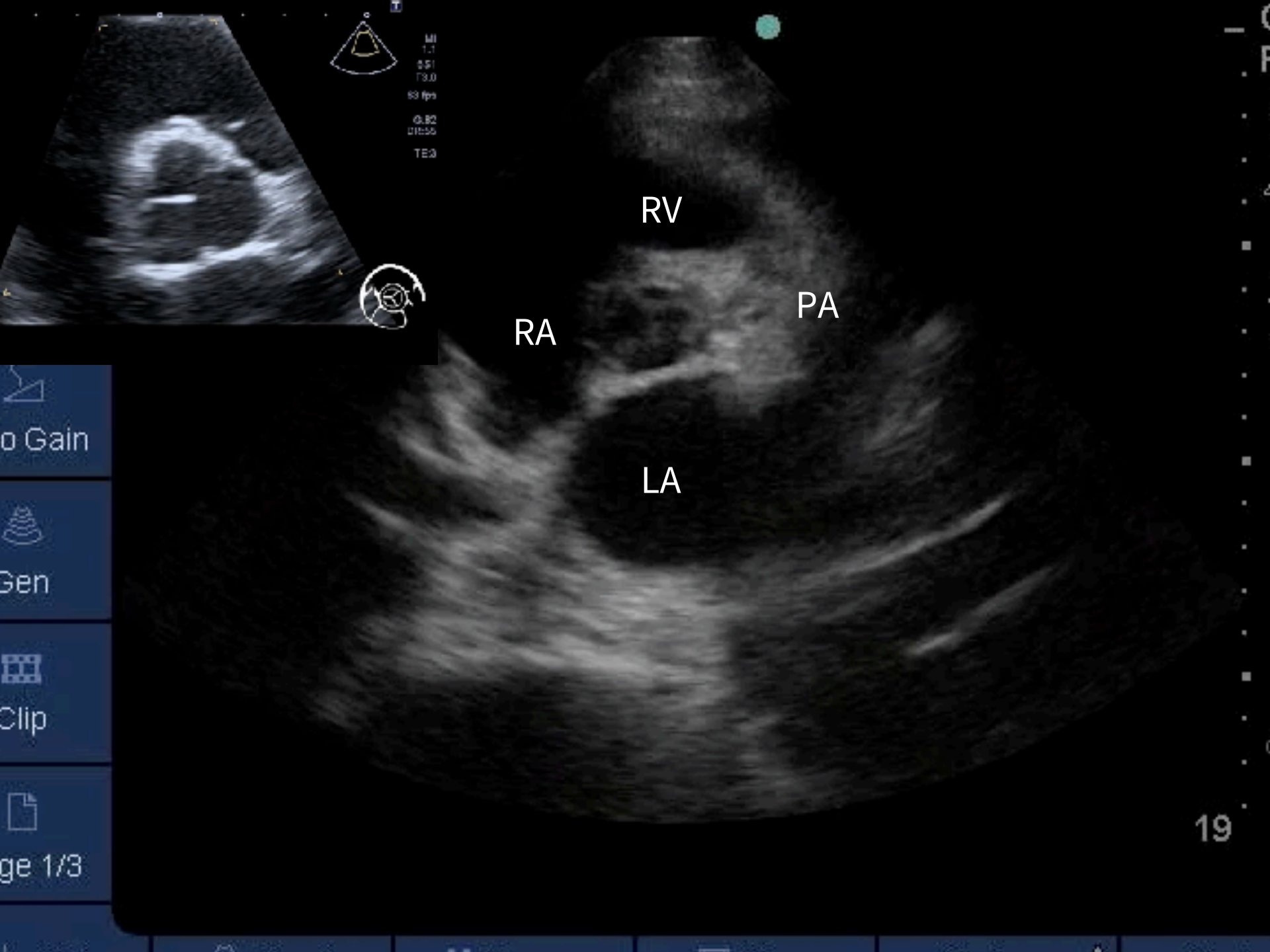


41
Q3
C
DR

PSSA

(L shoulder)





MI
1.7
5.51
79.0
53 fps
0.82
01555
TE3

RV
RA
PA
LA

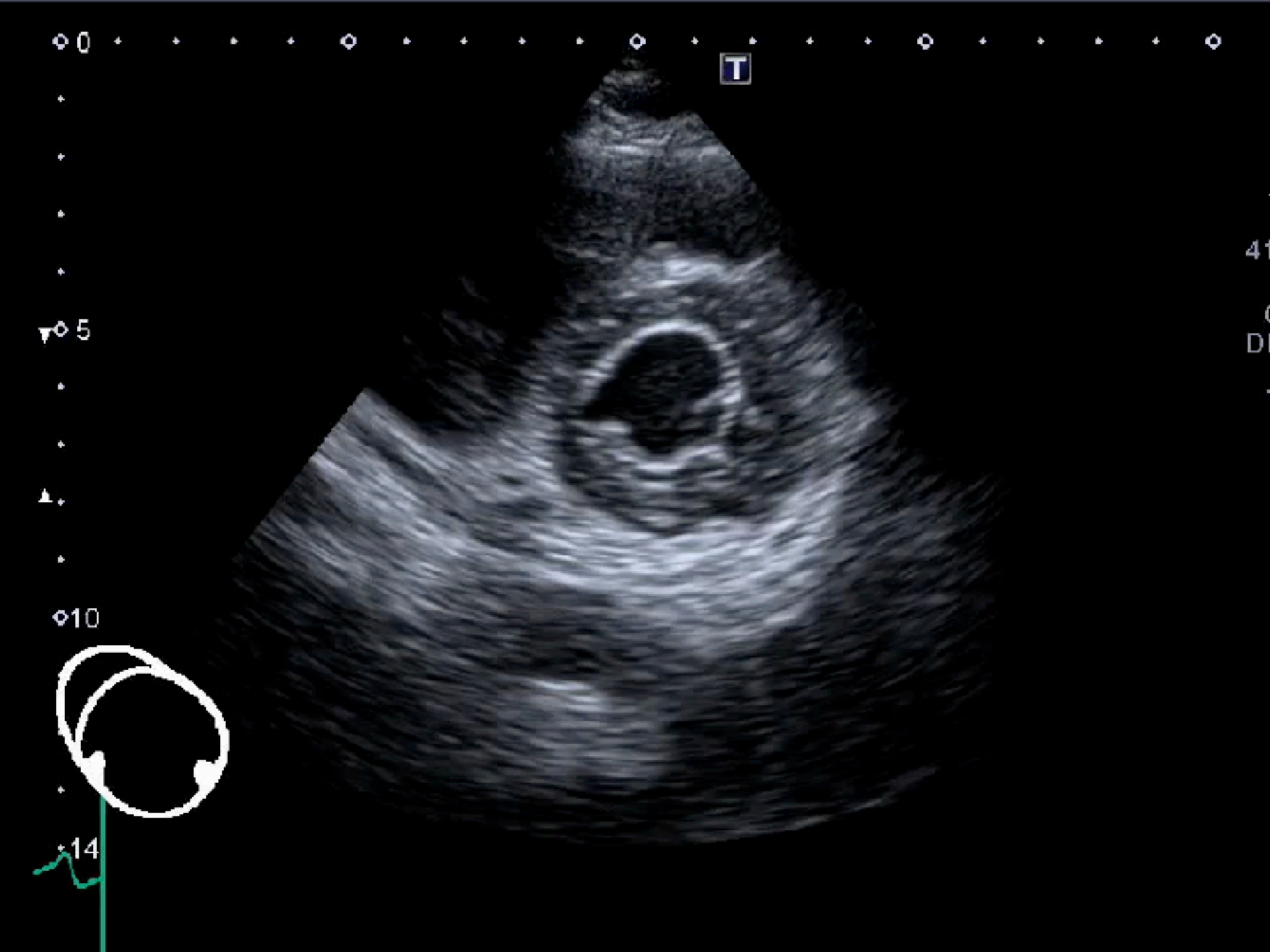
Gain

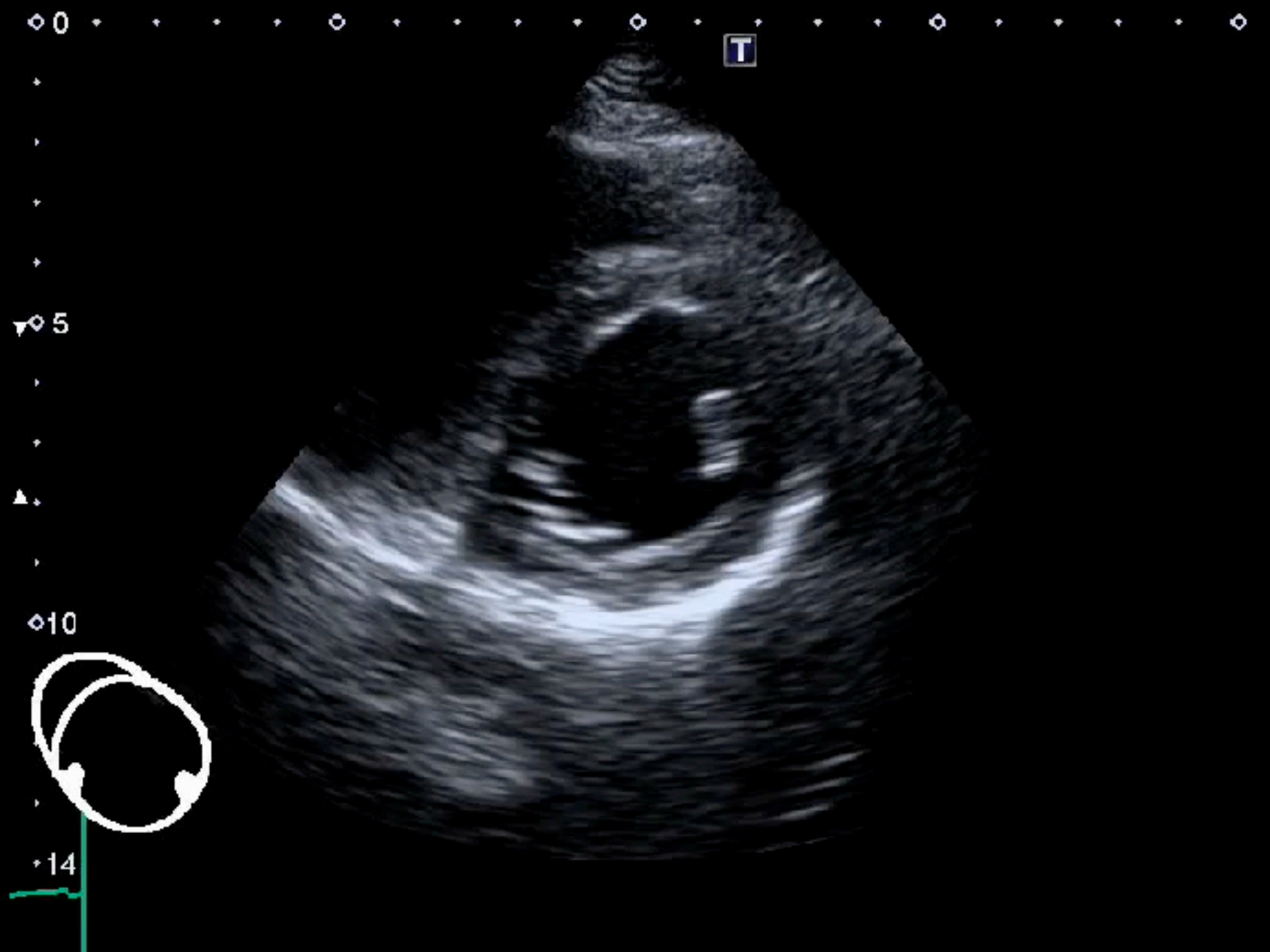
Gen

Clip

Page 1/3

19





T

0

5

10

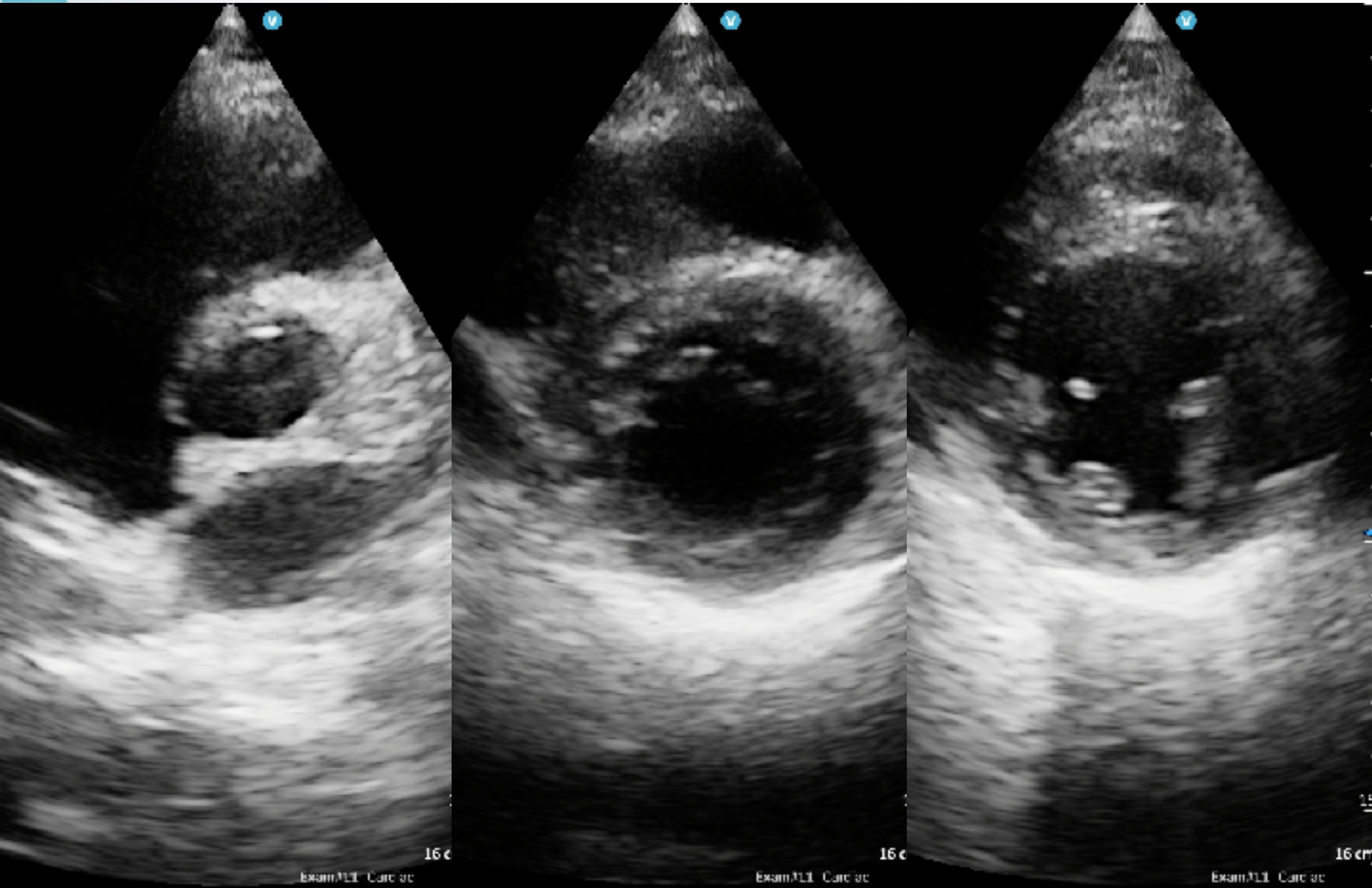
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4

D

41

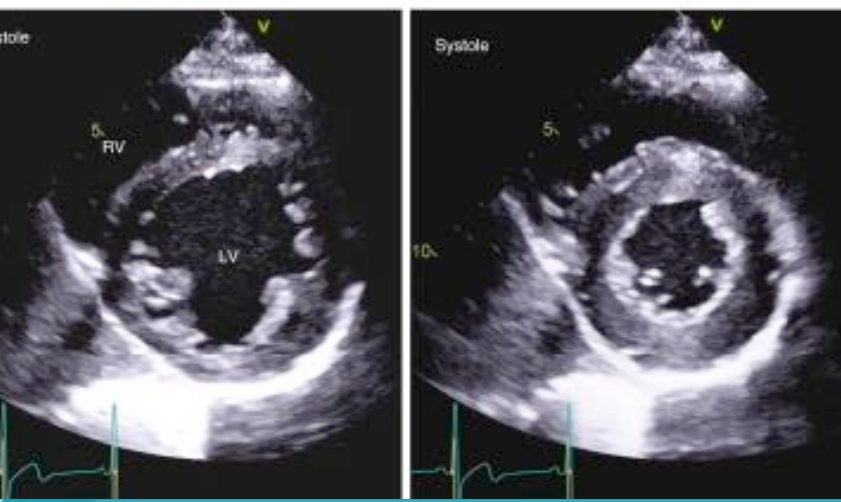
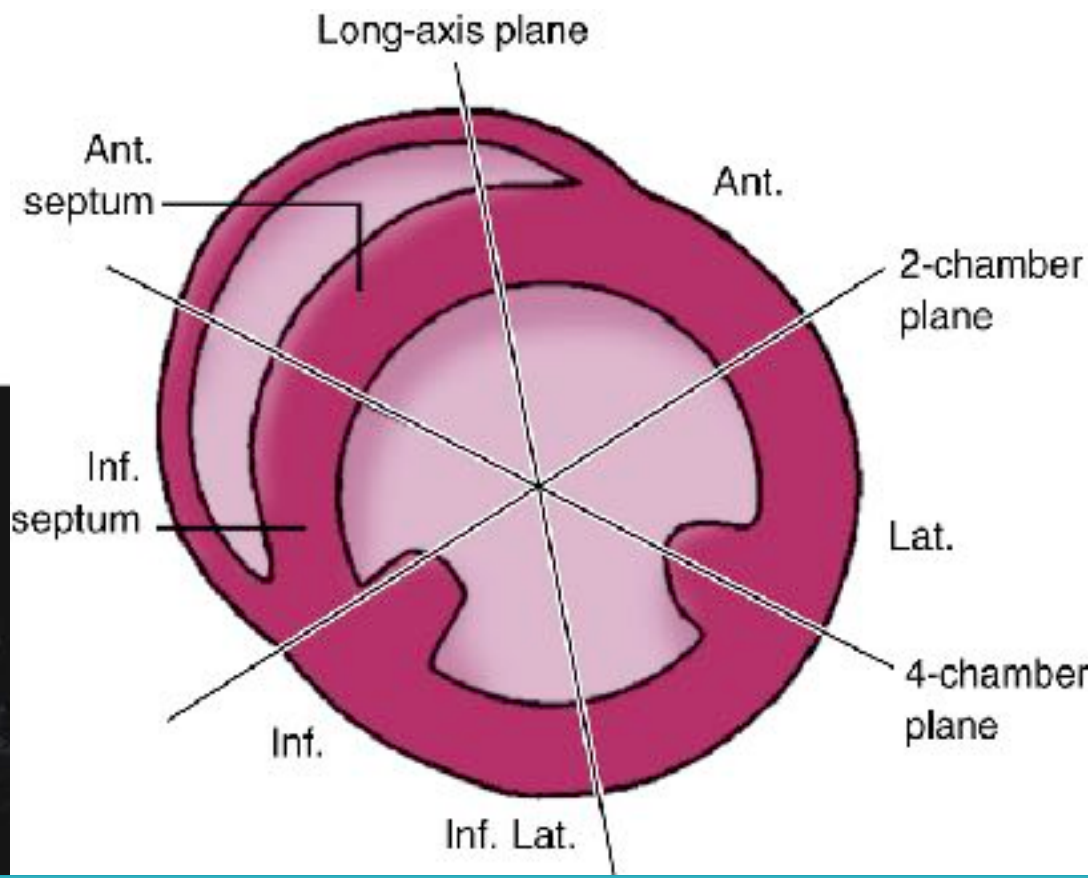
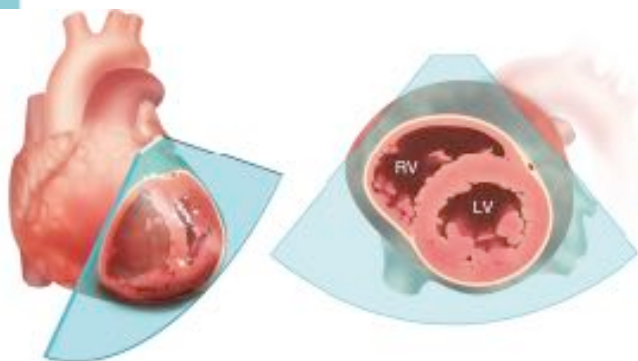
PSSA





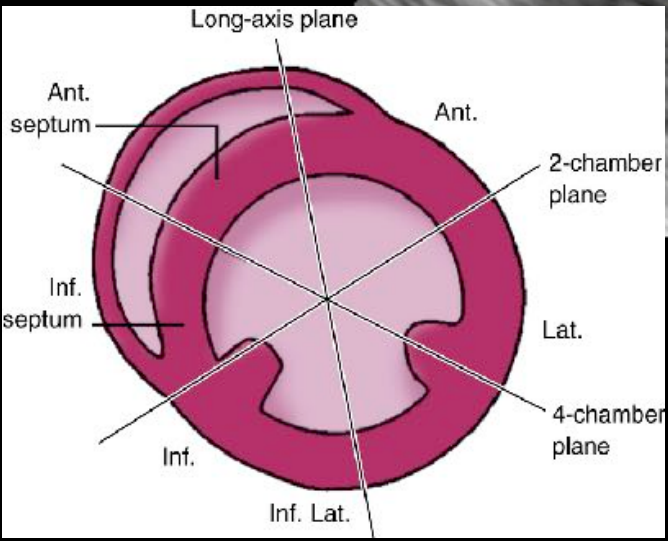
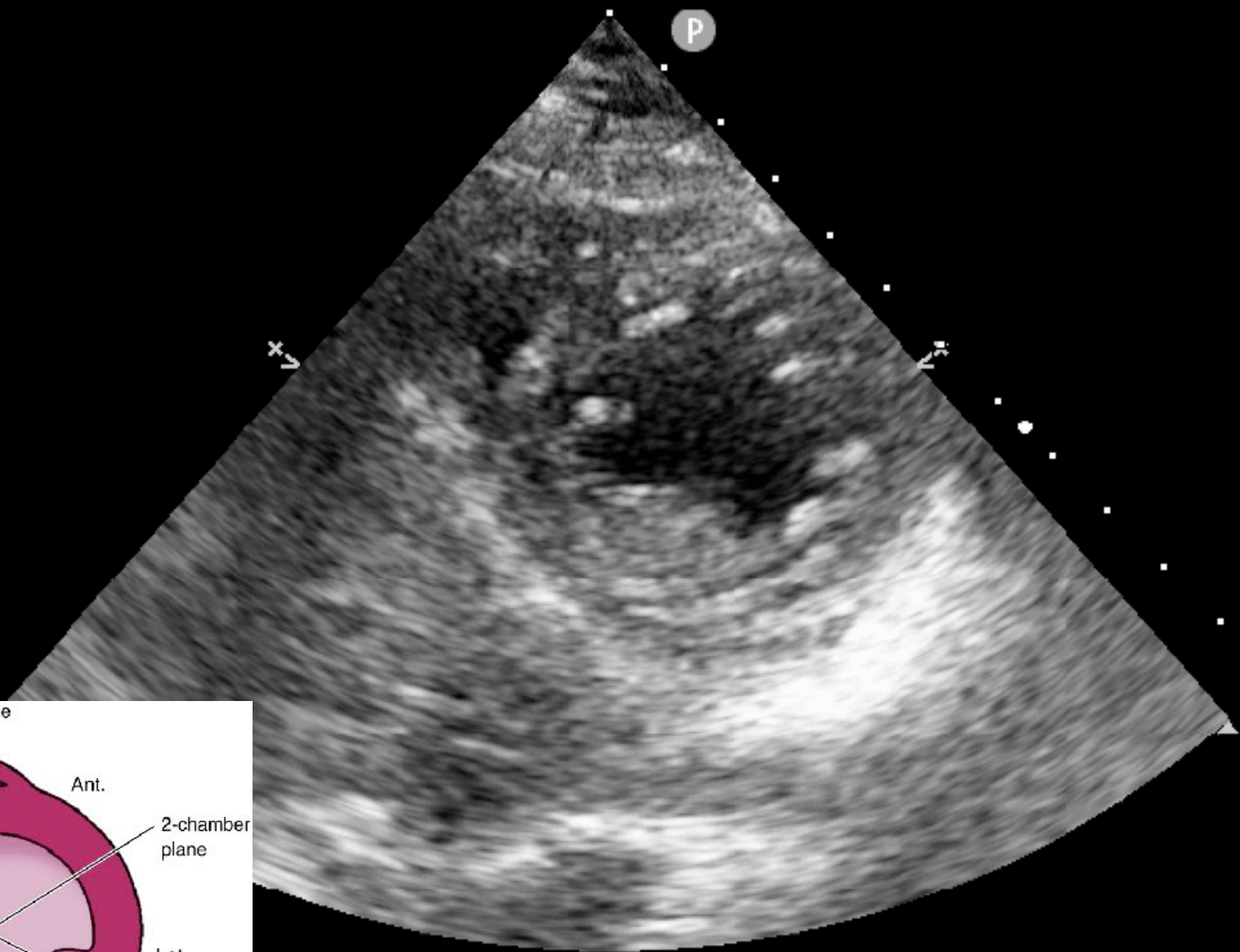
PSSA

Papillary muscle level: RWMA

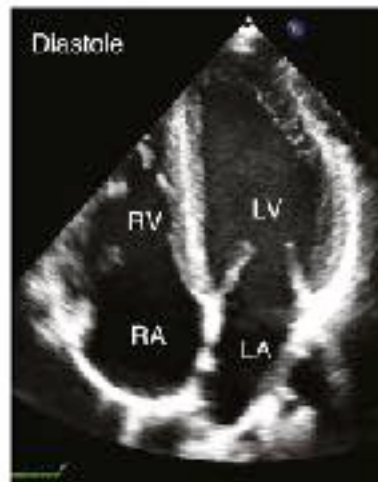
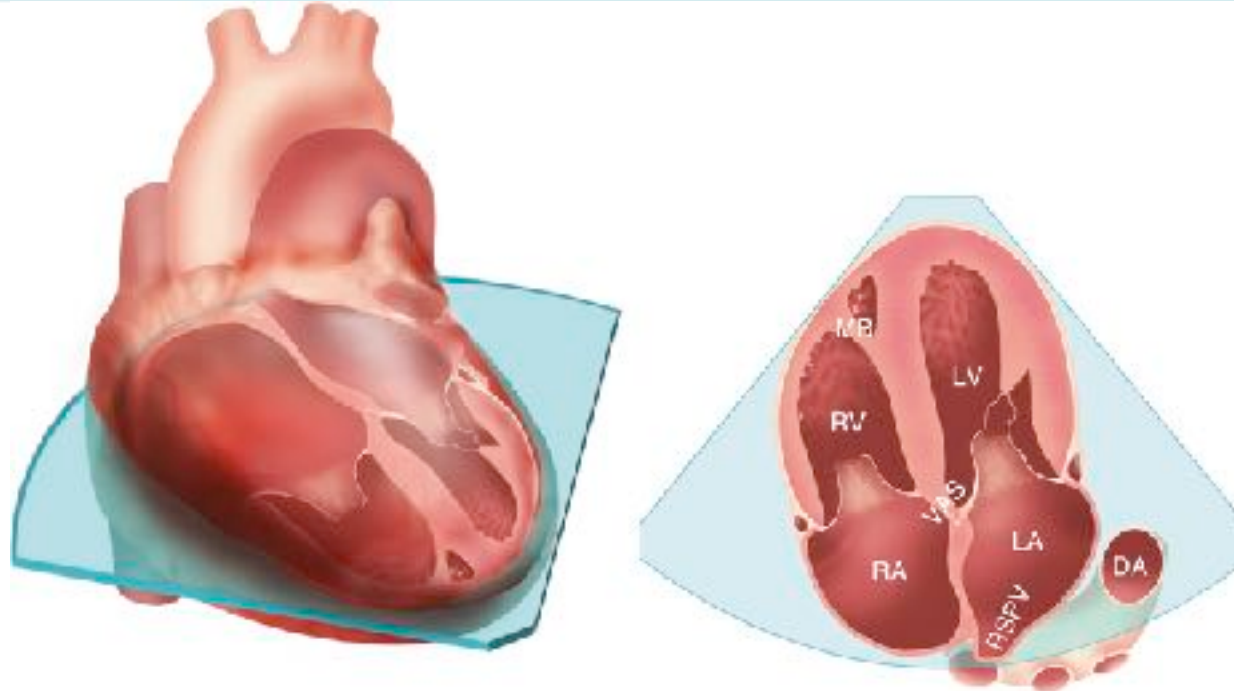


ult Echo
1
Hz
0cm

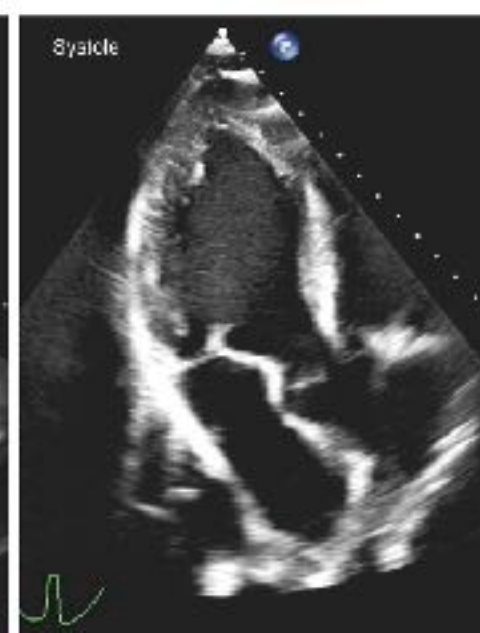
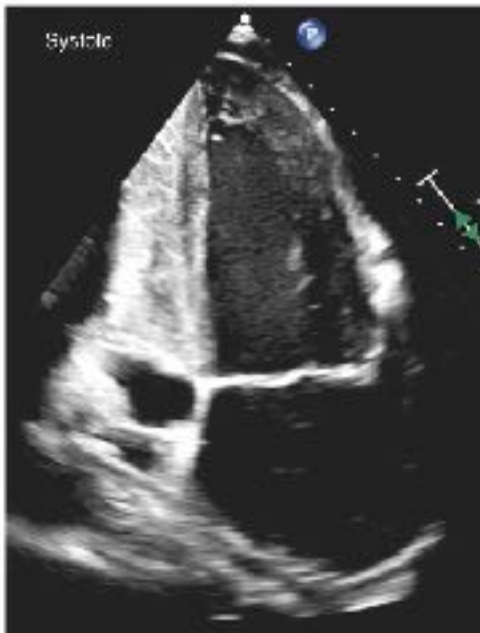
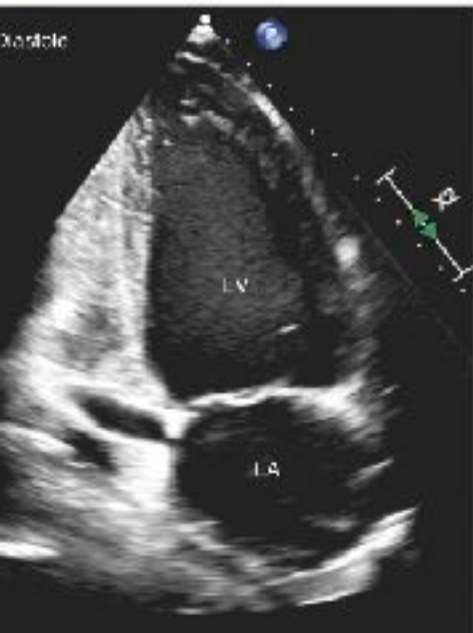
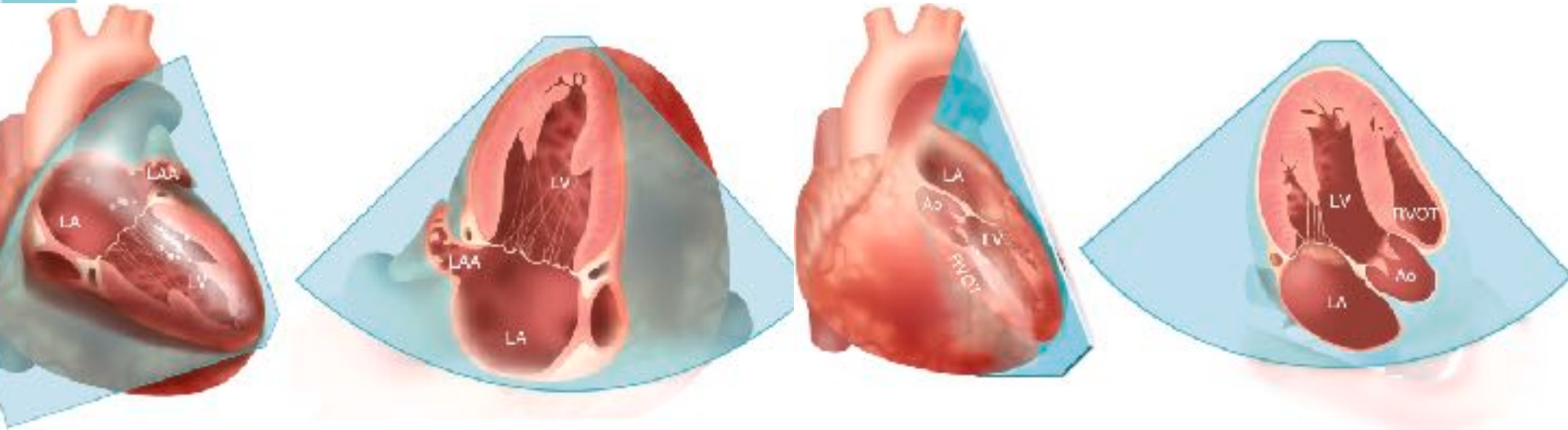
Gen
50
50
2/0

