

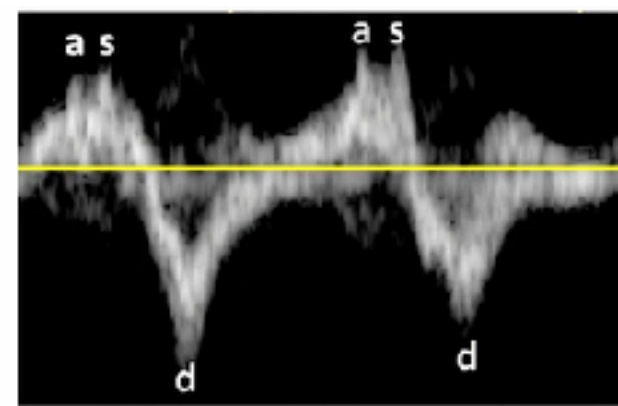
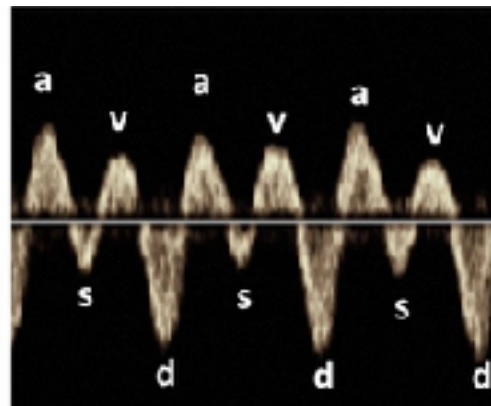
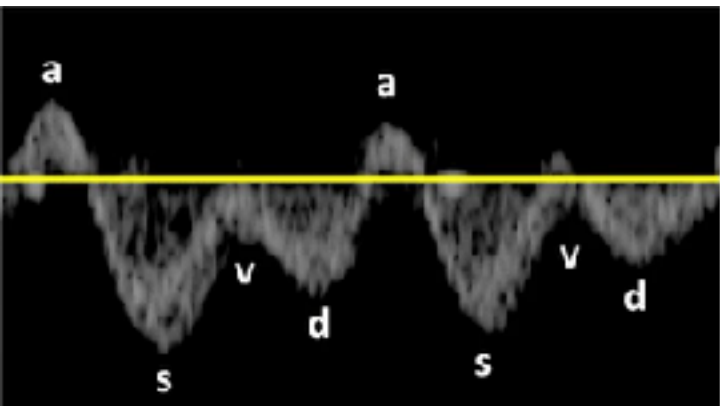


衛生福利部雙和醫院  
(委託臺北醫學大學興建經營)  
Taipei Medical University · Shuang Ho Hospital,  
Ministry of Health and Welfare



# VExUS

## Fluid Responsiveness



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[POCUSacademy.com](http://POCUSacademy.com)

## Respiratory

Pulmonary edema ↑  
Pleural effusion ↑  
Altered pulmonary and chest wall elastance (cfr IAP ↑)  
paO<sub>2</sub> ↓ paCO<sub>2</sub> ↑ PaO<sub>2</sub>/FiO<sub>2</sub> ↓  
Extra vascular lung water ↗  
Lung volumes ↓ (cfr IAP ↑)  
Prolonged ventilation ↑  
Difficult weaning ↑  
Work of breathing ↑

## Hepatic

Hepatic congestion ↑  
Impaired synthetic function  
Cholestasis ↑  
Cytochrome P 450 activity ↓  
Hepatic compartment syndrome

## Gastrointestinal/visceral

Ascites formation ↑ Gut edema ↑  
Malabsorption ↑ Ileus ↑  
Bowel contractility ↓  
IAP ↑ and APP (=MAP-IAP) ↓  
Success enteral feeding ↓  
Intestinal permeability ↑  
Bacterial translocation ↑  
Splanchnic microcirculatory flow ↓  
ICG-PDR ↓, pHi ↓

## Abdominal Wall

Tissue edema ↑  
Poor wound healing ↑  
Wound infection ↑  
Pressure ulcers ↑  
Abdominal compliance ↓

## Central nervous system

Cerebral edema, impaired cognition, delirium  
ICP ↑ CPP ↓ IOP ↑  
ICH, ICS, OCS

## Cardiovascular

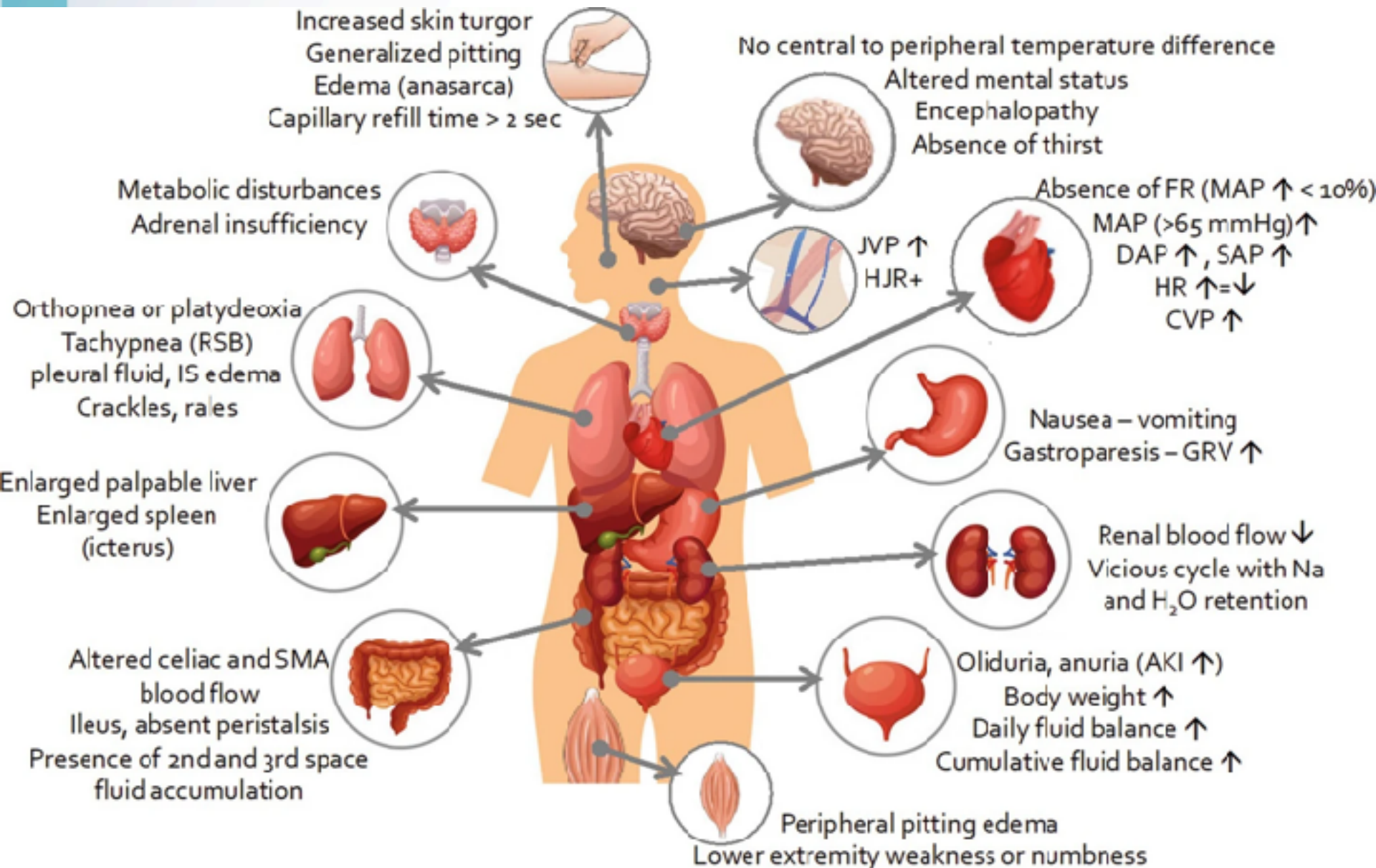
Myocardial edema ↑  
Conduction disturbance  
Impaired contractility  
Diastolic dysfunction  
CVP ↑ and PAOP ↑  
Venous return ↓  
SV ↓ and CO ↓  
Myocardial depression  
Pericardial effusion ↑  
GEF ↓ GEDVI ↑ CARS ↑

## Renal

Renal interstitial edema  
Renal venous pressure ↑  
Renal blood flow ↓  
Interstitial pressure ↑  
Salt + water retention ↑  
Uremia ↑ GFR ↓ RVR ↑  
Renal CS

Fluid Overload

# Hypervolemia and fluid accumulation s/s





# Fluid accumulation syndrome - 4 phase



Optimization phase with focus on **organ rescue** (maintenance) and avoiding fluid overload (fluid creep). Aiming for neutral fluid balance.

Triggers to stop IV fluids:

- MAP/APP > 65/55 mmHg
- GEDVI 640—800 ml/m<sup>2</sup>
- CI > 2.5 L/min/m<sup>2</sup>
- PPV or SVV < 12%
- PLR test negative
- Normal lactate < 2 mmol/L
- LVEDAI 8—12 cm<sup>2</sup>/m<sup>2</sup>
- IAP < 15 mmHg

Stabilization phase with focus on **organ support** (homeostasis). Late conservative fluid management (LCFM) is defined as two consecutive negative FB within 1st week.

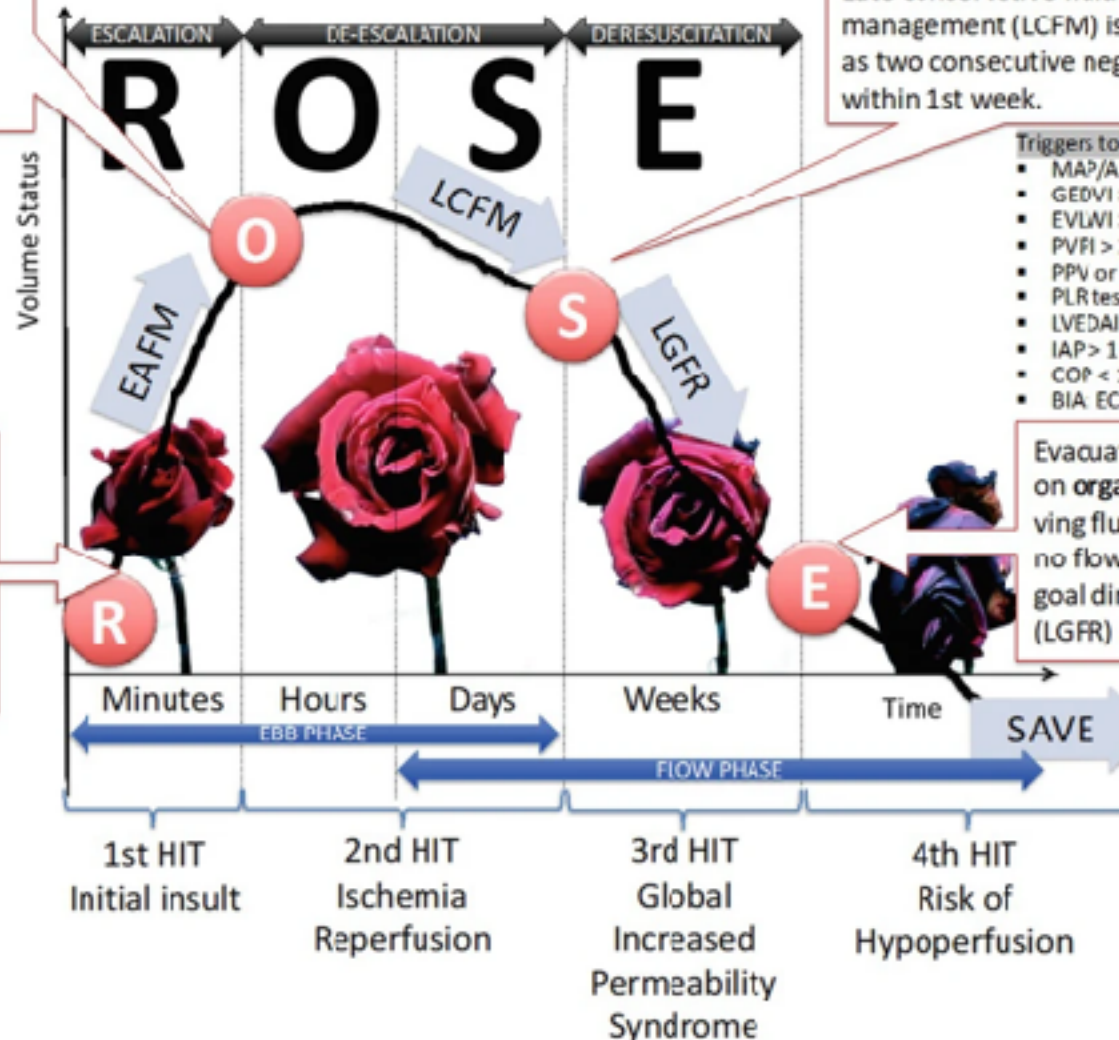
Triggers to start fluid removal: FAS/GIPS

- MAP/APP > 55/55 mmHg
- GEDVI > 850 ml/m<sup>2</sup>
- EVLWI > 10—12 ml/kg PBW
- PVFI > 3 and PF ratio < 150
- PPV or SVV < 12%
- PLR test negative
- LVEDAI > 14 cm<sup>2</sup>/m<sup>2</sup>; VExUS
- IAP > 12—15 mmHg
- COP < 16—18 mmHg; CLI > 60
- BIA ECW/ICW > 1; V<sub>i</sub> > 5%

Evacuation phase with focus on **organ recovery** and resolving fluid overload (in case of no flow state) with active late goal directed fluid removal (LGFR) and negative FB.

Triggers to stop fluid removal:

- MAP/APP < 55/45 mmHg\*
- PPV or SVV > 15%
- PLR test positive
- Lactate > 2.5 mmol/L
- S<sub>1</sub>O<sub>2</sub> < 70—75%
- S<sub>2</sub>O<sub>2</sub> < 65—70%
- ICG-PDR < 14—16%



Life saving Resuscitation phase with focus on **patient rescue** and early adequate fluid management (EAFM), eg 30ml/kg/1hr according to SSCG or a fluid challenge/bolus of 4ml/kg given in 5-10 minutes

Triggers to start IV fluids: shock

- MAP < 65 mmHg
- GEDVI < 640 ml/m<sup>2</sup>
- (RVEDVI < 80 ml/m<sup>2</sup>)#
- (CVP < 8 mmHg)\*
- (PAOP < 10 mmHg)\*
- CI < 2.5 L/min/m<sup>2</sup>
- PPV or SVV > 12—15%
- PLR test positive
- Lactate > 3 mmol/L (shock)
- IVCCI > 50%



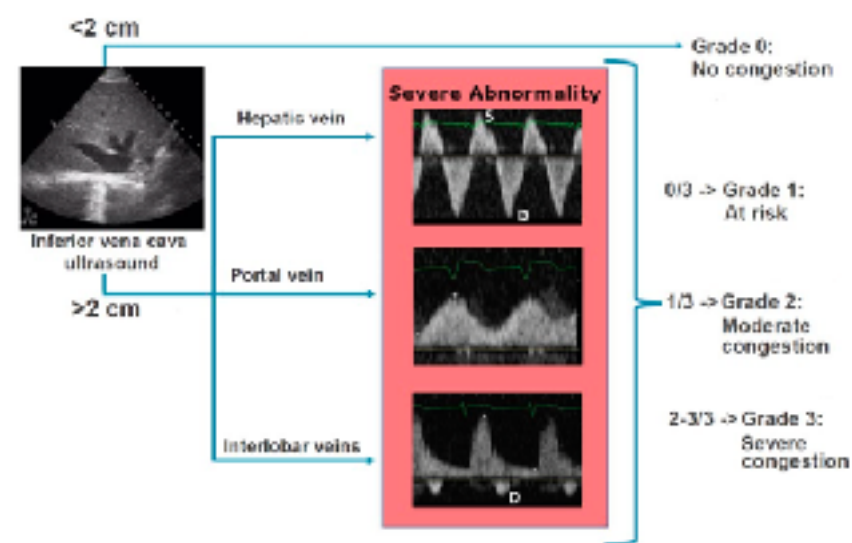
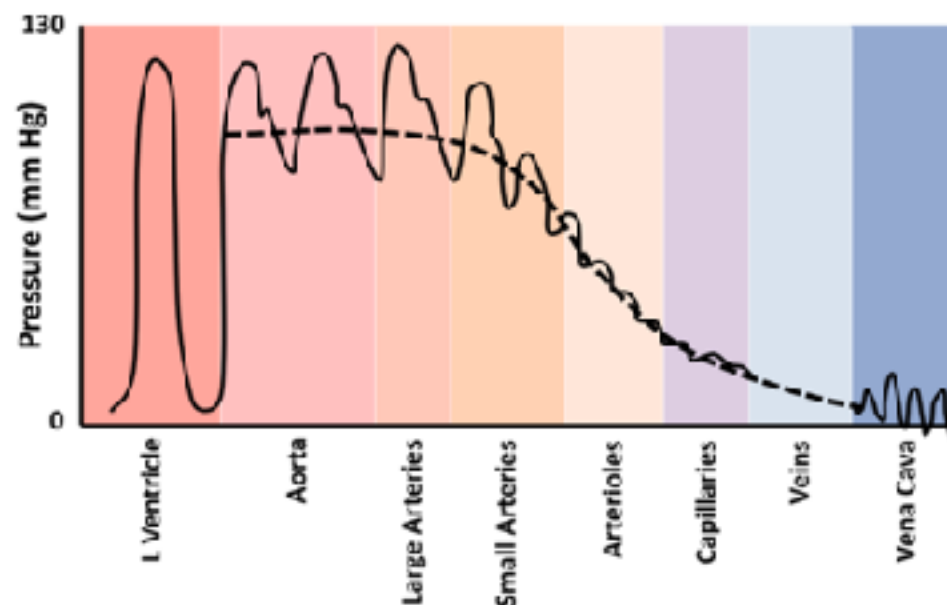
CASE REPORT

Open Access



# Clinical applications of the venous excess ultrasound (VExUS) score: conceptual review and case series

Philippe Rola<sup>1\*</sup>, Francisco Miralles-Aguilar<sup>2</sup>, Eduardo Argai<sup>3</sup>, William Beaubien-Souligny<sup>4</sup>, Korbin Haycock<sup>5</sup>, Timur Karimov<sup>6</sup>, Vi Am Dinh<sup>7</sup> and Rory Spiegel<sup>8</sup>

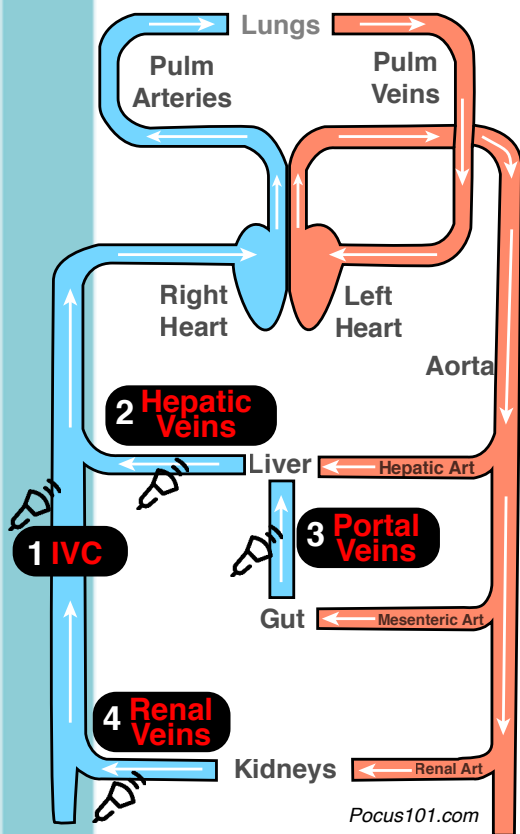


**Fig. 7** Doppler profiles showing severe congestive patterns



# VExUS protocol

## Venous Excess Ultrasound VExUS



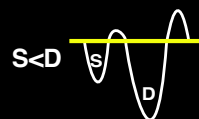
**Step 1: IVC Diameter:** If  $\geq 2\text{cm}$ , proceed to step 2

**Step 2: Hepatic Vein Doppler**

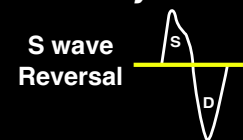
**NORMAL**



**Mildly Abnormal**

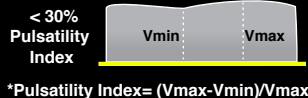


**Severely Abnormal**



**Step 3: Portal Vein Doppler**

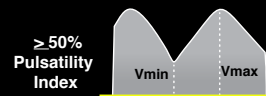
**NORMAL**



**Mildly Abnormal**

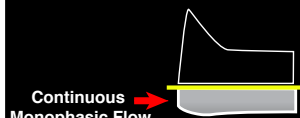


**Severely Abnormal**

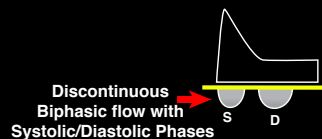


**Step 4: Renal Vein Doppler**

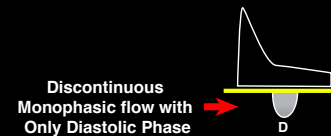
**NORMAL**



**Mildly Abnormal**



**Severely Abnormal**



## Interpretation

**Grade 0**

(no congestion)

IVC < 2cm

**Grade 1**

(Mild congestion)

IVC  $\geq 2\text{cm}$   
and any combo  
of Normal or  
Mildly Abnl  
Patterns

**Grade 2**

(Moderate congestion)

IVC  $\geq 2\text{cm}$   
and  
ONE Severely Abnl  
Pattern

**Grade 3**

(Severe congestion)

IVC  $\geq 2\text{cm}$   
and  
 $\geq 2$  Severely Abnl  
Patterns

REVIEW

Open Access

# Decoding VExUS: a practical guide for experts to assess

Rola et al. *The Ultrasound Journal* (2024) 16:49  
<https://doi.org/10.1186/s13089-024-00395-0>



The Ultrasound Journal

Taweevat Assavapokee

SHORT COMMUNICATION

Open Access

# VExUS: common misconceptions, clinical use and future directions

Klangthamneam et al.  
*The Ultrasound Journal* (2024) 16:50  
<https://doi.org/10.1186/s13089-024-00397-y>



The Ultrasound Journal

Philippe Rola<sup>1\*</sup>, Korbin Haycock<sup>2,3</sup>, Fory Sg...