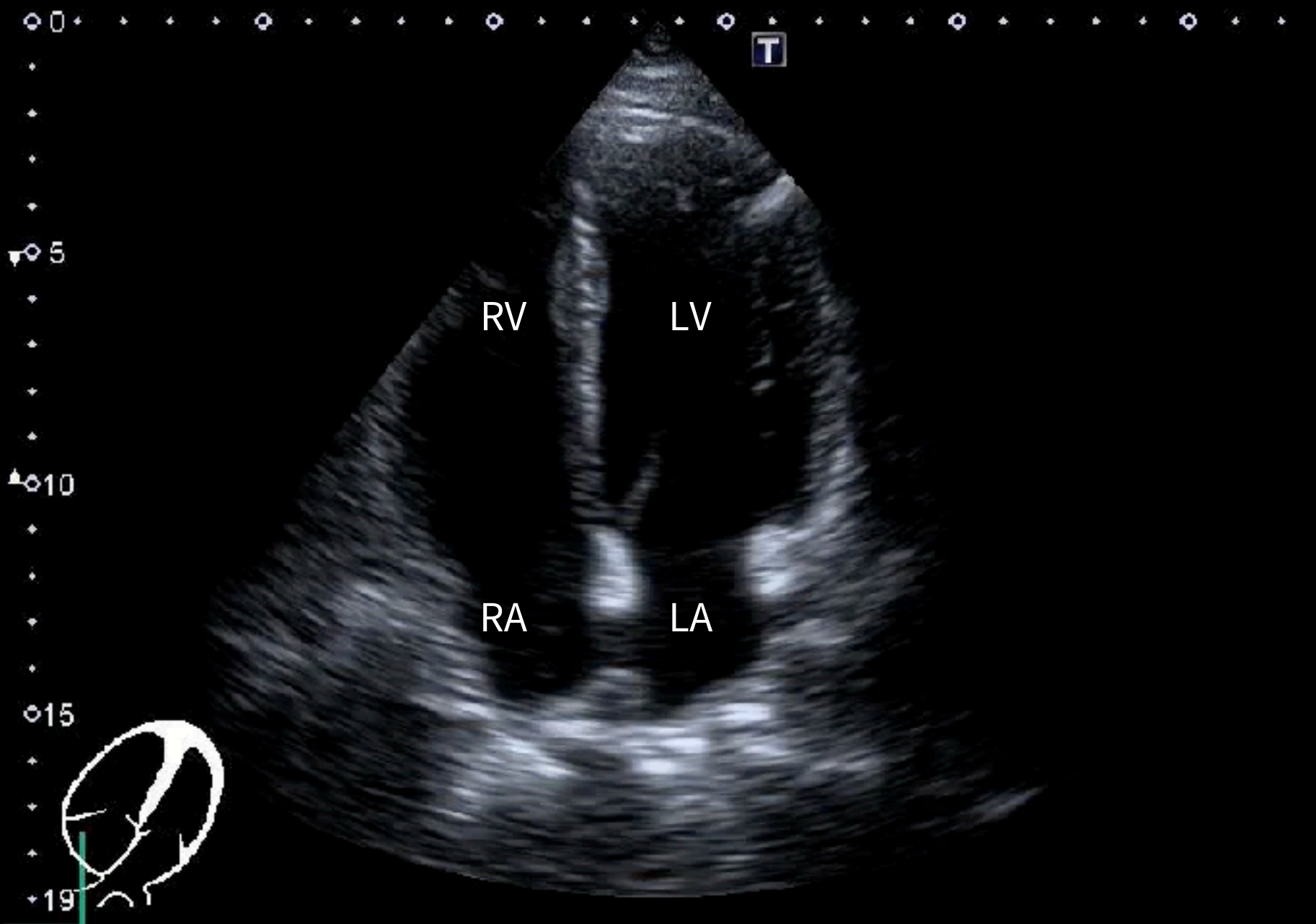


Apical 4 chamber view



Apical 2 (60°)/3 (120°) chamber view

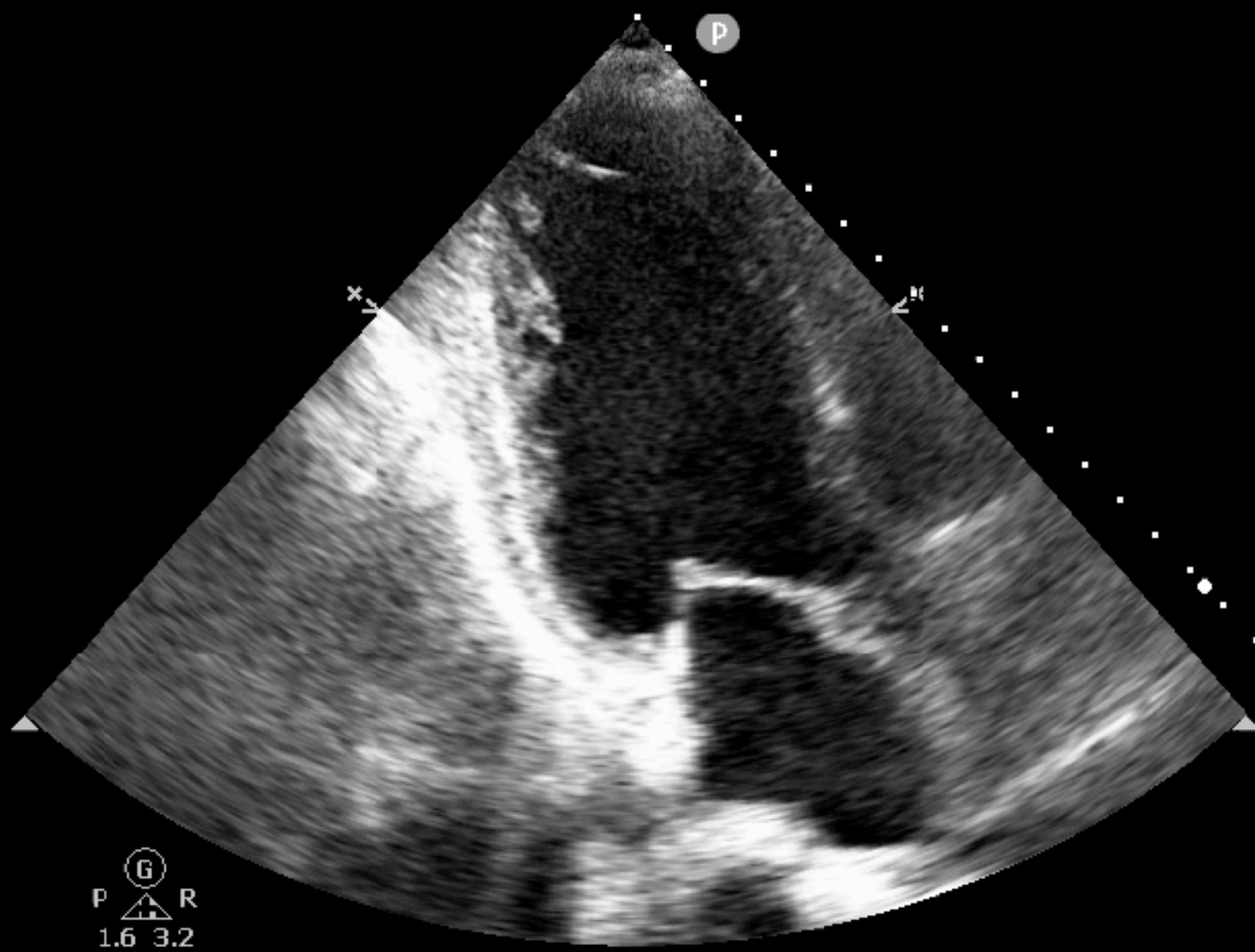




34
Q
C
D

Ult Echo
1
Hz
0cm

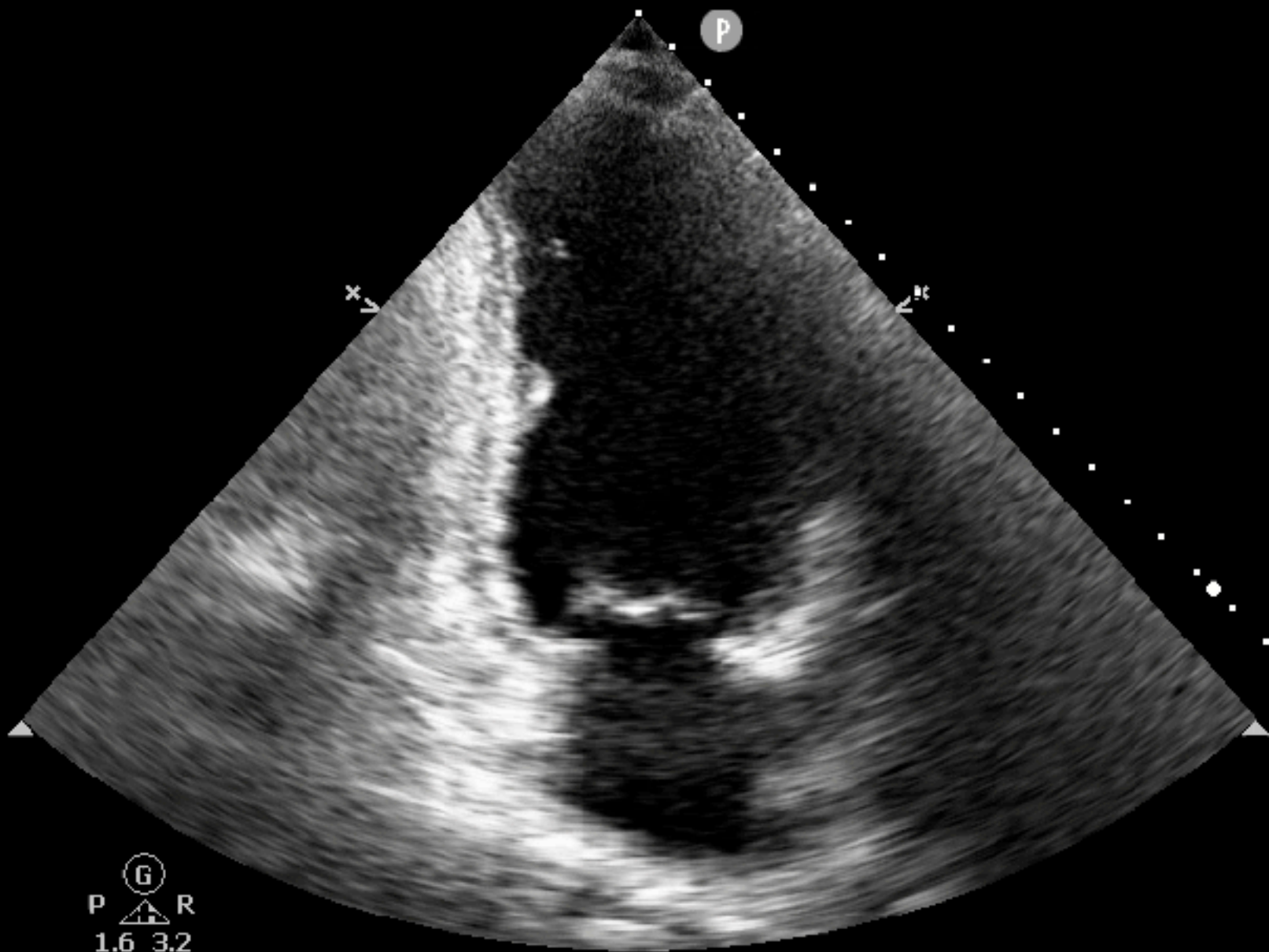
en
56
50
2/0



Ⓞ
P △ R
1.6 3.2

ult Echo
1
Hz
0cm

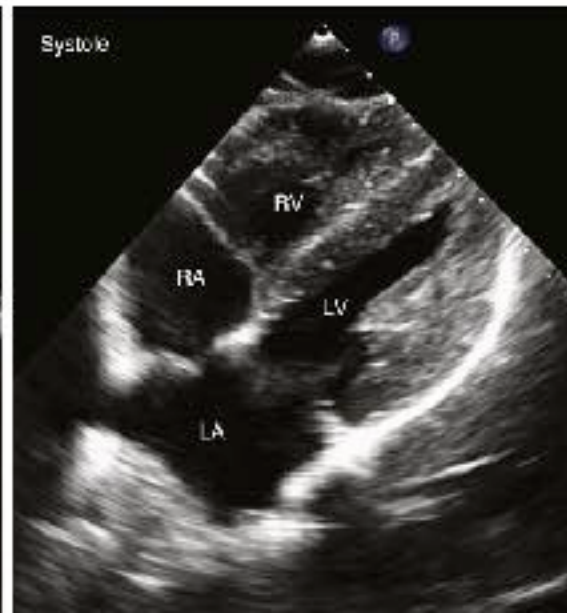
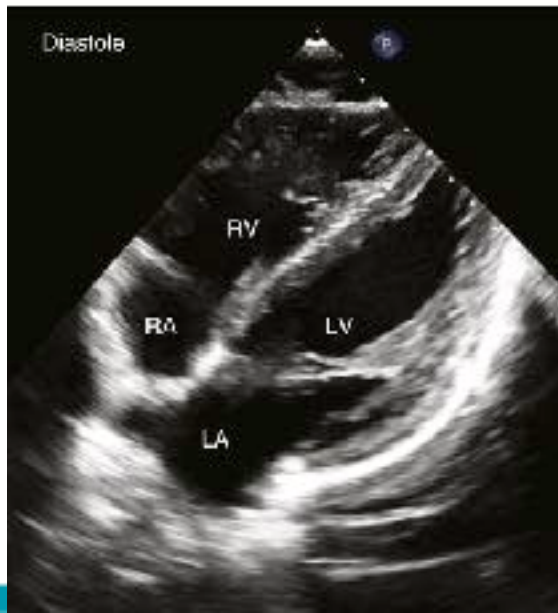
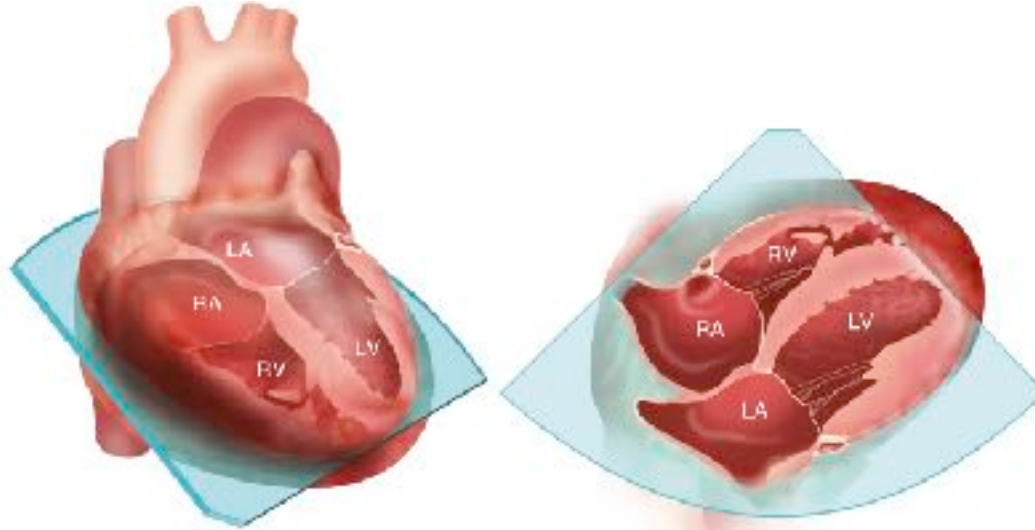
Gen
56
50
2/0



G
P R
1.6 3.2



Subcostal 4 chamber



T

0

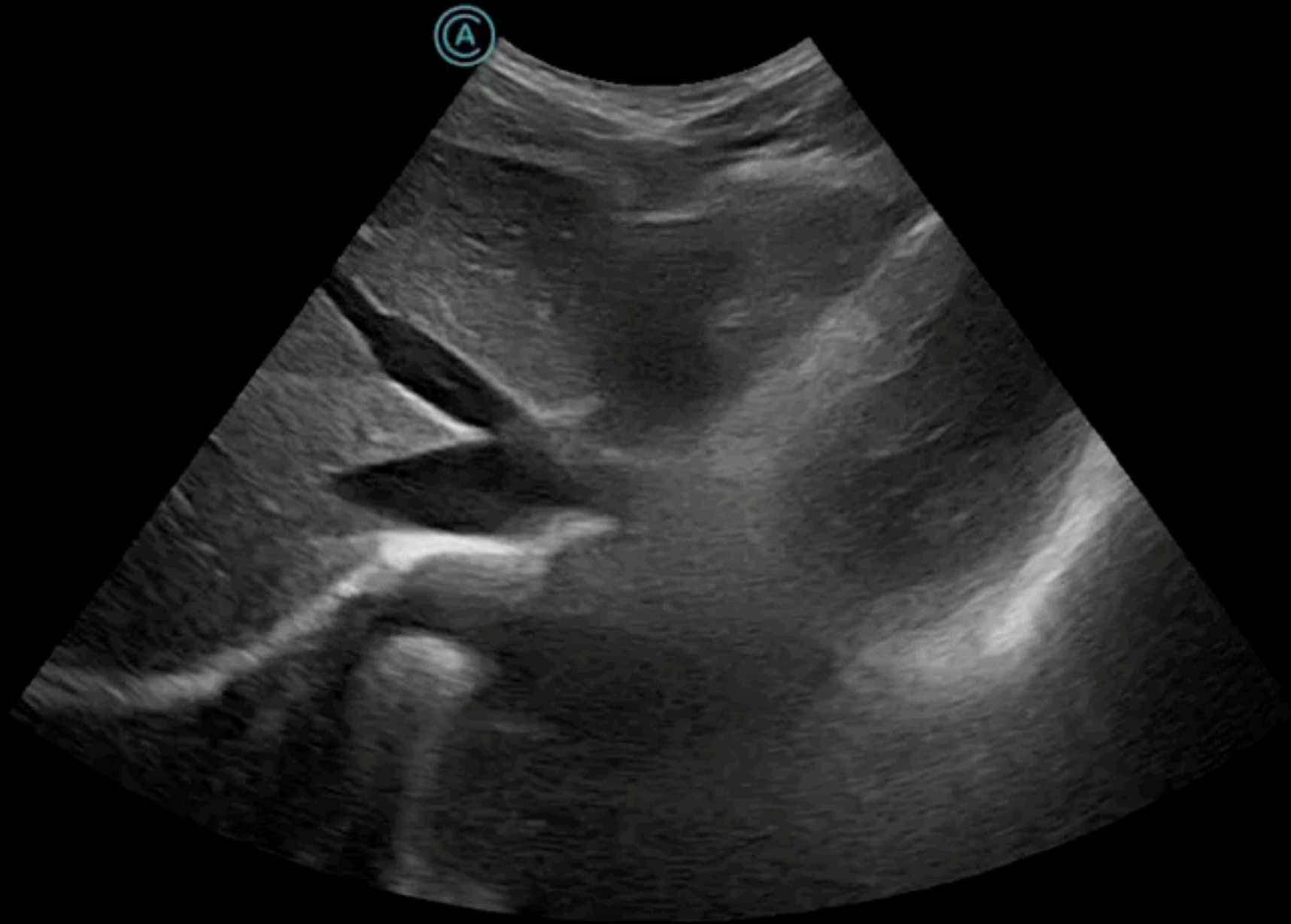
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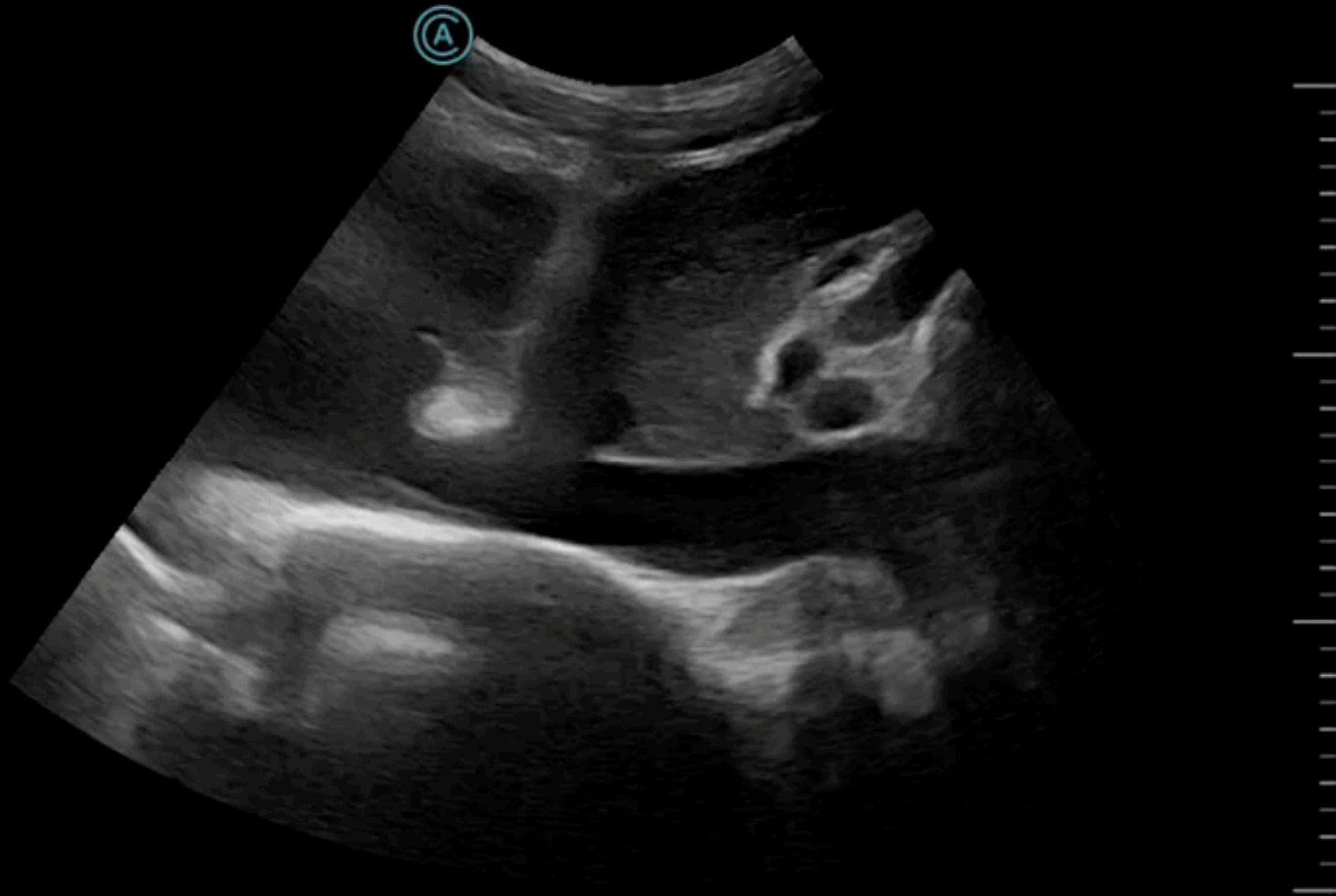


10
C
D

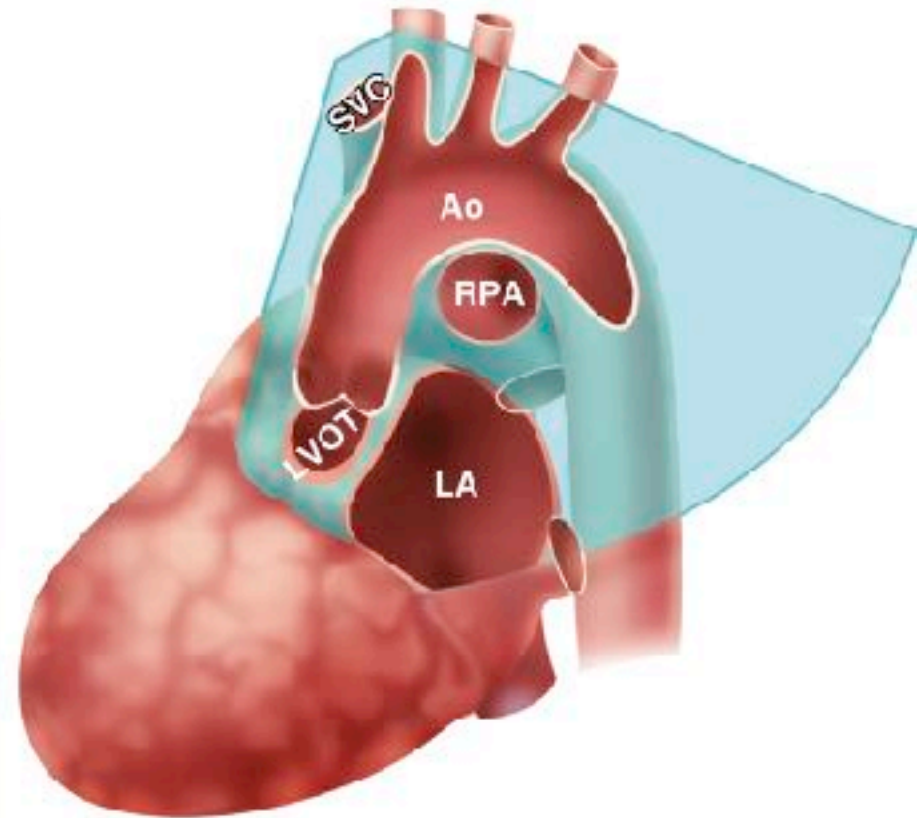
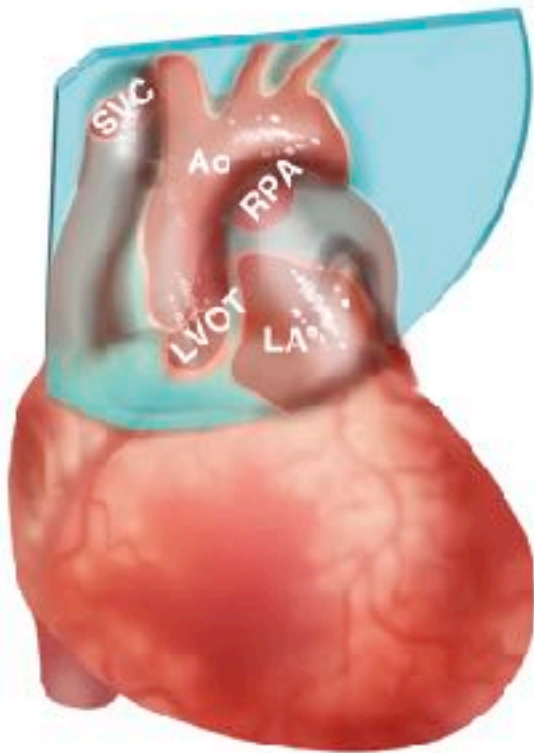
Ⓐ

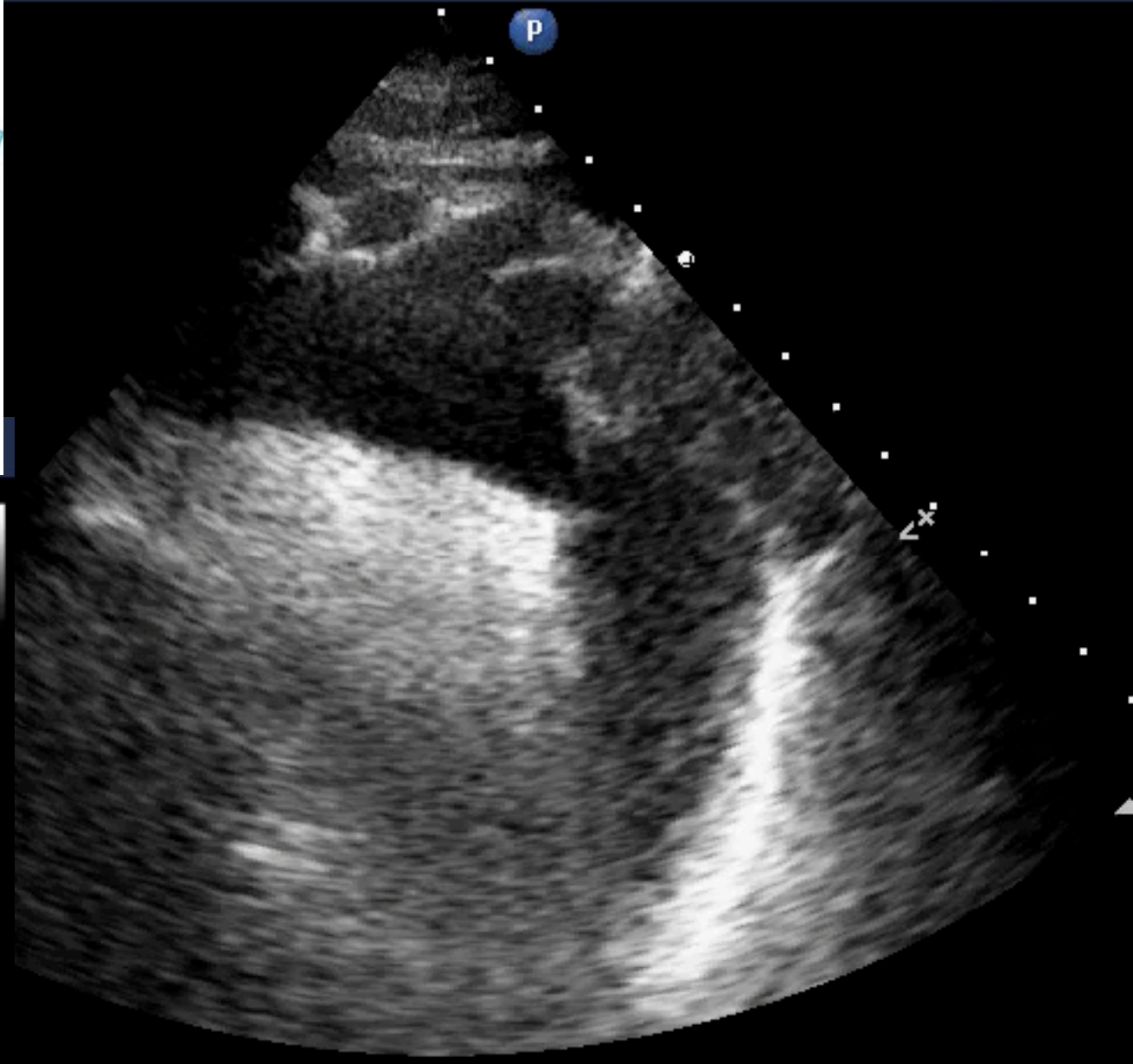
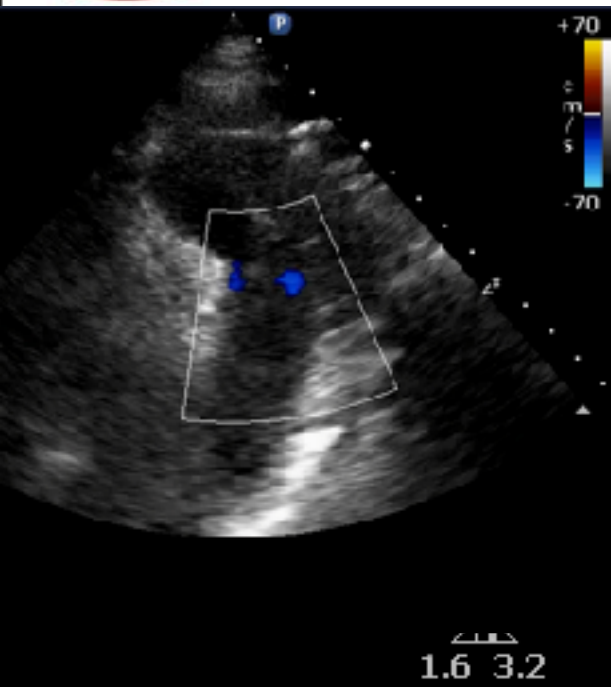
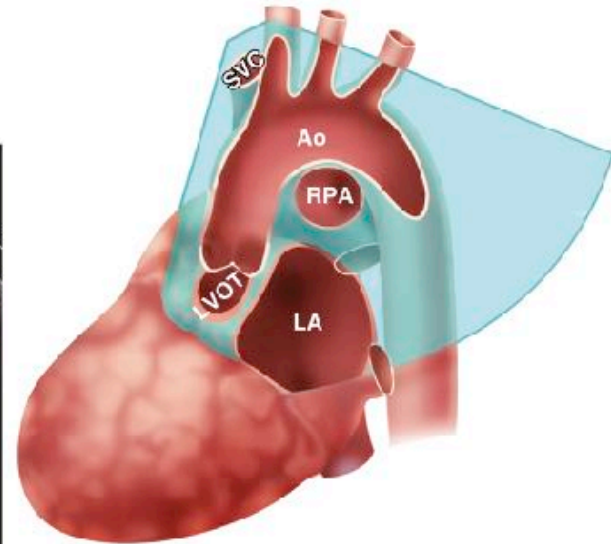


Ⓐ

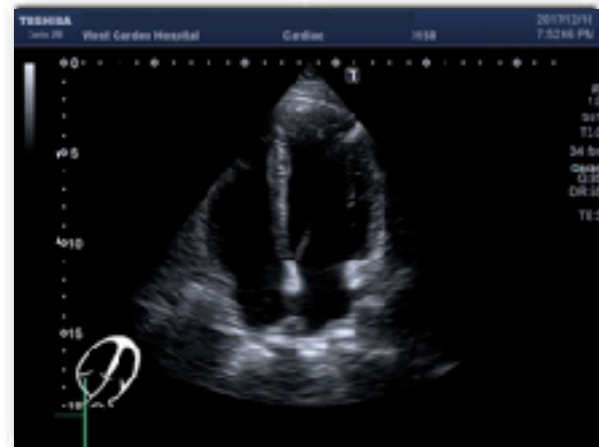
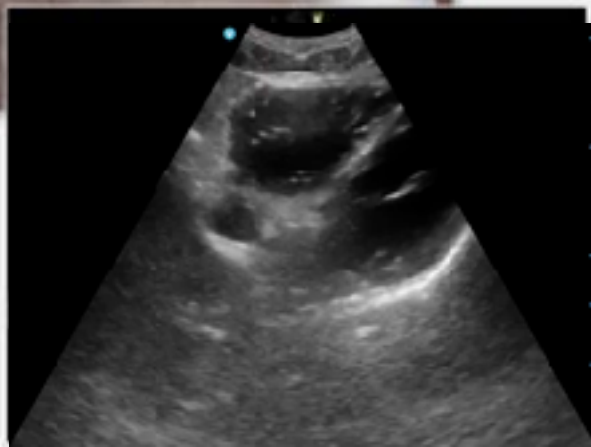
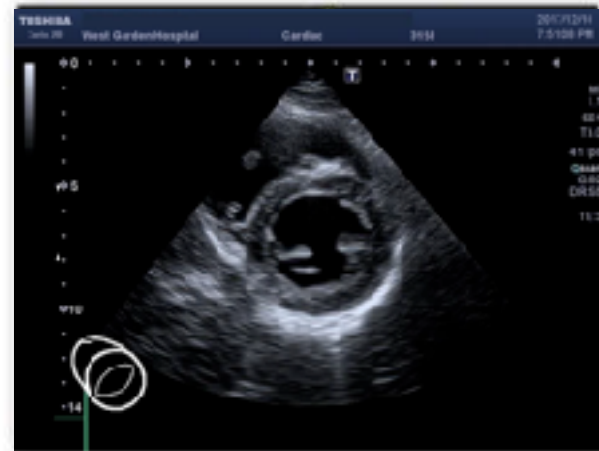
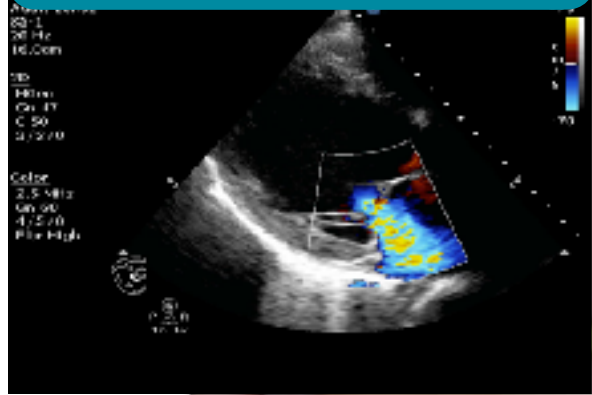


Suprasternal notch view





3W5V



Goal of POCUS

Diagnostic Target	Goals of POCUS	Imaging Views	Limitations
LV size and function	<ul style="list-style-type: none"> Estimate overall LV systolic function (normal, mildly, moderately, or severely reduced). Estimate LV size (relative to size of aortic root). 	<ul style="list-style-type: none"> Parasternal long- and short-axis views of LV Apical 4-chamber 	<ul style="list-style-type: none"> Quantitative measurement of LV ejection fraction is rarely possible. Evaluation of regional wall motion requires considerable expertise but may be suggested by FoCUS findings.
RV size and function	<ul style="list-style-type: none"> Estimate RV systolic function. Detect RV dilation. 	<ul style="list-style-type: none"> Apical 4-chamber view Subcostal view 	<ul style="list-style-type: none"> Complex RV shape limits evaluation of size and systolic function.
Pericardial effusion	<ul style="list-style-type: none"> Detect pericardial effusion. Estimate effusion size (small, moderate, large). 	<ul style="list-style-type: none"> Parasternal Apical Subcostal 	<ul style="list-style-type: none"> Loculated effusions may be missed. Tamponade physiology is a clinical diagnosis that should be considered for all moderate or large effusions.
Volume status	<ul style="list-style-type: none"> Evaluate central venous pressure. 	<ul style="list-style-type: none"> IVC size and respiratory variation from subcostal view (RA pressure) 	<ul style="list-style-type: none"> Unreliable in ventilated patients
Other	<ul style="list-style-type: none"> More complex anatomic and physiologic abnormalities may be suspected on a POCUS study. 	<ul style="list-style-type: none"> All views 	<ul style="list-style-type: none"> A diagnostic echocardiogram is recommended when regional wall motion abnormalities are a concern, to evaluate for aortic disease, valve stenosis, or regurgitation, or to estimate pulmonary pressures.

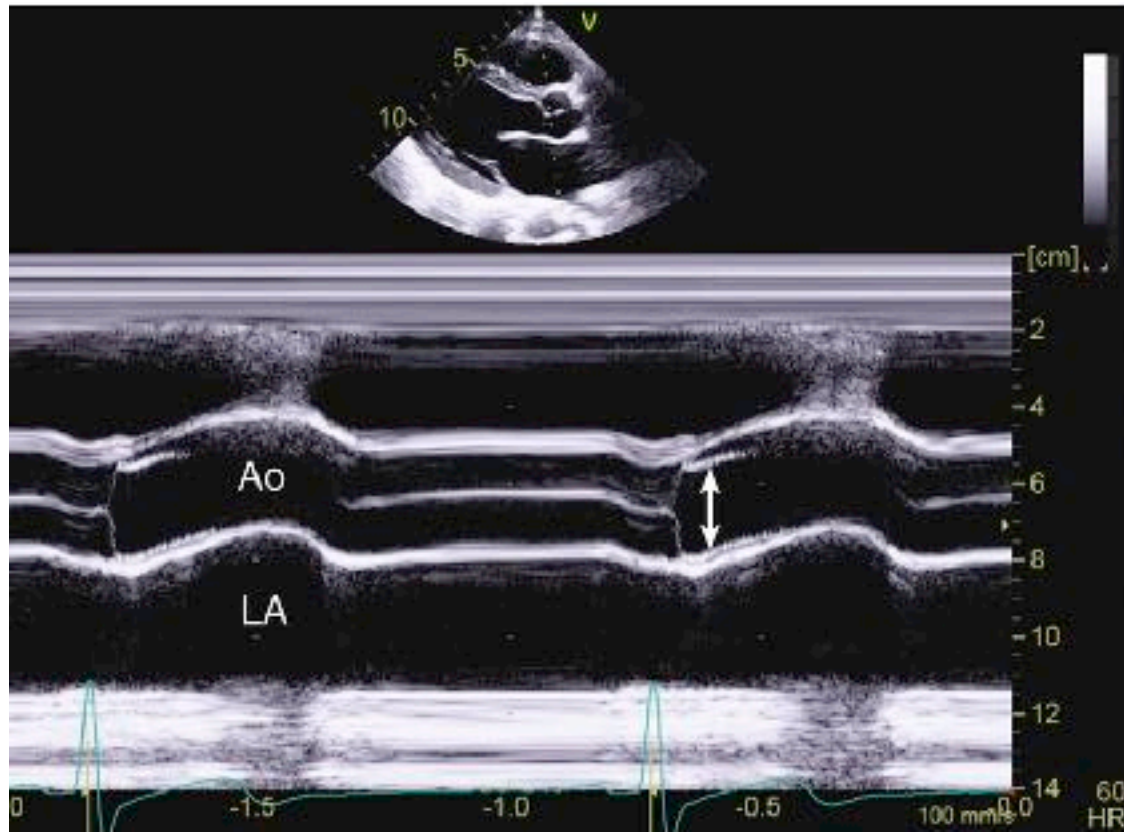
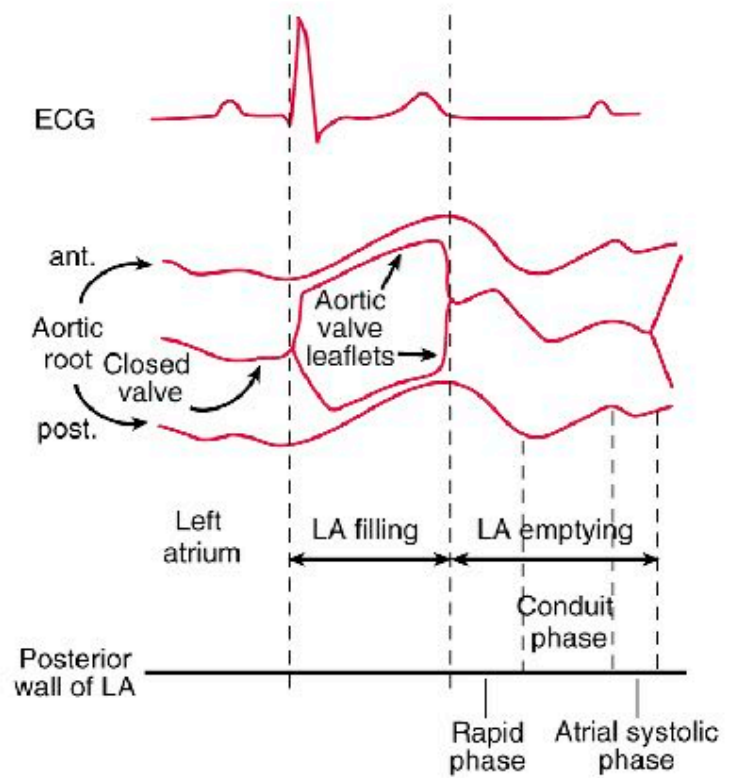
FoCUS, Focused cardiac ultrasound; IVC, inferior vena cava.

From McConnaughey S, Otto CM: Focused cardiac ultrasound at the bedside. In Otto CM, editor: *The practice of clinical echocardiography*, ed 6, Philadelphia, 2022, Elsevier, pp 234–249.

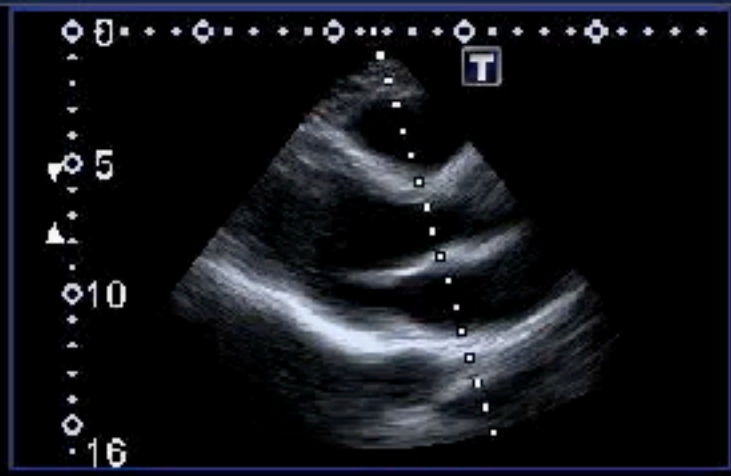


Aortic valve & Left atrium (4cm)

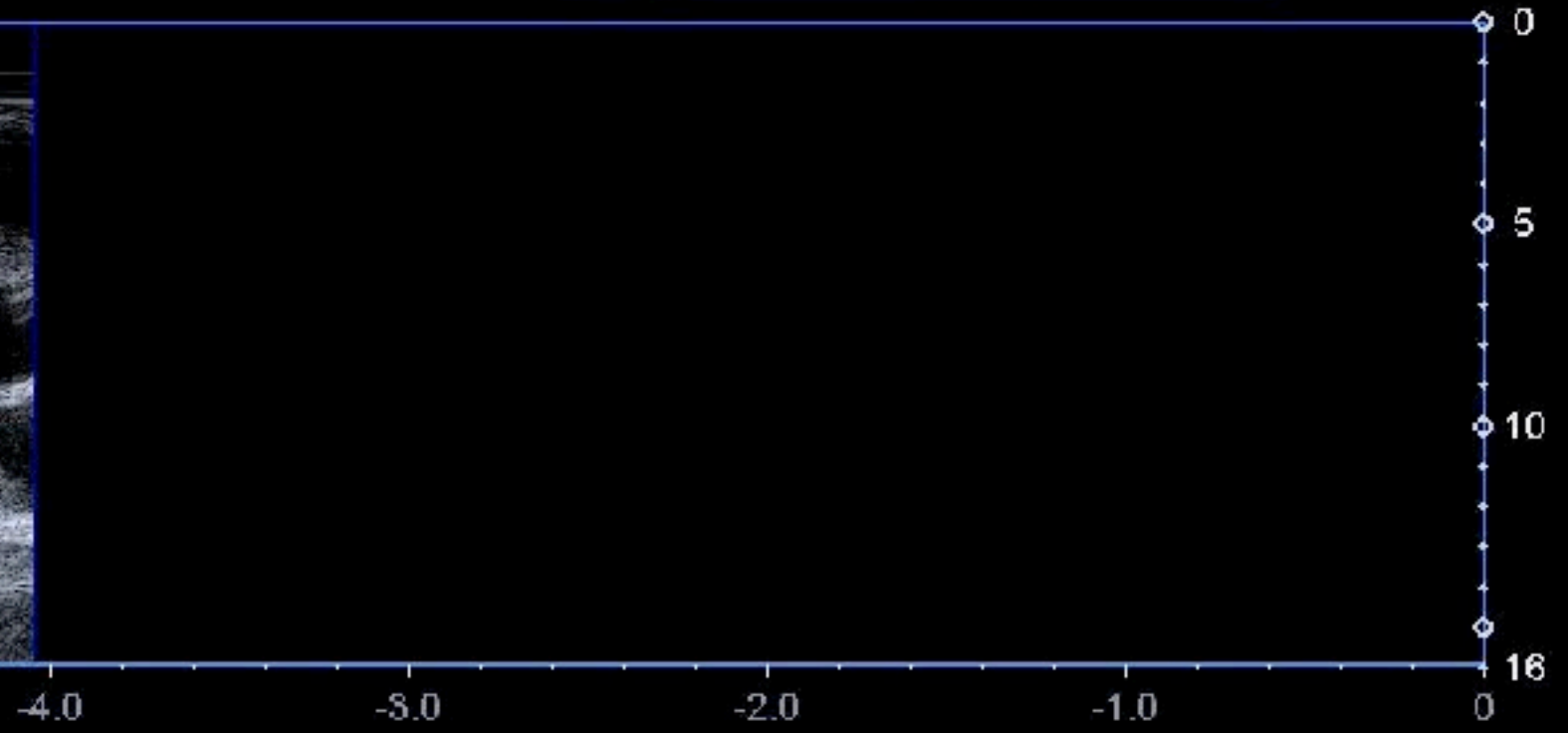
Aortic Valve and Left Atrial M-Mode



G:82
DR:55
TE:3



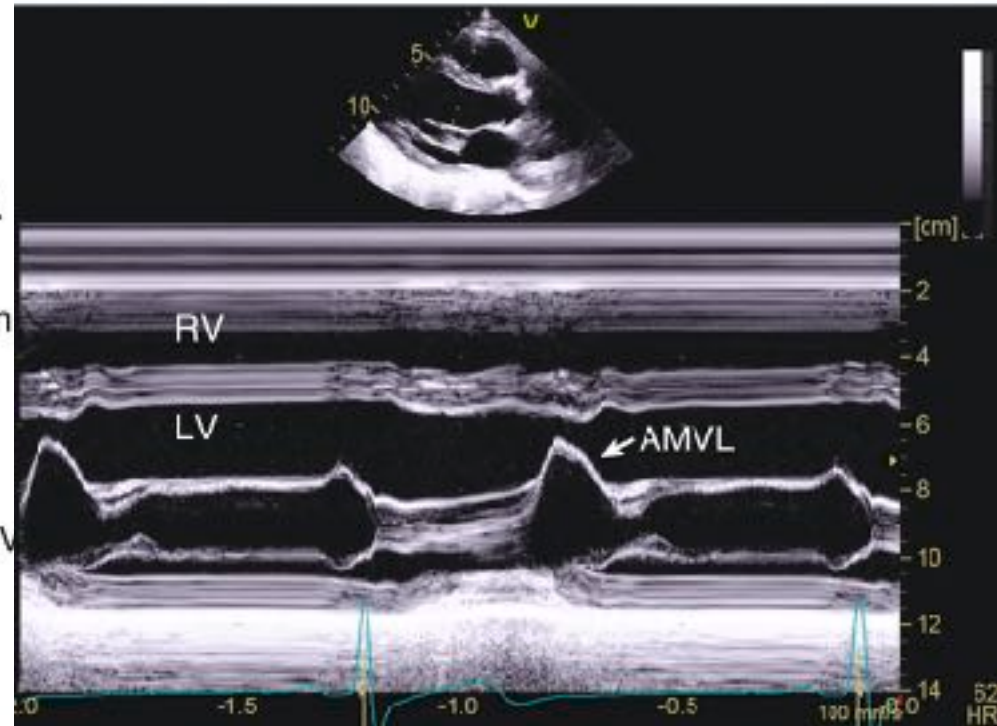
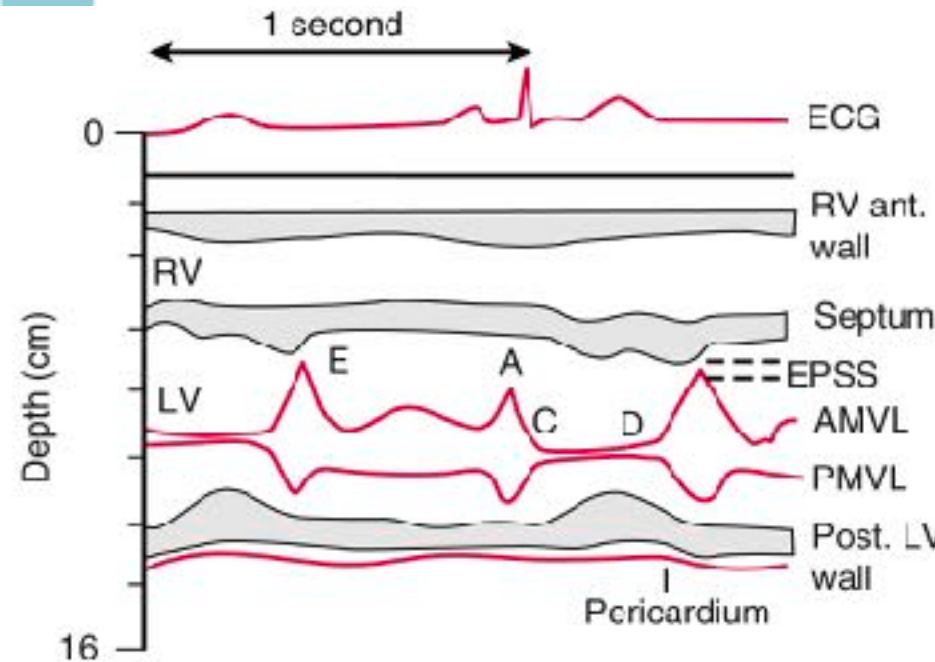
MI:1.5
5S1
T3.0
32 fps



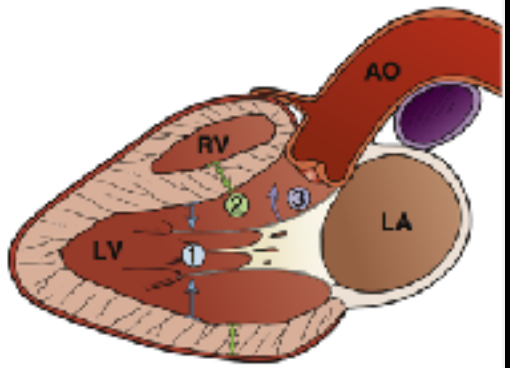
MG:77 /MDR:50 /T3.0

Mitral valve

EPSS: E-point to septal separation

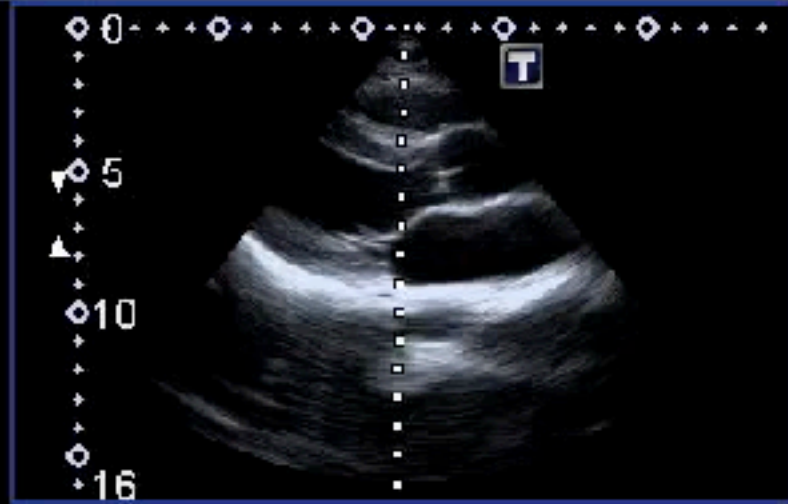


E-point septal separation $>7\text{mm}$: LVEF $< 30\%$



- 1 - Endocardial excursion
- 2 - Myocardial thickening
- 3 - Septal motion of anterior leaflet of mitral valve

G:82
DR:55
TE:3

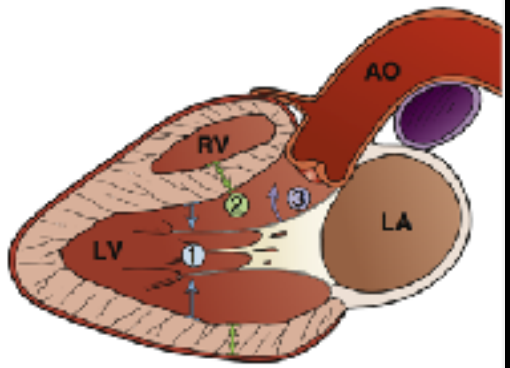


MI:1.5
5S1
T3.0
32 fps



MG:77 / MDR:50 / T3.0

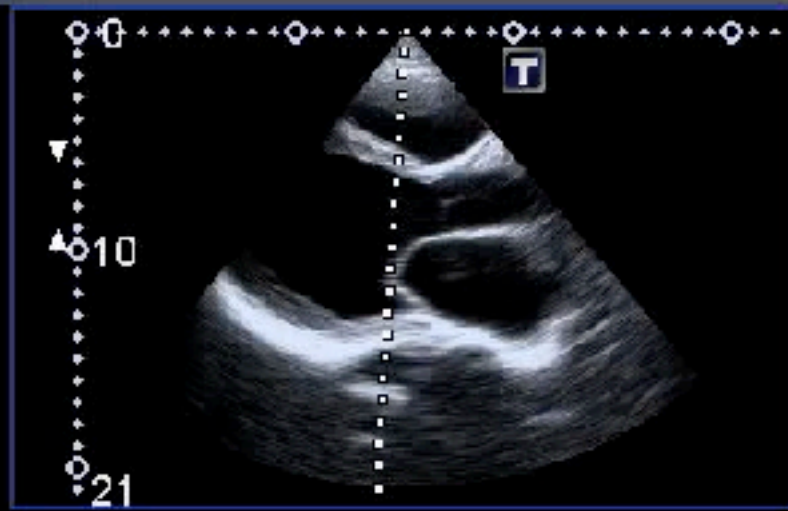




- 1 - Endocardial excursion
- 2 - Myocardial thickening
- 3 - Septal motion of anterior leaflet of mitral valve

Qscan
G:95
DR:55

TE:3



MI:1.5
5S1
T3.0
19 fps



-4.0

-3.0

-2.0

-1.0

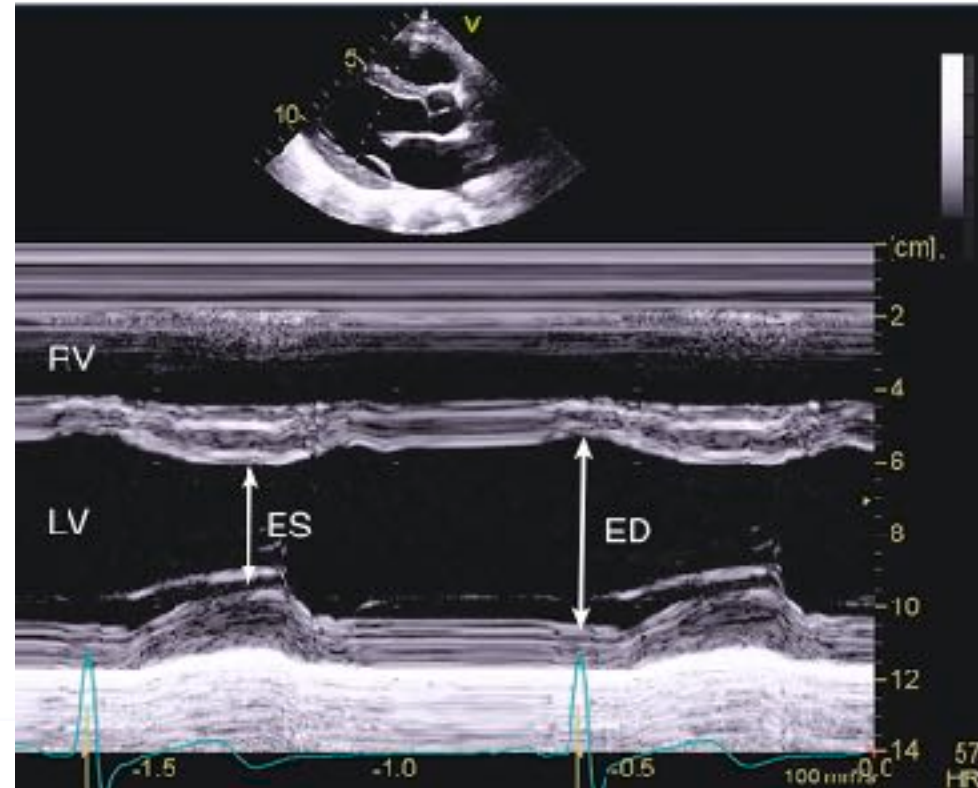
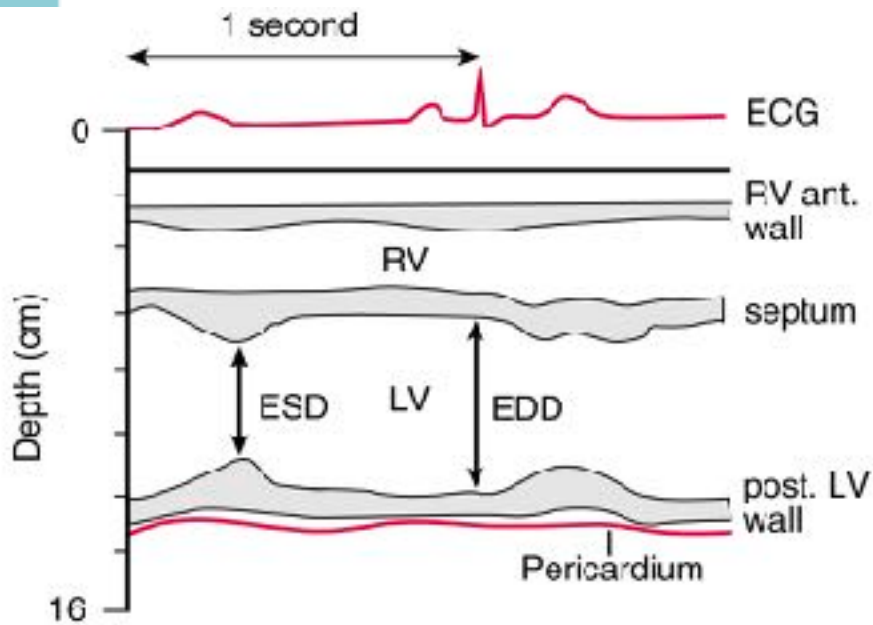
0



Qscan:90 / MDR:50 / T3.0

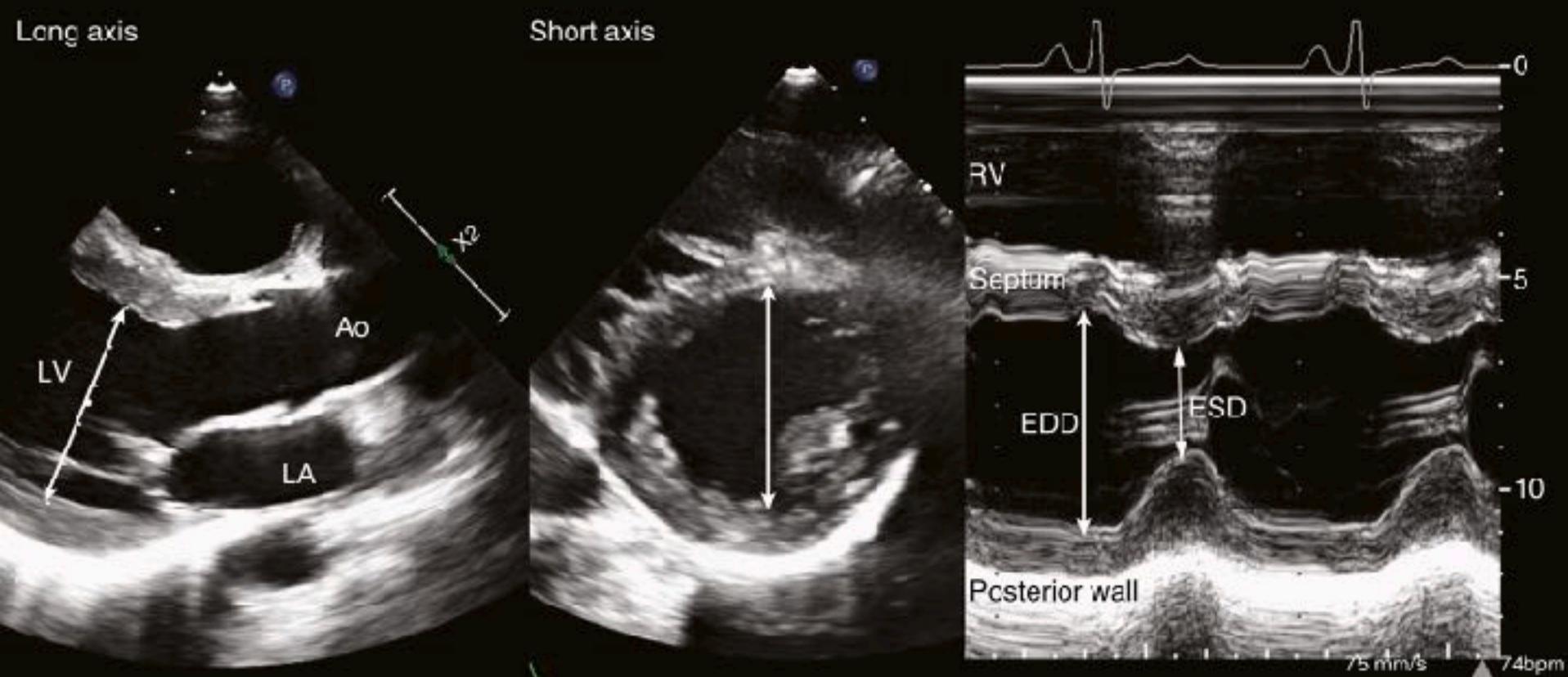
Left ventricle dimension

EF ~ 2FS / RV free wall motion



FS: fractional shortening

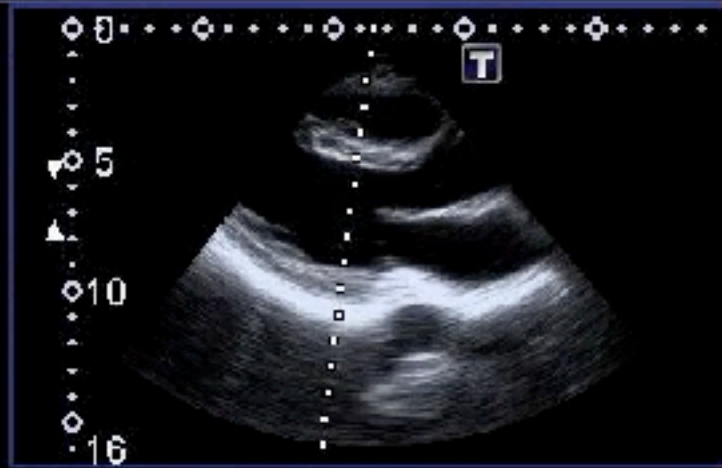
$(LVIDd - LVIDs) / LVIDd * 100\%$ (25 ~ 45%)



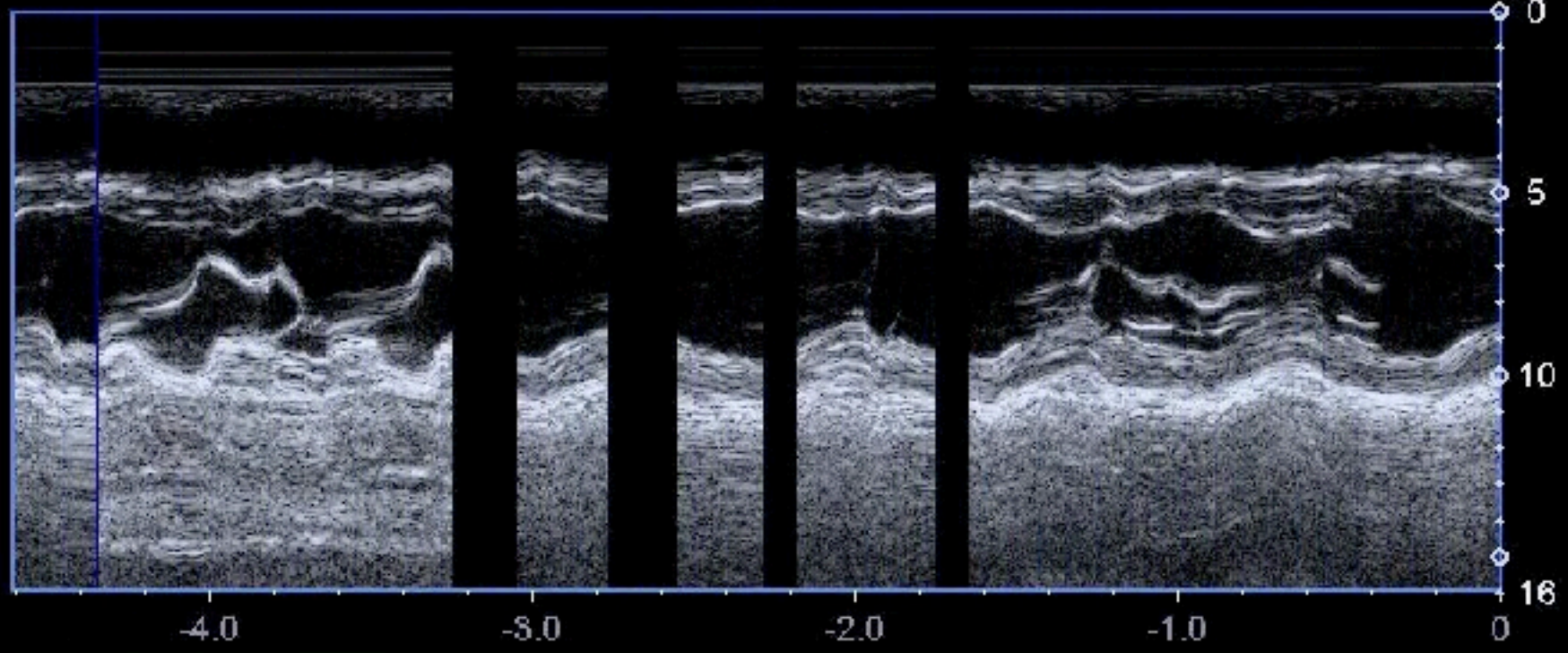
要垂直LV



G:82
DR:55
TE:3



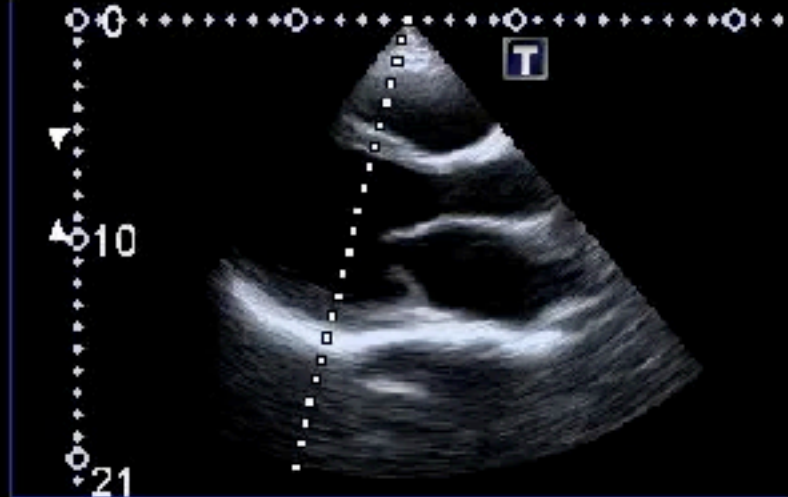
MI:1.5
5S1
T3.0
32 fps



MG:77 /MDR:50 /T3.0



Qscan
G:95
DR:55
TE:3



MI:1.5
5S1
T3.0
19 fps



-4.0

-3.0

-2.0

-1.0

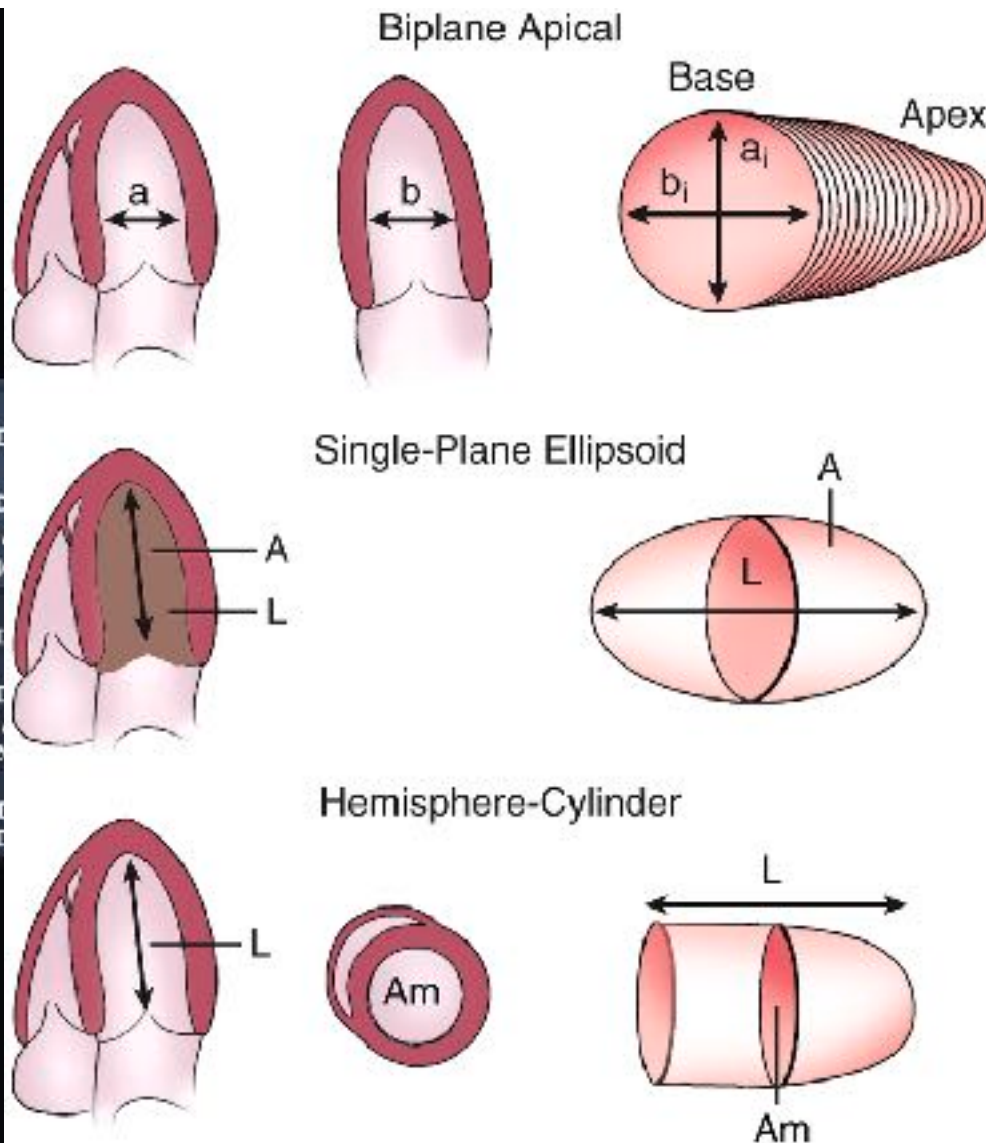
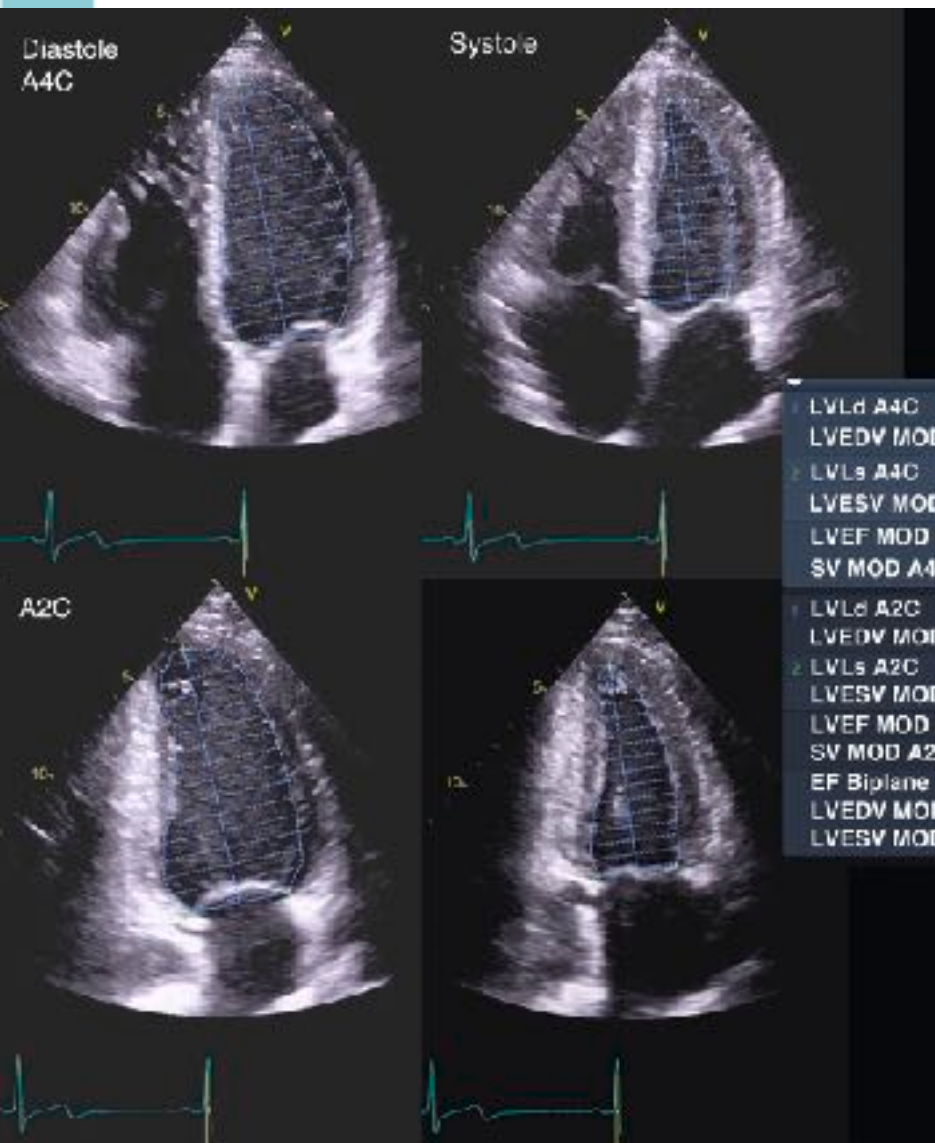
0