ORIGINAL ARTICLE

Open Access

**Abstract**

There has been a significant interest in v... prominent, both in clinical practice and i... clinicians which are also reflected in cert... to volume status, which is only one of th... context of certain pathologies, which ref... article we review the physiological basis... from the organs' standpoint and its role... these misconceptions for clinicians and f...

# Correlation between right atrial pressure measured via right heart catheterization and venous excess ultrasound, inferior vena cava diameter, and ultrasound-measured jugular venous pressure: a prospective observational study

Suppavee Klangthamneam<sup>1</sup>, Krissada Meemook<sup>1</sup>, Tananchai Petnak<sup>1</sup>, Anchana Sonkaew<sup>1</sup> and Taweevat Assavapokee<sup>1\*</sup>



<https://doi.org/10.1186/s13089-024-00398-x>




REVIEW

Open Access



# Decoding VExUS: a practical guide for excelling in point-of-care ultrasound assessment of venous congestion

Taweevat Assavapokee<sup>1\*</sup> , Philippe Rola<sup>2</sup>, Nicha Assavapokee<sup>3</sup> and Abhilash Koratala<sup>1</sup>

## VExUS = Venous Excess Ultrasound

IVC - Inferior vena cava

HV - Hepatic vein

PV - Portal vein

IRV - Intrarenal vein

### Indications

Volume overload

Heart failure

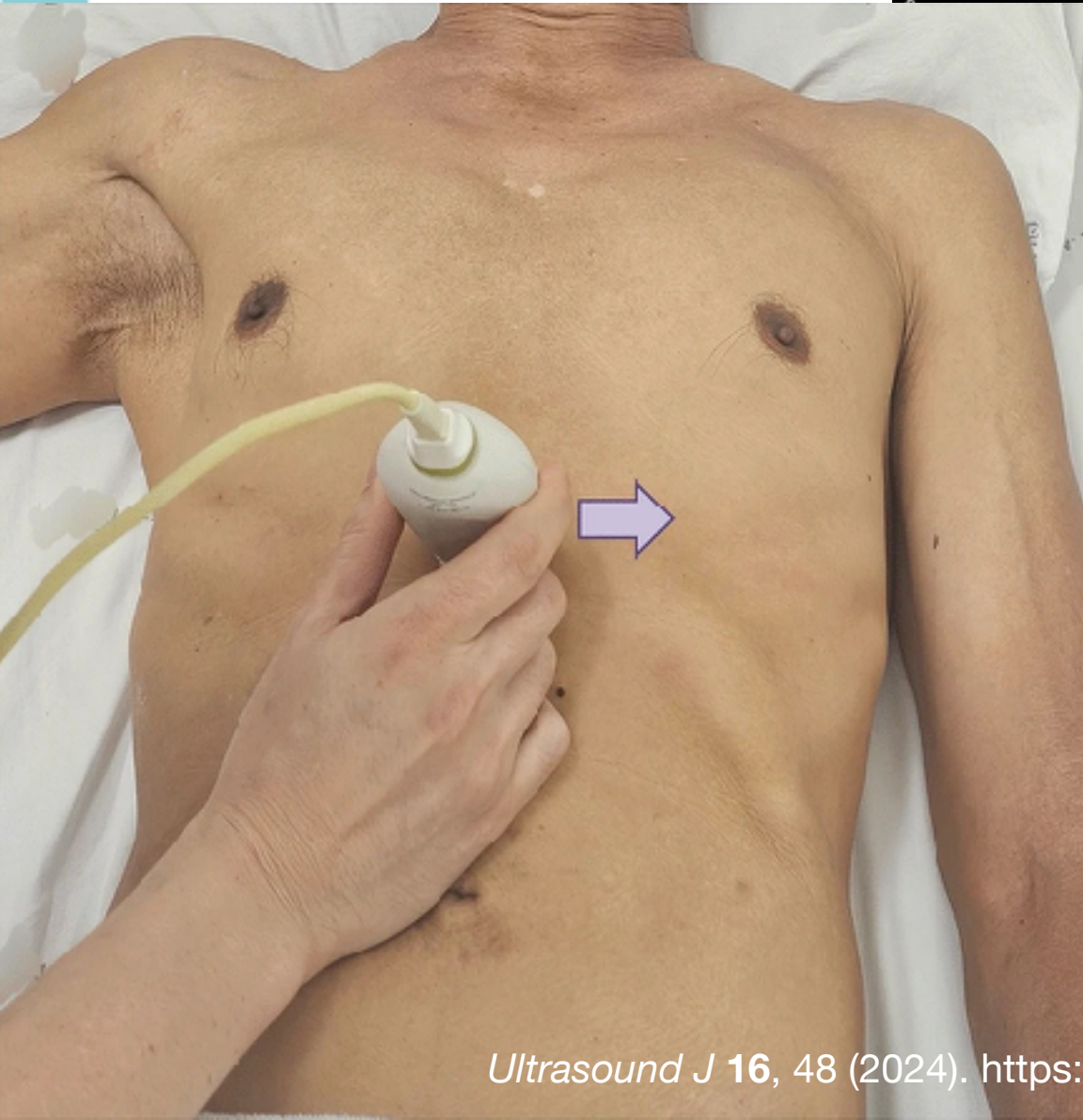
Hemodynamic AKI

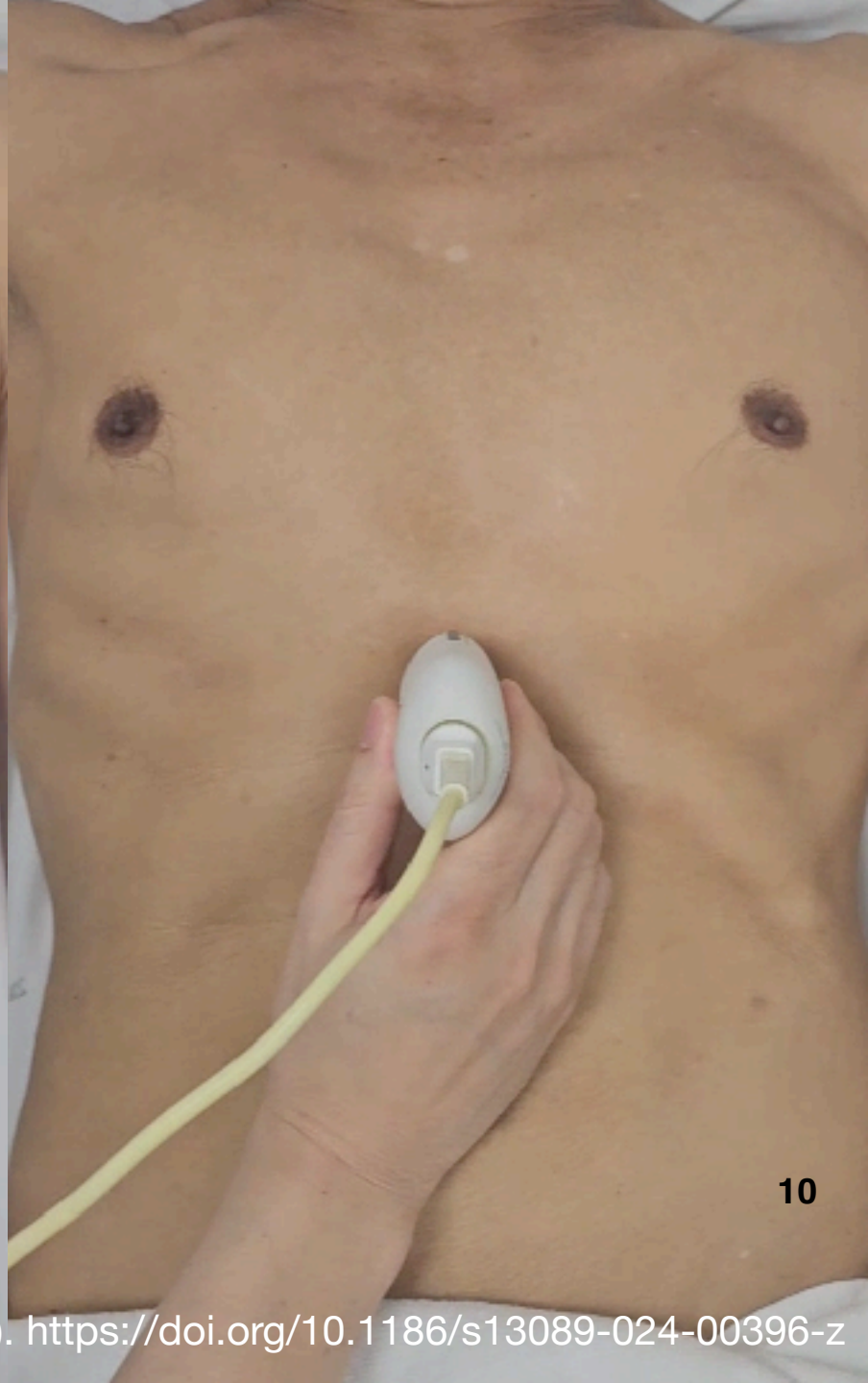
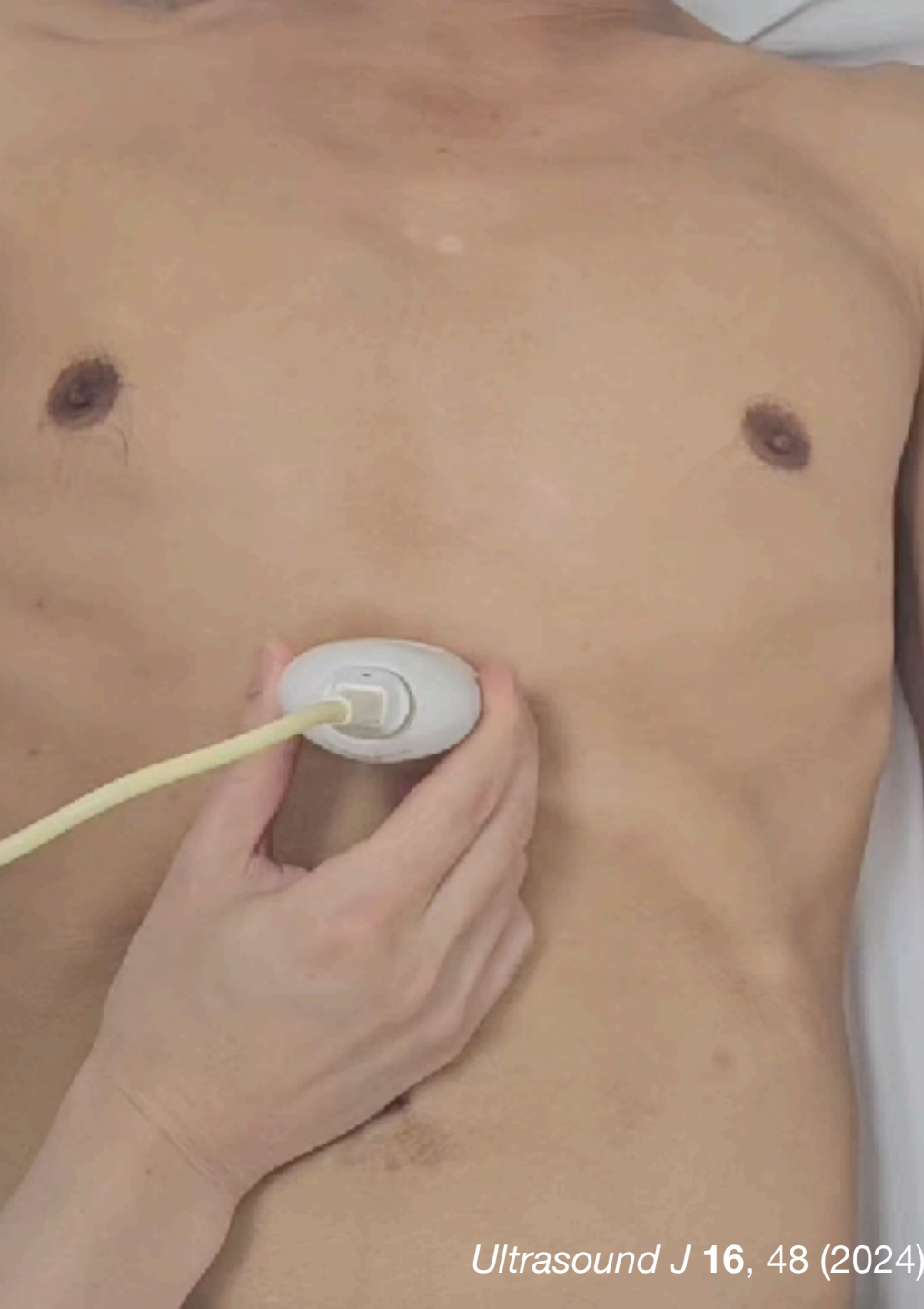
Shock

Unexplained hypotension



# IVC exam - short axis

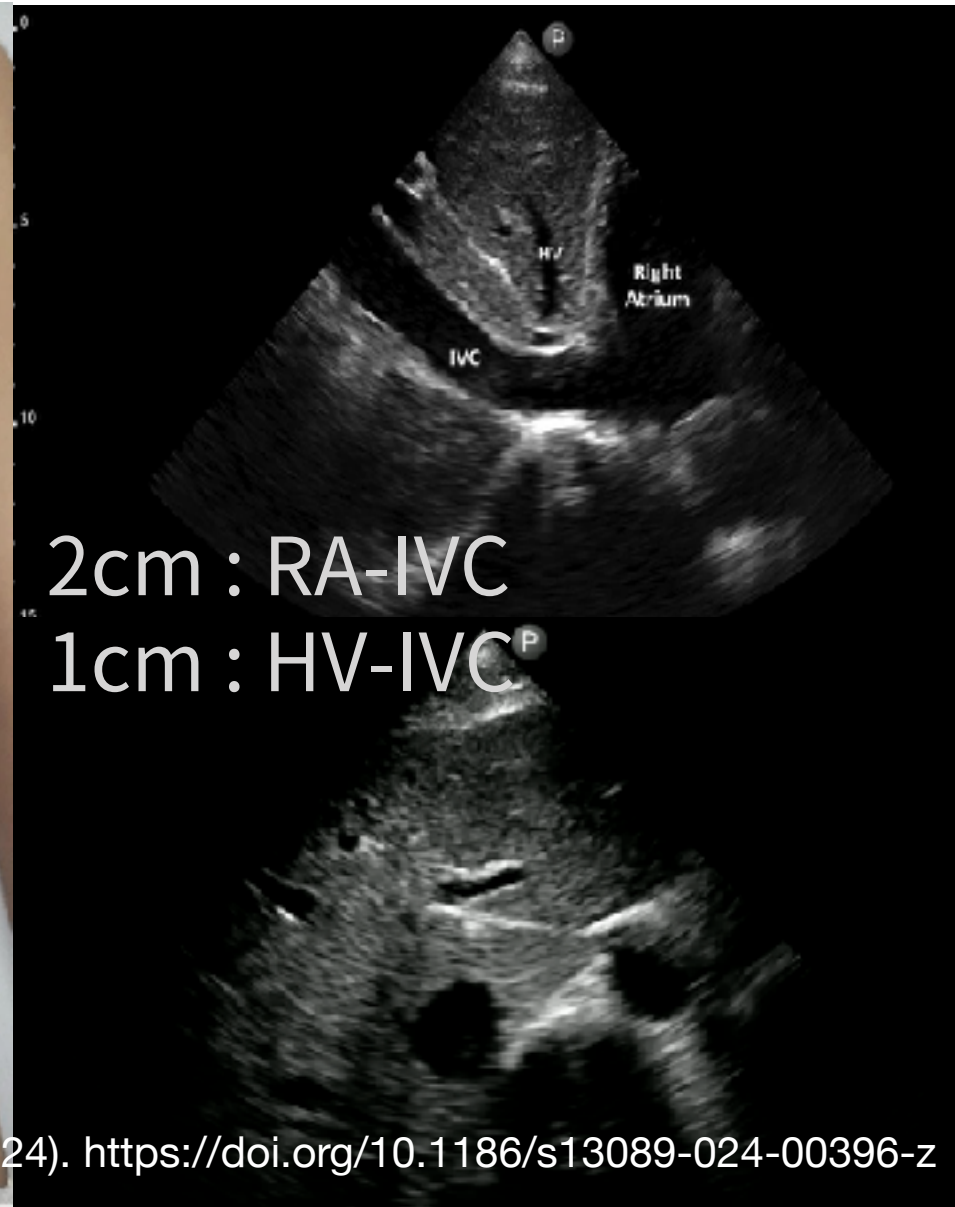
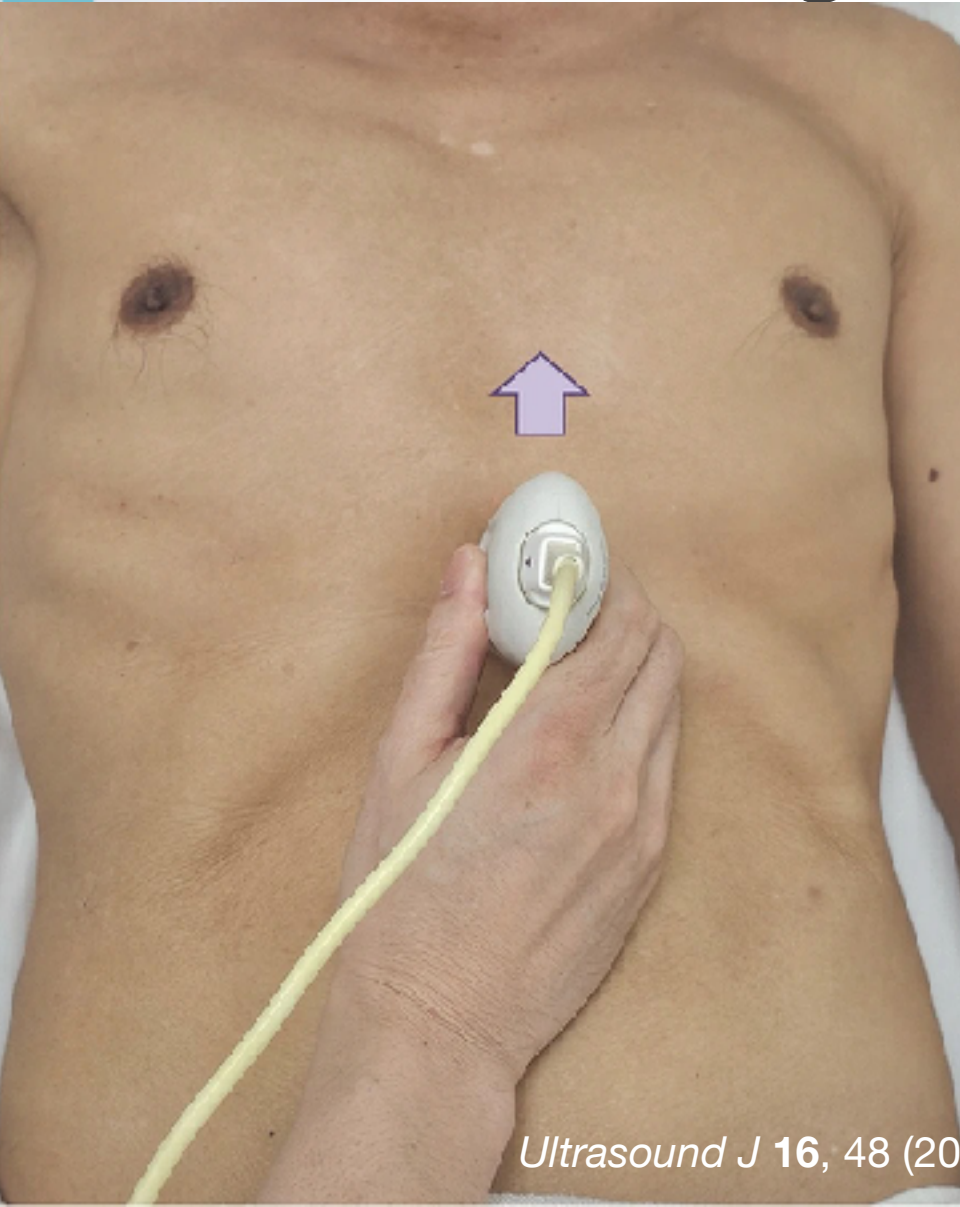






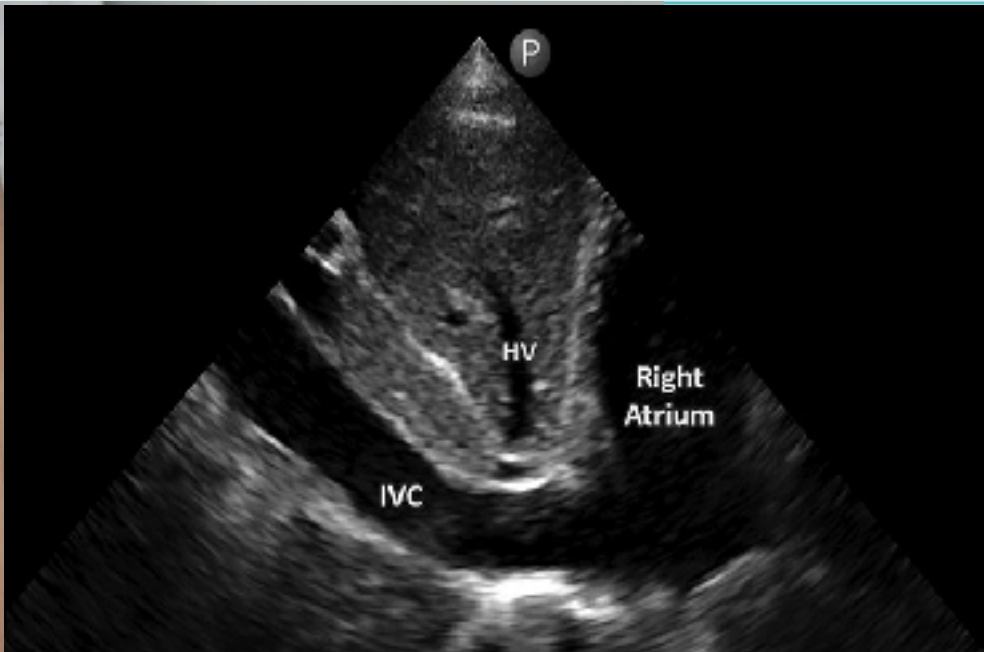
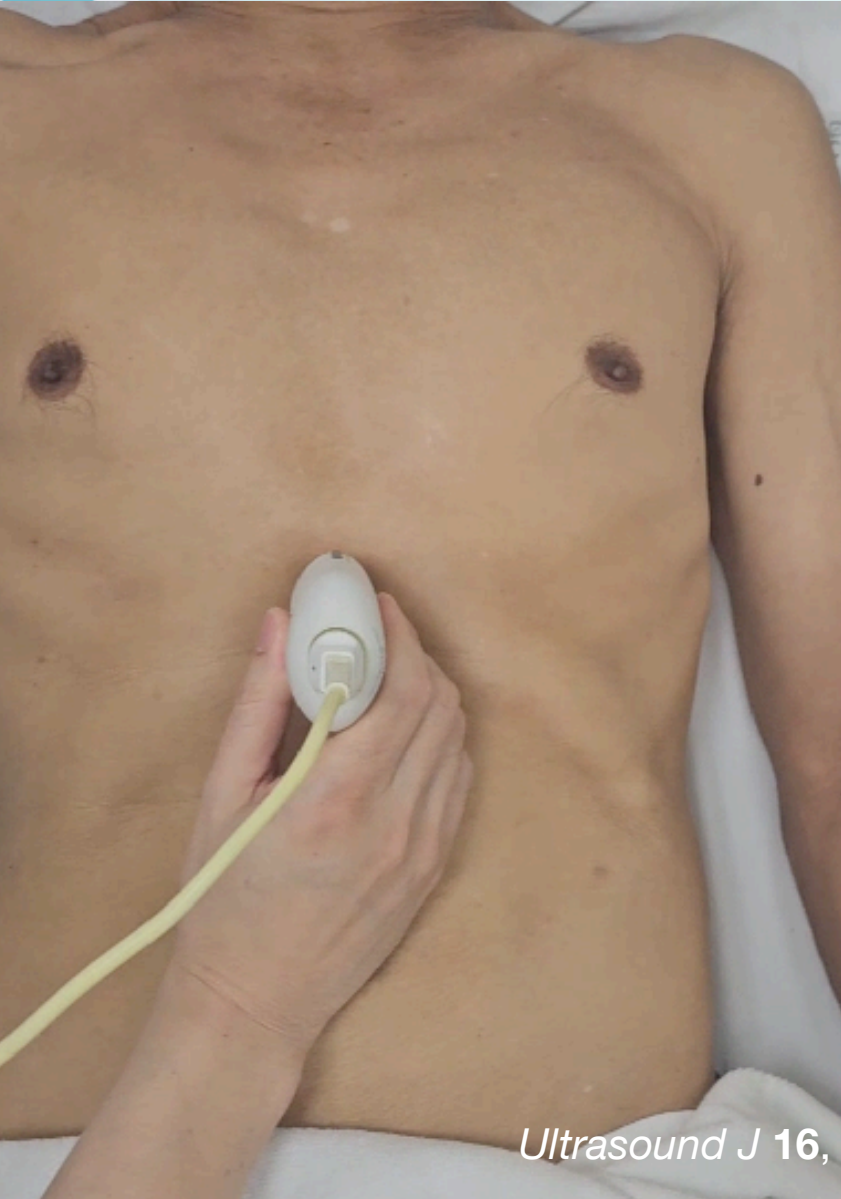


# IVC exam - long axis



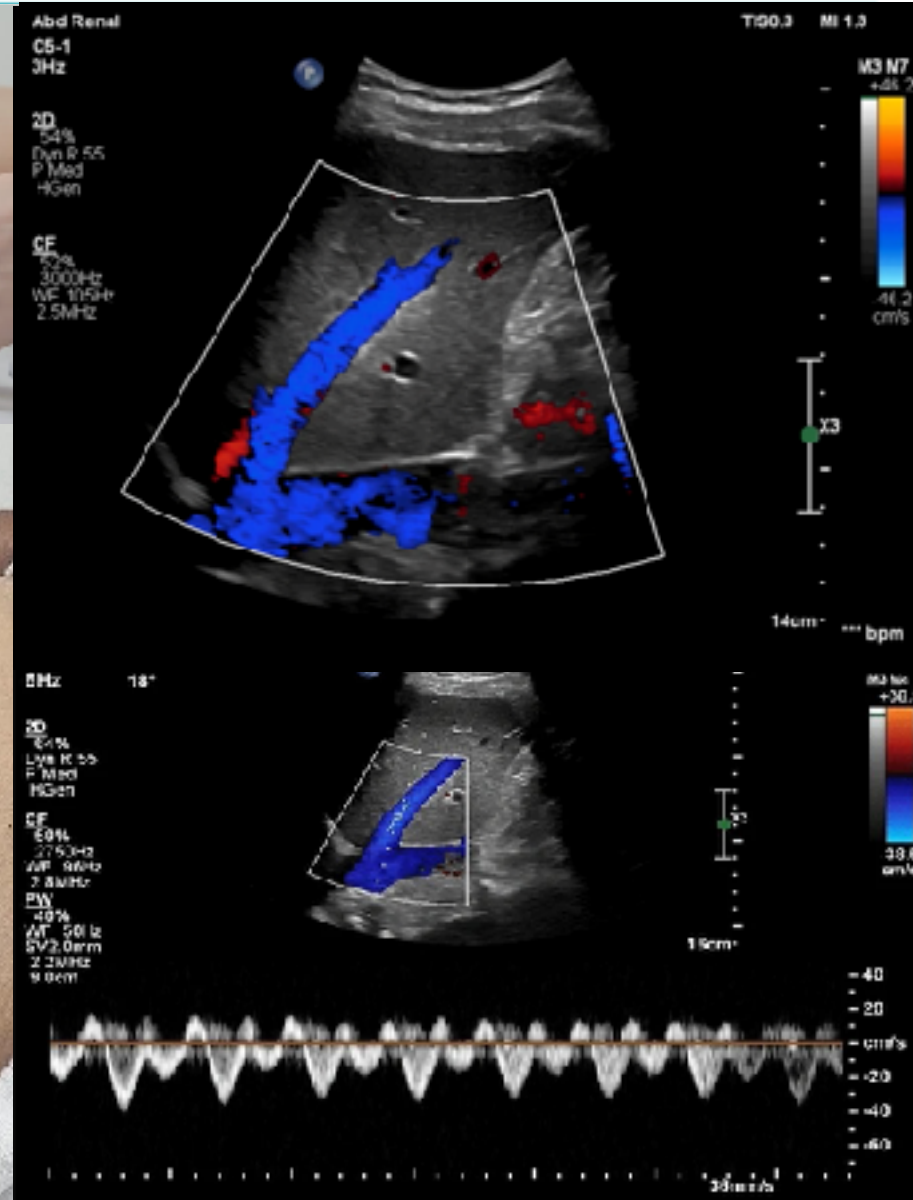
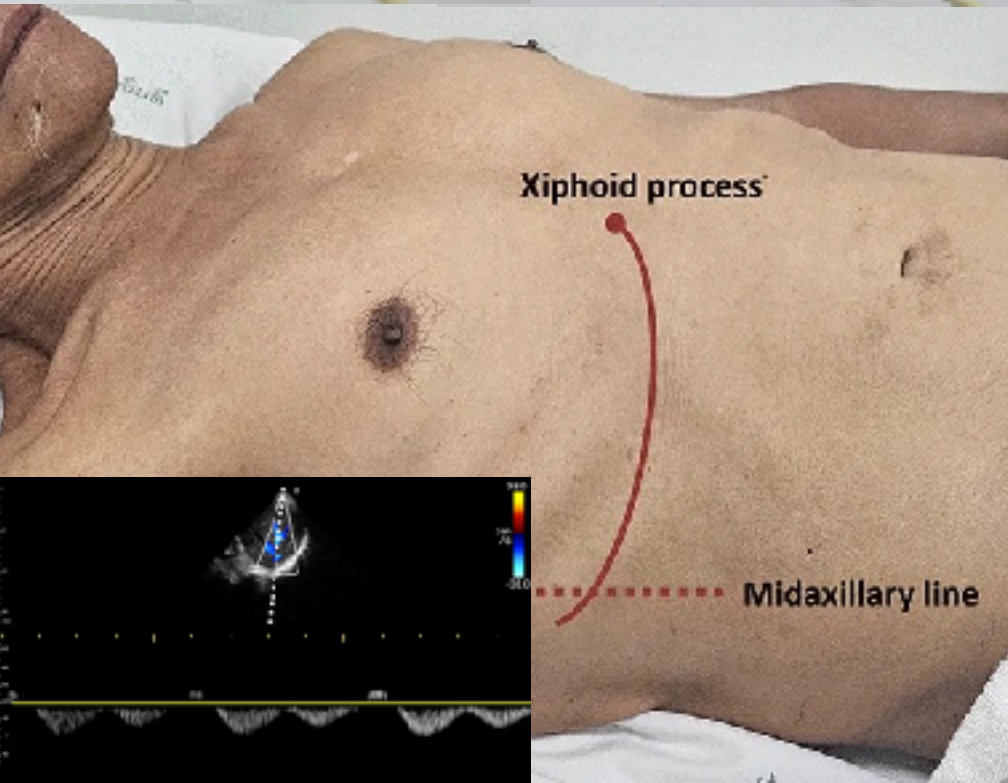
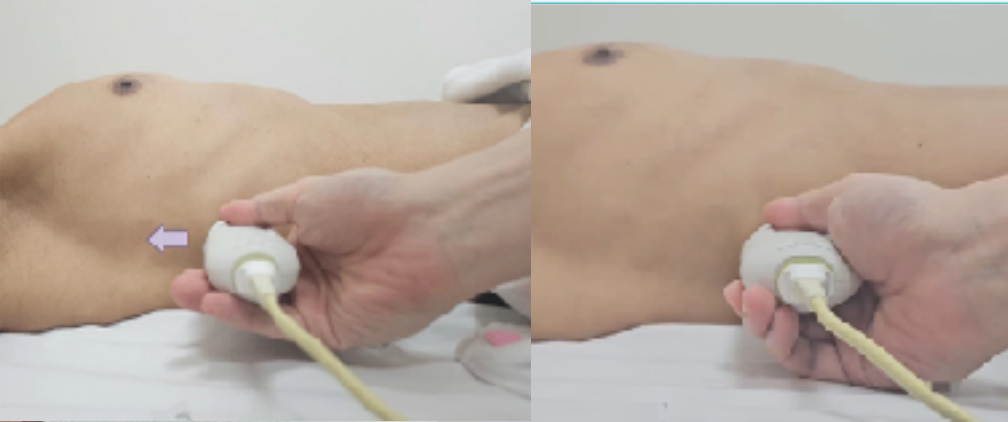