21

Qscan:90 / MDR:50 / T3.0

2D LV

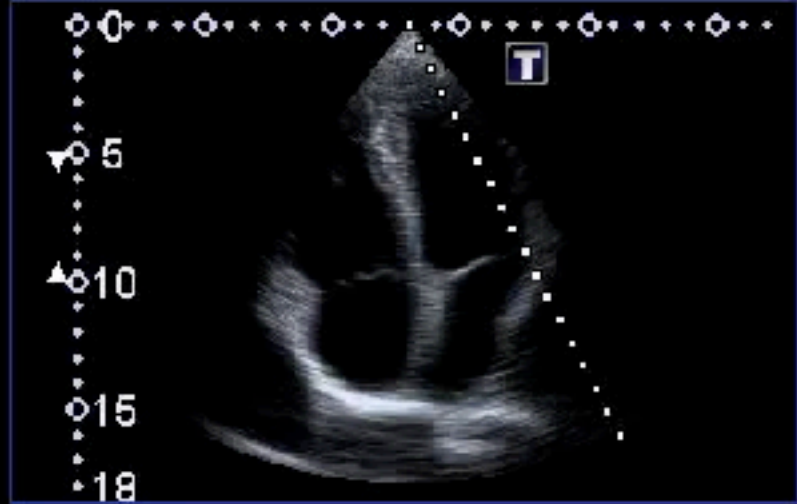
Volume calculation (ER耗時)



MAPSE

12-15 mm

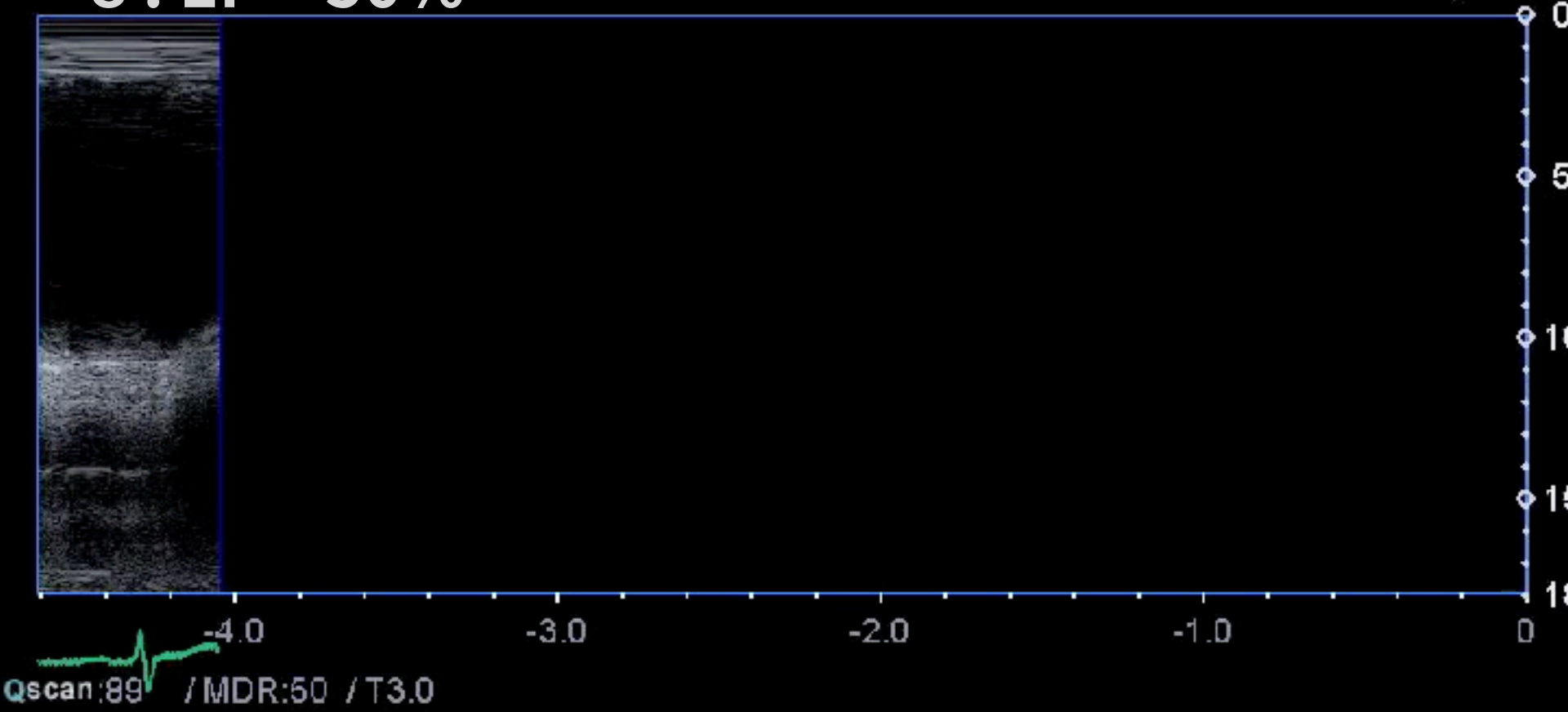
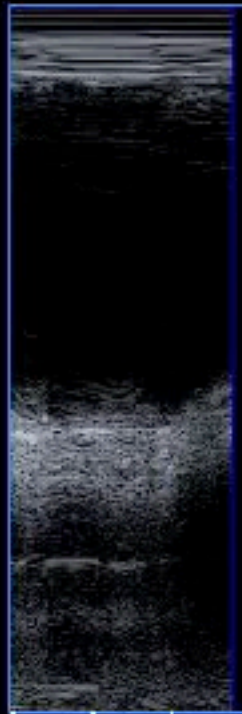
Qscan
G:94
DR:55
TE:3



MI:1.5
5S1
T3.0
25 fps



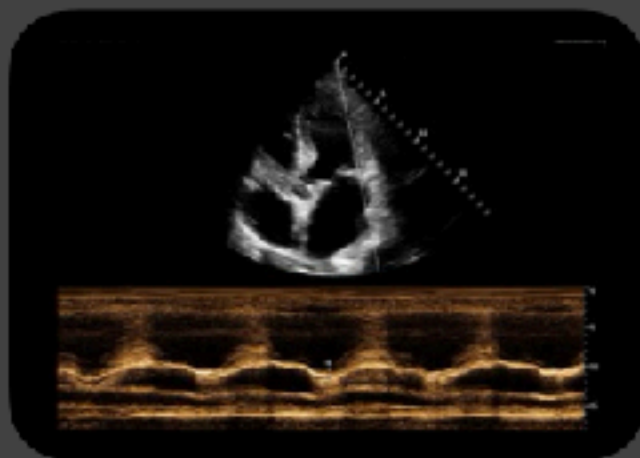
> 10 : preserved LV
< 8 : EF < 50%





158

MAPSE



RESULTS

	Sensitivity	Specificity	+LR	-LR
MAPSE	42%	89%	3.9	0.65

Inter-rater reliability of MAPSE was 96.7%.

When EPSS, MAPSE, & visual estimation were all abnormal, MAPSE was 94% specific.

QUESTION

Does an emergency physician (EP) measured MAPSE predict a decreased LVEF compared to reference comprehensive echo?

METHODS

Single center, prospective observational cohort. Convenience sample of ED patients with expected acute heart failure. Comprehensive echo done within past 12 months or 3 months after ED visit.

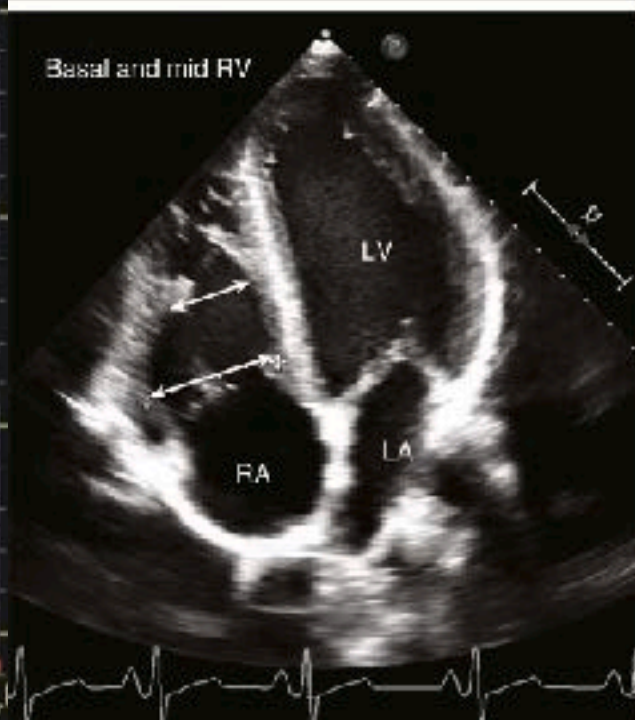
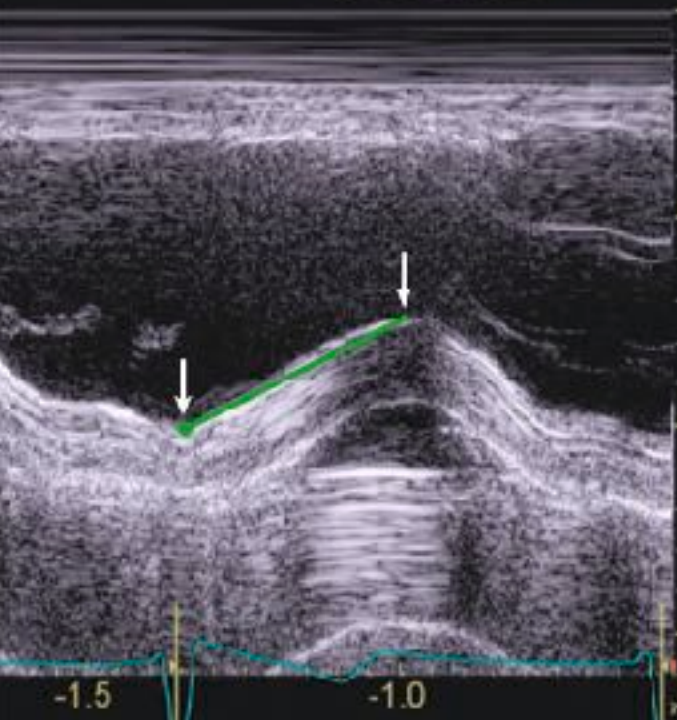
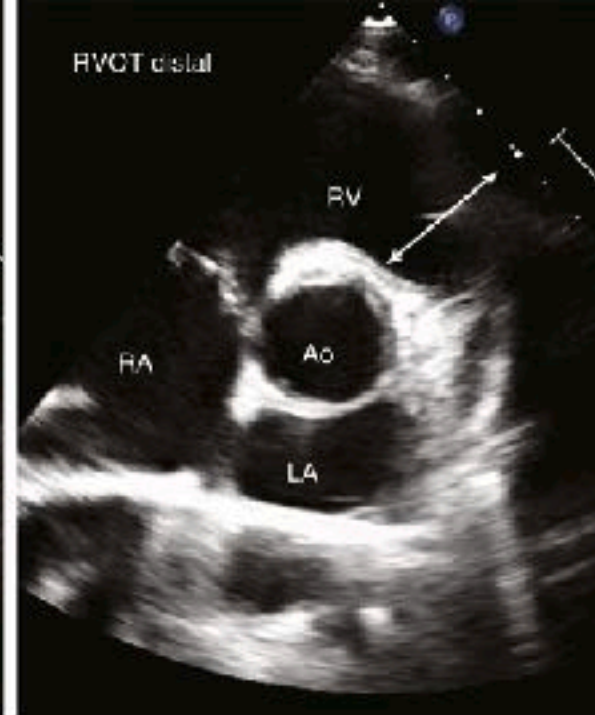
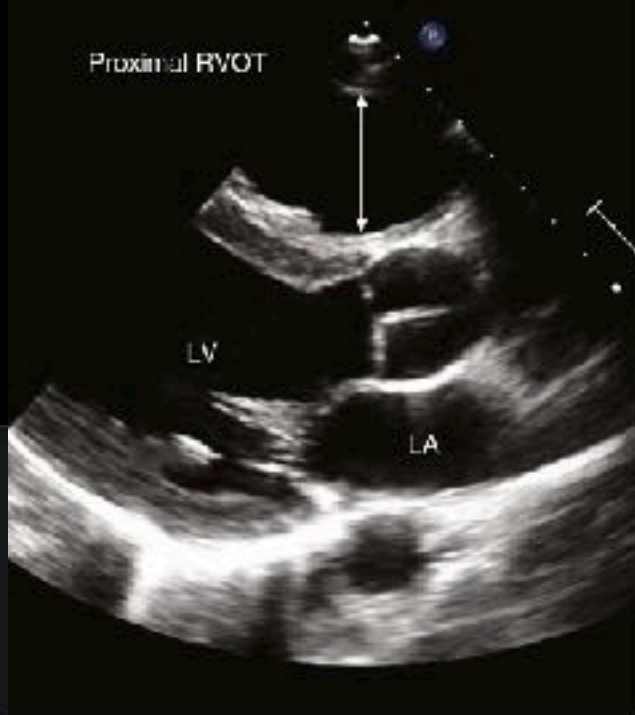
1° outcome: Performance of EP measured MAPSE <8mm for detecting <50% LVEF on comprehensive echo

2° outcomes: Inter-rater reliability, test performance compared to EPSS and visual estimation, correlation with cardiac biomarkers.

N=61

TAPSE

Tricuspic annular plane systolic excursion

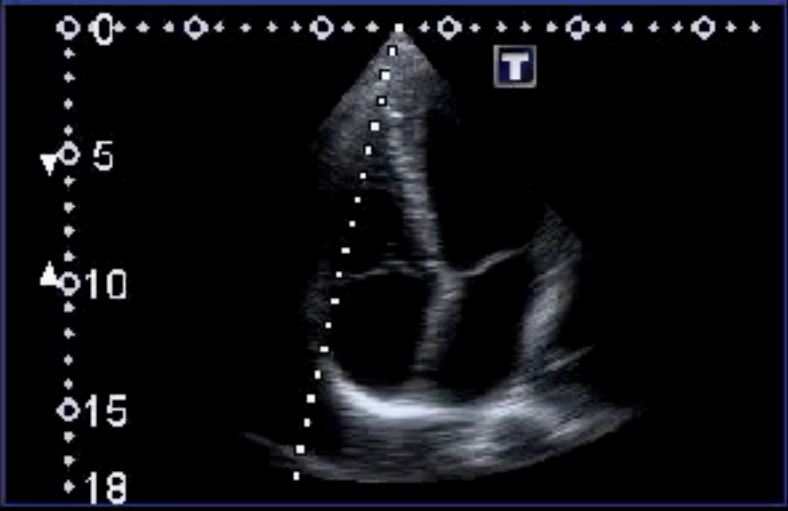


TAPSE

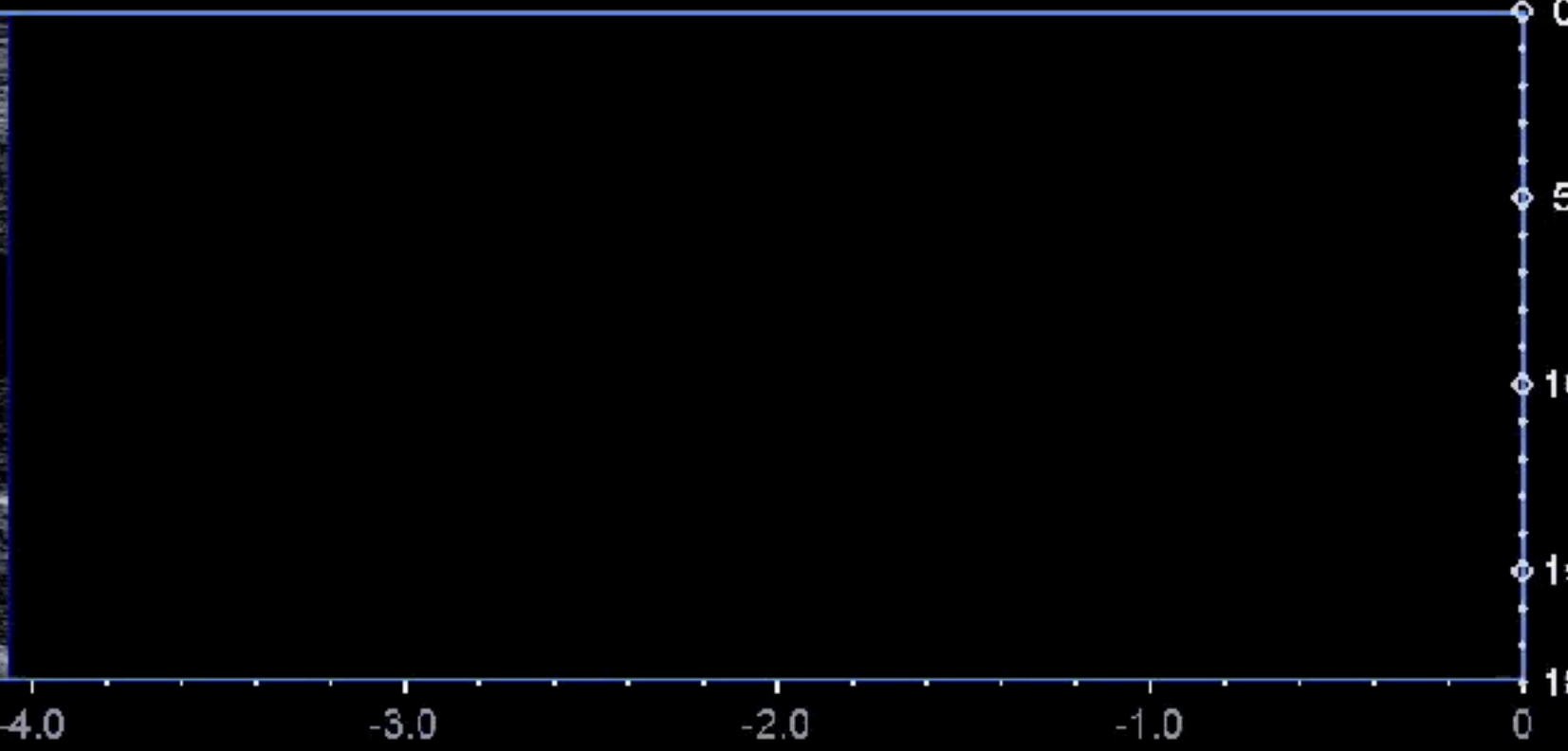
Qscan
G:94
DR:55

	Abnormal Cutoff
TAPSE	< 17 mm

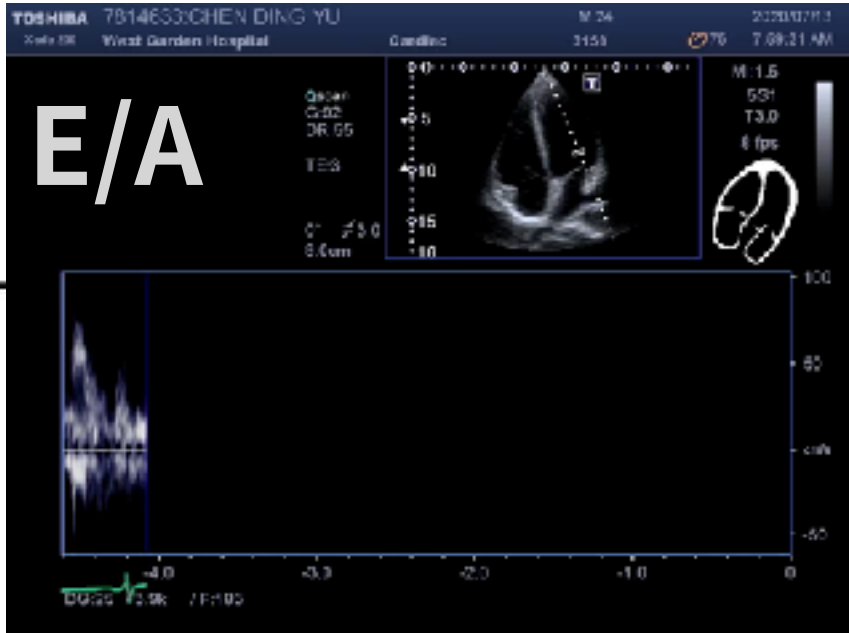
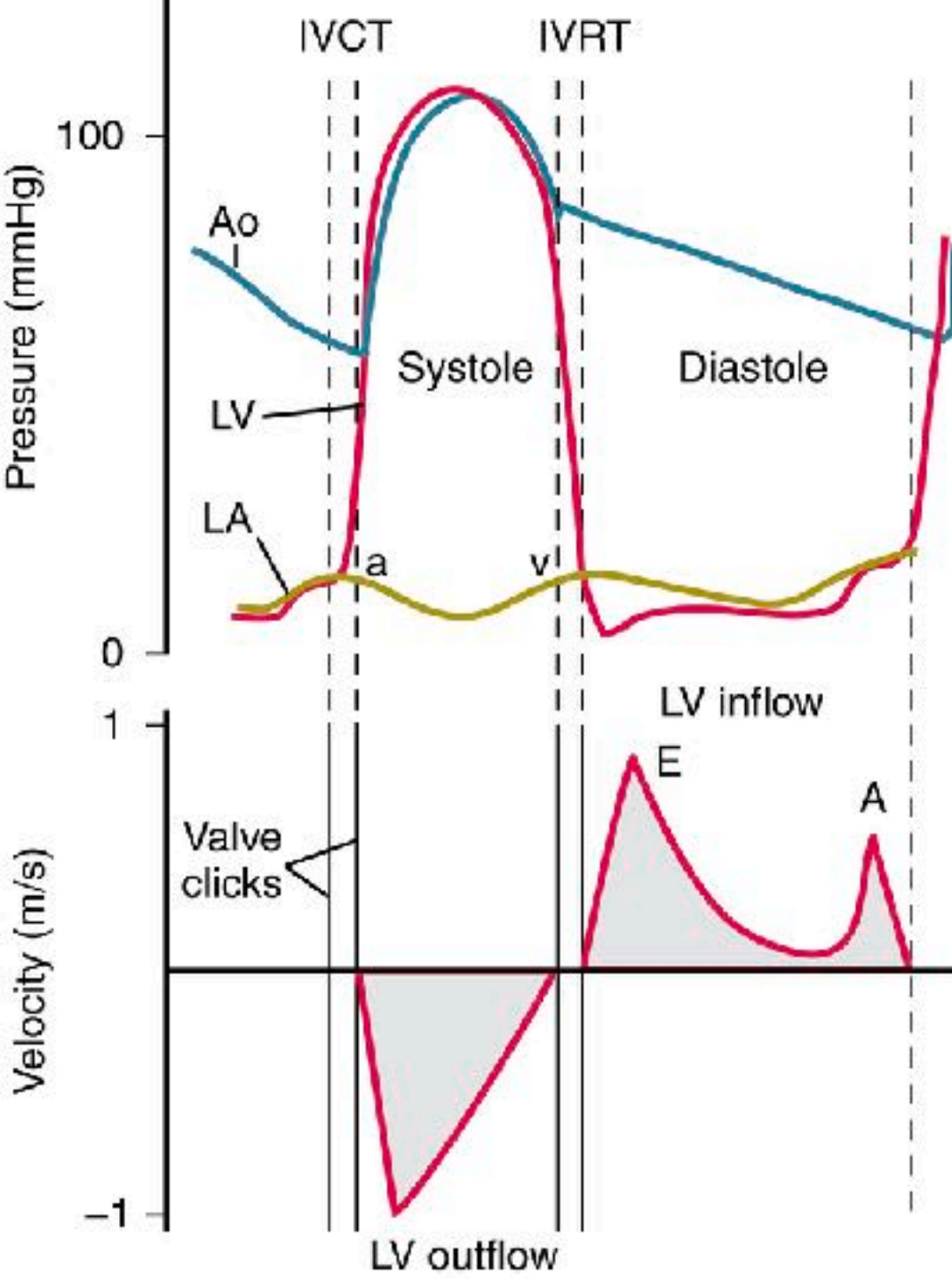
CARDIOSERV
INSPIRING EXCELLENCE IN IMAGING

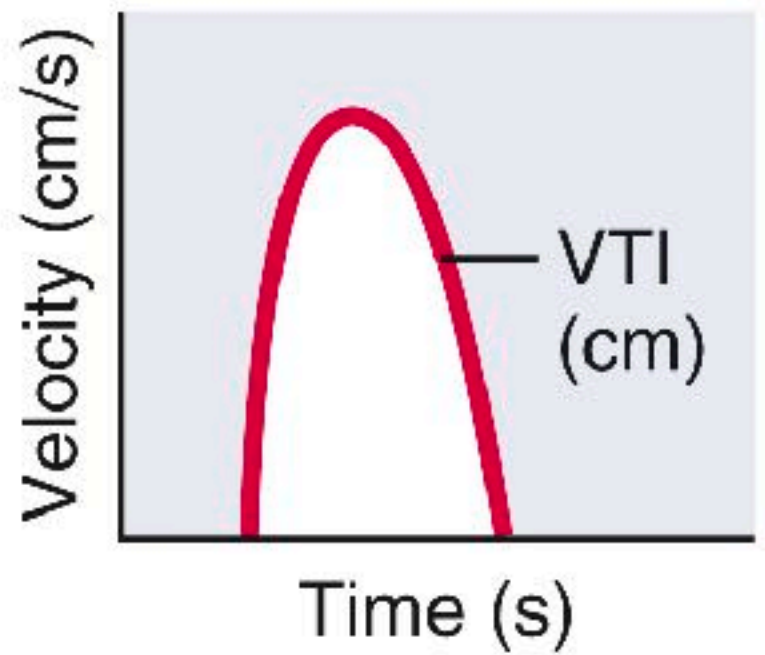
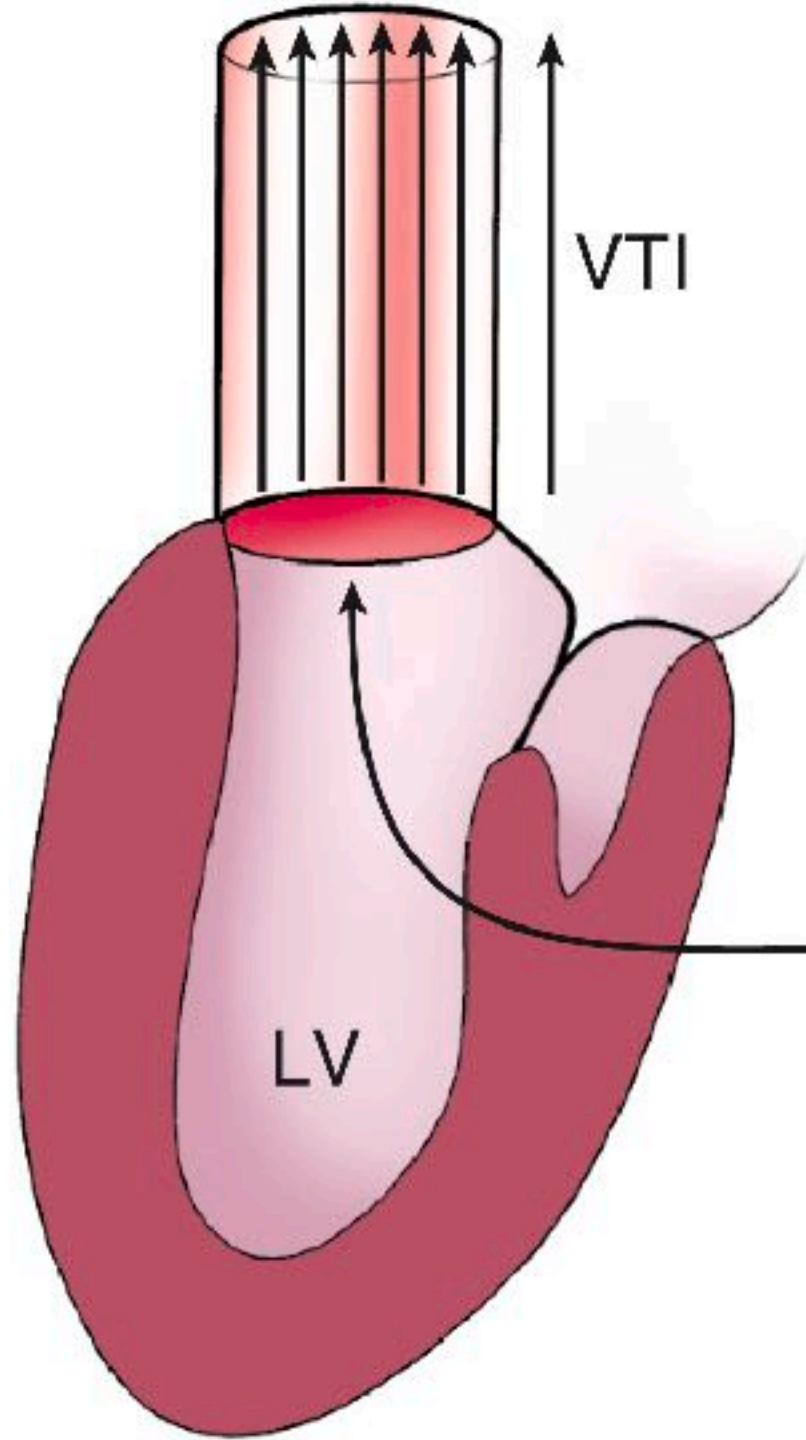


MI:1.5
5S1
T3.0
25 fps



Qscan:89 / MDR:50 / T3.0

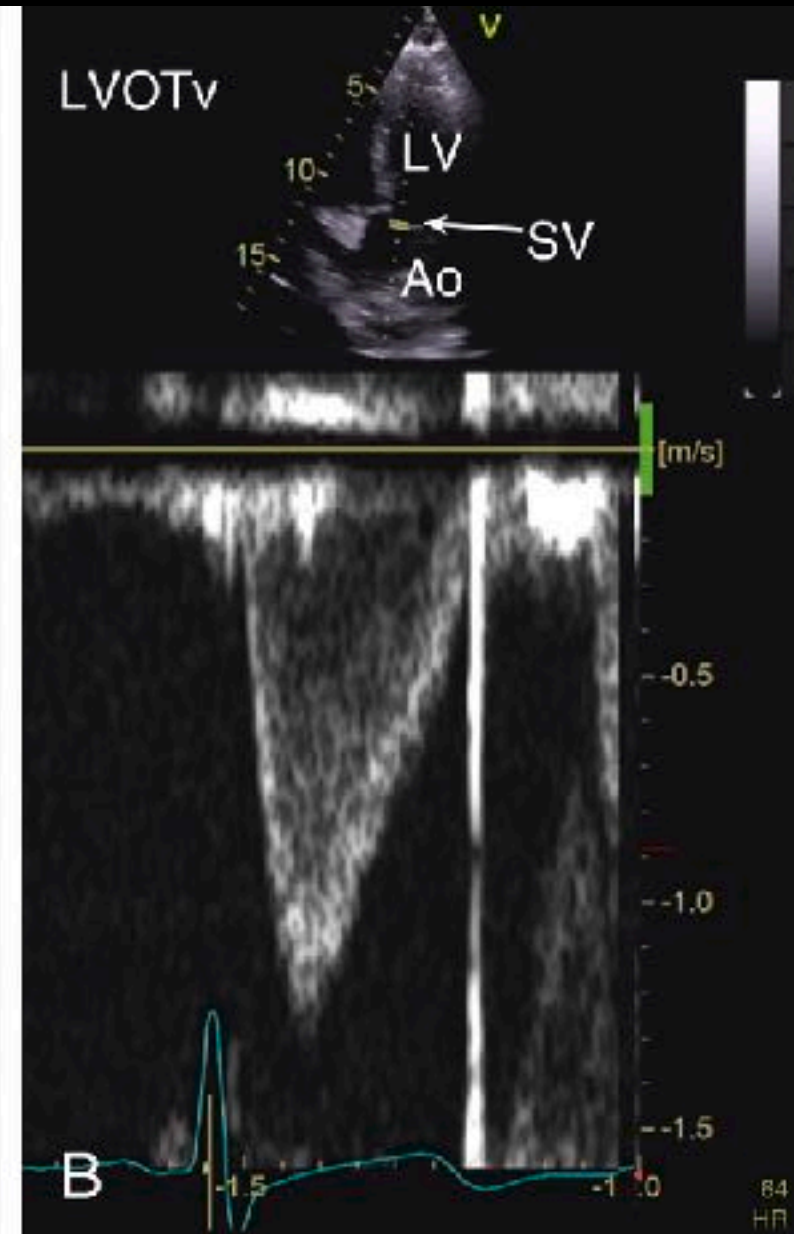
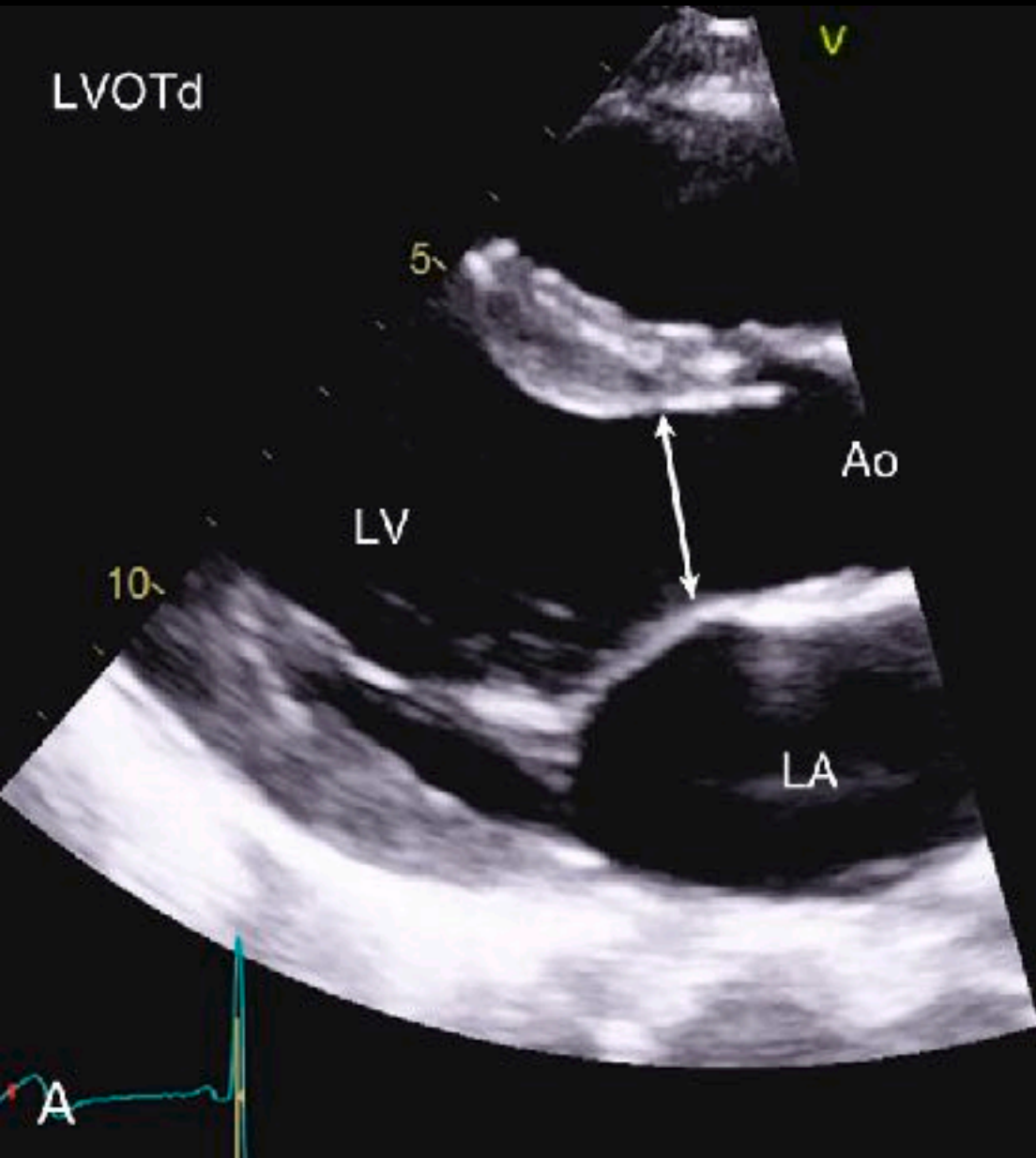