# HV exam & Doppler (subxiphoid view)





# HV exam & Doppler (coronal view)







# HV exam & Doppler

Abd Renal  
C5-1  
9MHz  
2S

T130.2 MI 1.3

M3

x3

14cm

T130.3 MI 1.3

M3 N7

+44.2

-44.2

cm/s

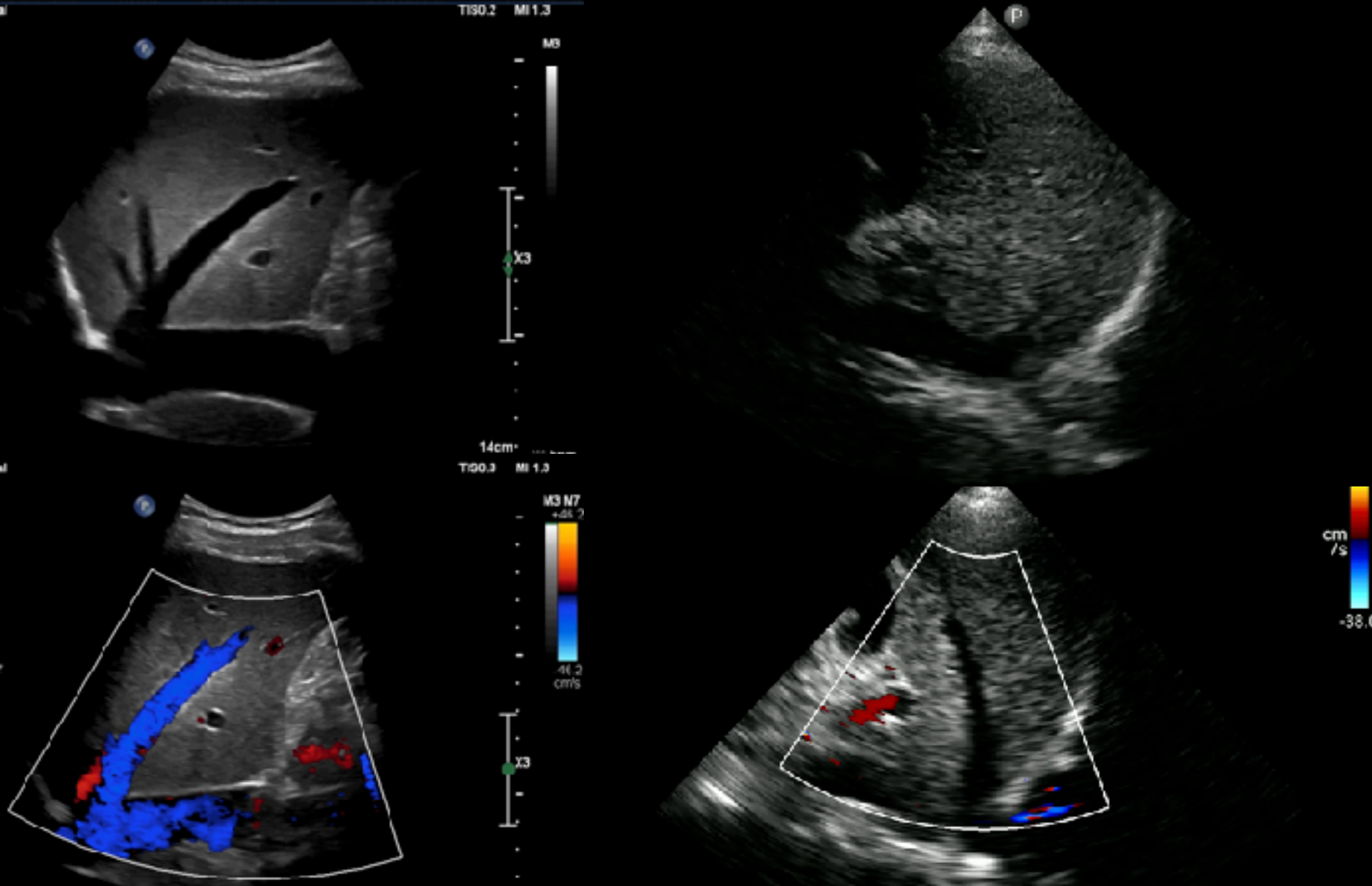
x3

Abd Renal  
C5-1  
9MHz

D  
54%  
dyn R 55  
Med  
-KGen

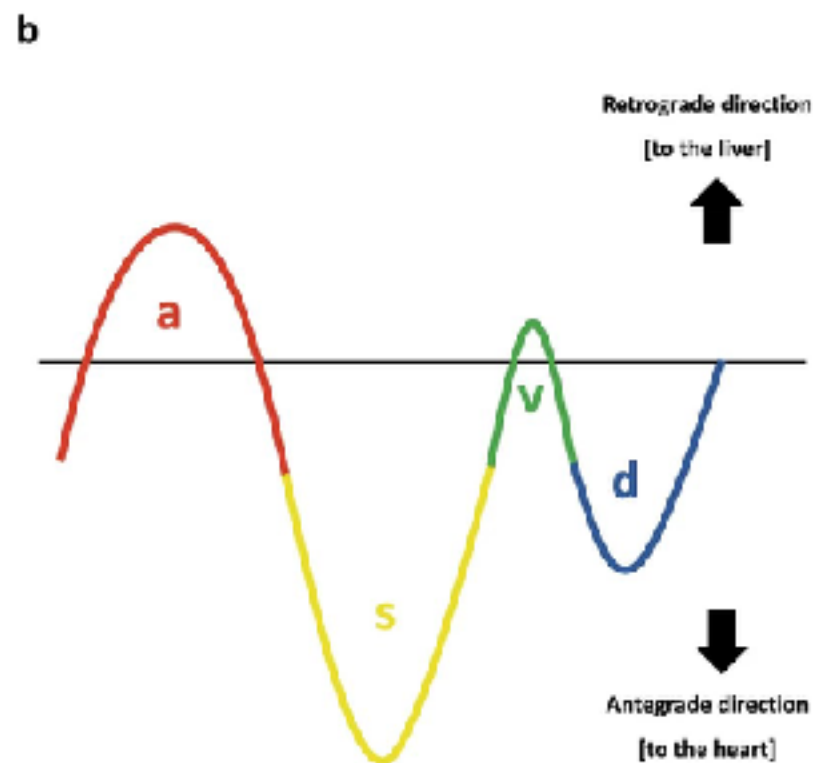
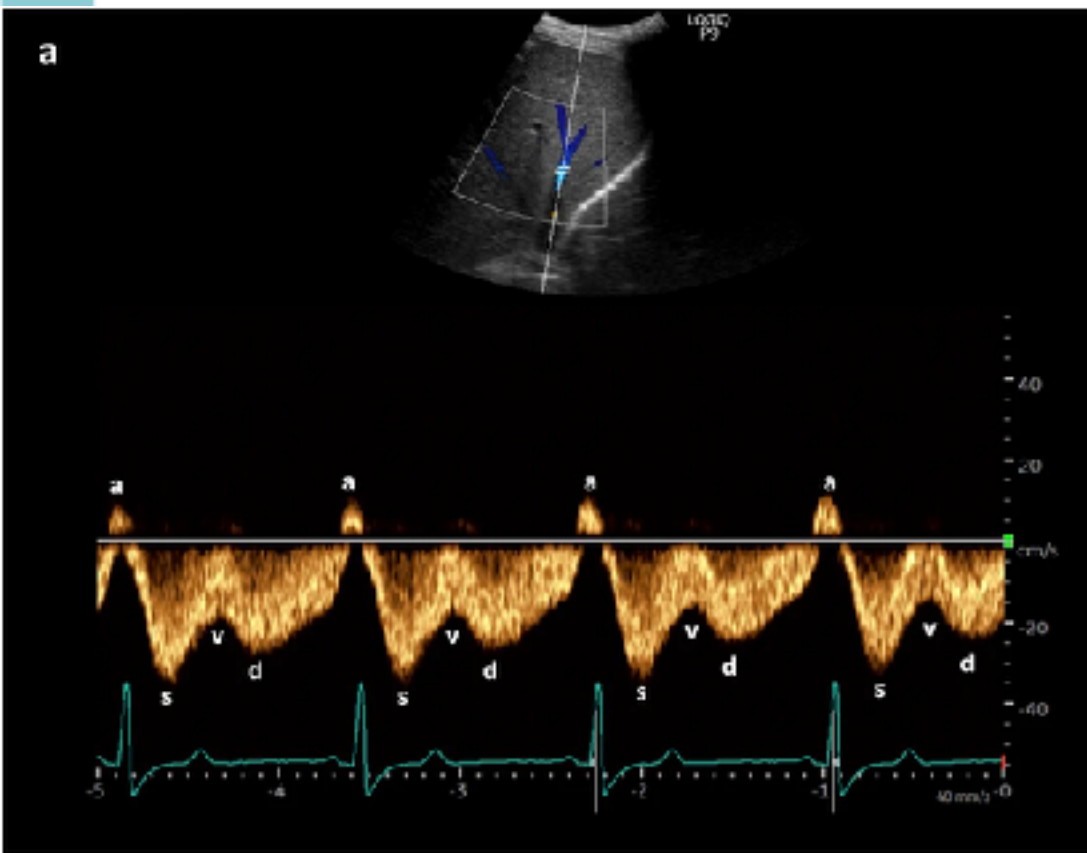
CE  
50%  
3000Hz  
MC 105Hz  
2.5MHz

cm/s  
-38.0



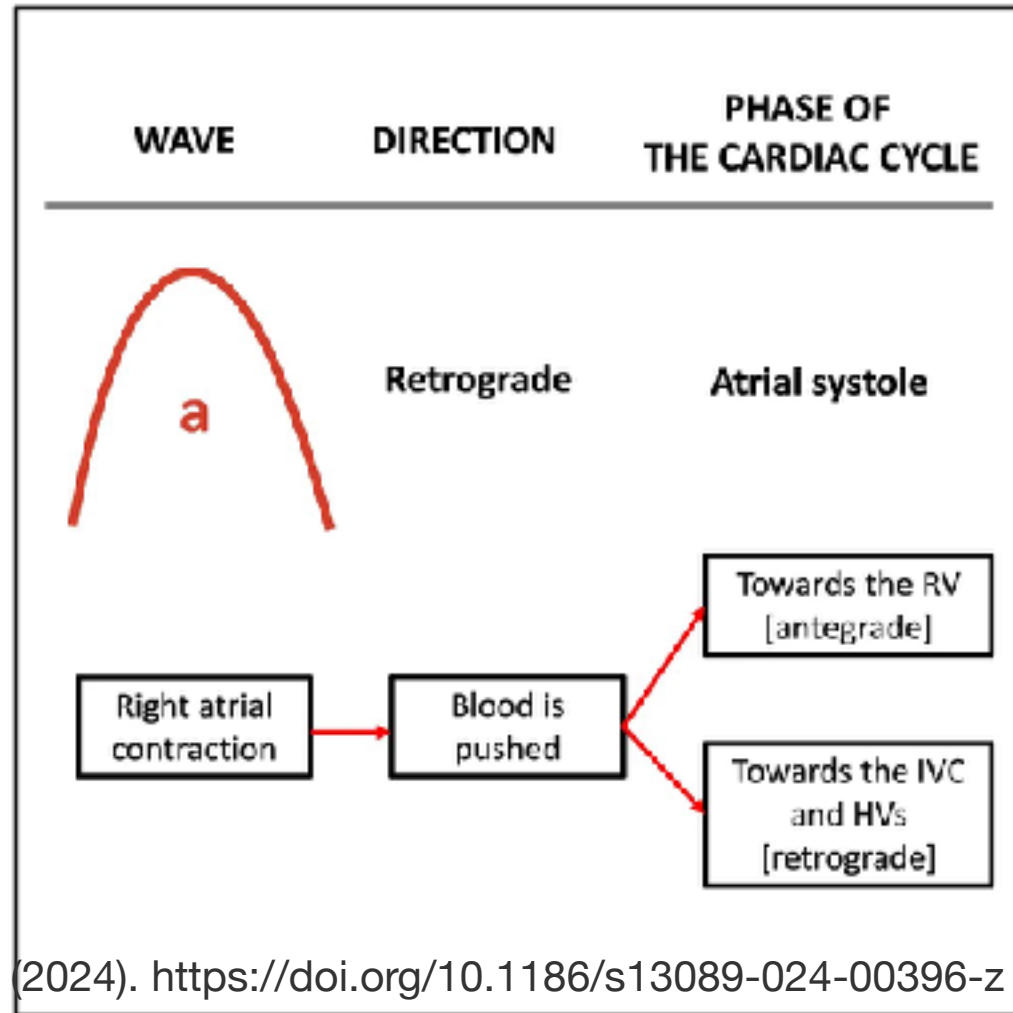
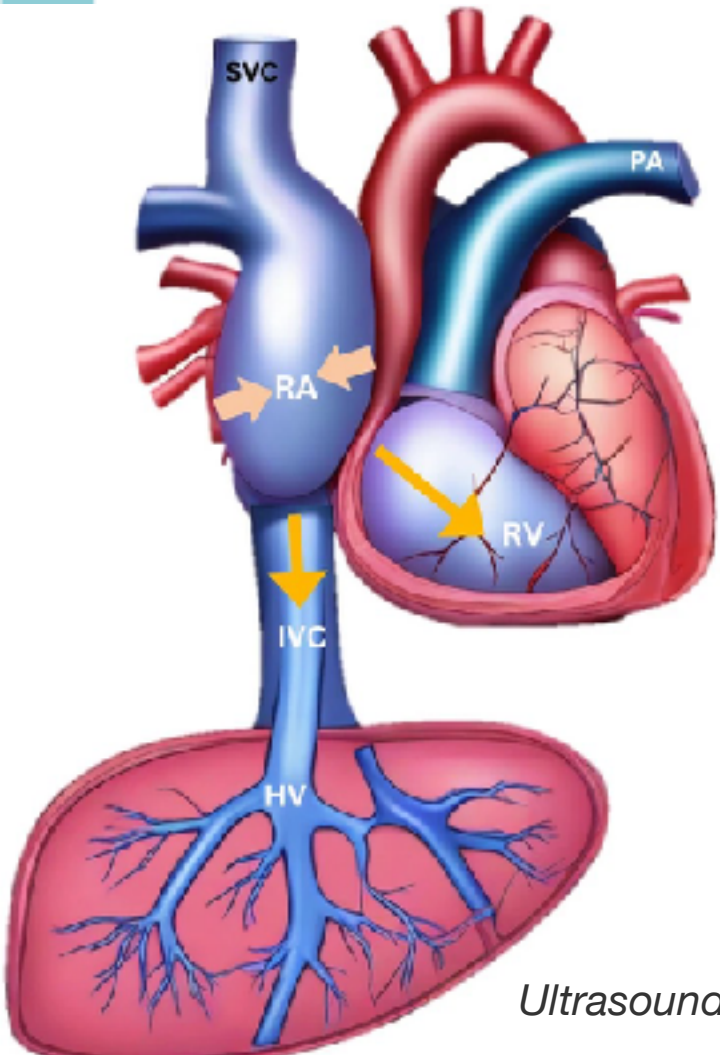


# HV waveform with ECG tracing



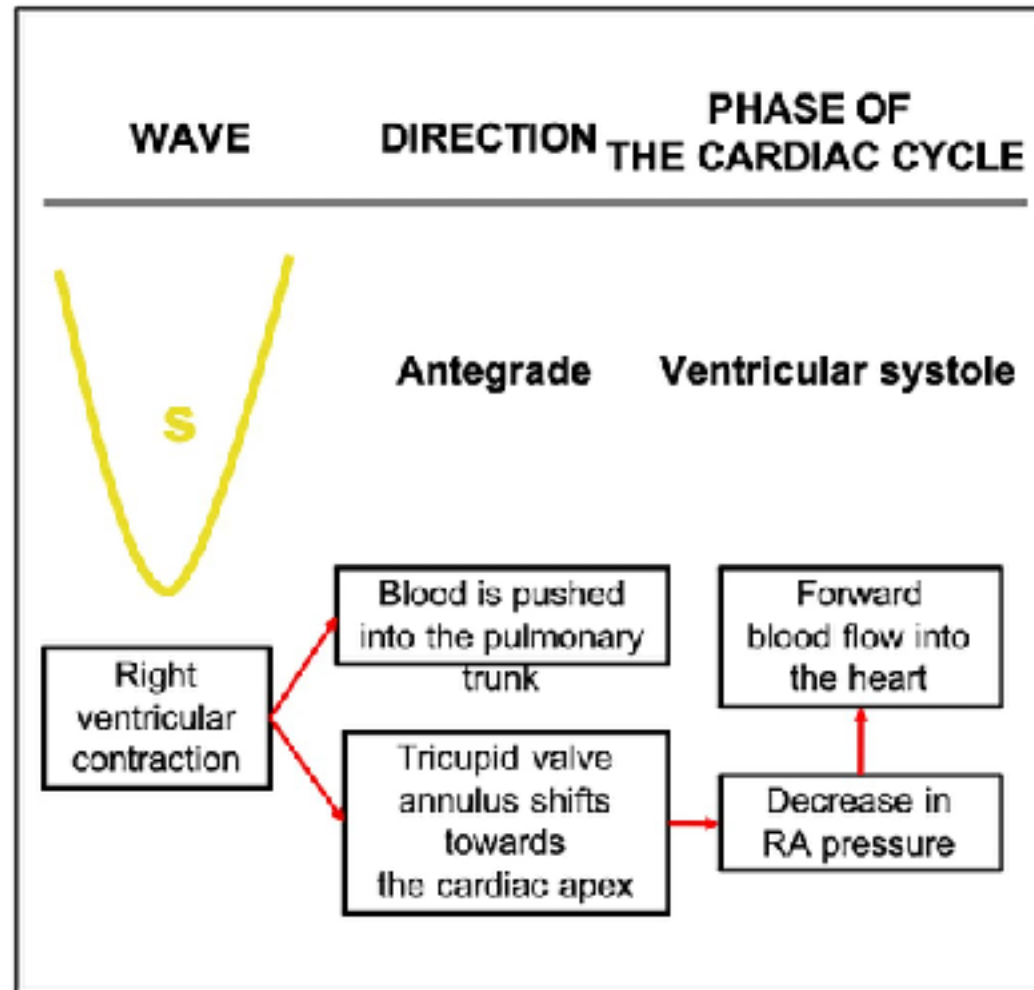
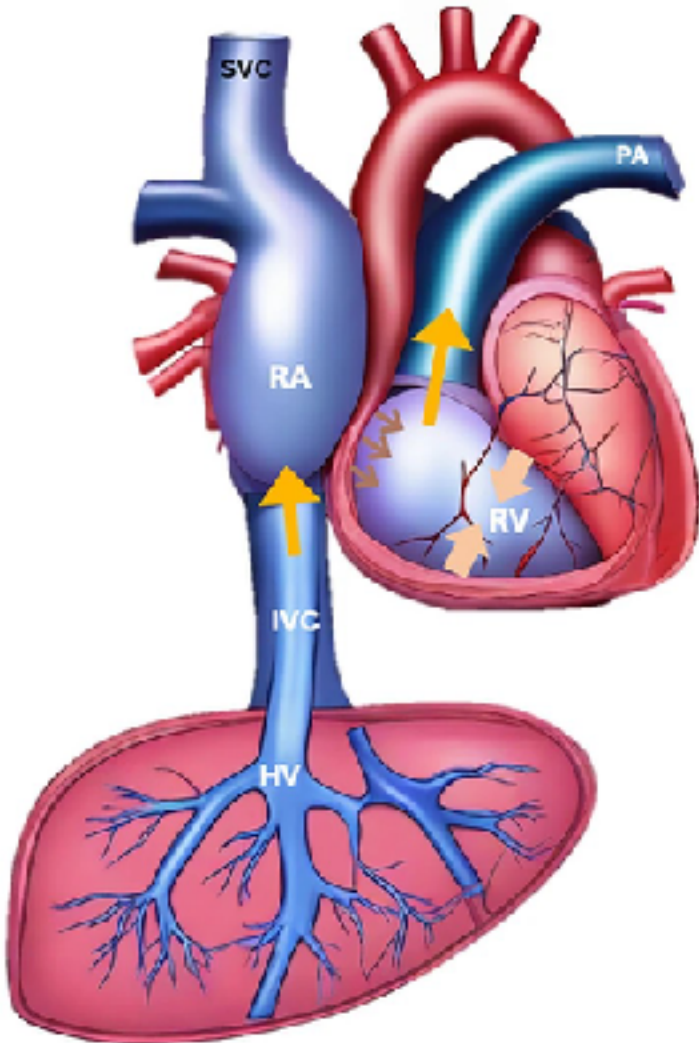


# HV waveform - a wave



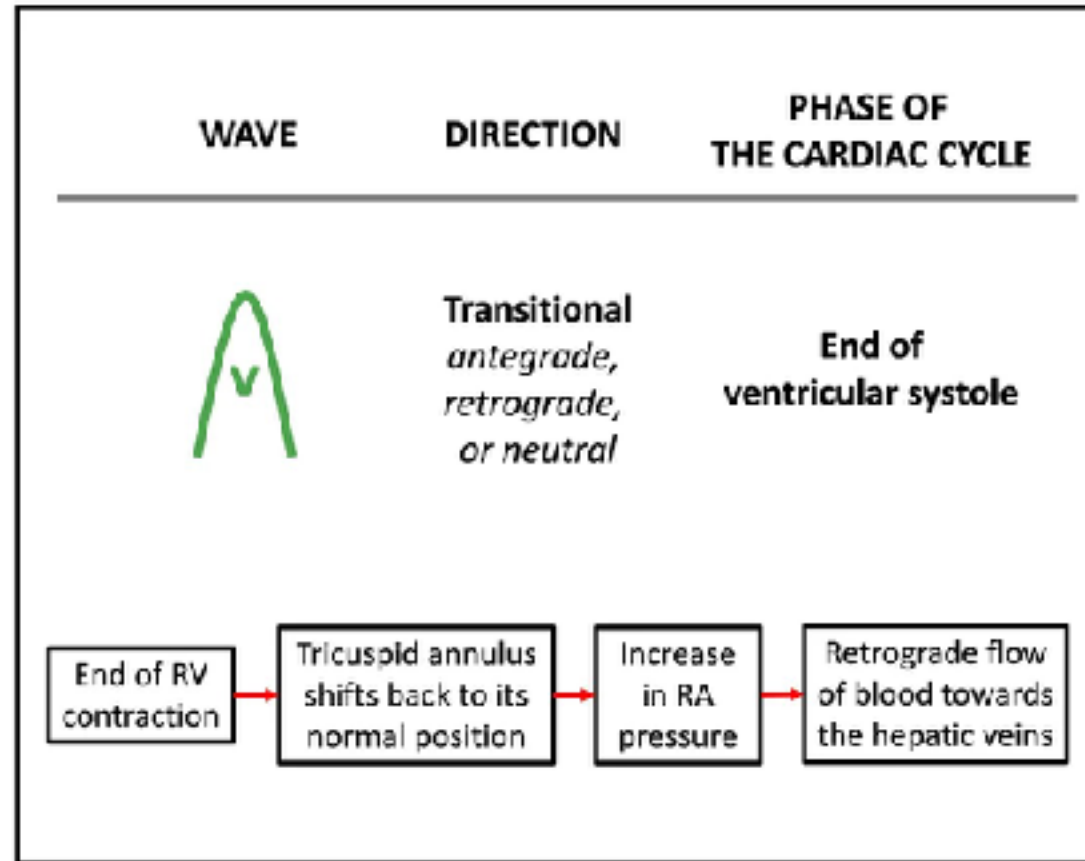
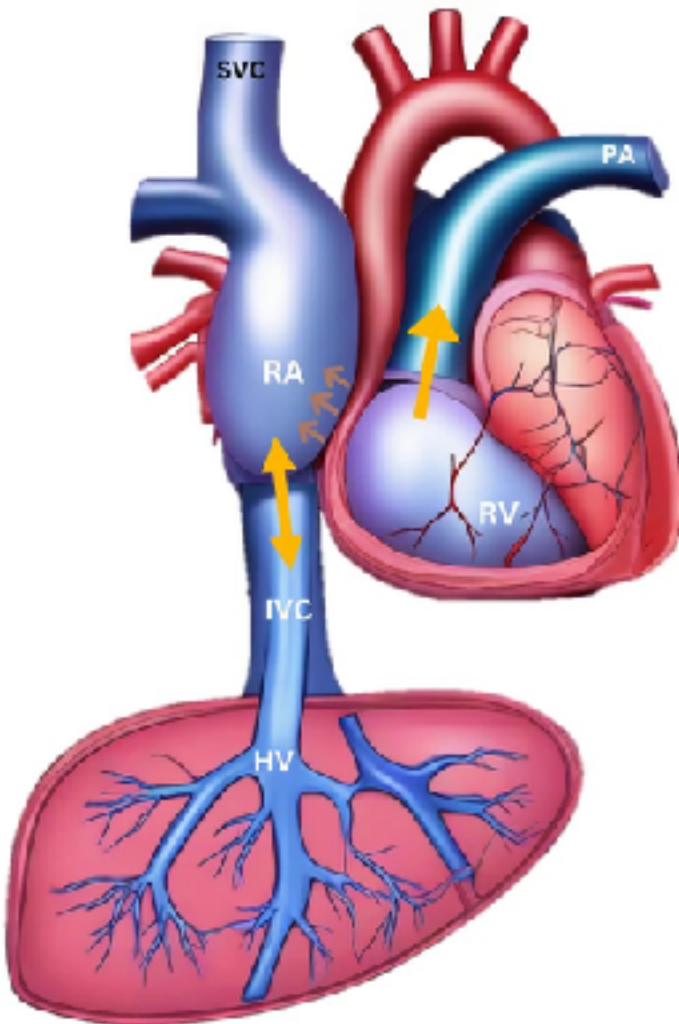


# HV waveform - s wave



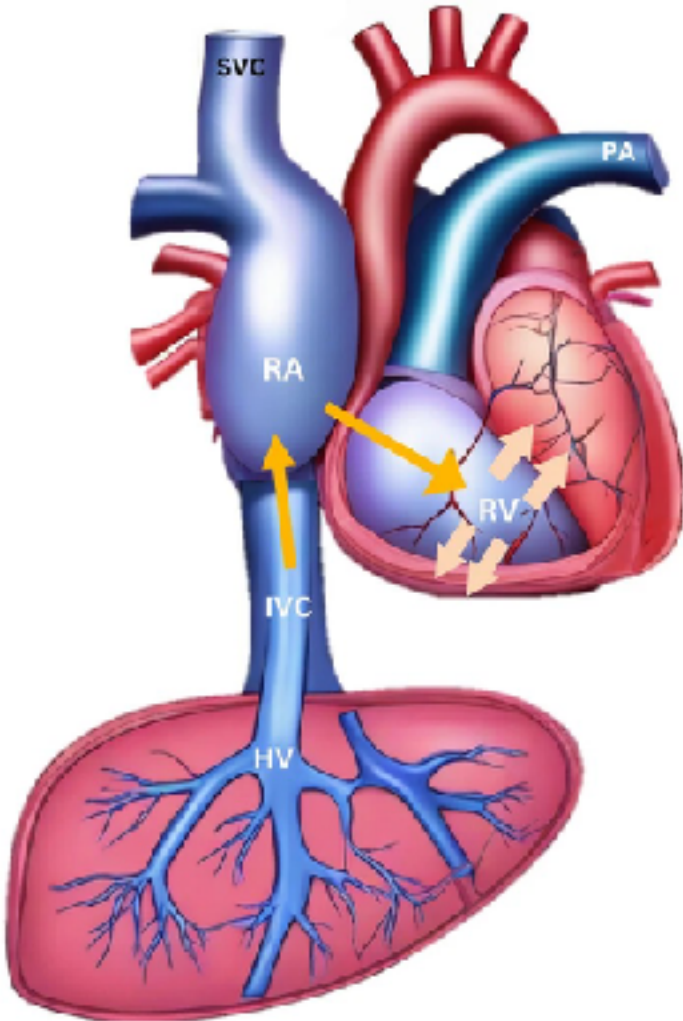




# HV waveform - v wave





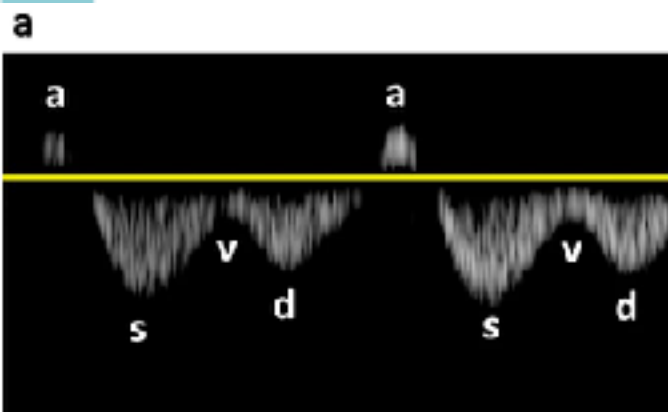
# HV waveform - d wave



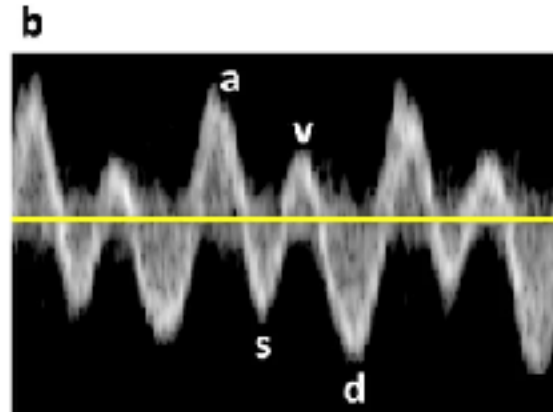
WAVE	DIRECTION	PHASE OF THE CARDIAC CYCLE
	Antegrade	Ventricular diastole
<div style="border: 1px solid black; padding: 5px; display: inline-block;">Tricuspid valve opens</div>		<div style="border: 1px solid black; padding: 5px; display: inline-block;">Passive blood flow from the liver towards the heart</div>



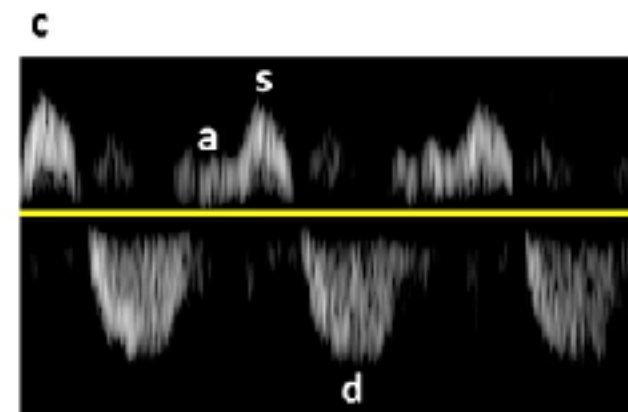
# HV waveform



**Normal**  
**S > D**

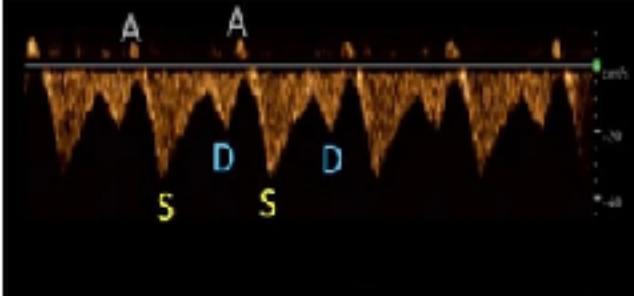
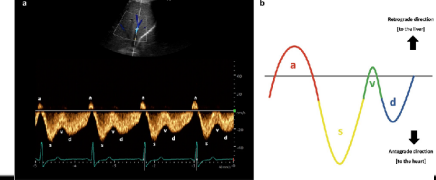


**Venous Congestion**  
**S < D**

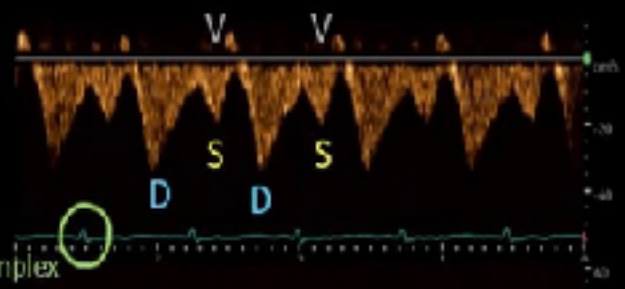


**Severe Venous Congestion**  
**S Reversal**

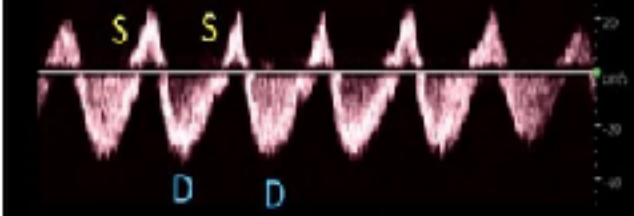
# Pitfalls without ECG



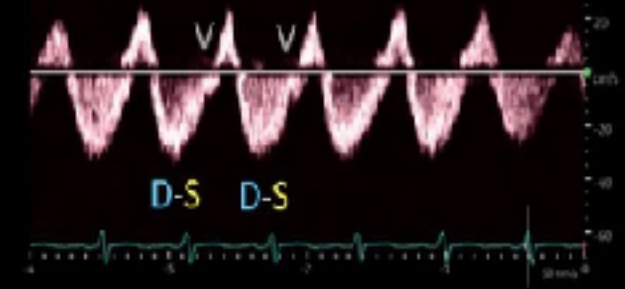
S>D  
Normal



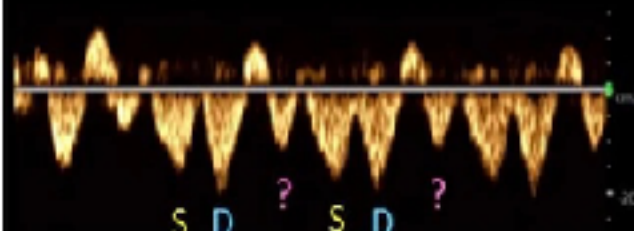
S<D  
Mildly abnormal



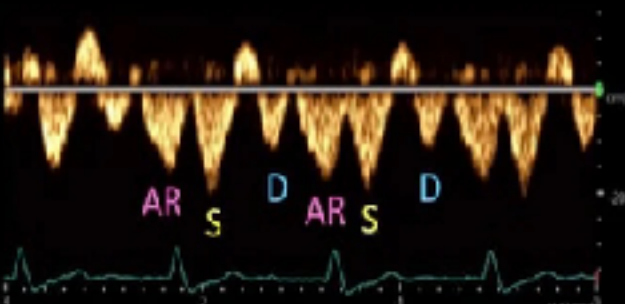
S-reversal  
Severe congestion



D-S fusion  
Hyperdynamic state



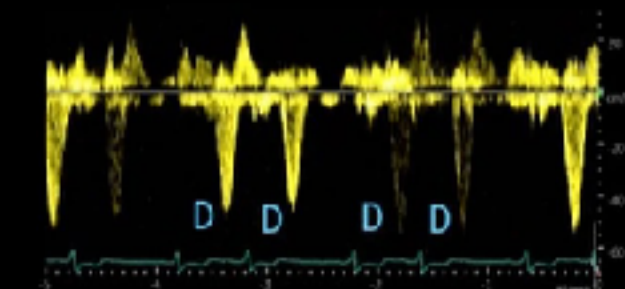
S<D + Unknown  
wave



S>D, Atrial  
reversal wave  
due to prolonged  
PR interval



S>D  
Normal

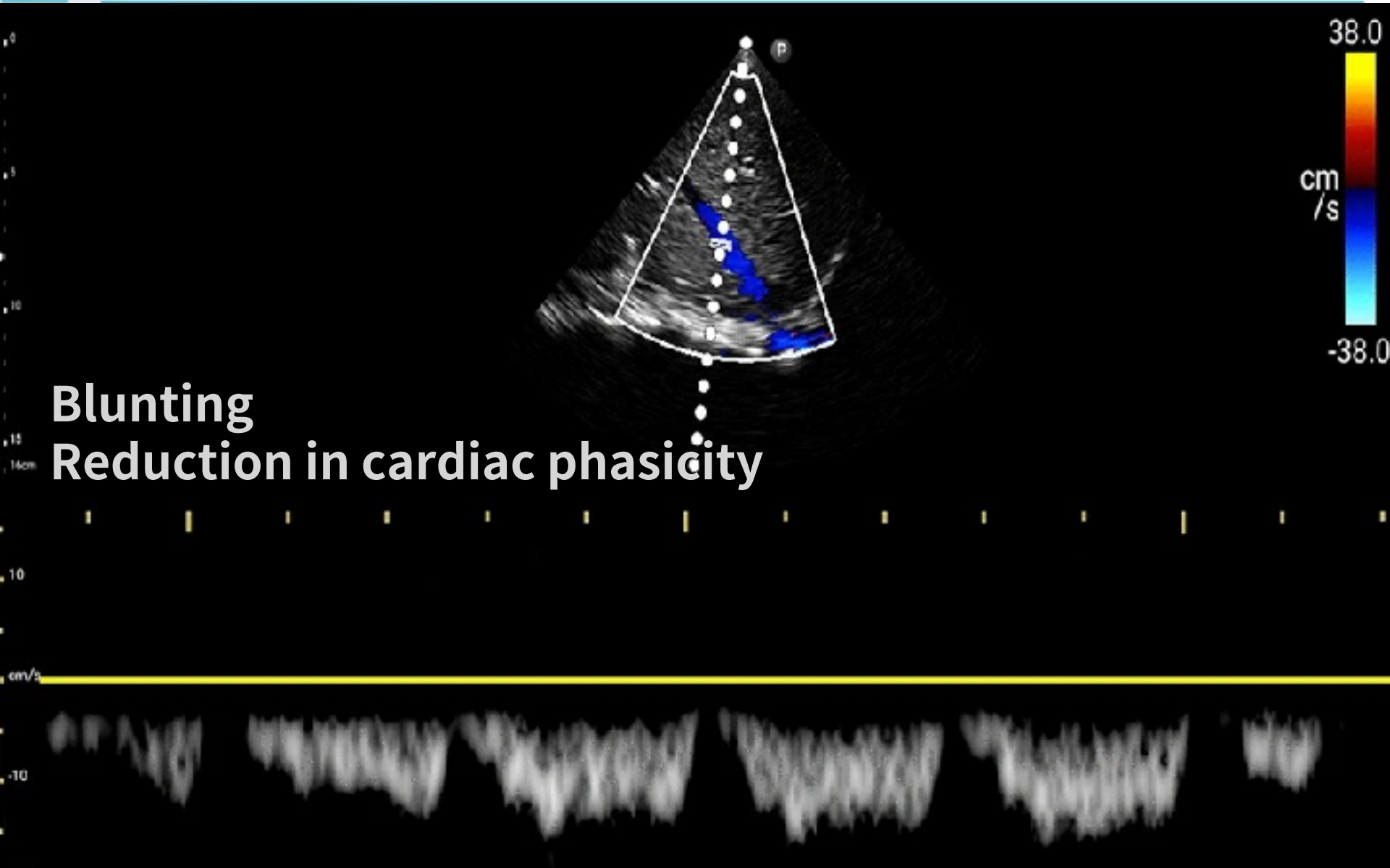


D-only pattern  
Severe congestion  
(atrial fibrillation)





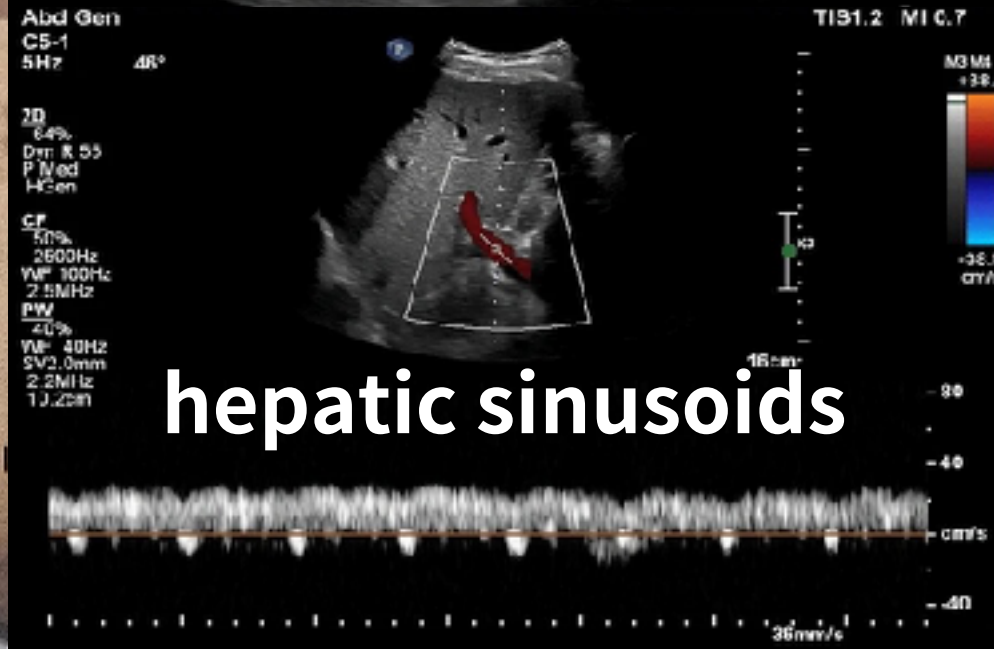
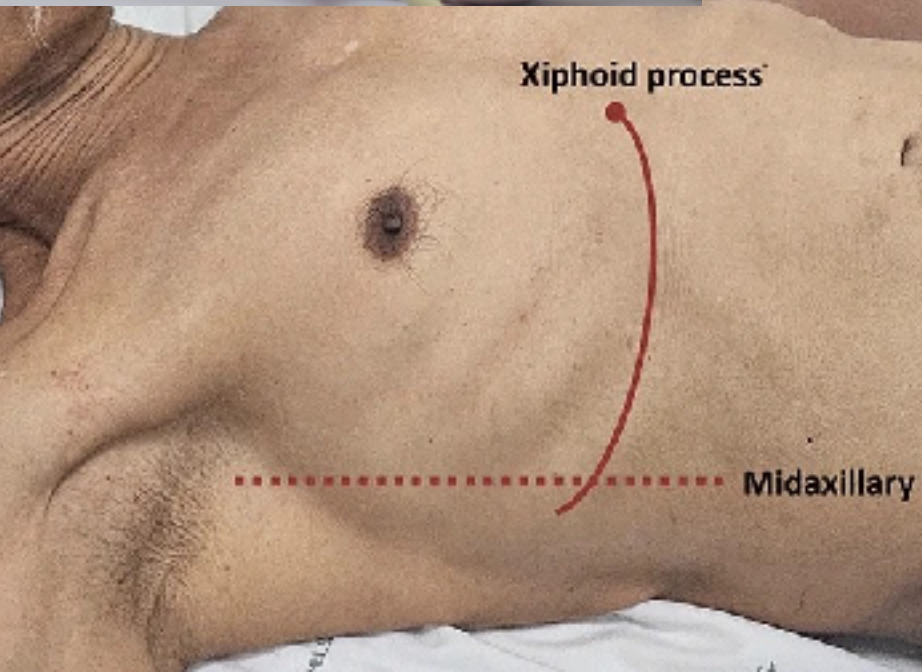
# HV waveform in cirrhosis