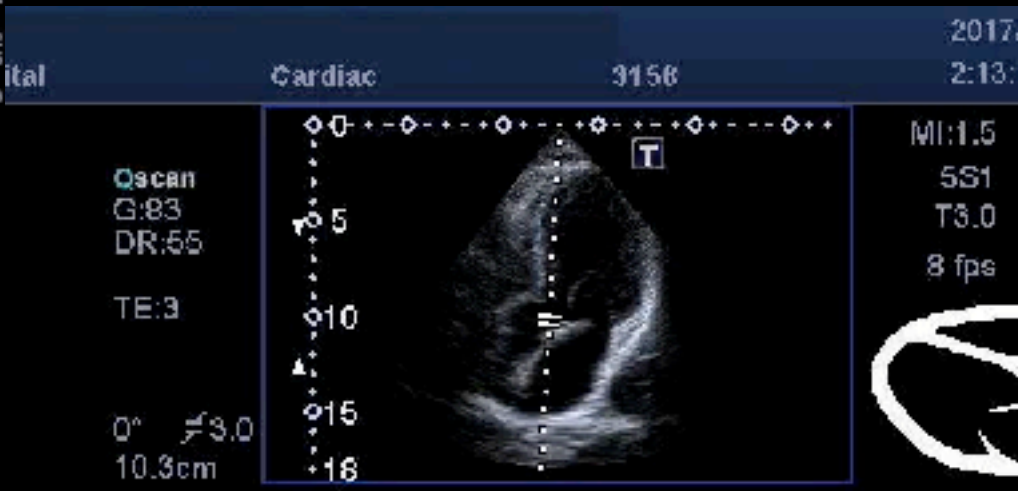
$$CSA \text{ (cm}^2\text{)} = 3.14 \text{ (D/2)}^2$$

$$SV = CSA \times VTI$$

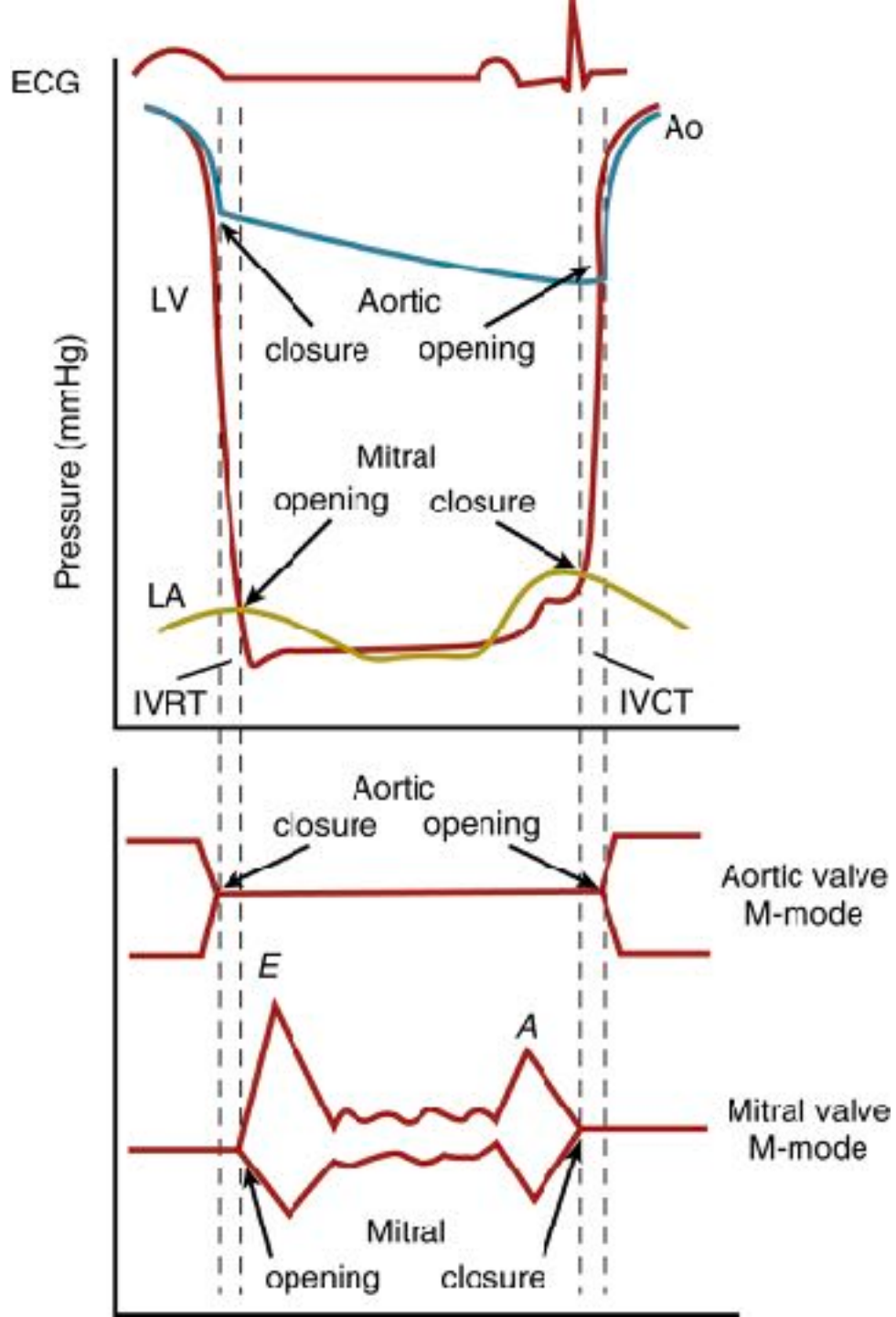
$$CO = SV * HR = (CSA * VTI) * HR$$



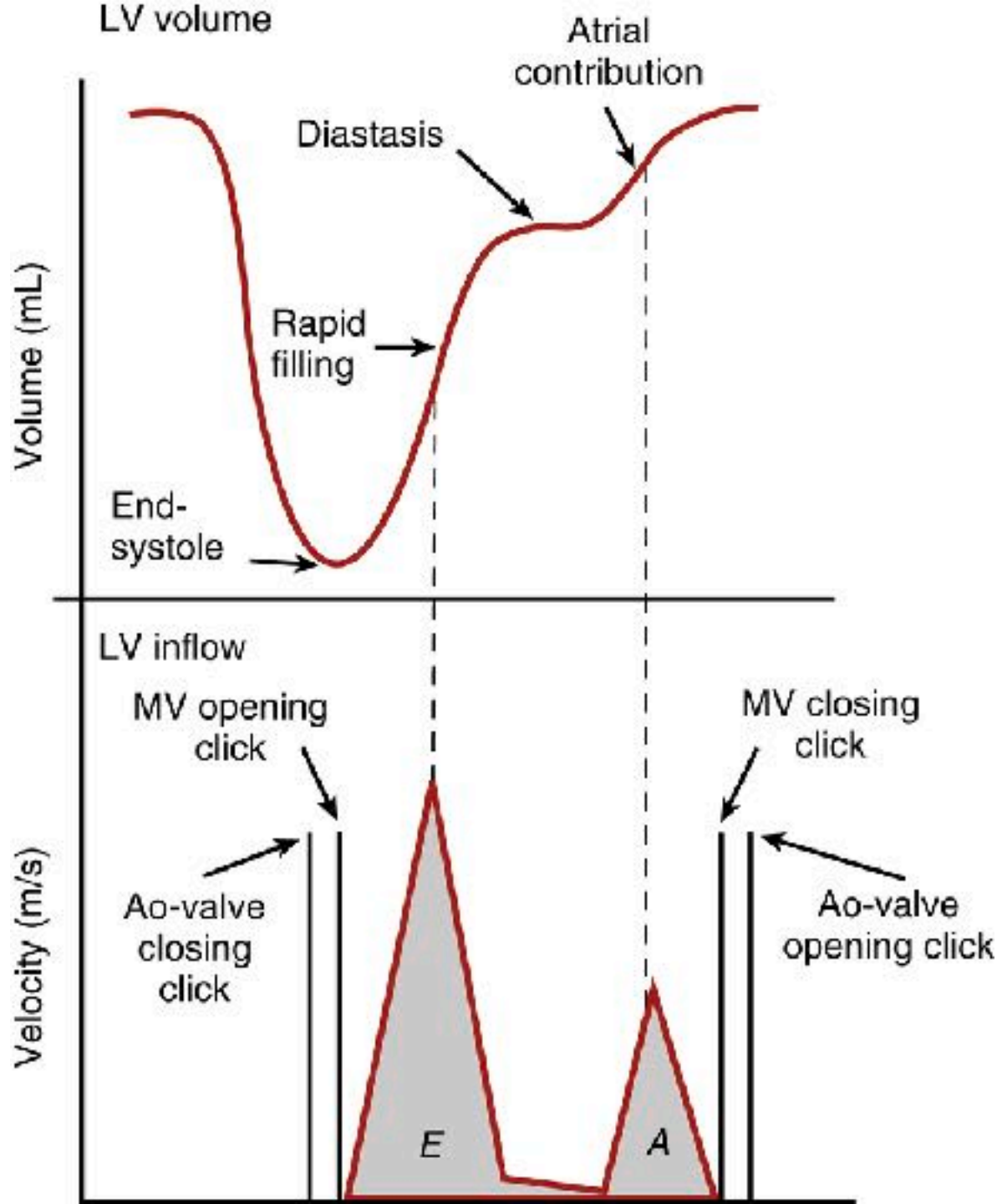
$$CO = SV * HR = (CSA * VTI) * HR$$



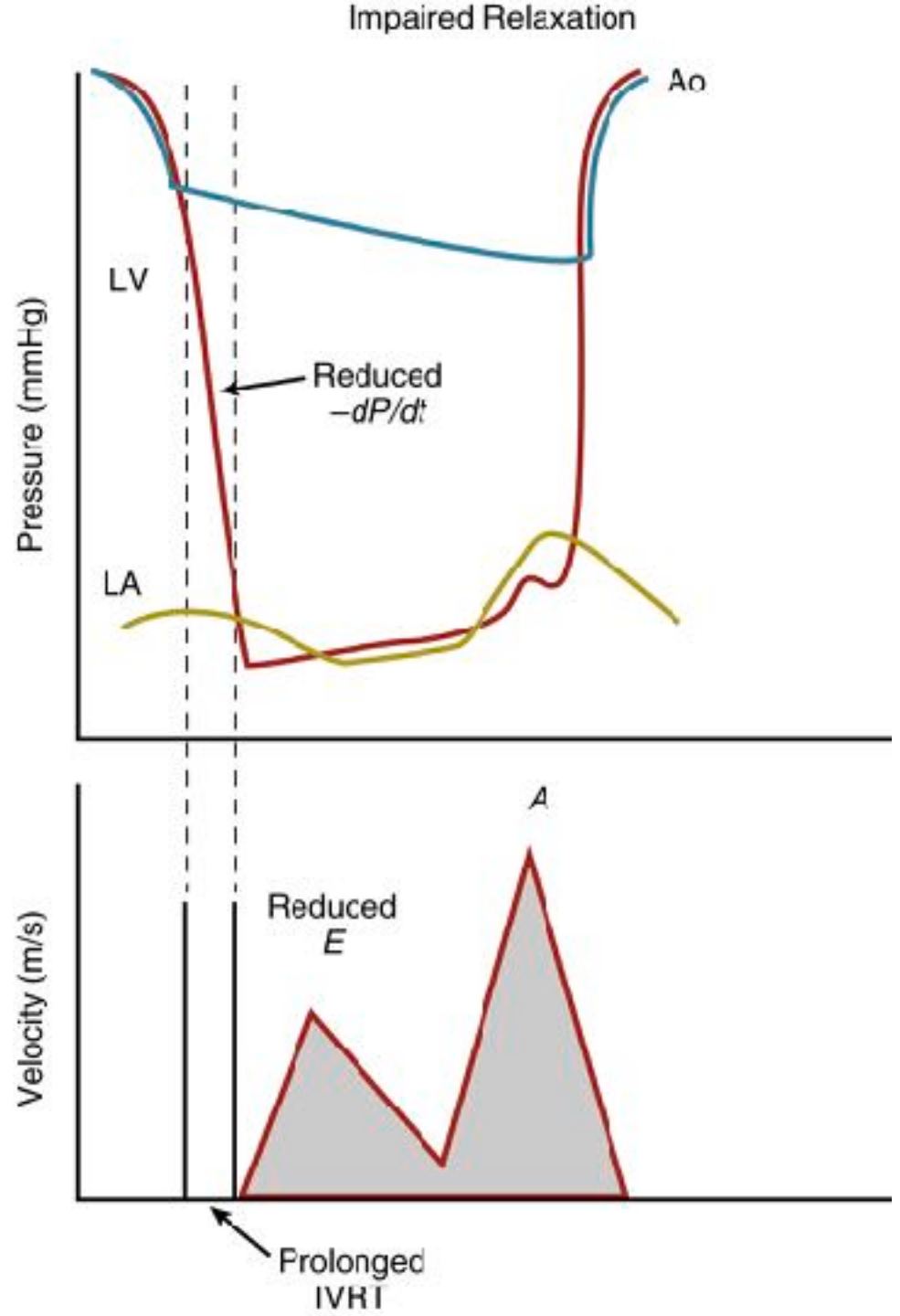
Diastolic Pressure Curve



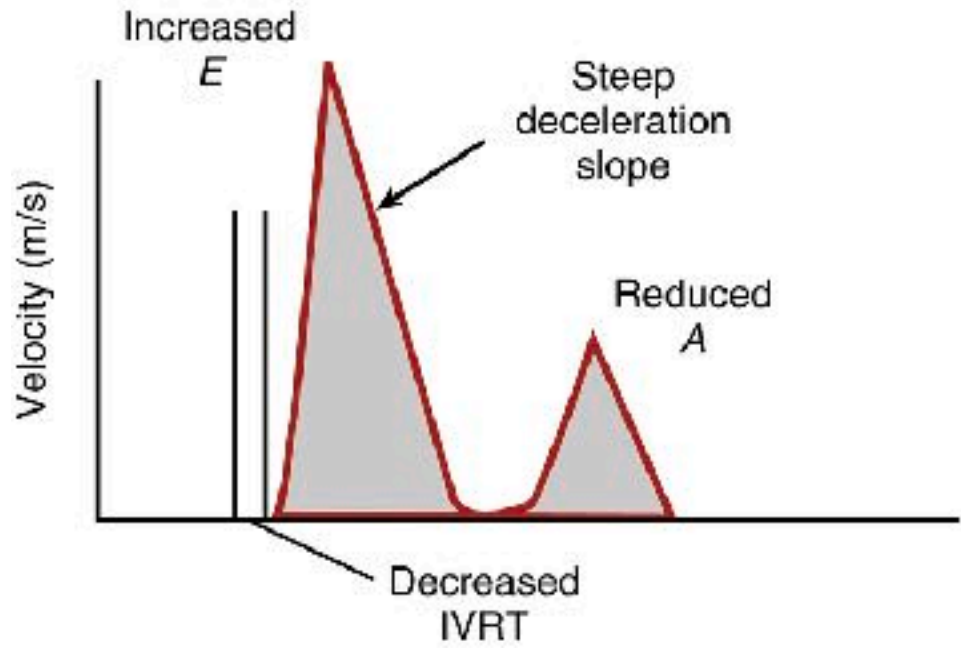
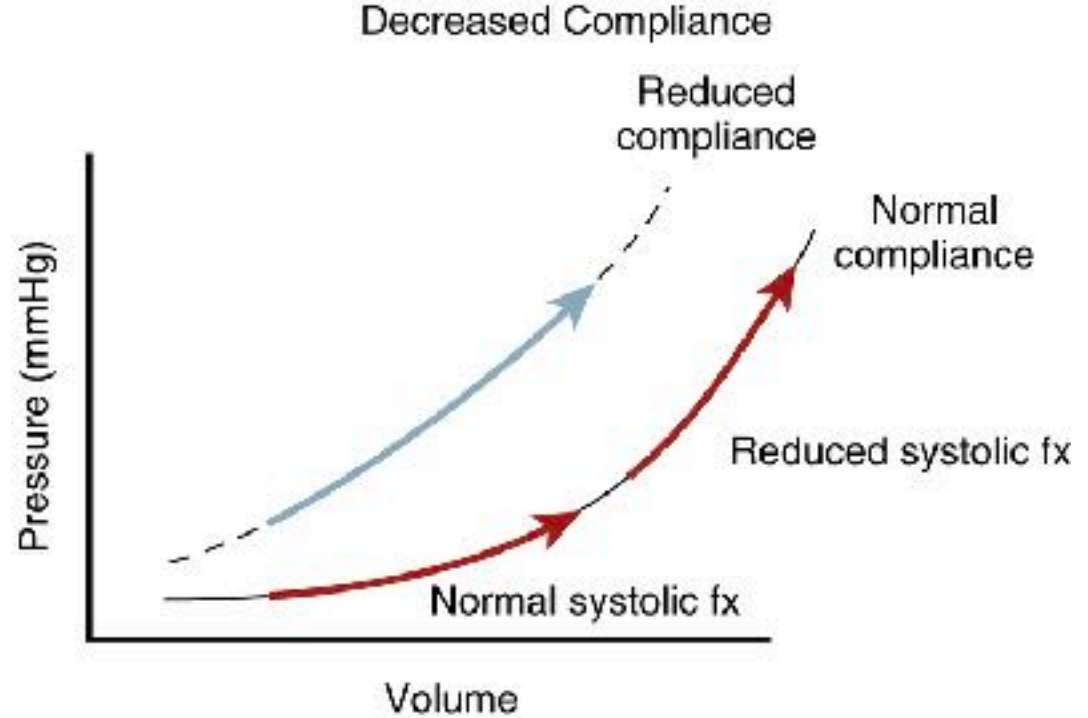
Diastolic Filling Curve

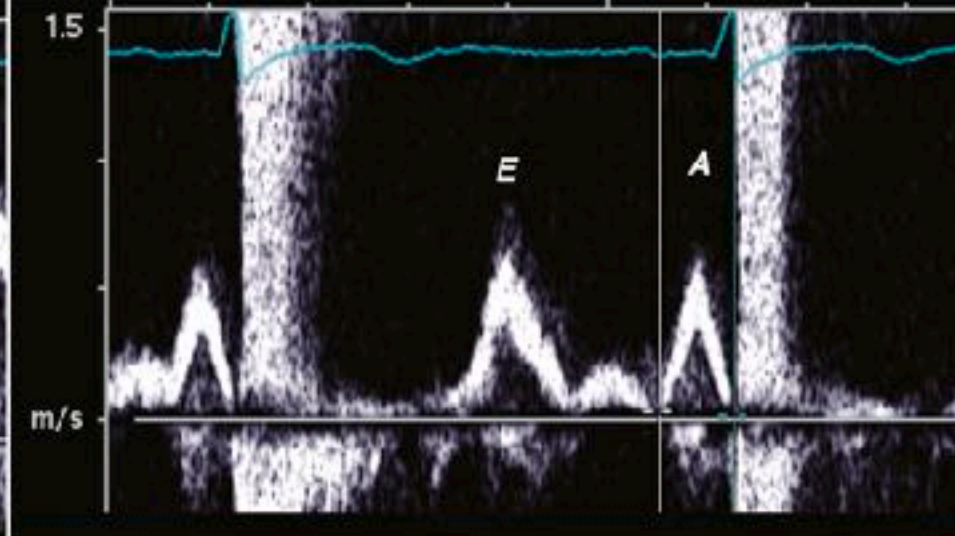
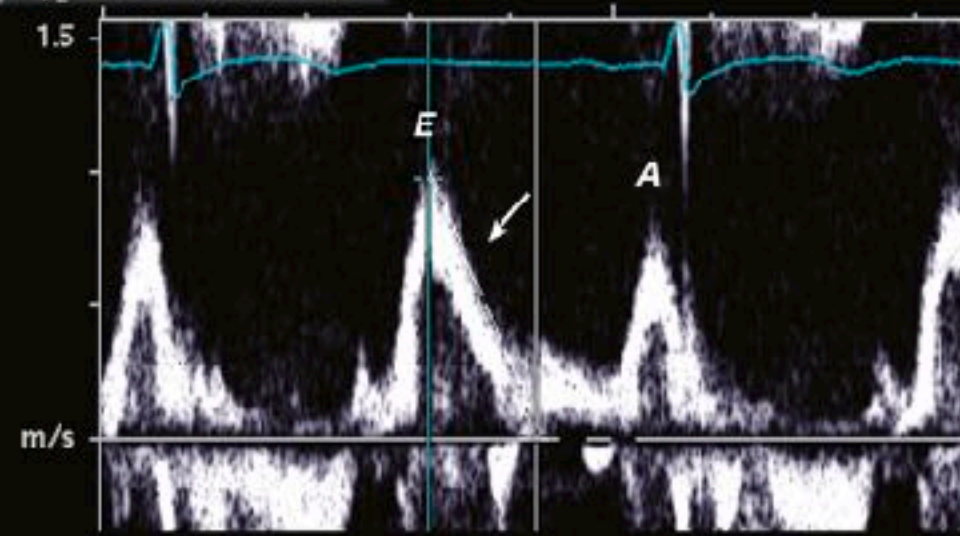
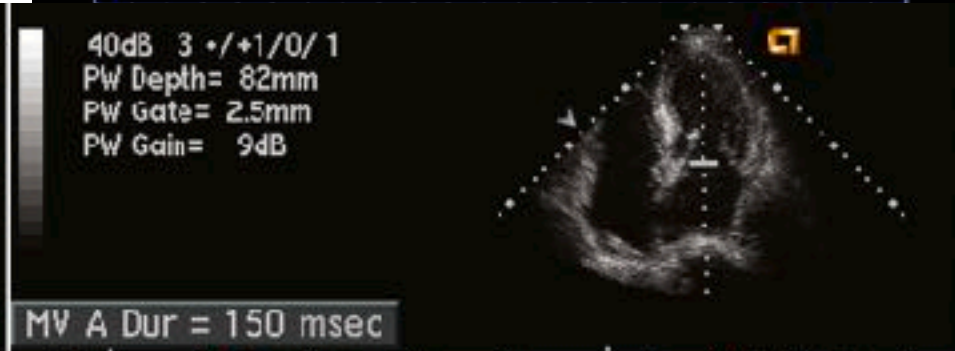
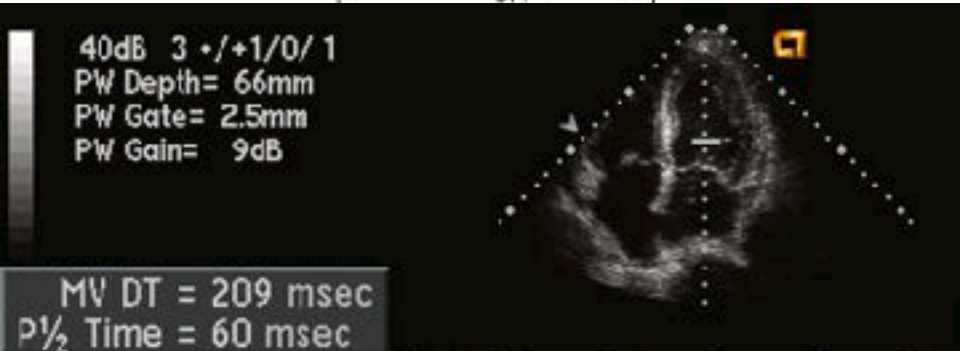
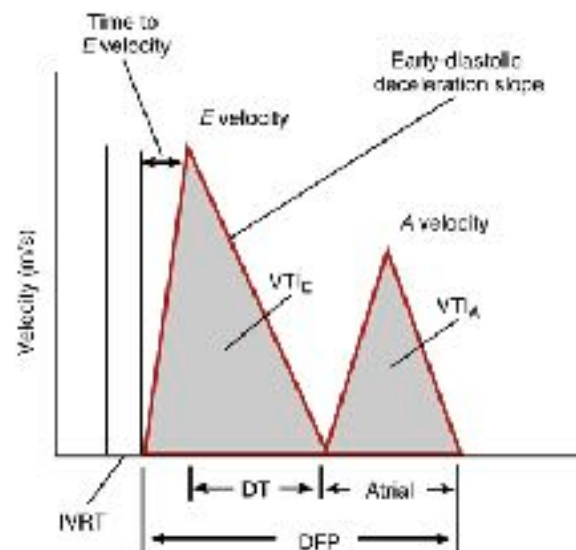


Impaired LV Relaxation

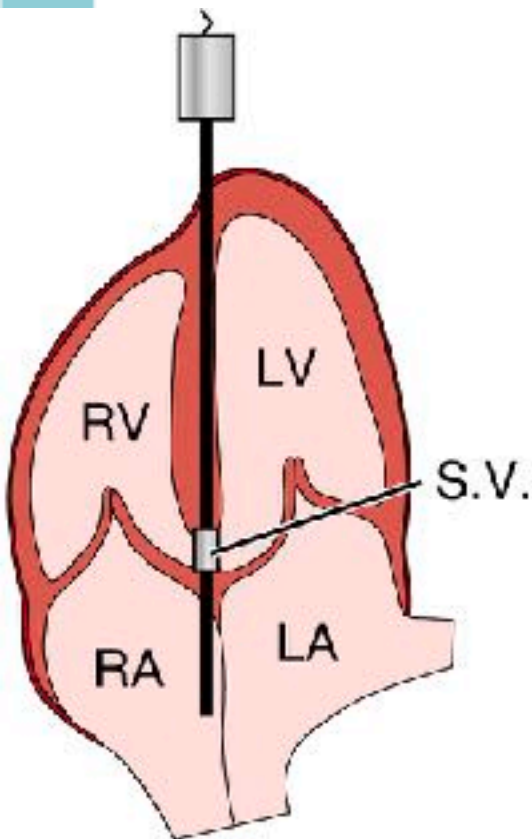


Reduced Diastolic Compliance

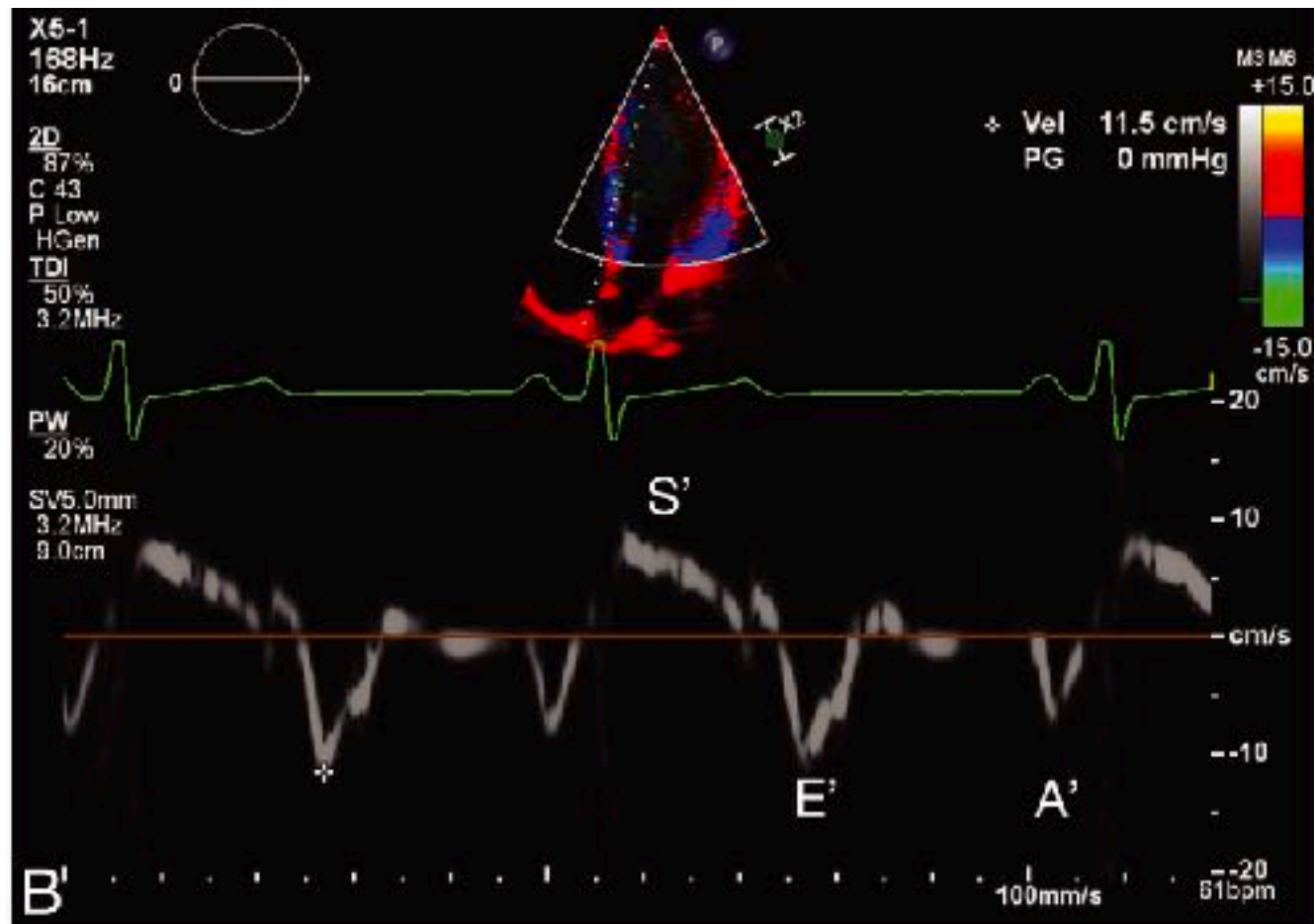




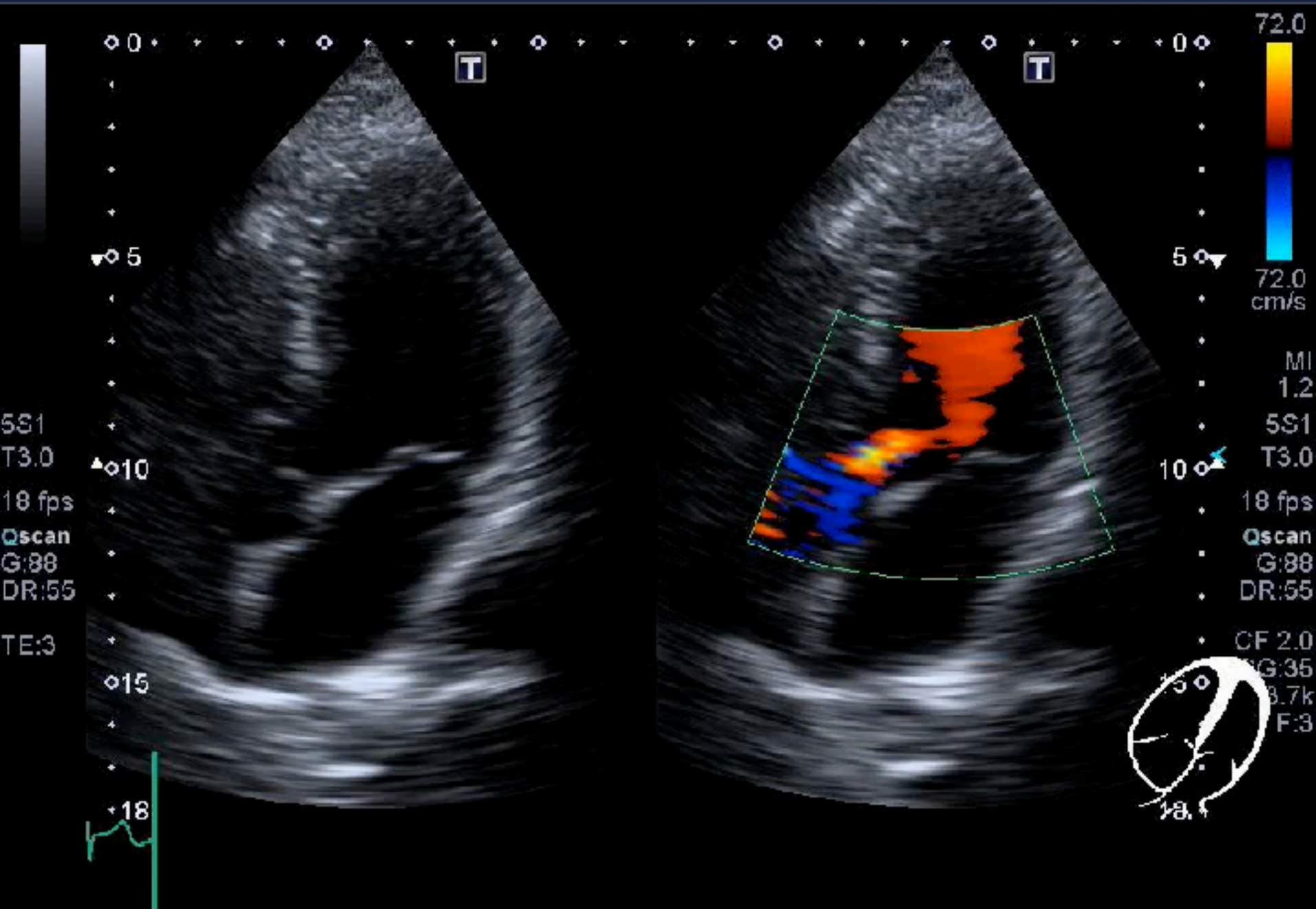
Tissue Doppler imaging

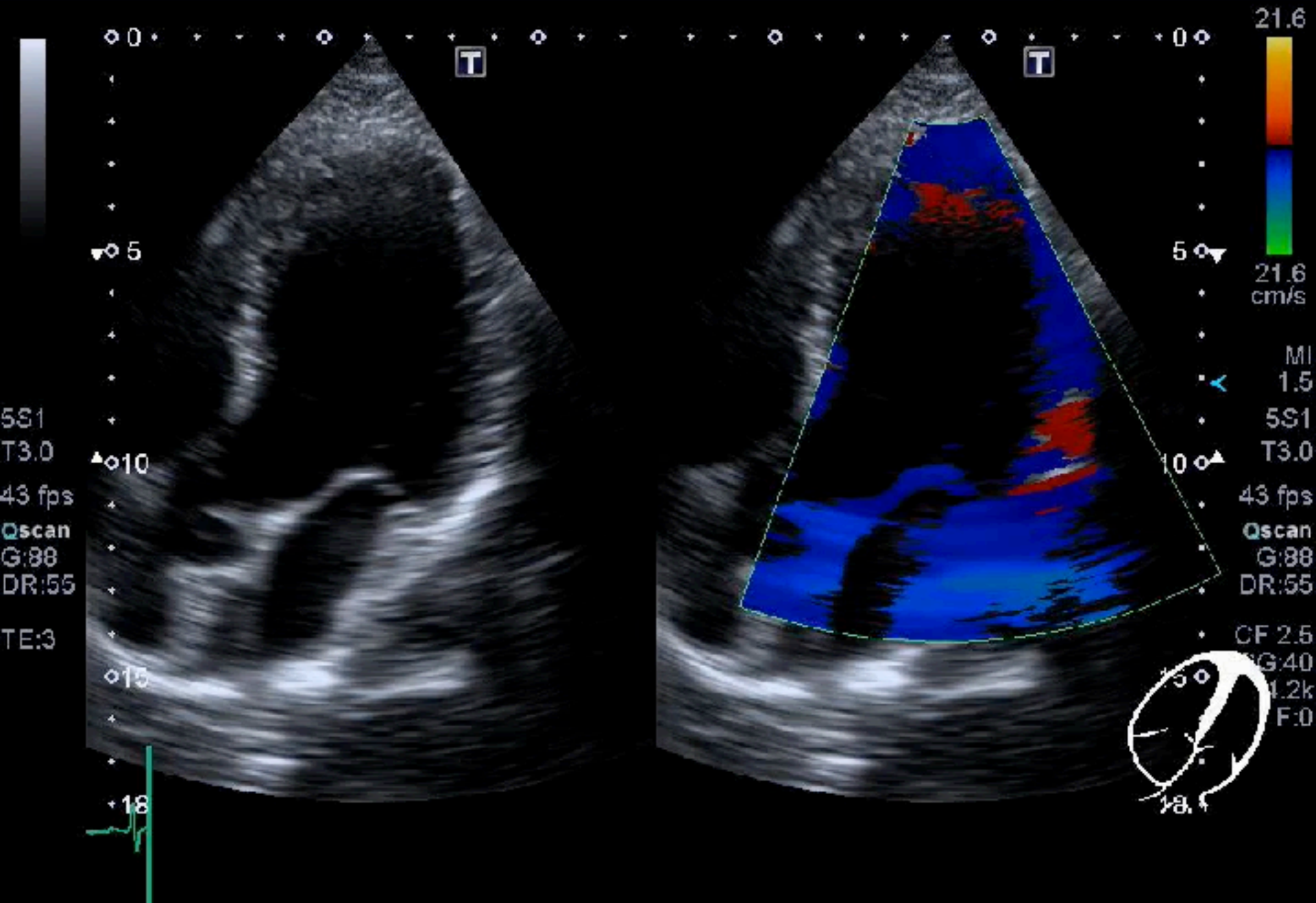


A



B'