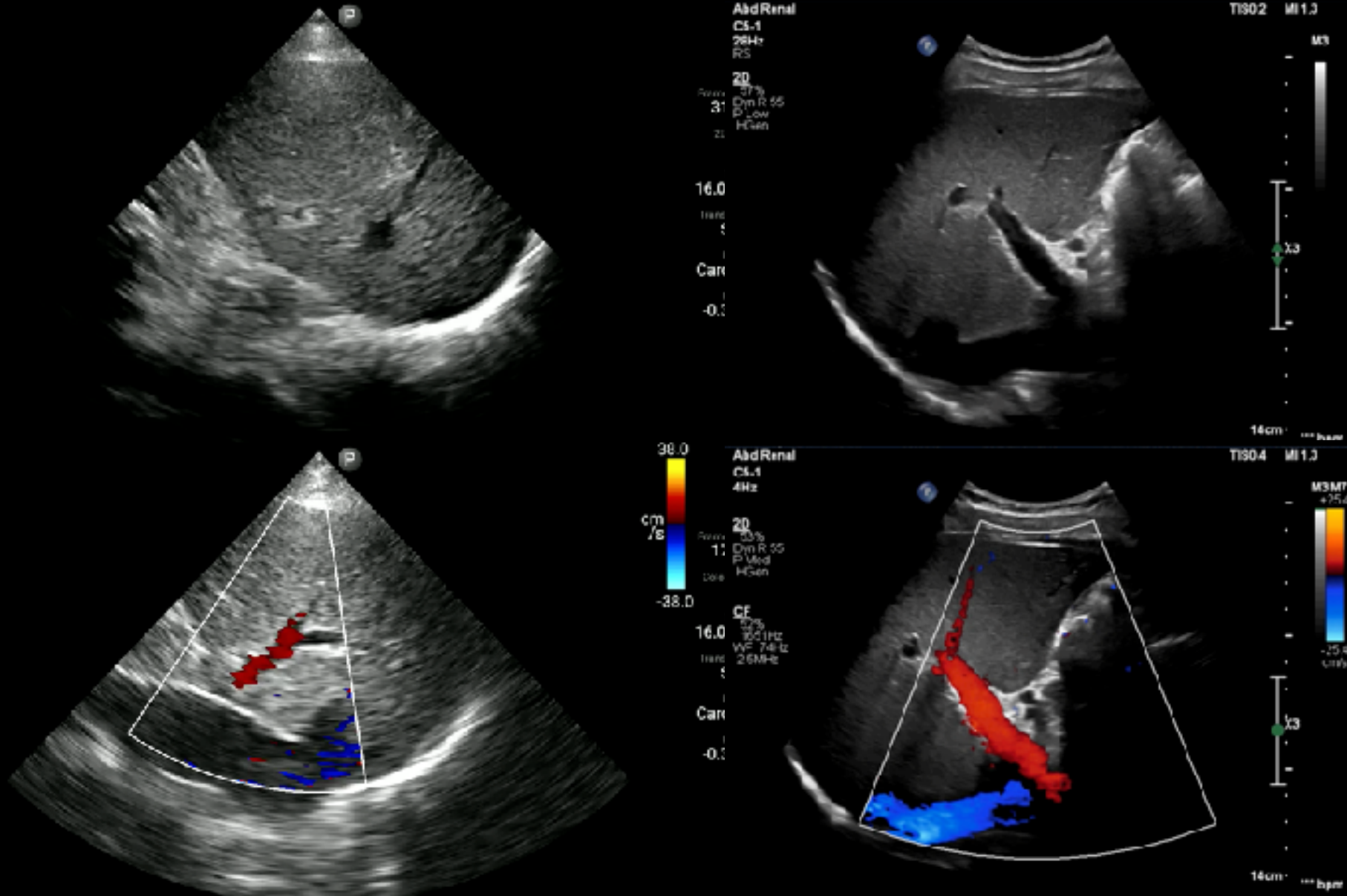


# PV exam & Doppler (coronal view)



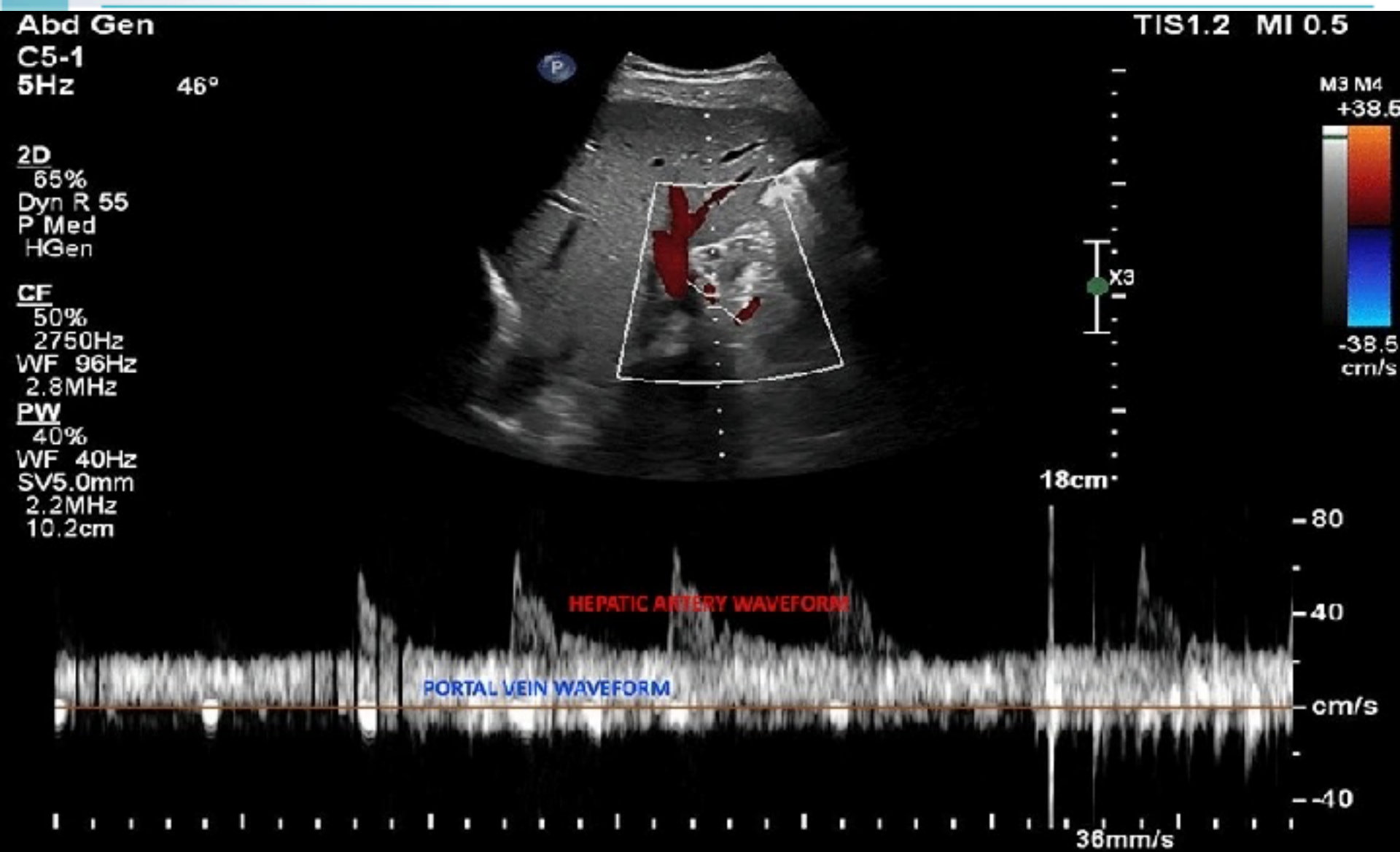


# PV exam & Doppler (coronal view)





# PV & hepatic artery waveform







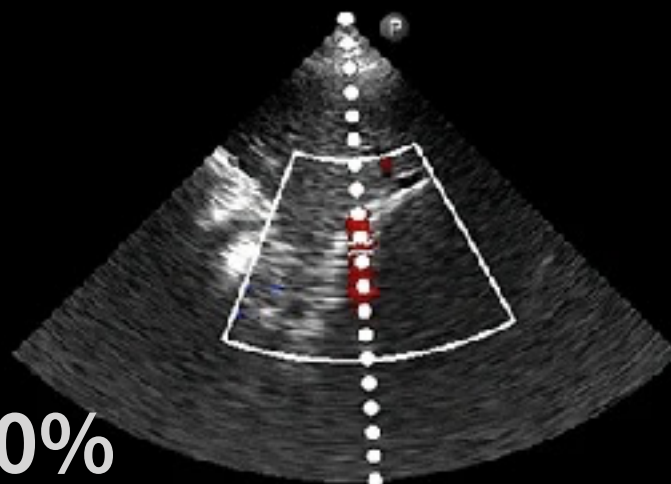
# Portal vein pulsatility fraction (PVPF)

Velocity +  
20.2cm/s

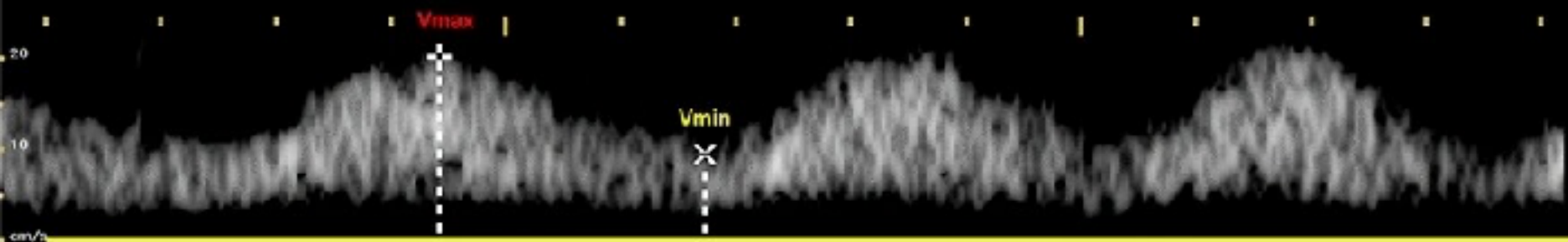
Velocity ×  
9.50cm/s

PG  
0mmHg

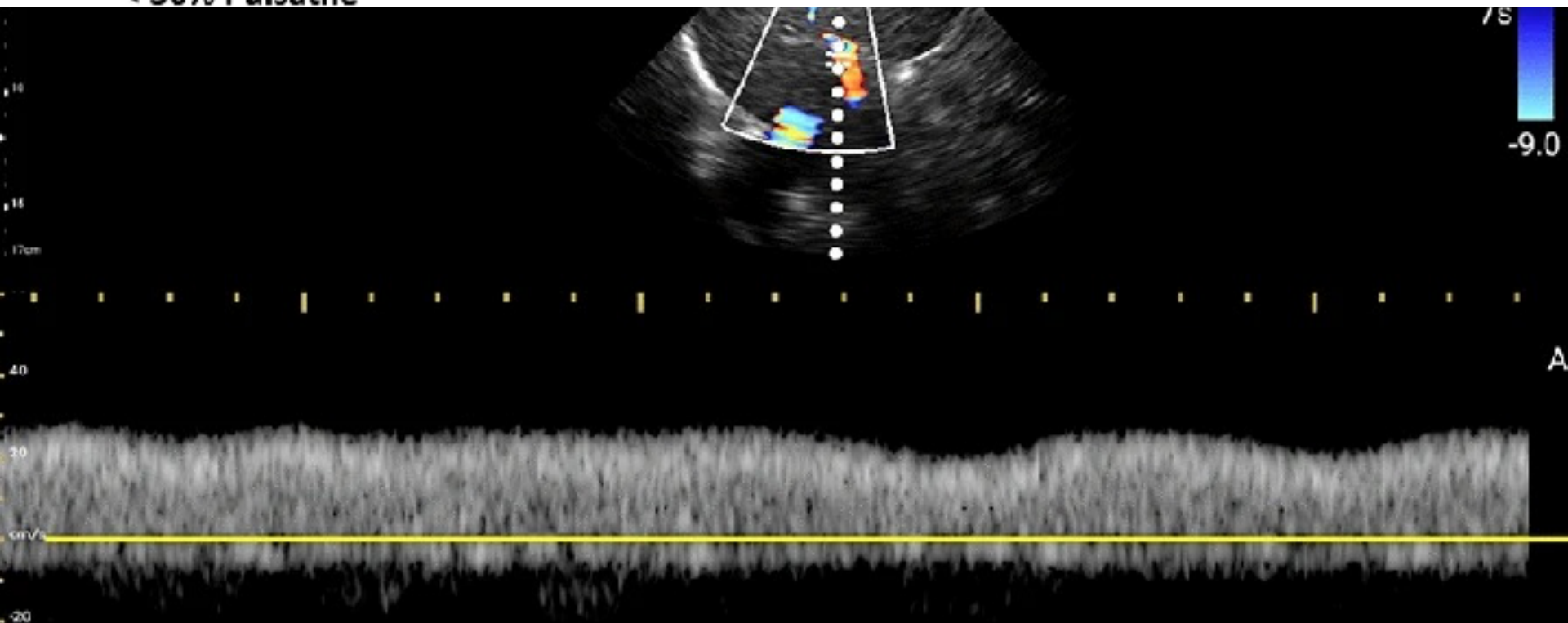
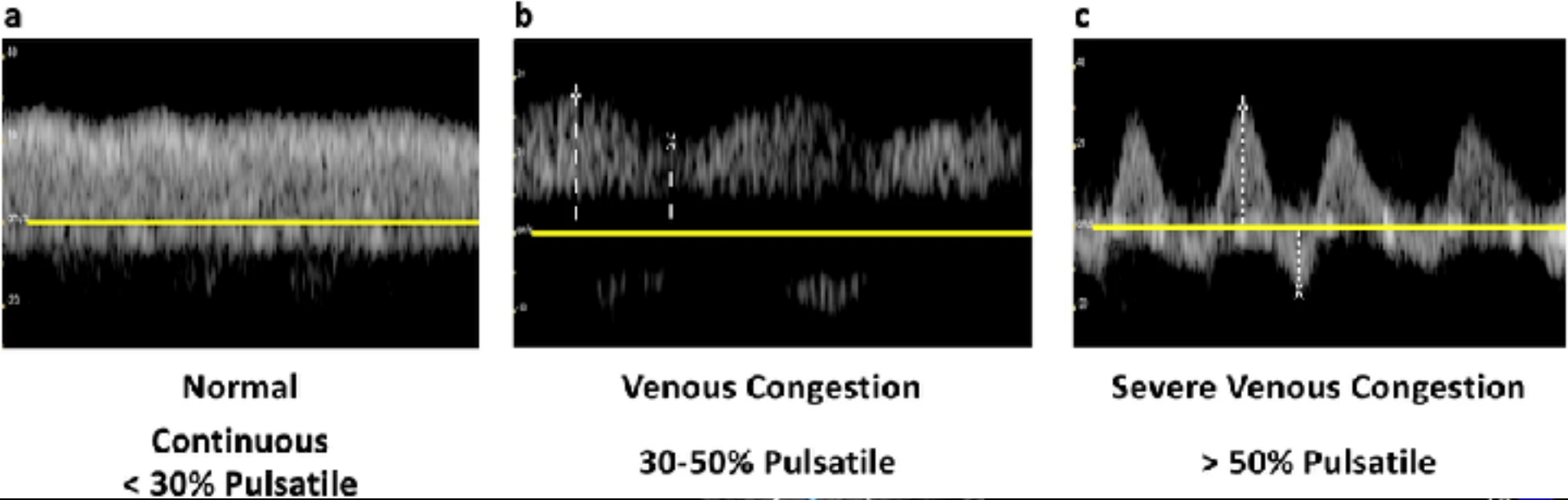
PG  
0mmHg



Normal PVPF < 30%

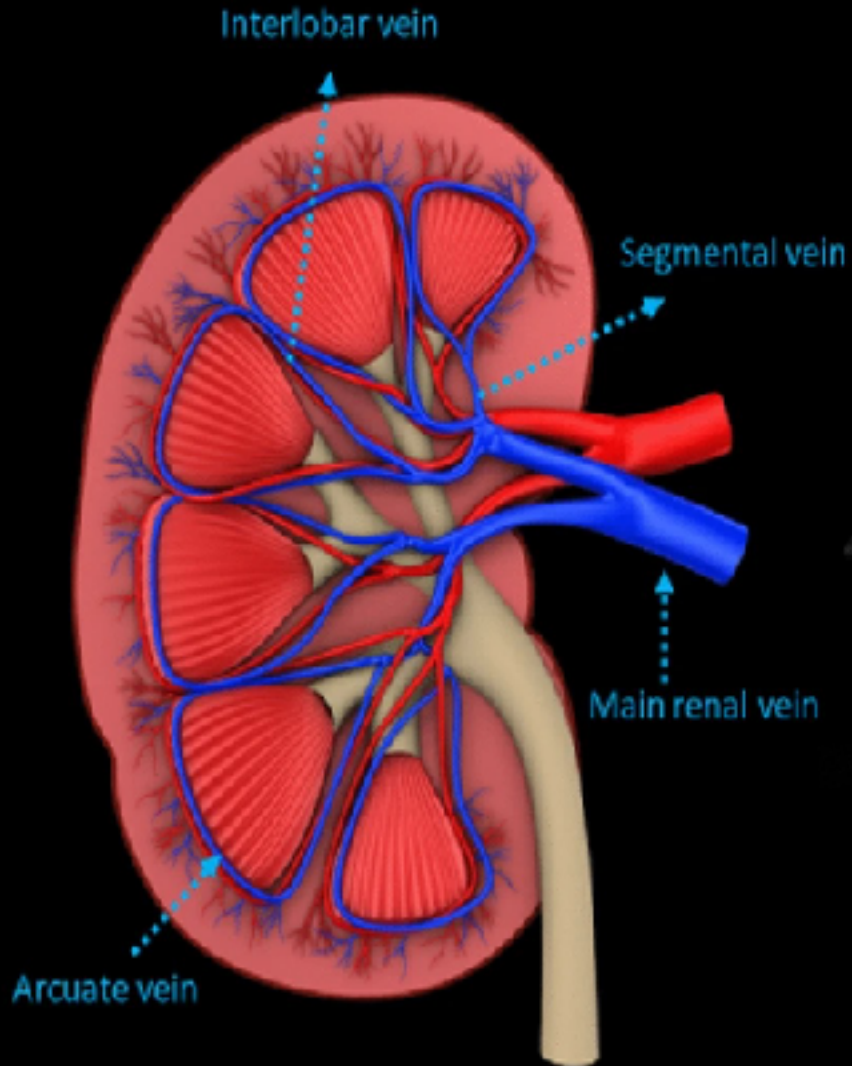


$$\text{PVPF} = \{[\text{Vmax} - \text{Vmin}] / \text{Vmax}\} \times 100 \%$$





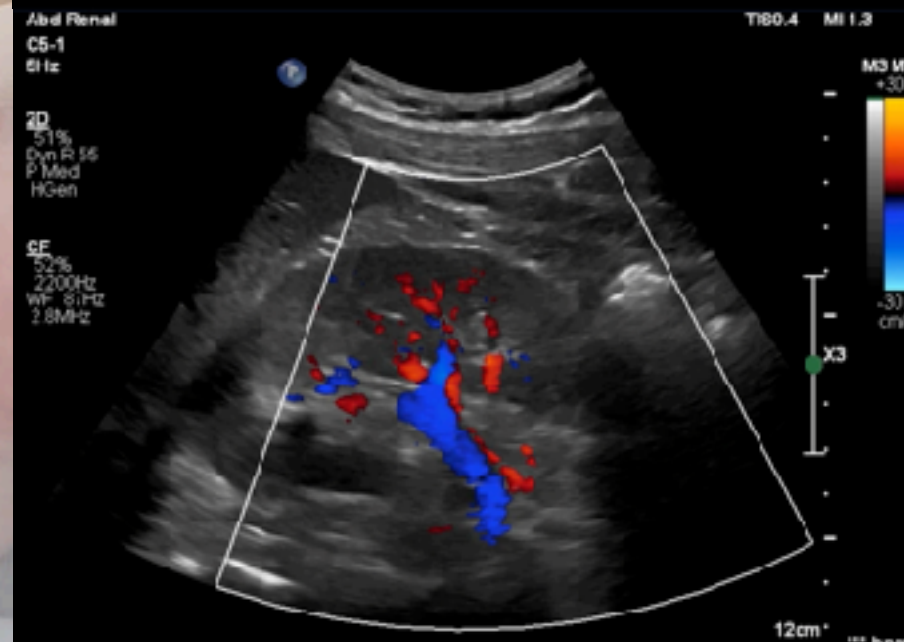
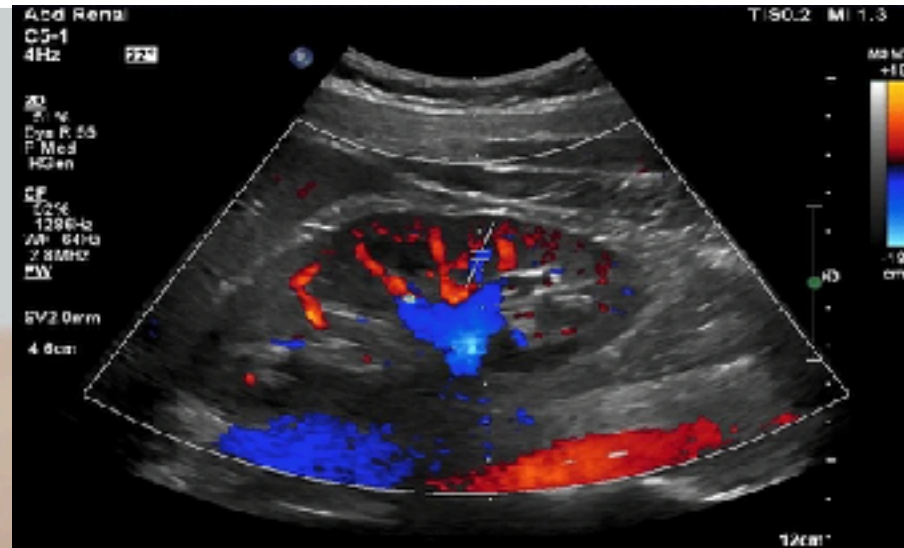
# Intrarenal vein Doppler







# Intrarenal vein Doppler



Abd Renal

TISO.4 MI 1.2

C5-1

5Hz

P

2D

56%  
Dyn R 55  
P Med  
HGen

CF

22%  
1650Hz  
WF 74Hz  
2.8MHz

M3 M7  
+23.1

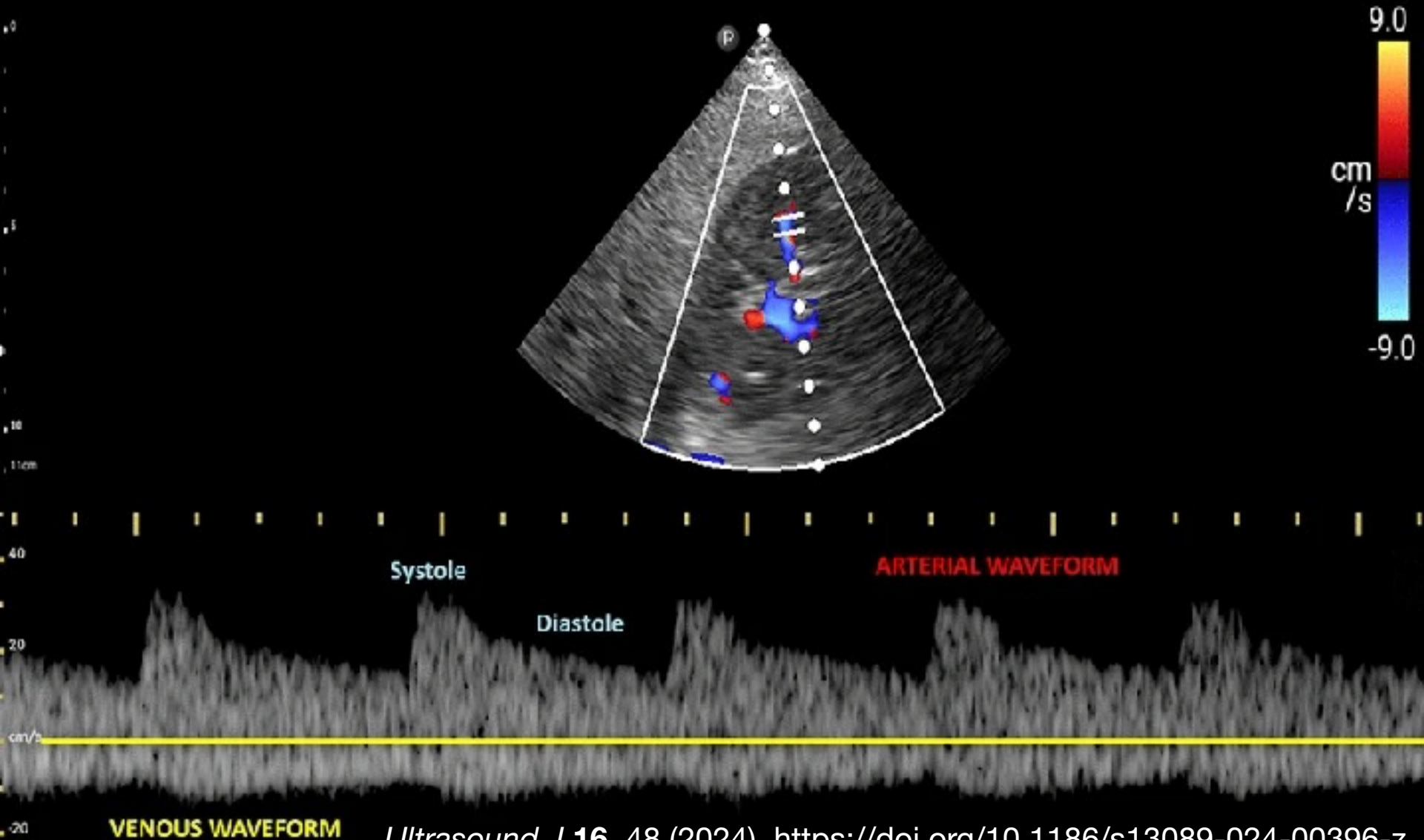


X3

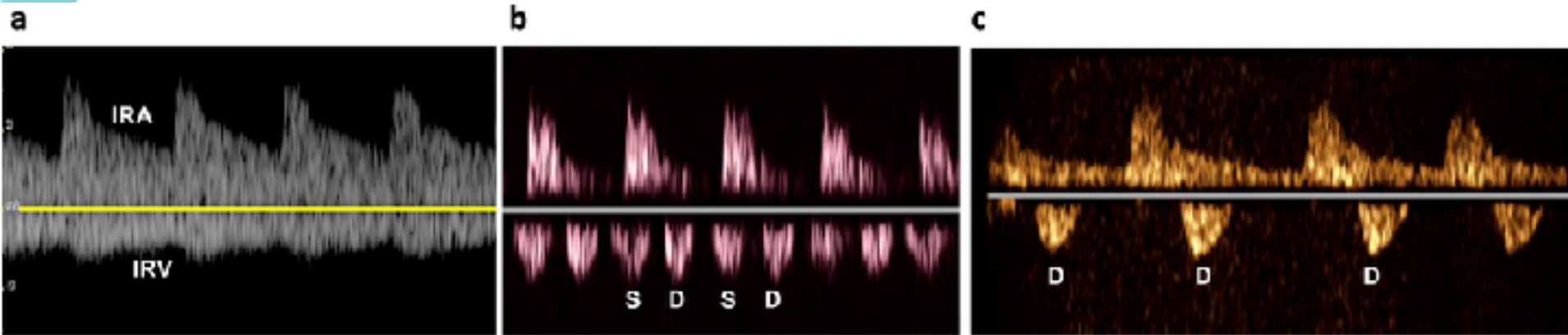


# IRVD

continuous pattern with minimal pulsatility and no interruptions



# IRVD patterns



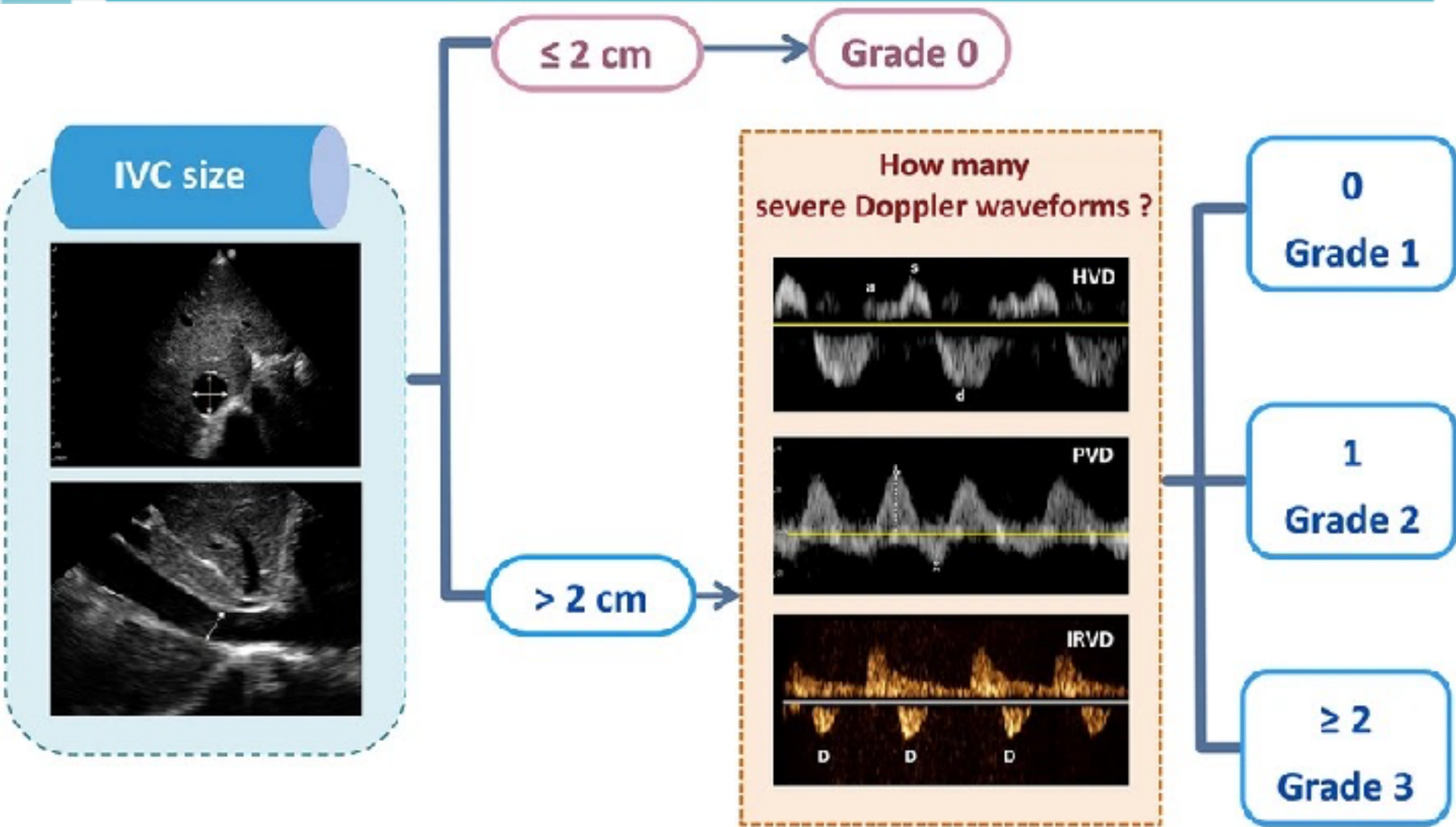
**Normal  
Continuous**

**Venous Congestion  
Biphasic  
Distinct S,D waves**

**Severe Venous Congestion  
Monophasic  
D-only below baseline**



# VExUS grading system




ORIGINAL ARTICLE

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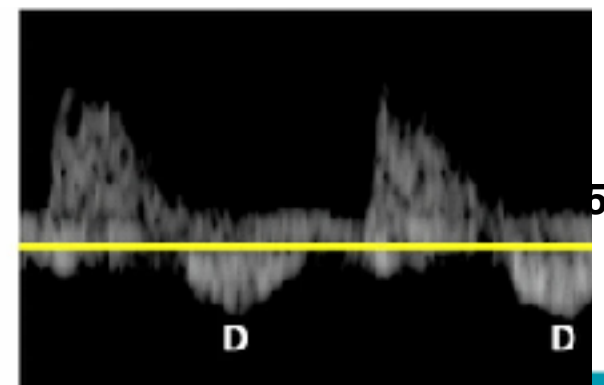
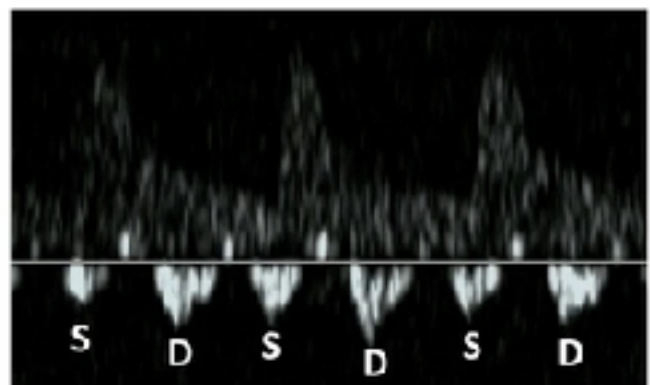
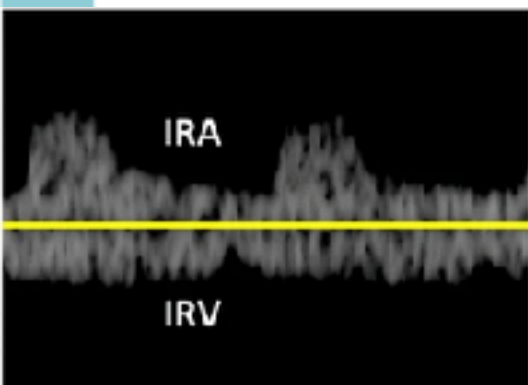
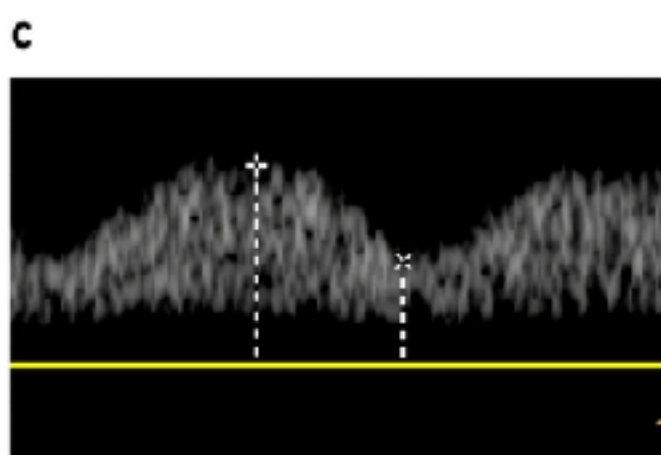
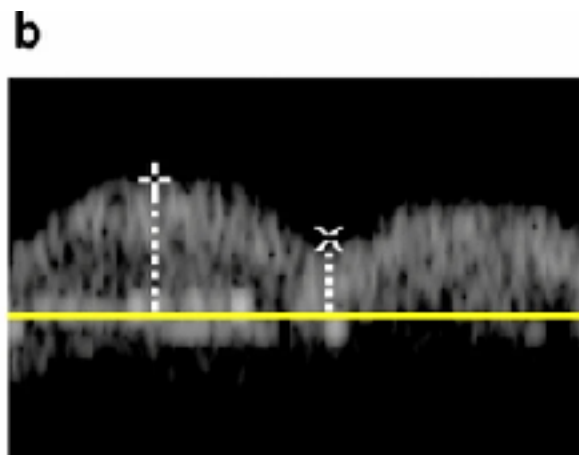
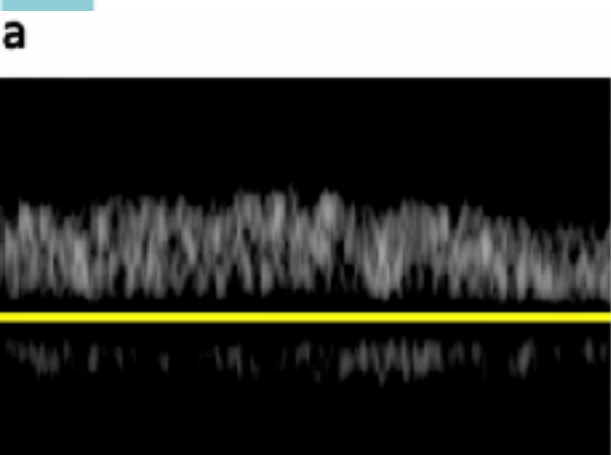
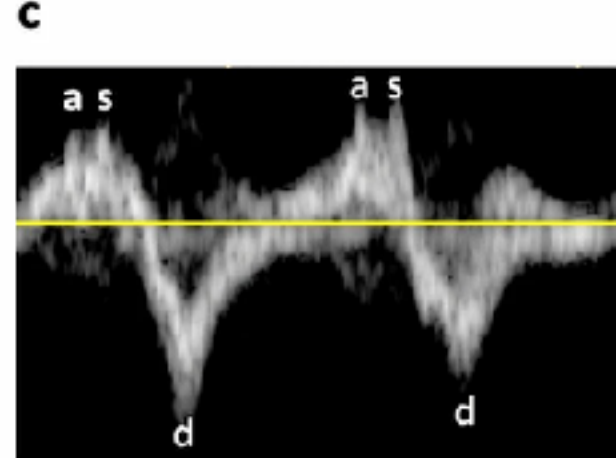
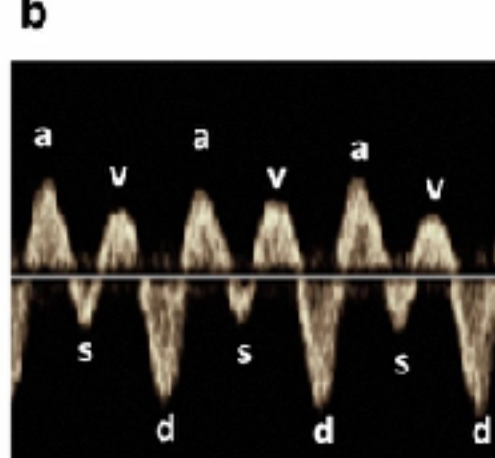
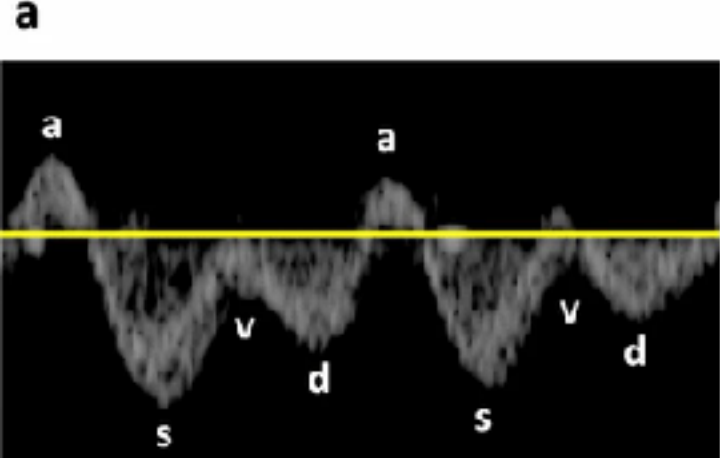