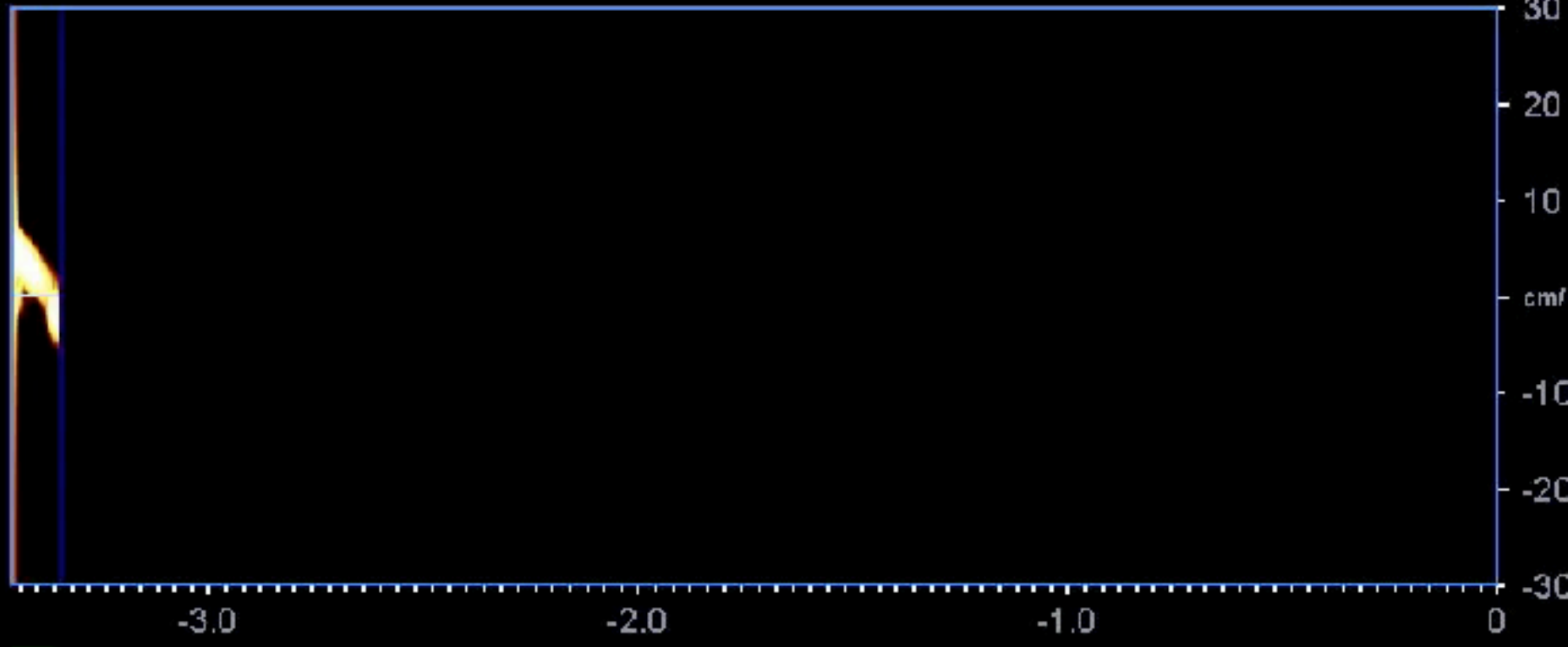
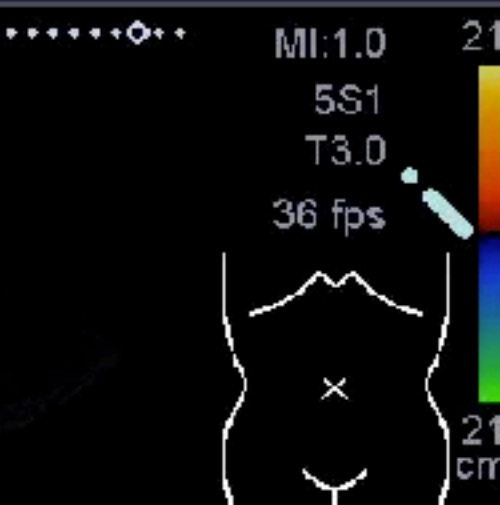
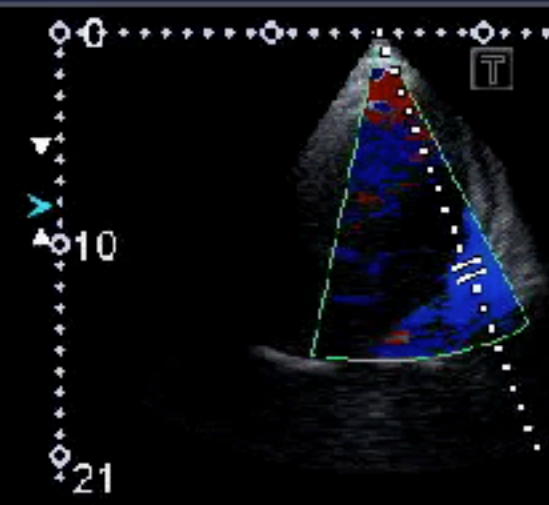
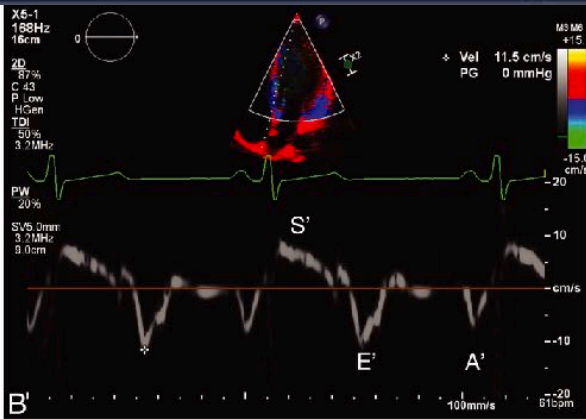
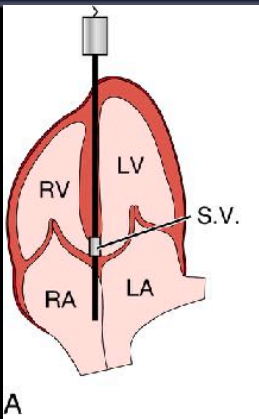


TABLE 7.4 Classification of Diastolic Dysfunction (Key Measures Highlighted)

	Normal	Mild (Grade I)	Moderate (Grade II)	Severe* (Grade III)
Pathophysiology		↓ Relaxation and normal LVEDP	↓ Relaxation and ↑ LVEDP	↓ Compliance and ↑↑ LVEDP
<i>E/A</i> ratio [†]	≥0.8	<0.8	>0.8 to <2.0 [‡]	≥2.0
Valsalva $\Delta E/A$		<0.5	≥0.5	≥0.5
DT (ms)	150–200	>200	150–200	<150
<i>E'</i> velocity (cm/s)	≥10	<8	<8	<5
<i>E/E'</i> ratio	≤10	≤10	10–14	>14
IVRT (ms)	50–100	≥100	60–100	≤60
PV S/D	≈1	S > D	S < D	S ≪ D
PV _a (m/s)	<0.35	<0.35 [§]	≥0.35	≥0.35
<i>a_{dur}</i> / <i>A_{dur}</i> (ms)	<20	<20 [§]	≥30	≥30
LA volume index	<34 mL/m ²	Mildly enlarged	Moderately enlarged	Severely enlarged

*An additional grade of irreversible severe dysfunction is characterized by the absence of a decrease in *E* velocity with the strain phase of the Valsalva maneuver.

[†]Only the yellow rows are included in the American Society of Echocardiography guidelines, plus consideration of tricuspid regurgitant jet velocity. In the absence of other causes for elevated pulmonary pressures, a tricuspid regurgitant velocity of greater than 2.8 m/s is consistent with moderate to severe LV diastolic dysfunction.

[‡]*E/A* with the Valsalva maneuver is <1.

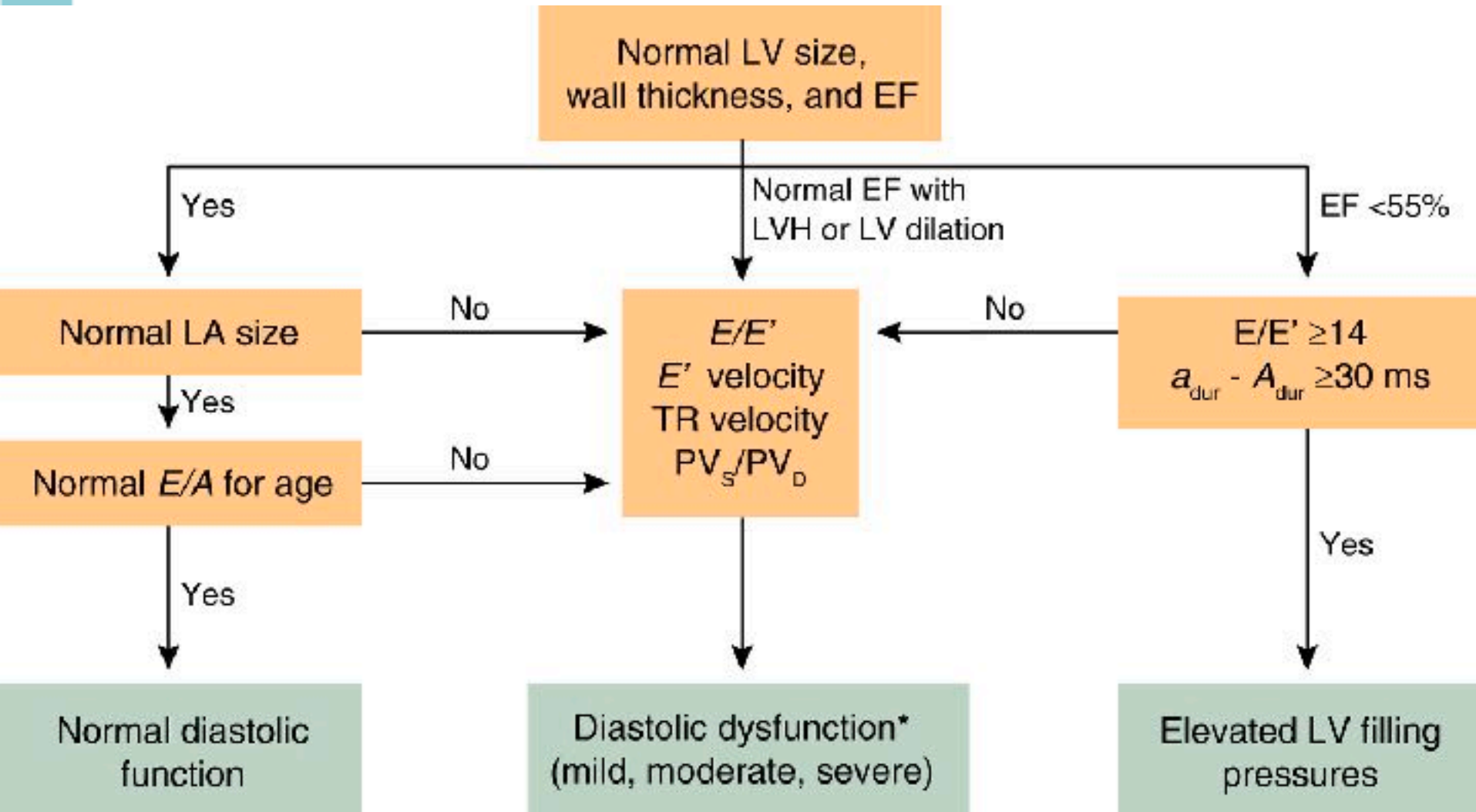
[§]Pulmonary vein *a* duration and velocity may be increased if filling pressures are elevated.

A, Late diastolic ventricular filling velocity with atrial contraction; *DT*, deceleration time; *E*, early diastolic peak velocity; *E'*, early diastolic tissue Doppler velocity; *IVRT*, isovolumic relaxation time; *LVEDP*, LV end-diastolic pressure; *PV*, pulmonary vein.

Data from Nagueh SF, Smiseth OA, Appleton CP, et al: [ASE guidelines], *J Am Soc Echocardiogr* 29:277–314, 2015; Rakowski H, Appleton C, Chan KL, et al: [Canadian consensus guidelines], *J Am Soc Echocardiogr* 9:736–760, 1996; Yamada H, Goh PP, Sun JP, et al: [Canadian consensus guidelines], *J Am Soc Echocardiogr* 15:1238–1244, 2002; Redfield MM, Jacobsen SJ, Burnett JC Jr, et al: Burden of systolic and diastolic ventricular dysfunction in the community: appreciating the scope of the heart failure epidemic, *JAMA* 289:194–202, 2003; Lester SJ, Tajik AJ, Nishimura RA, et al: Unlocking the mysteries of diastolic function: deciphering the Rosetta Stone 10 years later, *J Am Coll Cardiol* 51:679–689, 2008.

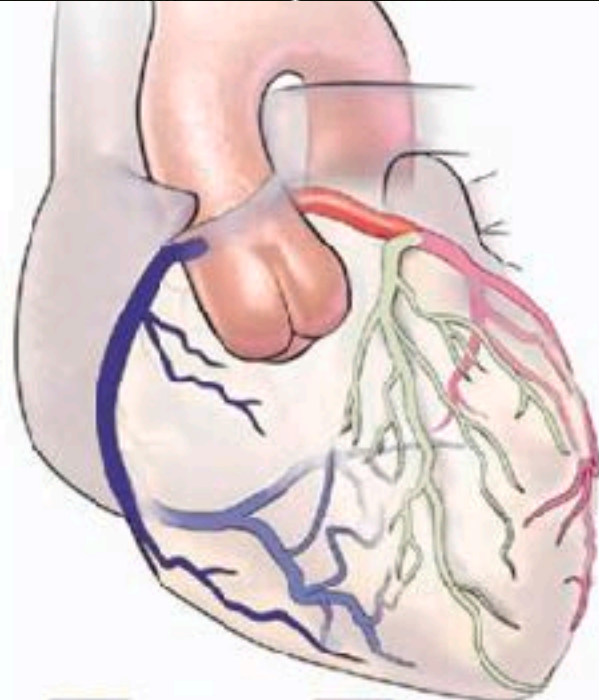
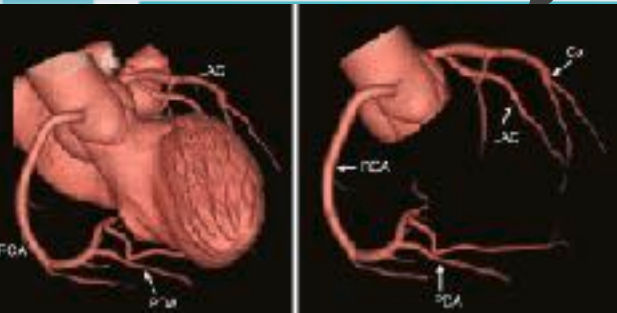


Diastolic dysfunction approach

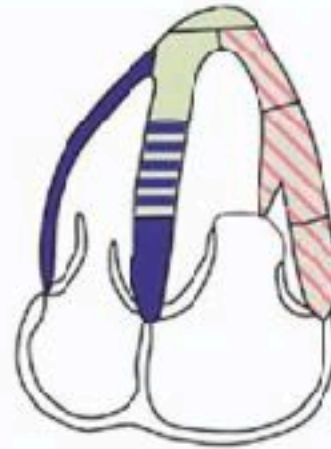




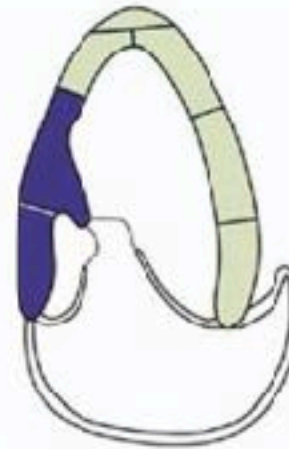
Coronary artery & Segments



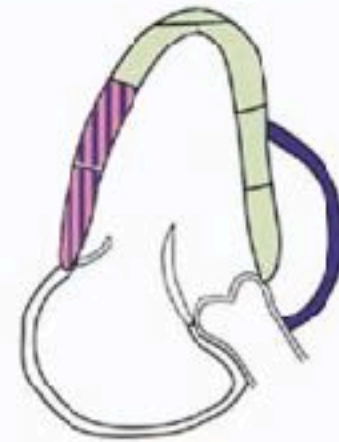
① Four Chamber



② Two Chamber



③ Long Axis



④ Base



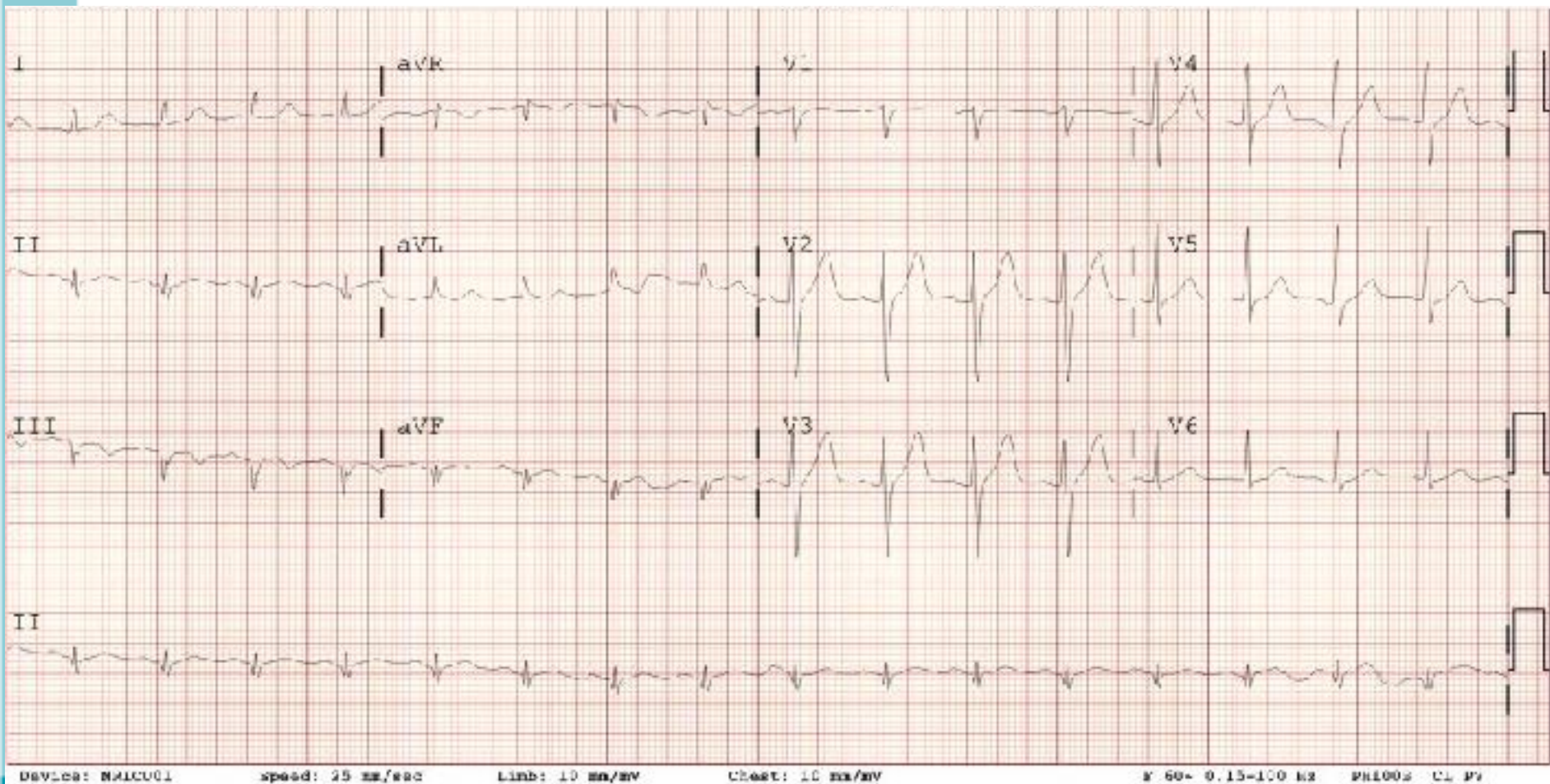
⑤ Mid

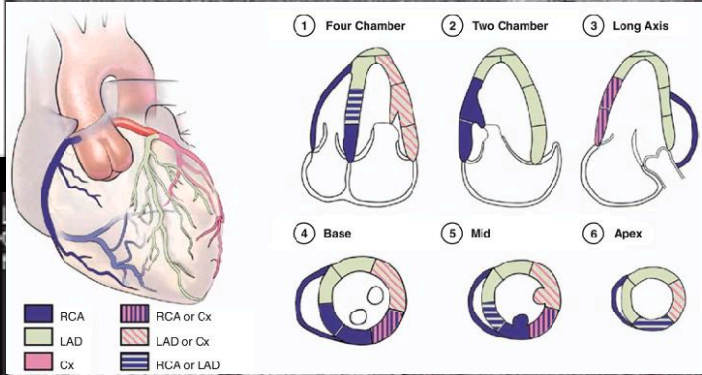
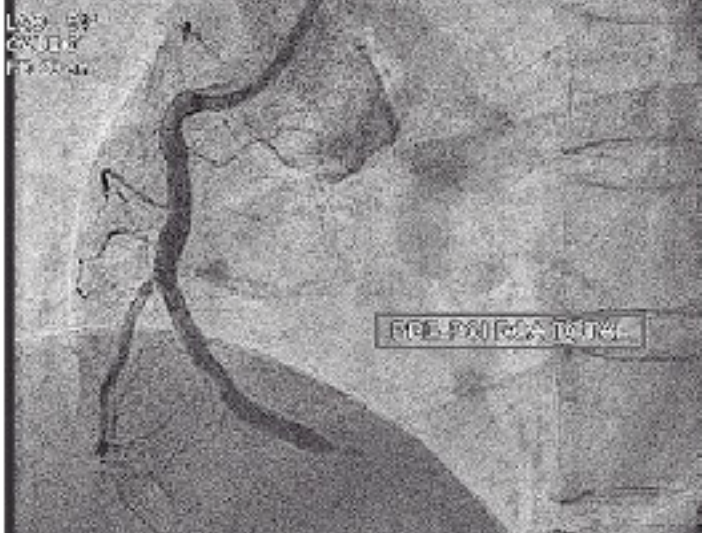
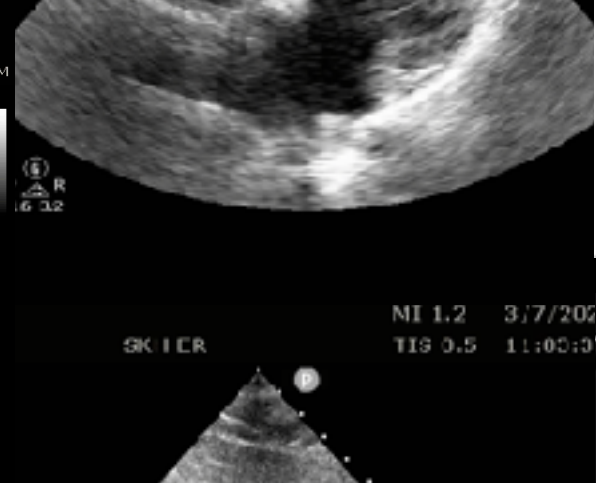
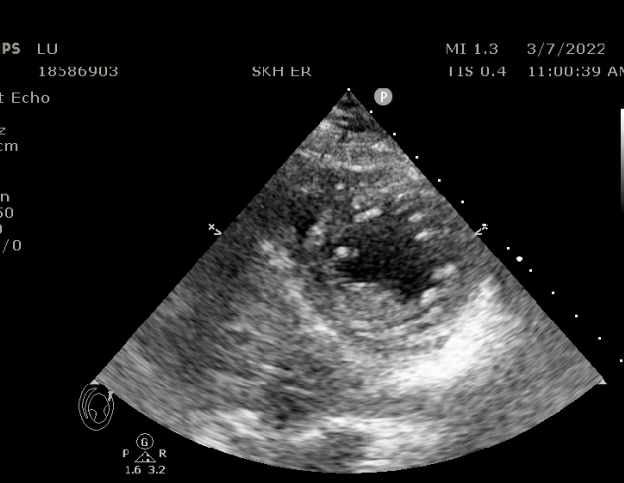
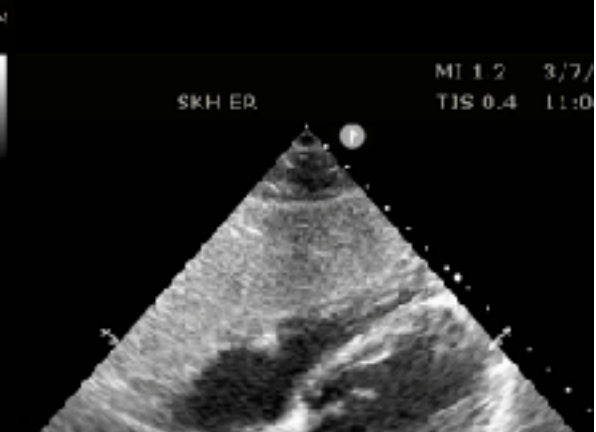
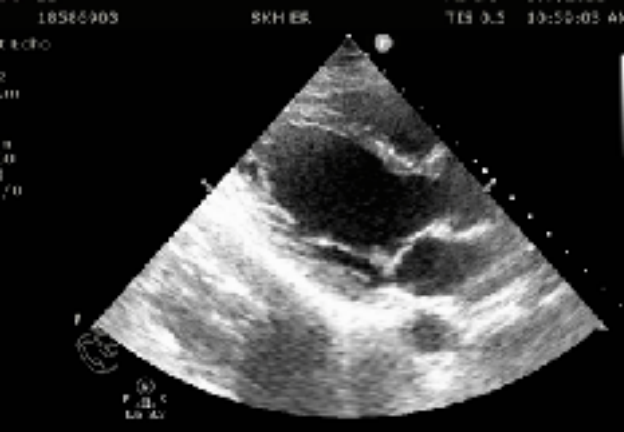


⑥ Apex



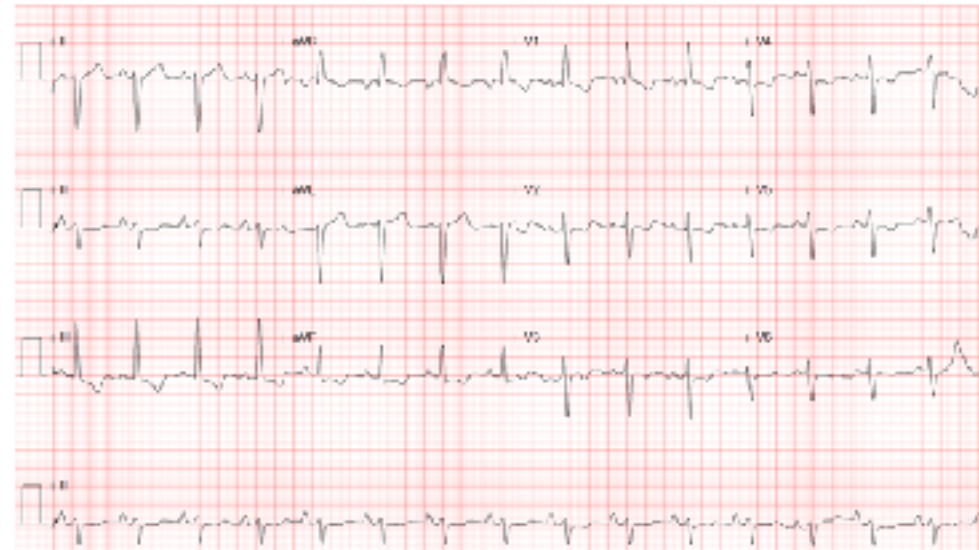
39M, chest pain & cold sweating







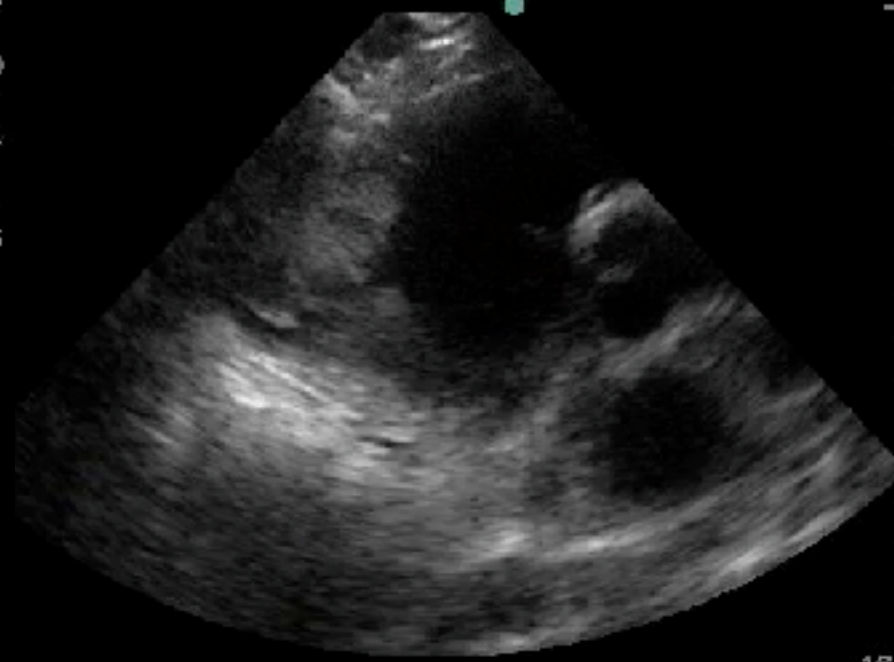
43M, interstitial lung dx, SOB 土長轉回





P21
40%
MI
0.9
TIS
0.7

19



15

Depth Freeze Save Options Mode Depth Freeze Save Options Mo

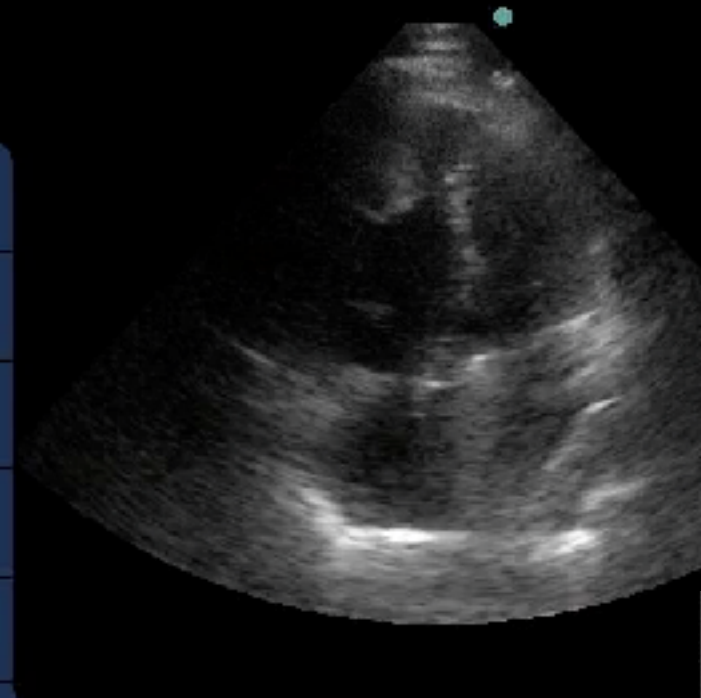


19

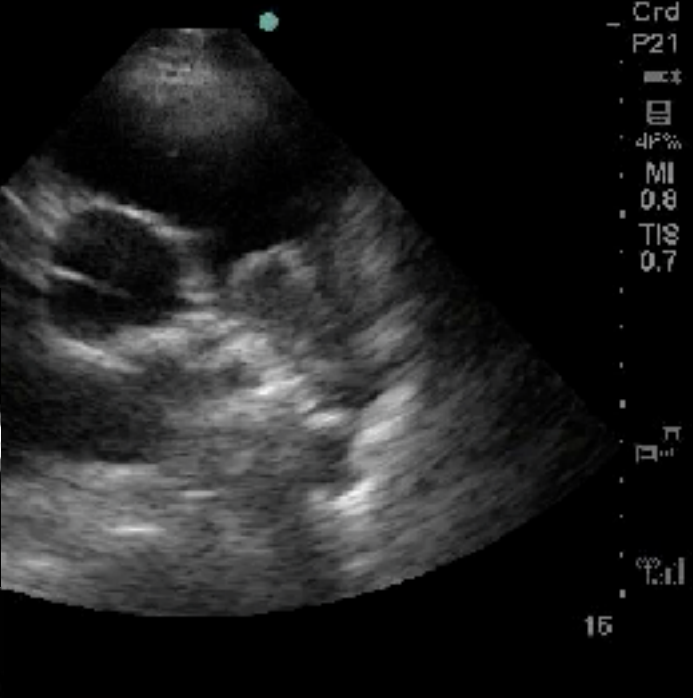


66

15



Crd
P21
MI
0.8
TIS
0.7

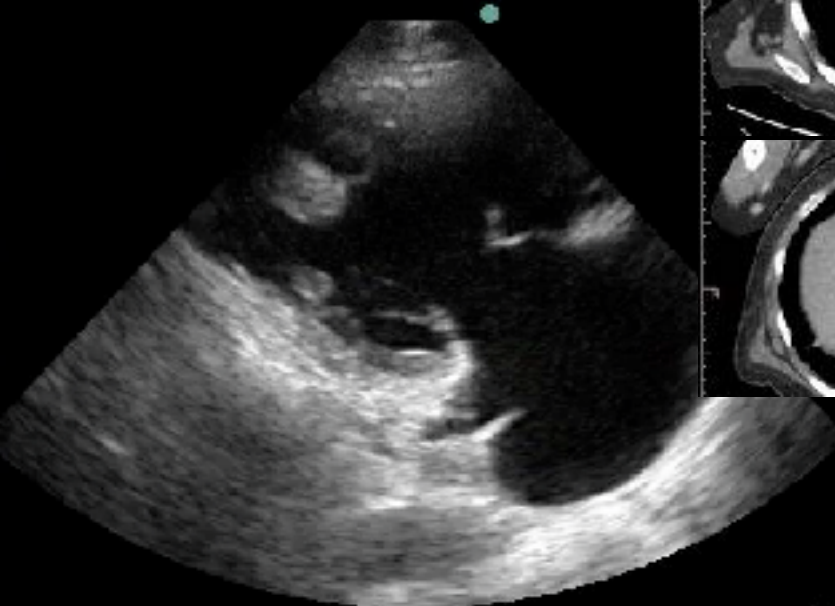


Crd
P21
MI
0.8
TIS
0.7

Depth, Freeze, Save, Options, Mode



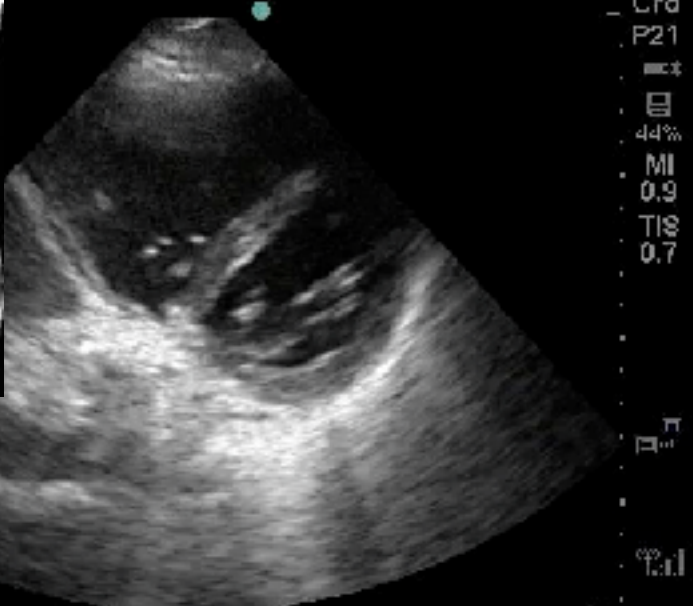
Depth, Freeze, Save, Options, Mode



16



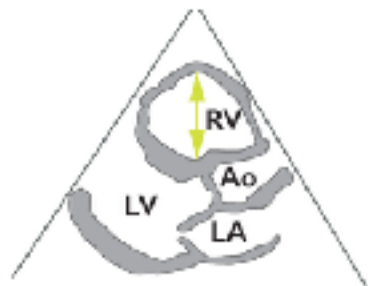
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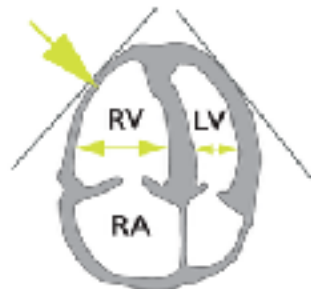
19

Crd
P21
MI
0.9
TIS
0.7

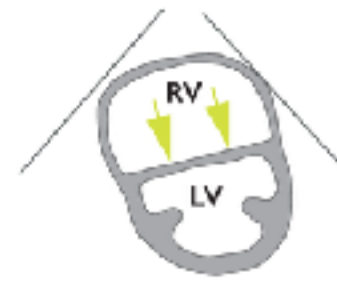
60 / 60 rule : 94% specific for PE



A. Enlarged right ventricle, parasternal long axis view



B. Dilated RV with basal RV/LV ratio >1.0 , and McConnell sign (arrow), four chamber view



C. Flattened intraventricular septum (arrows) parasternal short axis view



D. Distended inferior vena cava with diminished inspiratory collapsibility, subcostal view



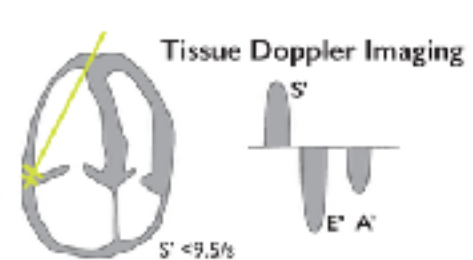
E. 60/60 sign: coexistence of acceleration time of pulmonary ejection <60 ms and midsystolic "notch" with mildly elevated (<60 mmHg) peak systolic gradient at the tricuspid valve



F. Right heart mobile thrombus detected in right heart cavities (arrow)

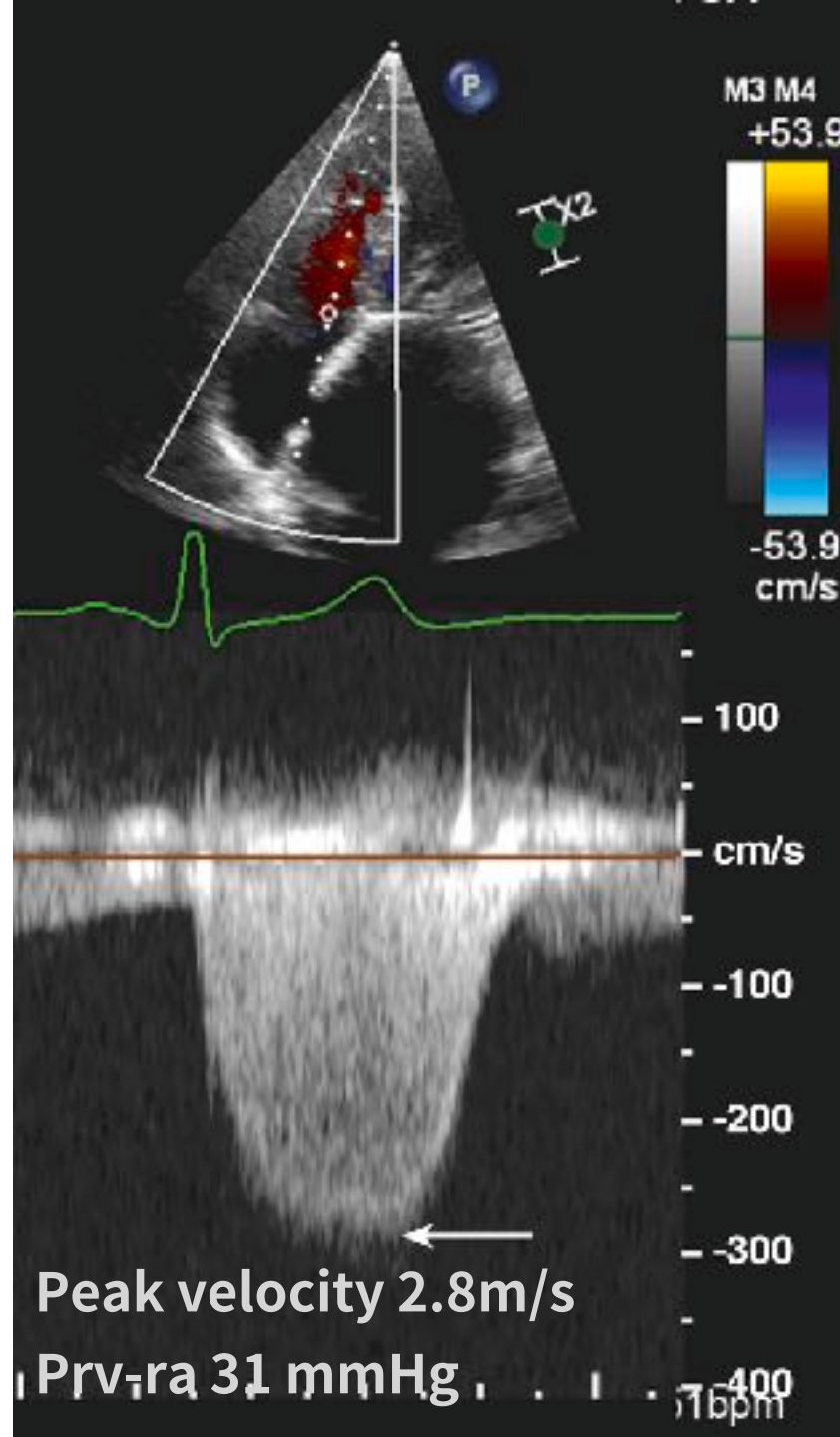
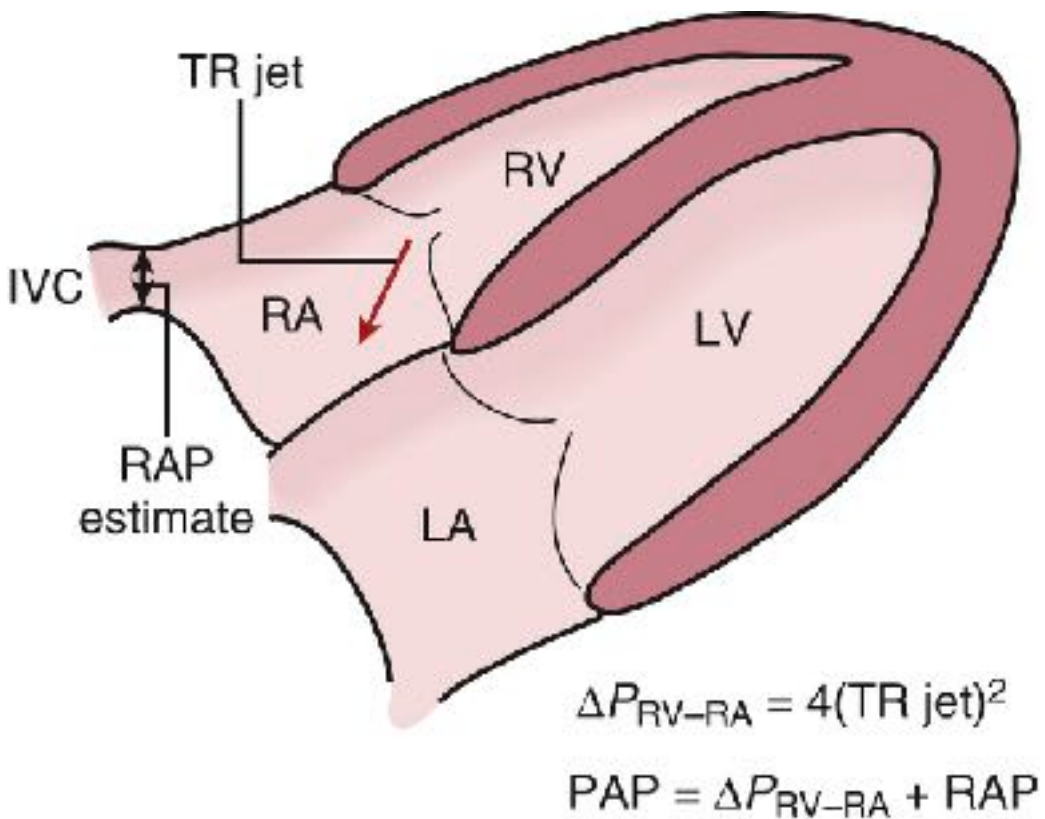


G. Decreased tricuspid annular plane systolic excursion (TAPSE) measured with M-Mode (<16 mm)



H. Decreased peak systolic (S') velocity of tricuspid annulus (<9.5 cm/s)

Pulmonary artery pressure Measurement



$$PAV = 31 + 5 = 36 \text{ mmHg}$$

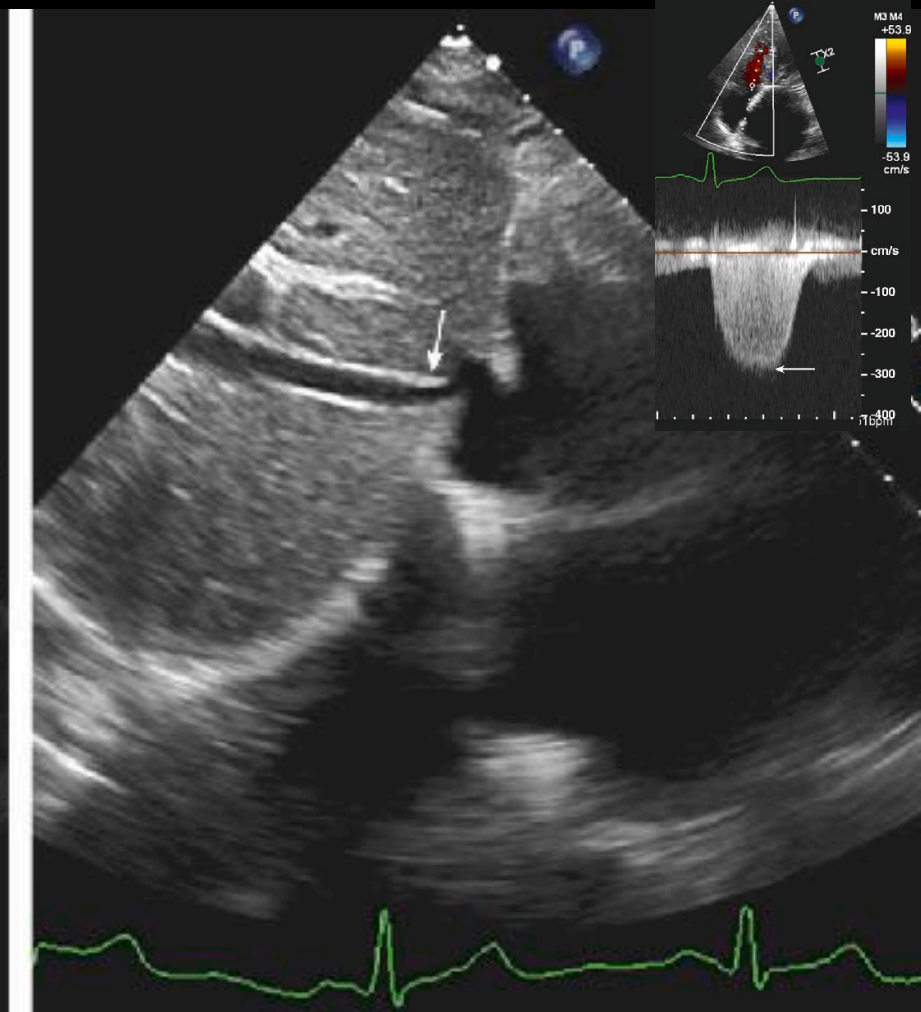
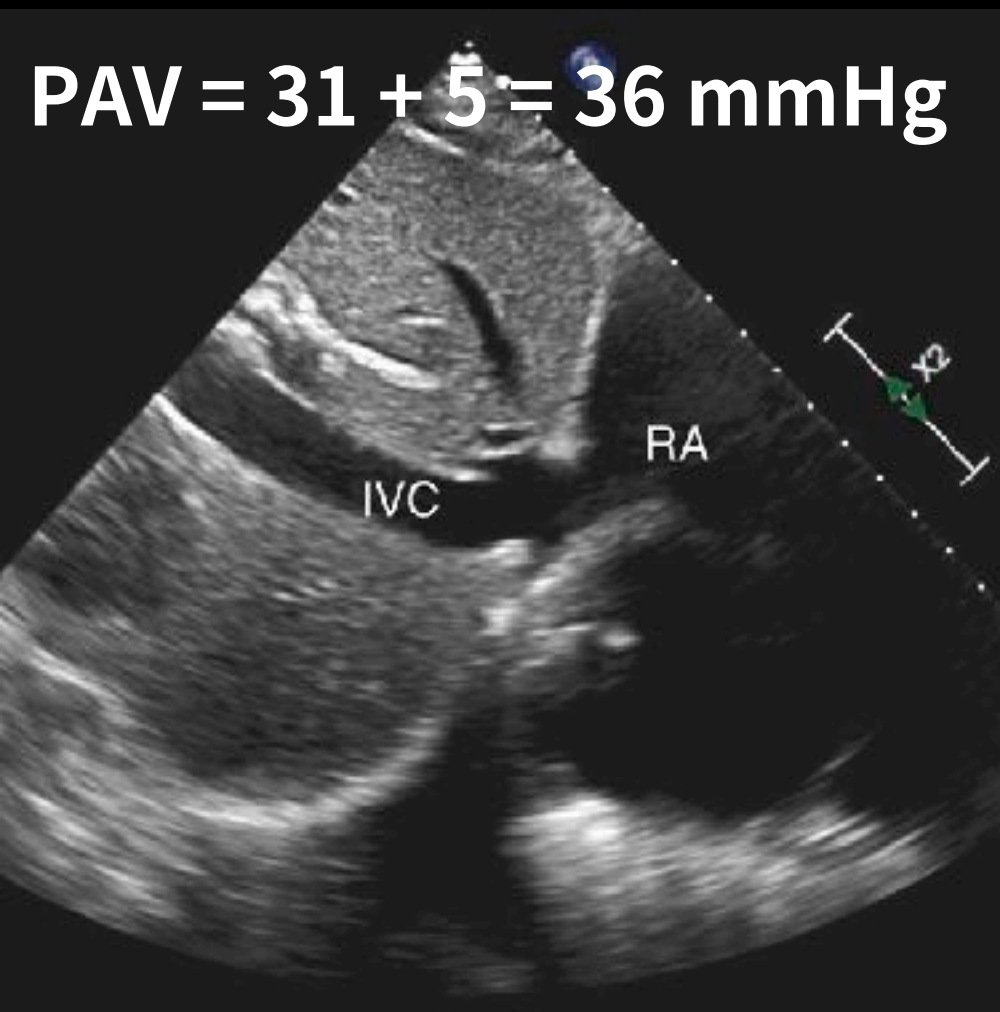

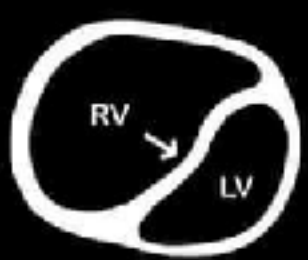








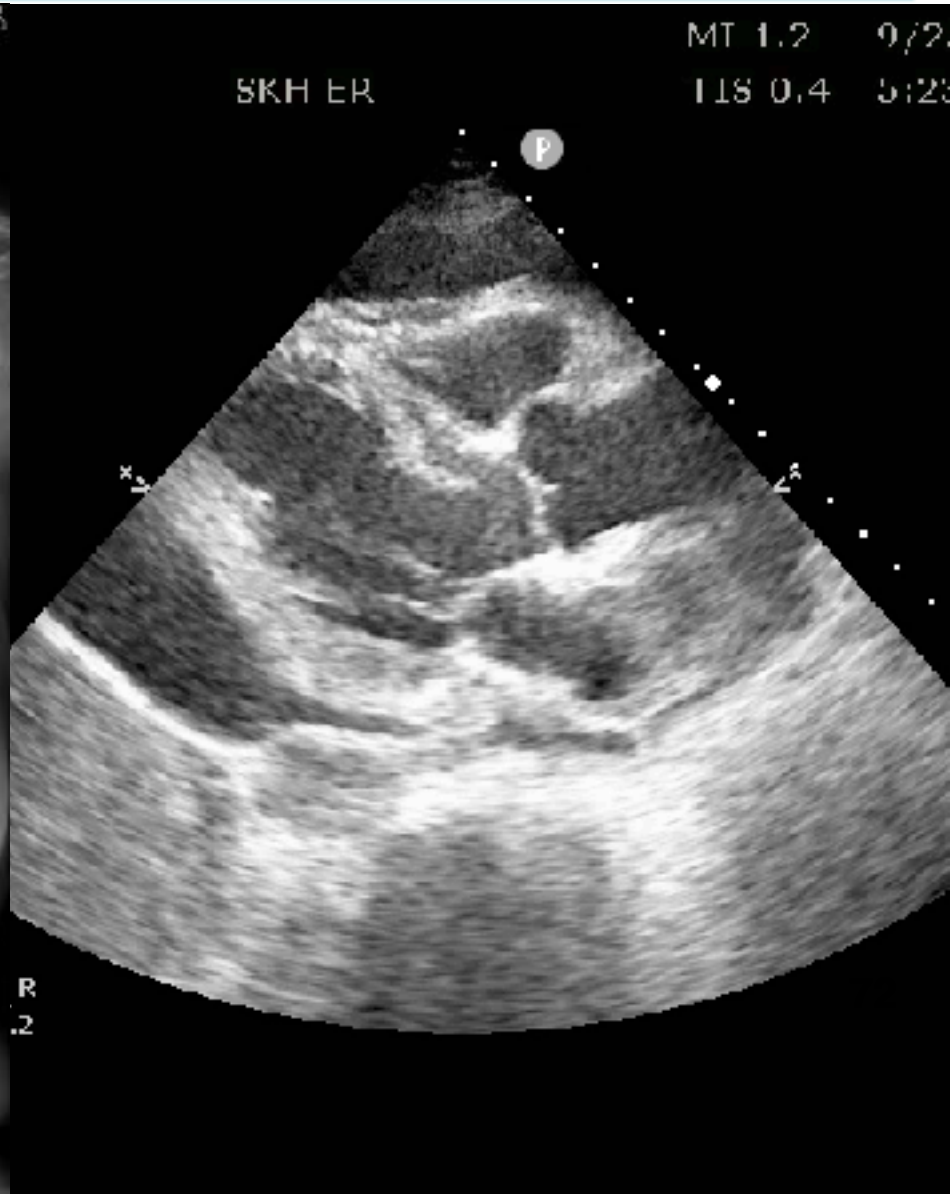


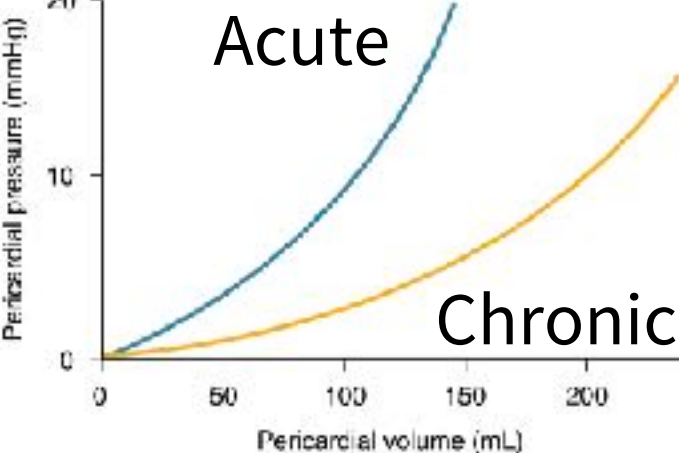
TABLE 6.6 Estimation of Right Atrial Pressure

IVC Diameter ⁺	Change With Sniff	RA PRESSURE ESTIMATE	
		Range Estimate [†]	ASE Guidelines [‡]
Normal (≤ 2.1 cm)	Decrease $> 50\%$	0–5 mmHg	3 mmHg
Normal (≤ 2.1 cm)	Decrease $\leq 50\%$	5–10 mmHg	8 mmHg [§]
Dilated (> 2.1 cm)	Decrease $> 50\%$	10–15 mmHg	
Dilated (> 2.1 cm)	Decrease $\leq 50\%$	15–20 mmHg	15 mmHg

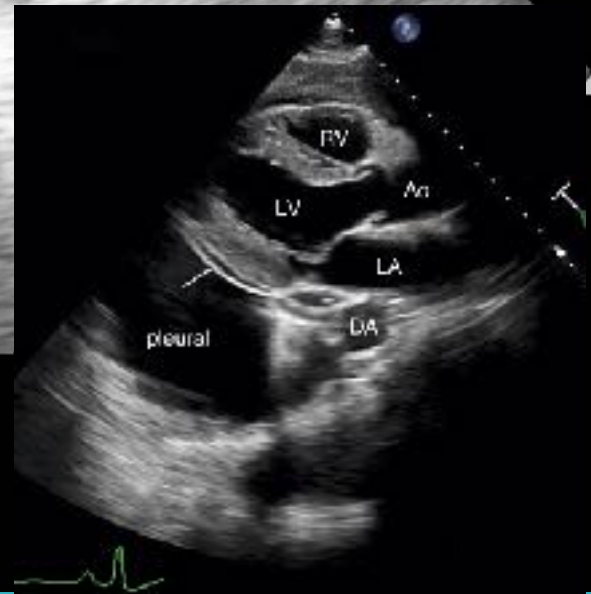
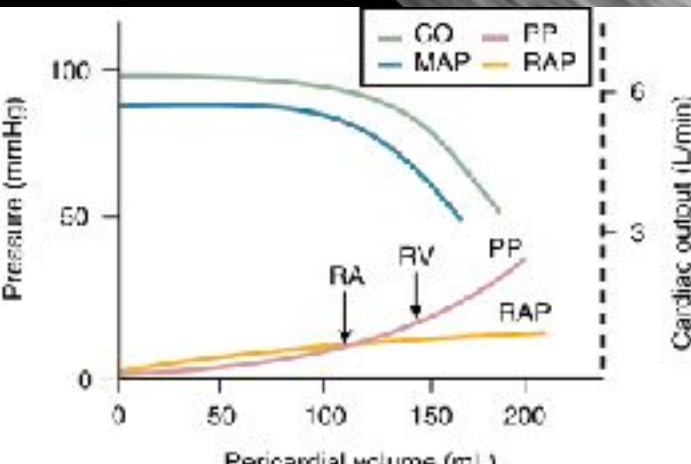
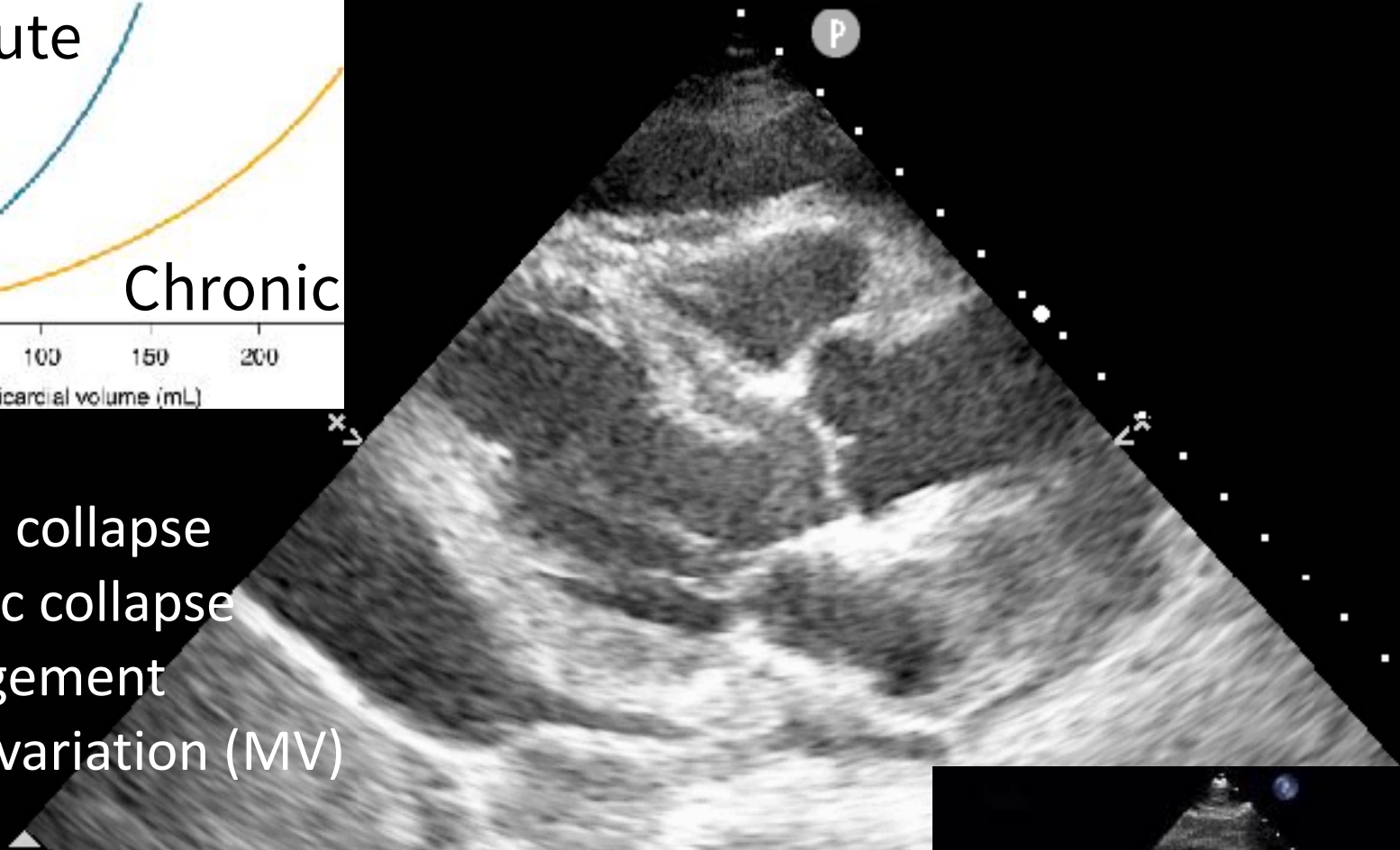
<p>Increased RV:LV Size Ratio</p> 	<p>Abnormal Septal Motion</p> 	<p>McConnell's Sign</p> 	<p>Tricuspid Regurgitation</p> 
<p>Elevated Pulmonary Artery Systolic Pressure</p>  <p>PASP = $(4 \times TRV_{max}^2) + RAP > 35 \text{ mmHg}$</p>	<p>Decreased TAPSE</p>  <p>$< 17 \text{ mm}$</p>	<p>Decreased S'</p>  <p>$< 9.5 \text{ cm/s}$</p> <p>E' A'</p>	
<p>Pulmonary Artery Mid-Systolic Notching</p> 	<p>60/60 Sign</p>  <p>$(4 \times TRV_{max}^2) < 60 \text{ mmHg}$</p> <p>PAAT $< 60 \text{ ms}$</p>	<p>Speckle Tracking: Decreased Free Wall Strain</p> 	

70F, dyspnea



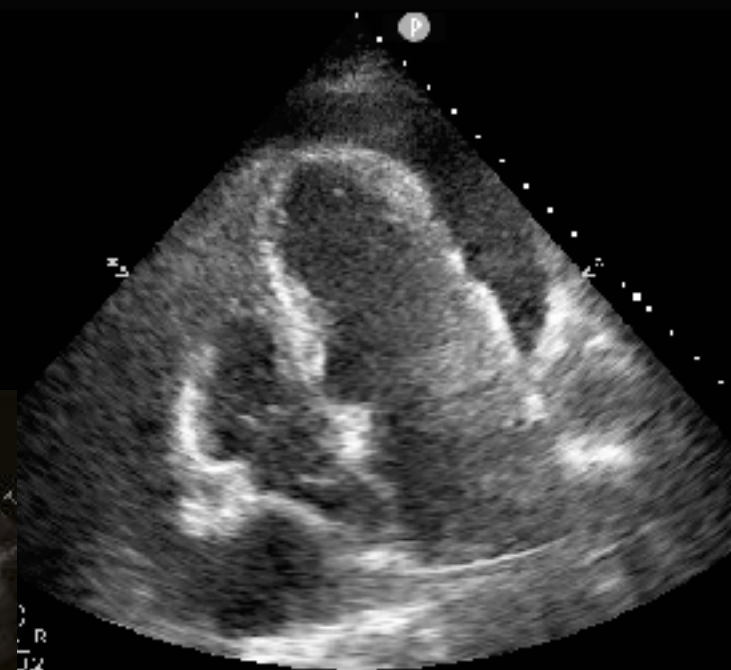


RA systolic collapse
 RV diastolic collapse
 IVC engorgement
 Resp flow variation (MV)

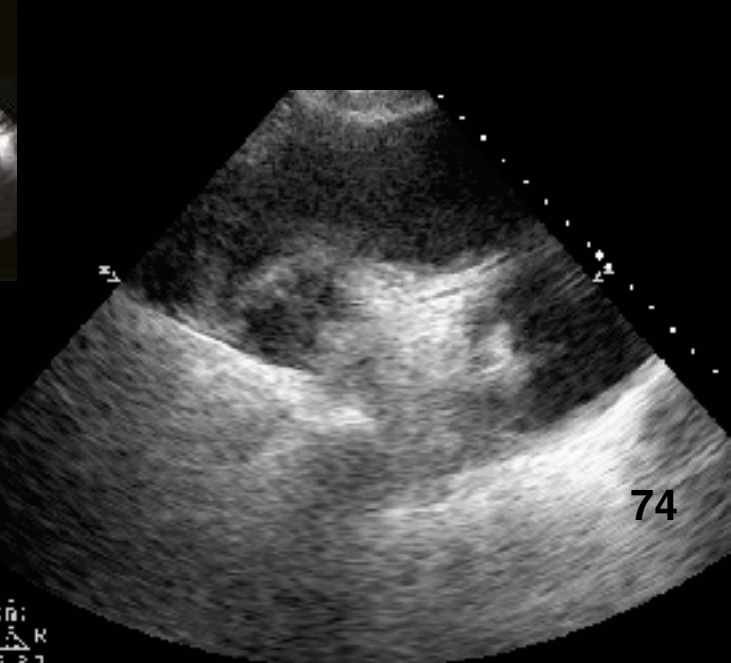


Adult Echo
S5-1
28 Hz
19.0cm

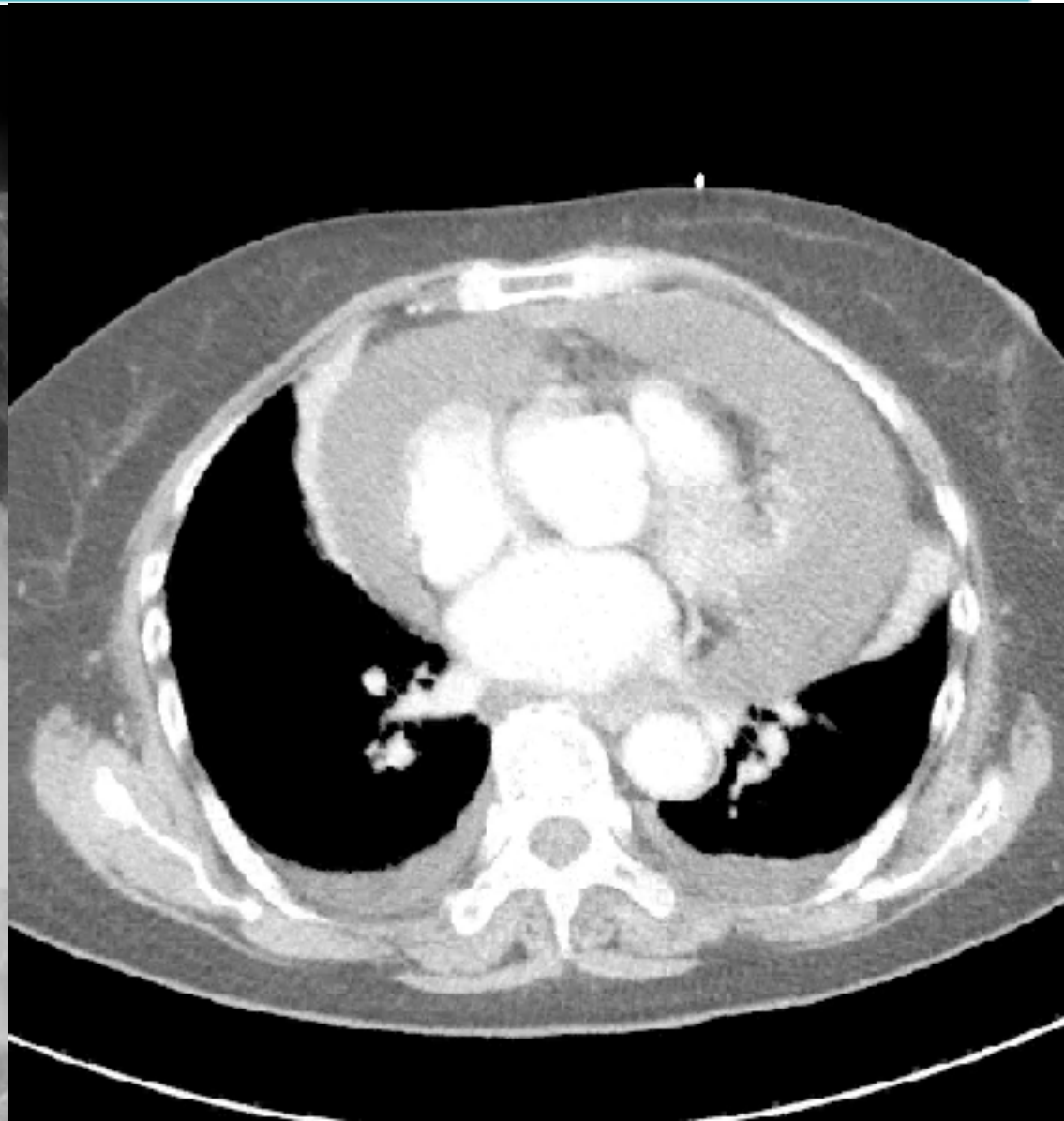
2D
II Gen
Gn 50
E 50
0/2/0



MI 1.2
TIS 0.4

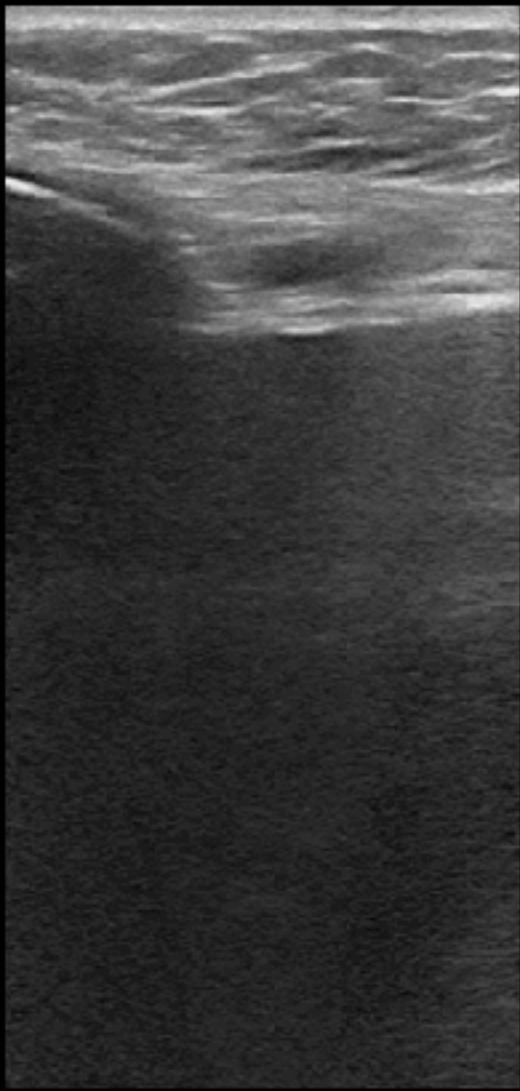


CT scan for evaluation



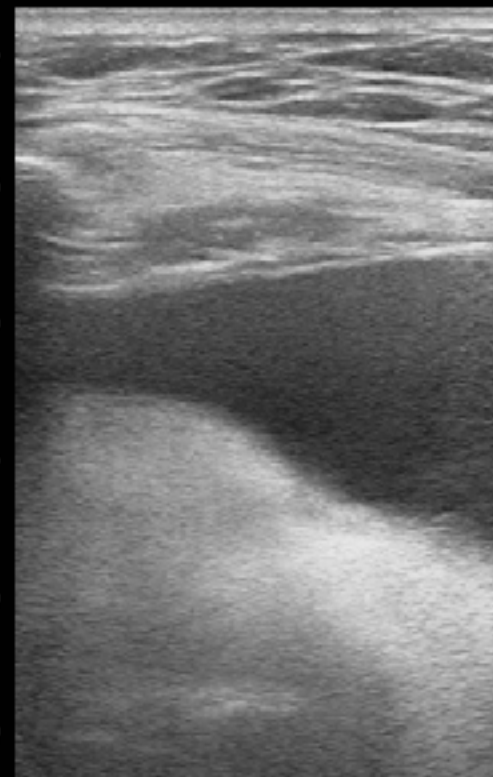
BKH ER

MI 1.0 9/25/2020
TIS 0.2 5:27:46 PM

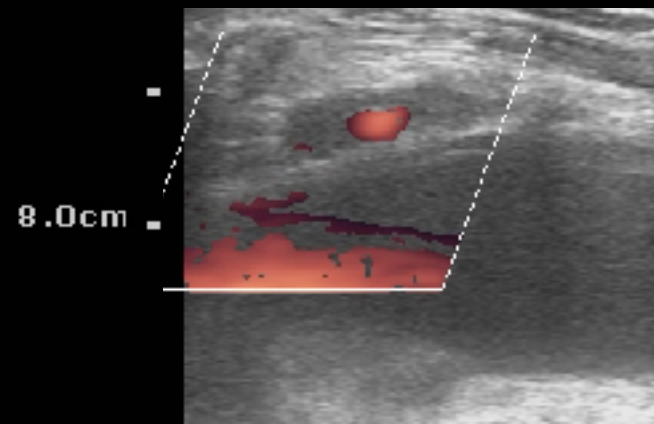


SKH FR

MI 1.1 9/25/2020
TIS 0.2 5:28:24 PM

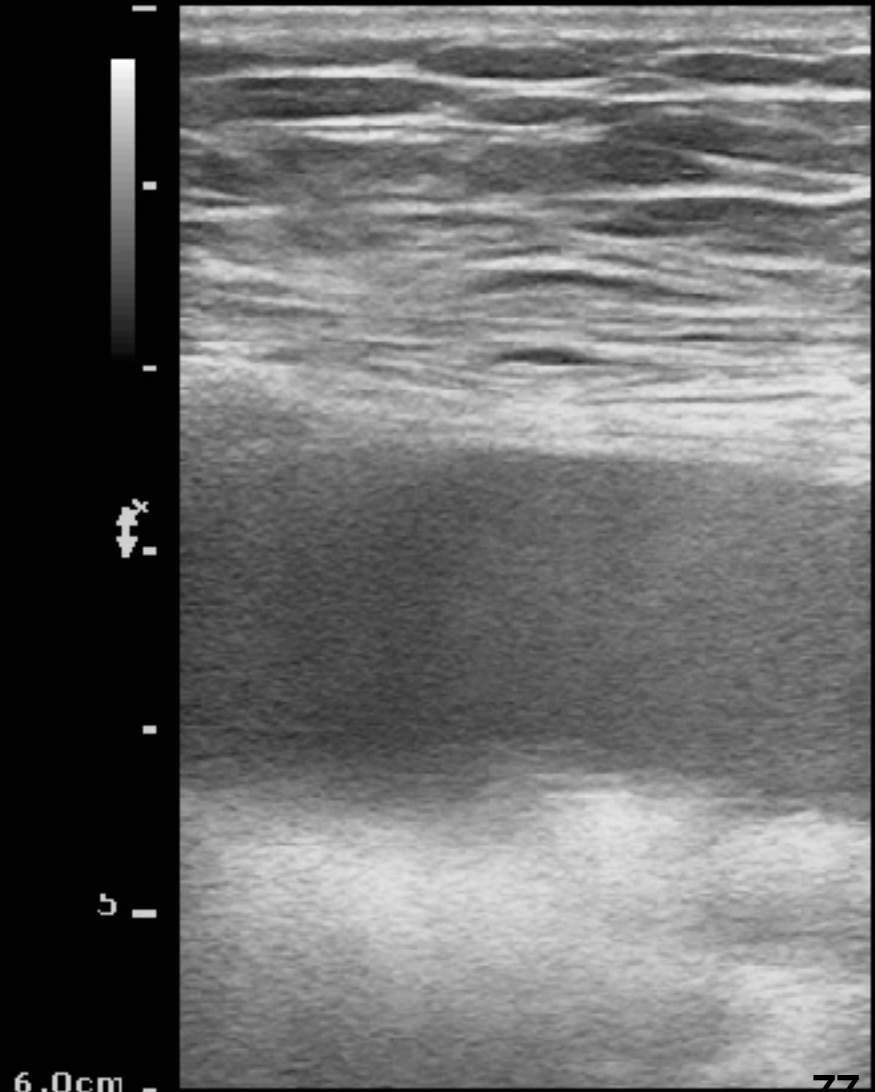
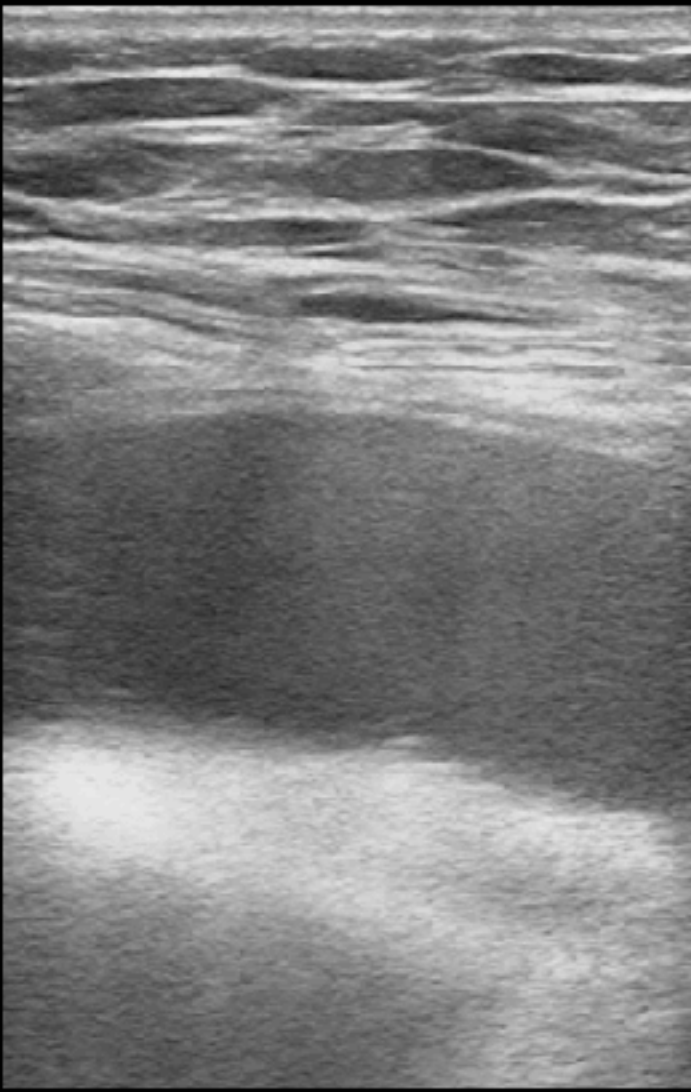


避開Internal thoracic artery



SKI 利用心肌長針施打局部麻醉，同時掌握入針角度和路線

MI 1.
TIS 0



6.0cm

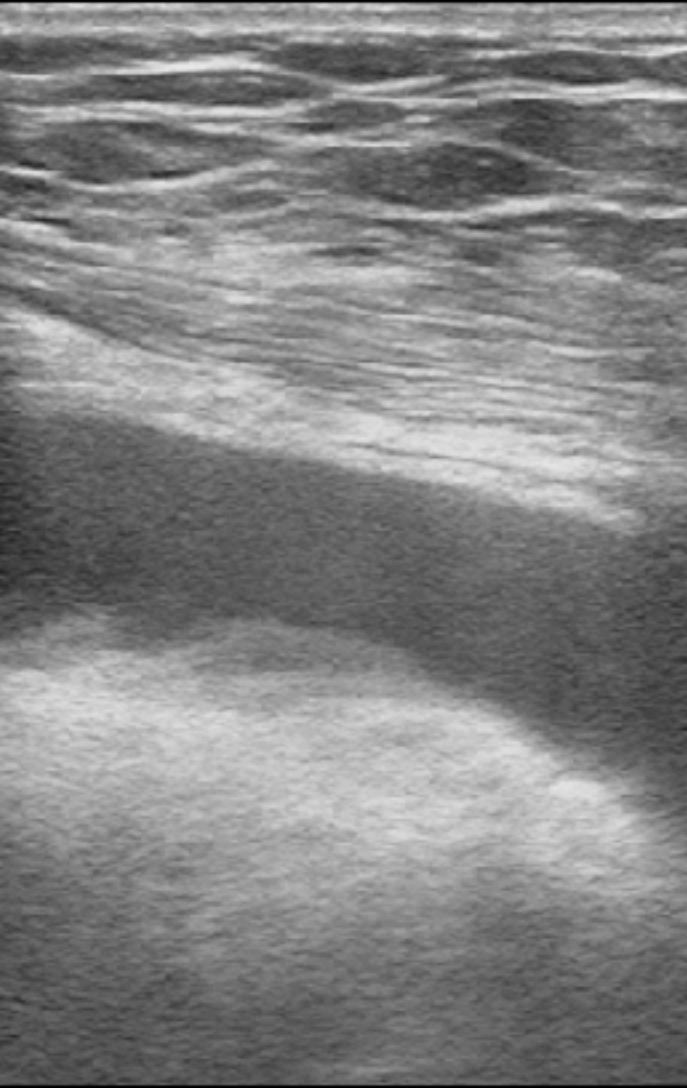
77

SKF 第一次嘗試

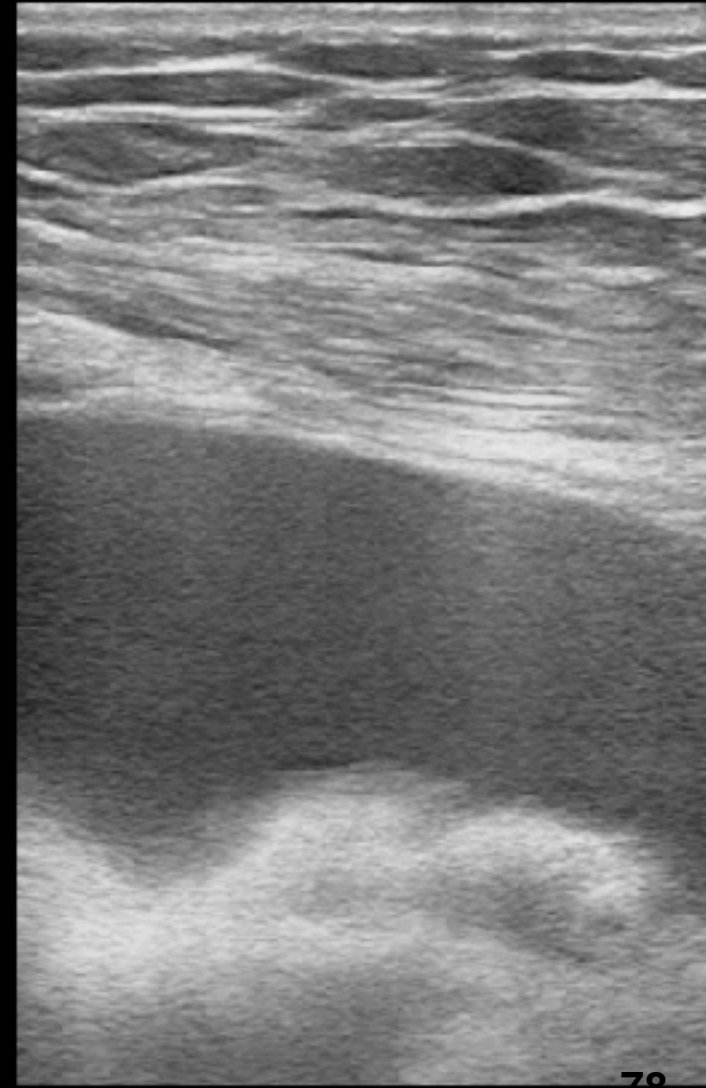
MI 1.2 9/25/2020
TIS 0.2 5:46:13 PM

第二次嘗試

MI
TIS



6.0cm



7.0

CVC引導硬針置放



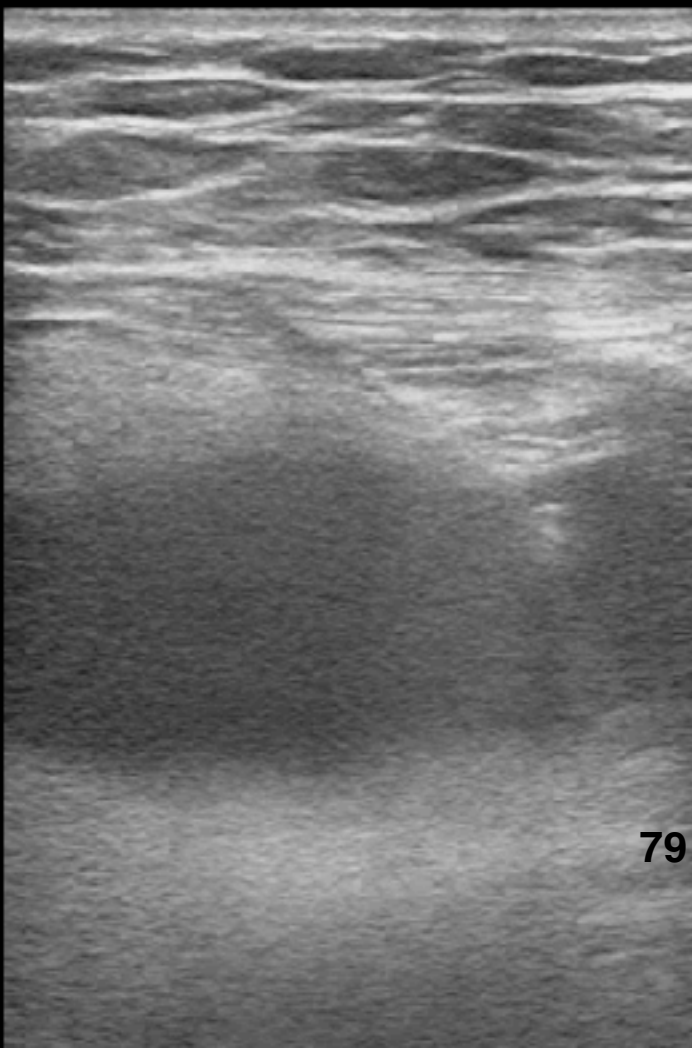
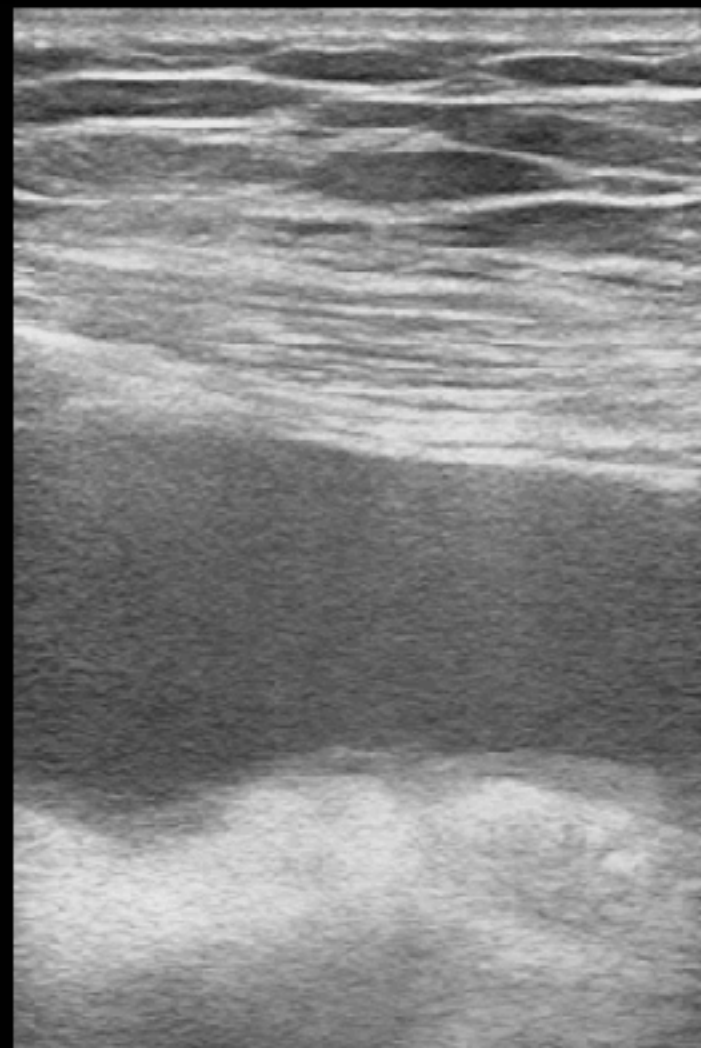
SKH ER

M]
TI

探頭角度小幅修正

SKH ER

MI 1.
TIS C



依序放入導線和CVC

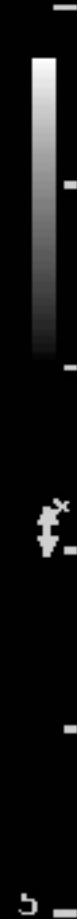
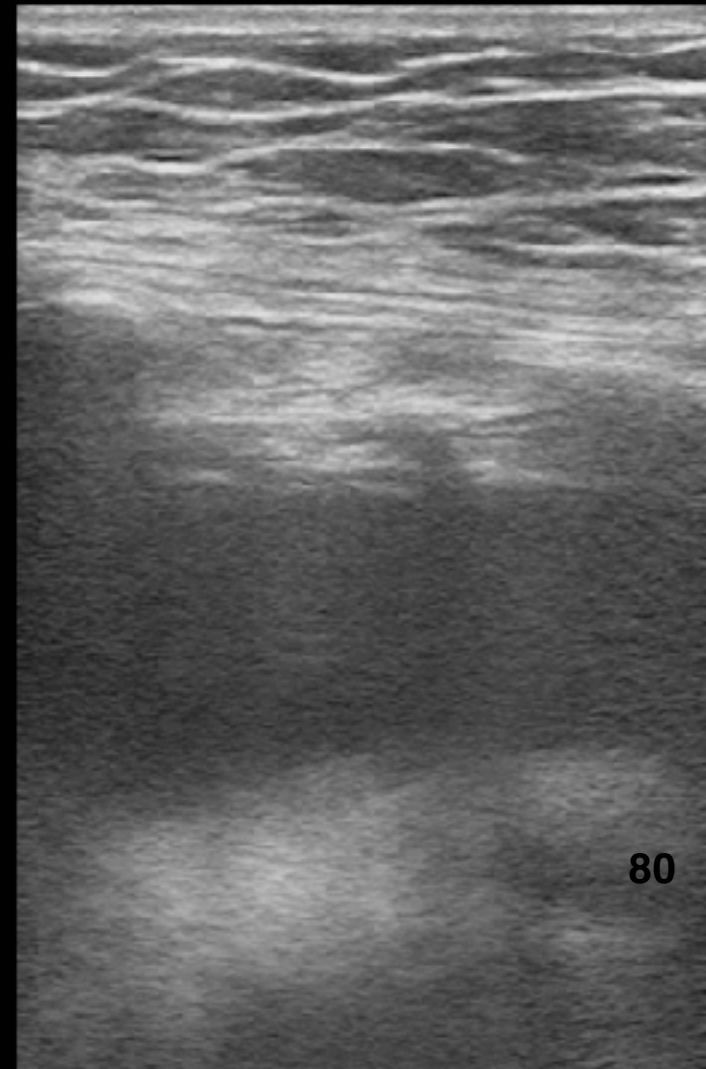
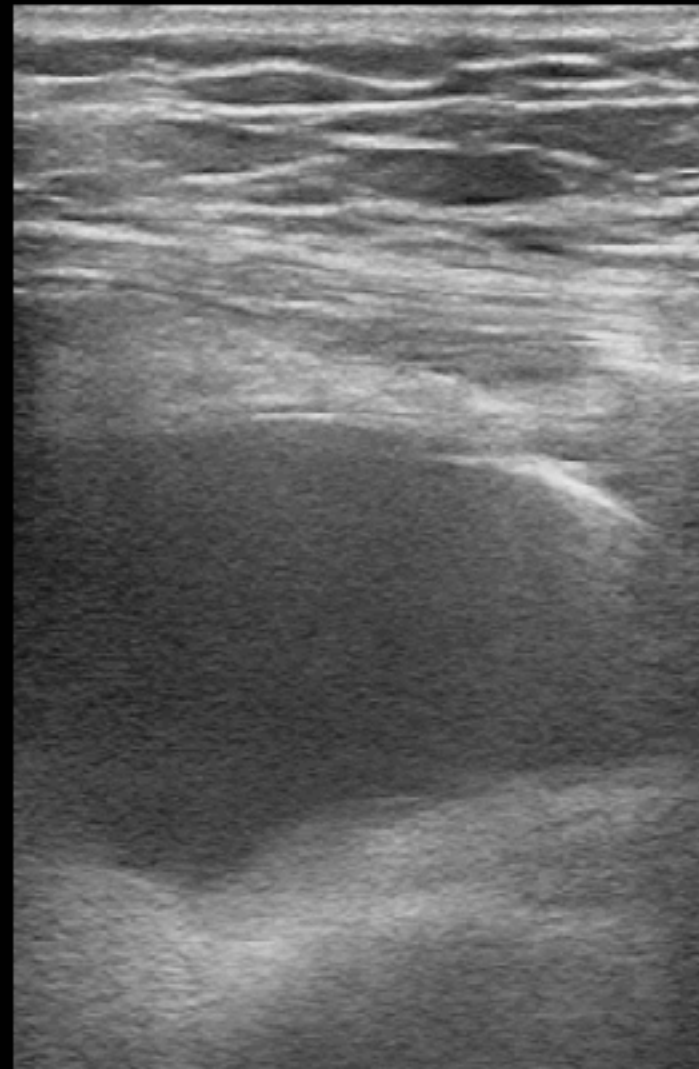


MI 1.2 9/25/2020
TIS 0.2 5:51:39 PM

MI 1
TIS

SKH ER

SKH ER



80

Trace CVC catheter

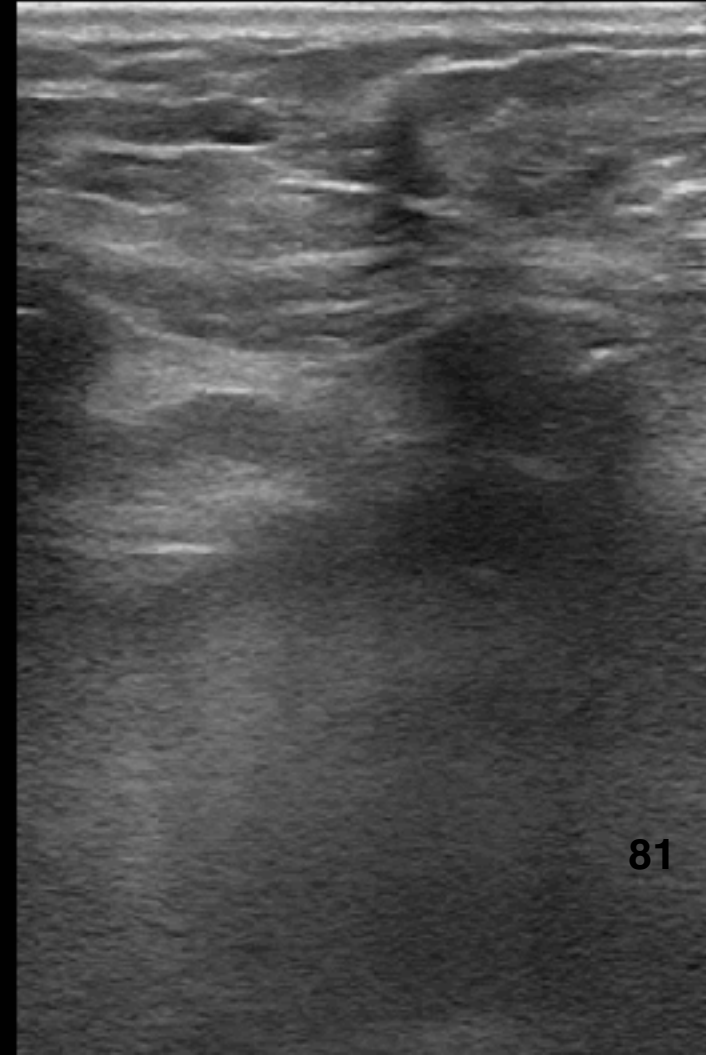
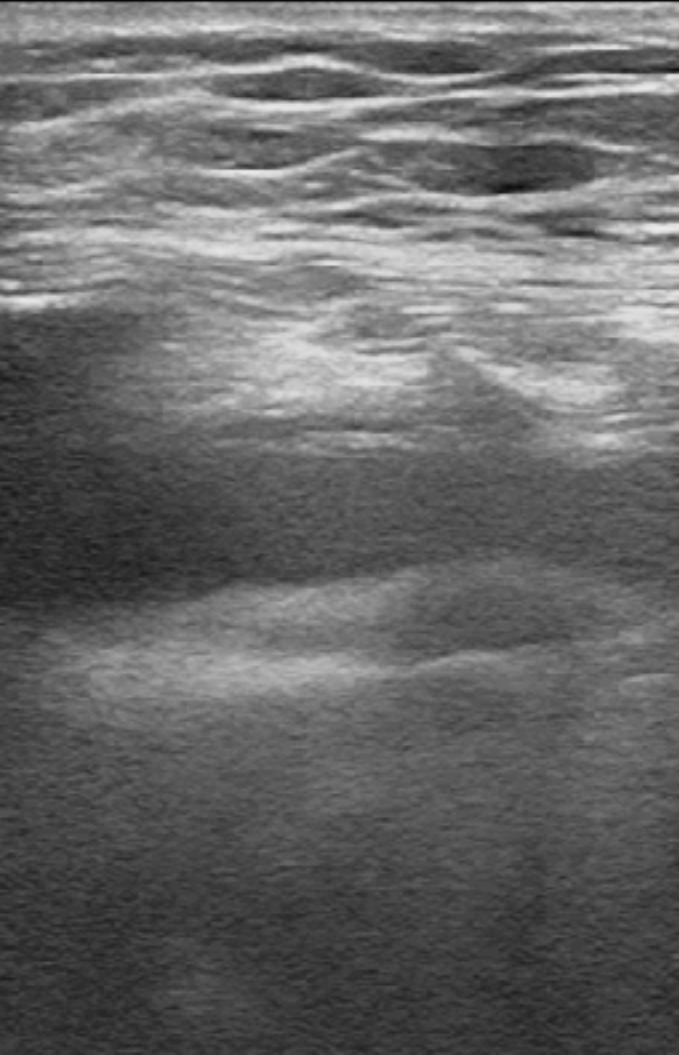


MI 1.2 9/25/2020
TIS 0.2 5:53:55 PM

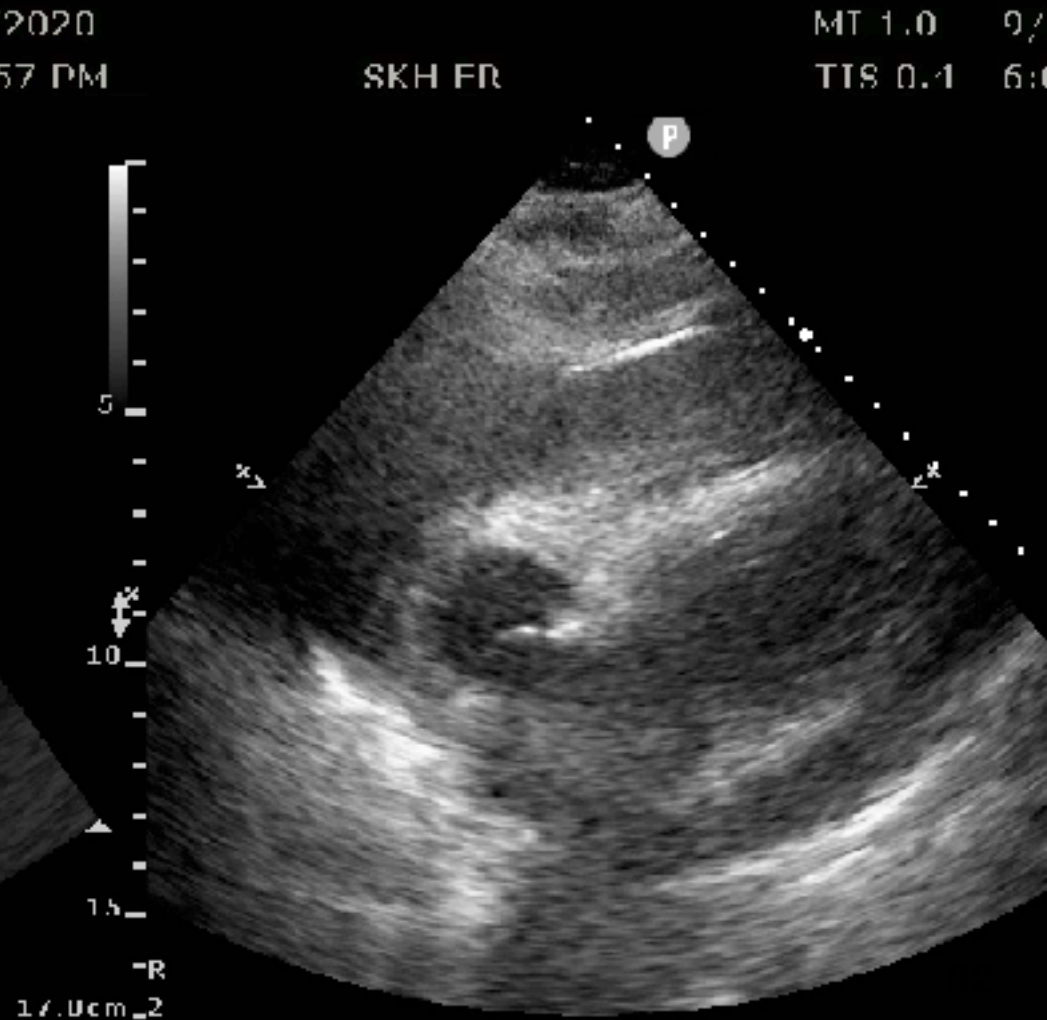
MI 1.2
TIS 0.2

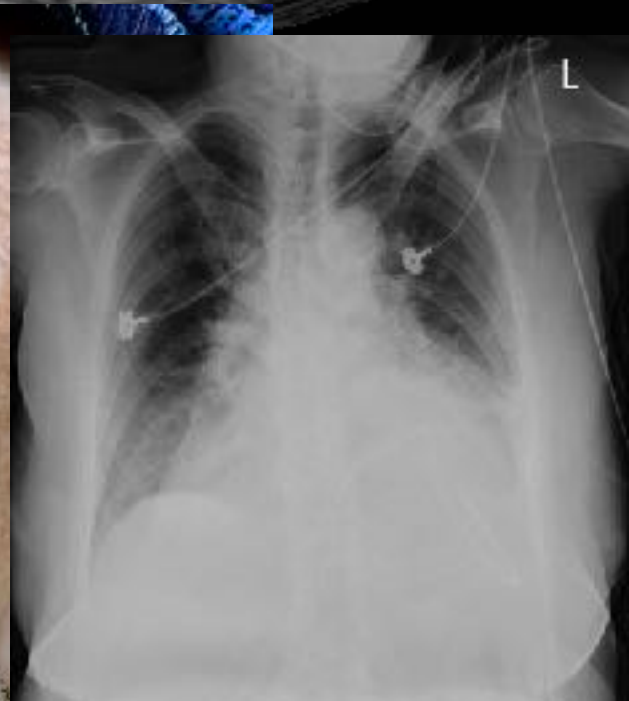
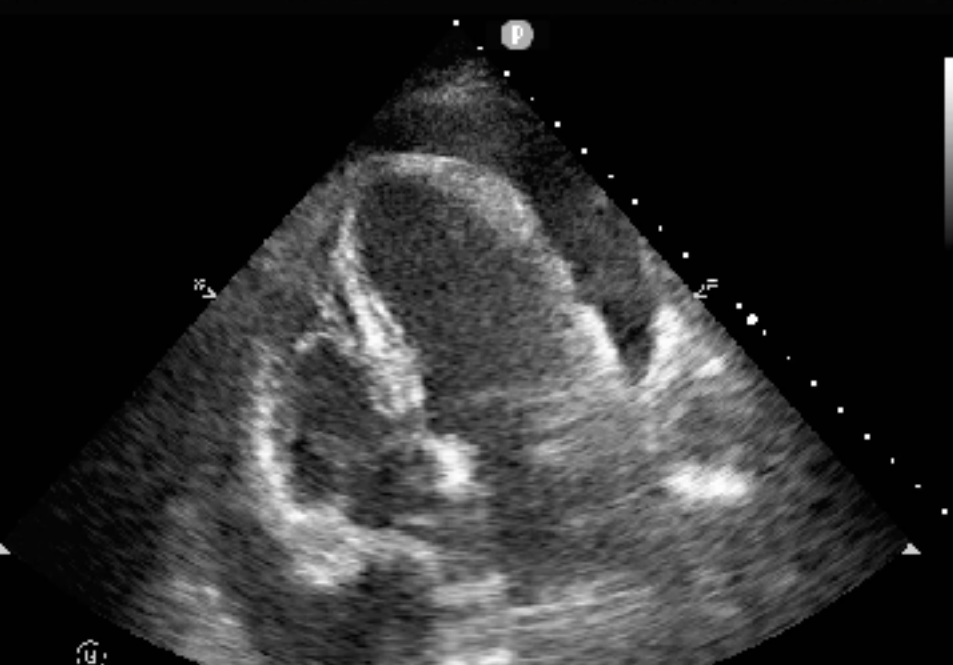
SKH ER

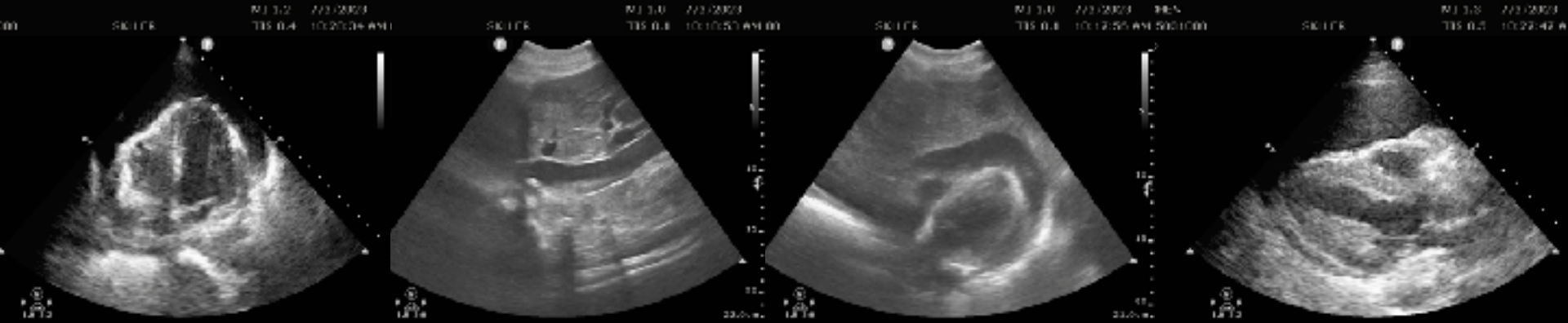
SKH ER



CVC catheter visible

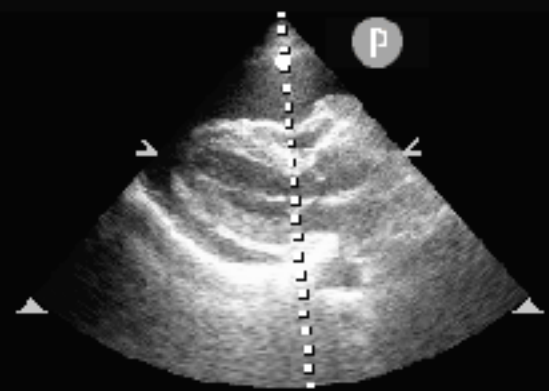






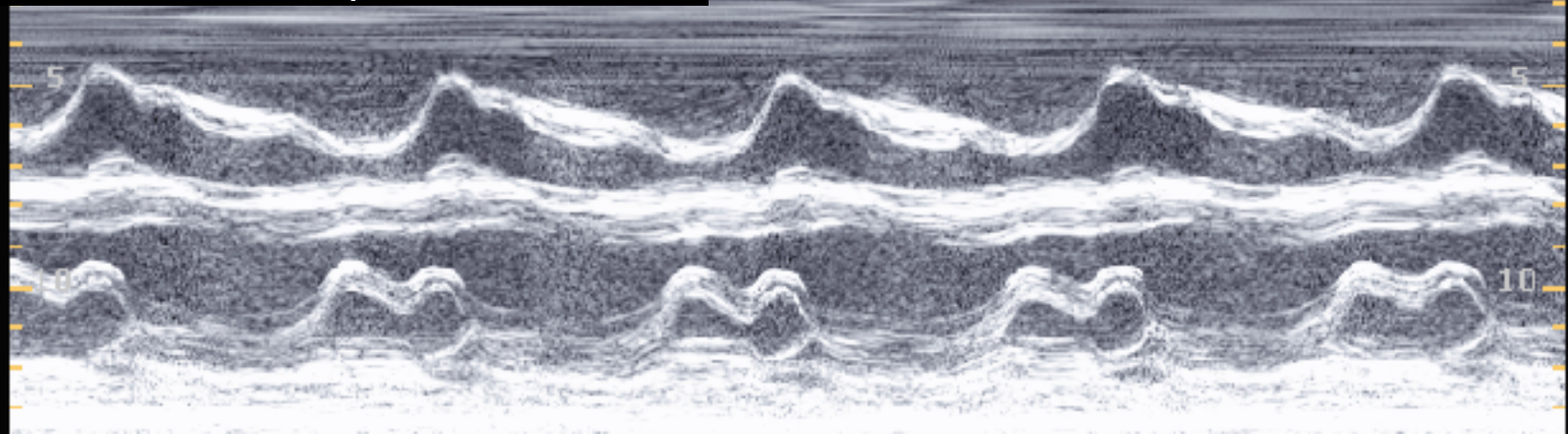
Adult Echo
 S5-1
 23 Hz
 20.0cm

2D
 HGen
 Gn /1
 C. 50
 3/2/0



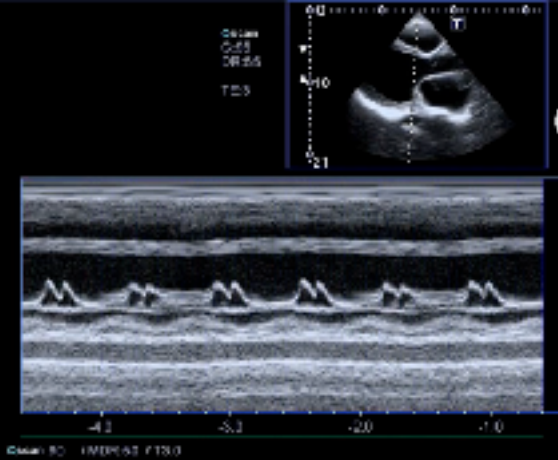
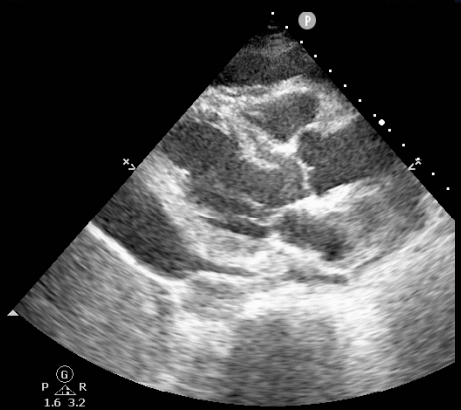
EF : 1~2cm
 IVC: 1~2cm / resp variation 50%)

M-mode
 3/3
 75 mm/s





Adult Echo
S5-1
28 Hz
19.0cm
2D
HGen
Gn 50
C 50
3/2/0



ult Echo
1
Hz
0cm
50
50
2/0