<http://crossmark.crossref.org/doi/10.1186/s13089-024-00397-y/submitting/pdf>

# Correlation between right atrial pressure measured via right heart catheterization and venous excess ultrasound, inferior vena cava diameter, and ultrasound-measured jugular venous pressure: a prospective observational study

Suppawee Klangthamneam<sup>1</sup>, Krissada Meemook<sup>1</sup>, Tananchai Petnak<sup>1</sup>, Anchana Sonkaew<sup>1</sup> and Taweevat Assavapokee<sup>1\*</sup> 

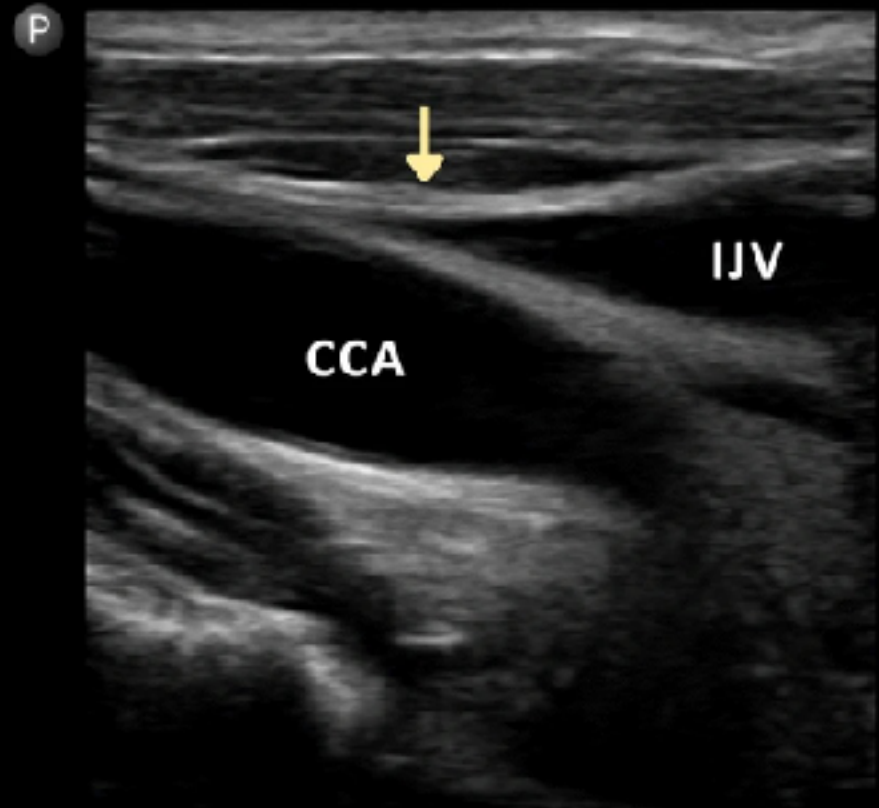
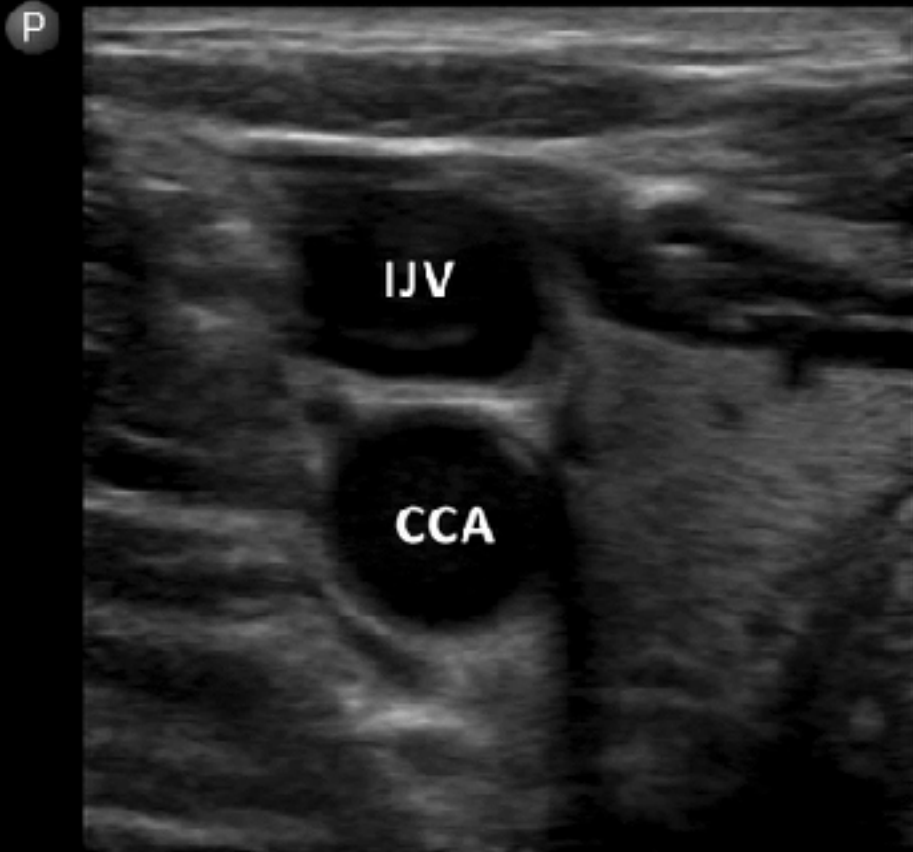
2022/9 ~ 2023/7  
73 patients with RHC





# Neck bottle sign

uJVP: Point of collapse in IJV - - Sternal angle (+ 5cm H2O)



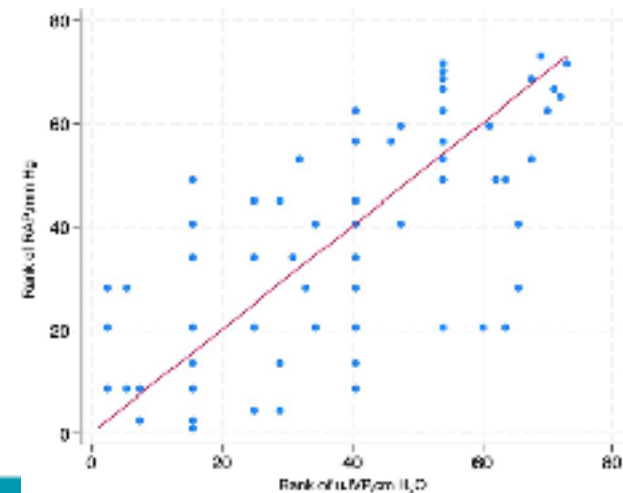
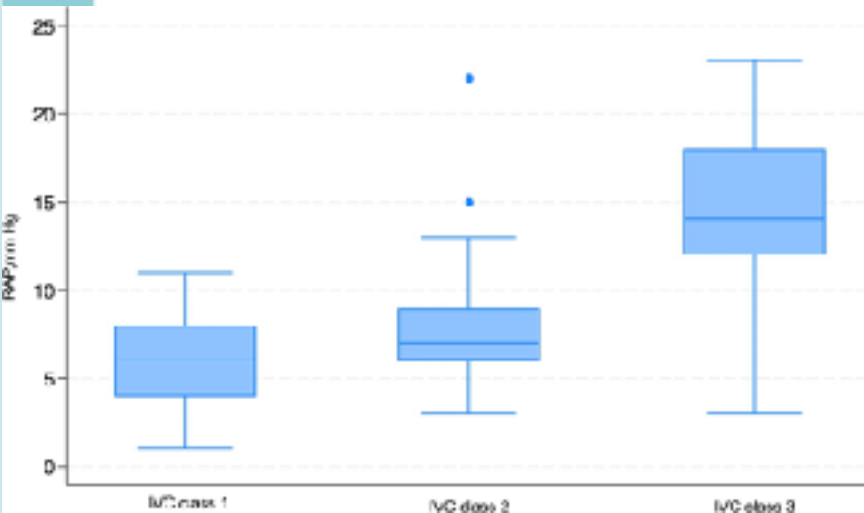
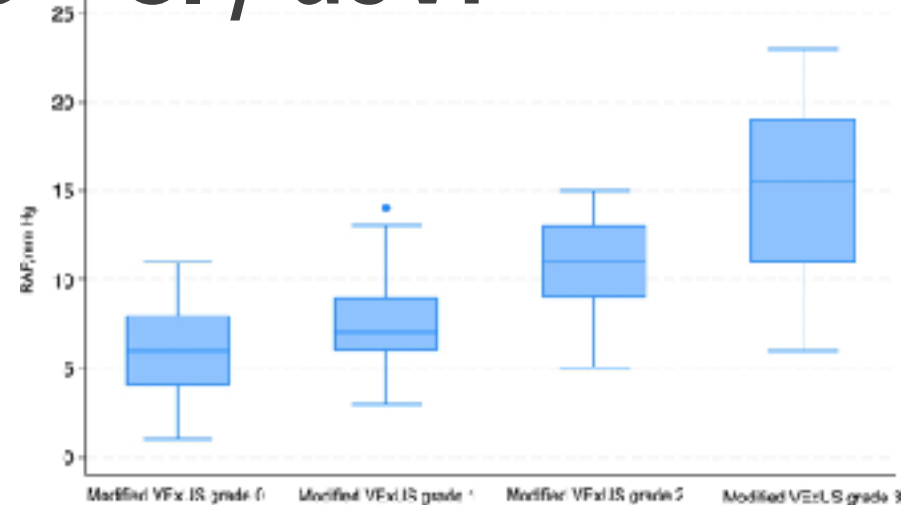
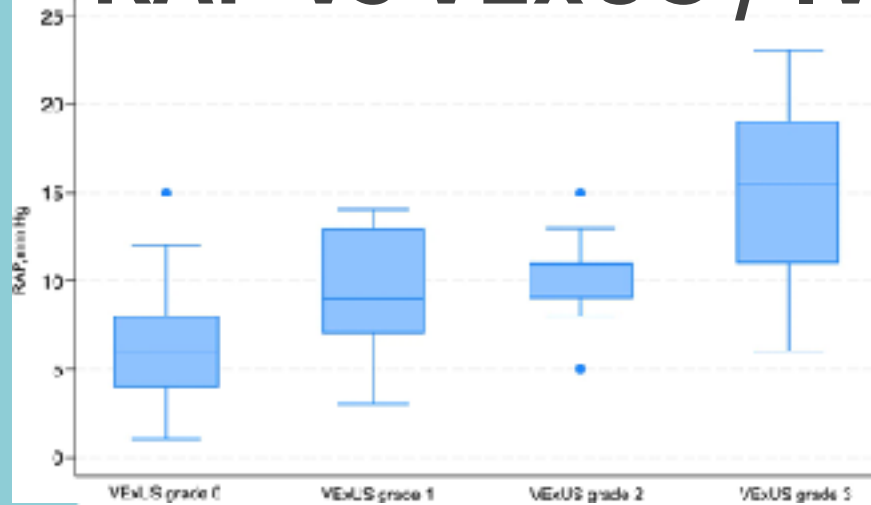
Head position: 45°





# Strong correlation

## RAP vs VExUS / IVC + CI / uJVP



REVIEW

Open Access

# Prediction of fluid responsiveness. What's new?



Xavier Monnet<sup>\*</sup> , Rui Shi and Jean-Louis Teboul

*Trends in Anaesthesia and Critical Care* 54 (2024) 101316

Contents lists available at [ScienceDirect](https://www.sciencedirect.com)

Trends in Anaesthesia and Critical Care

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## Prediction of fluid responsiveness in critical care: Current evidence and future perspective

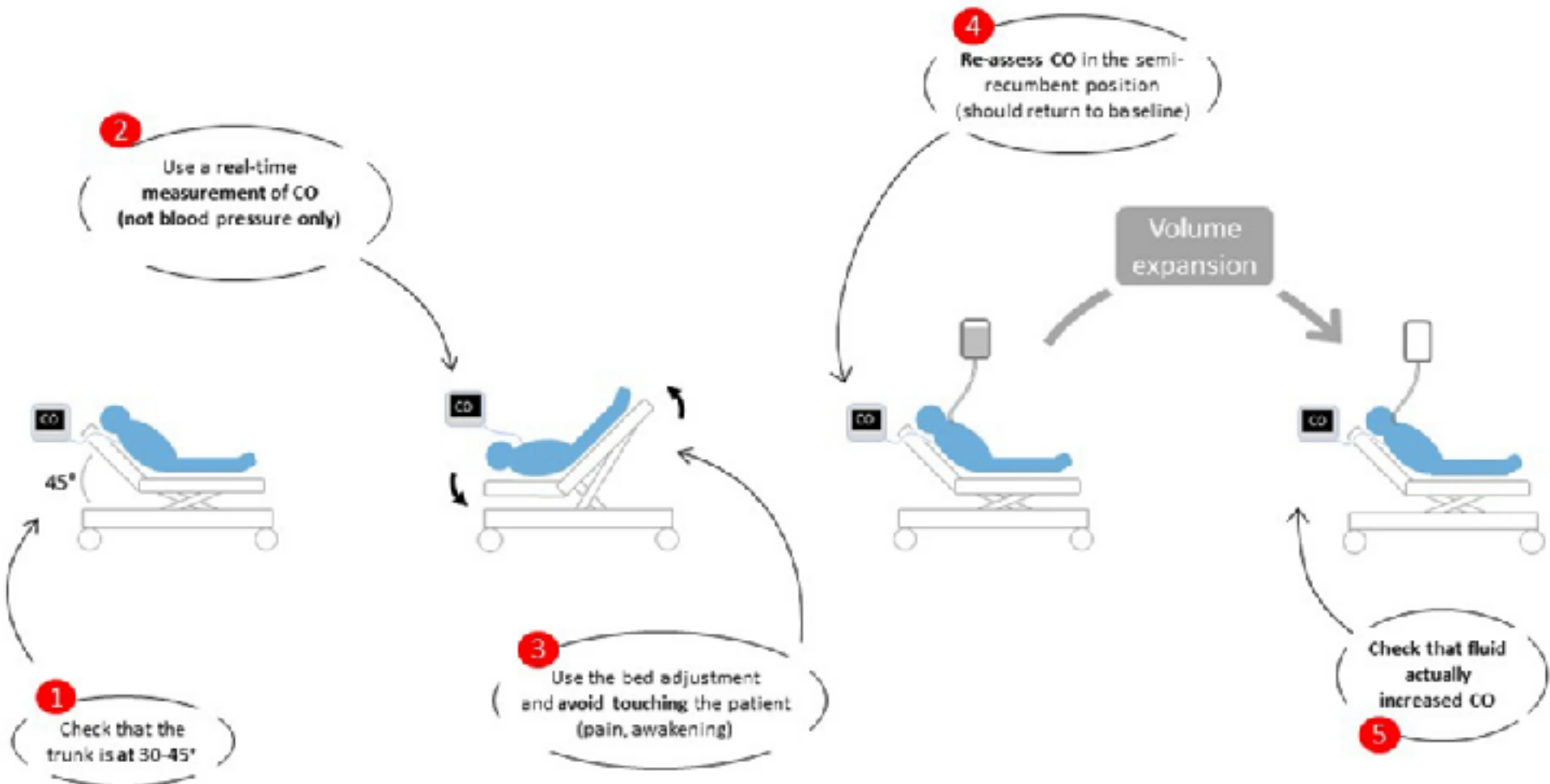


Luigi La Via<sup>a,\*</sup>, Francesco Vasile<sup>a</sup>, Francesco Perna<sup>a</sup>, Mateusz Zawadka<sup>b</sup>

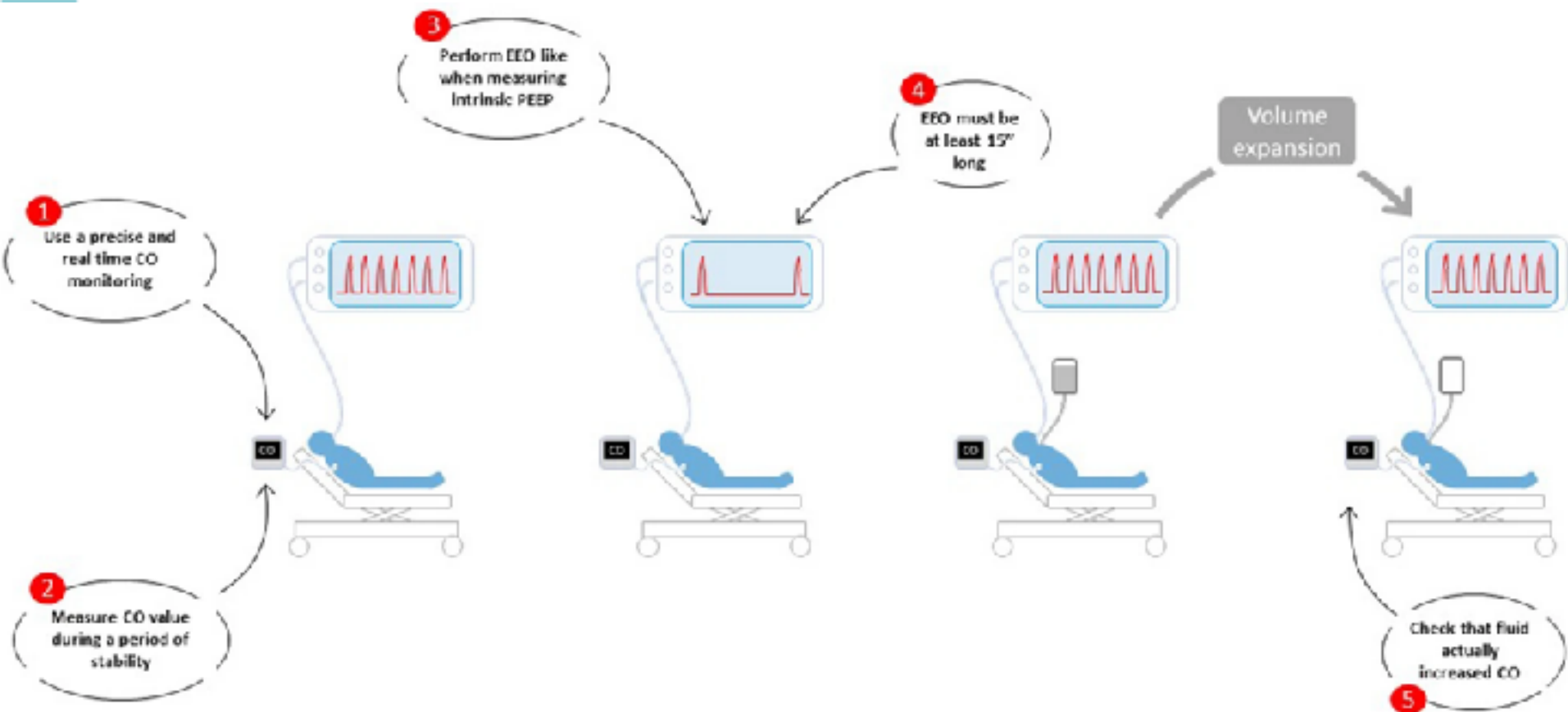
<sup>a</sup> Department of Anesthesia and Intensive Care, Azienda Ospedaliera Universitaria Policlinico "G. Rodolico-San Marco", Via Santa Sofia, 78, 95123, Catania, Italy

<sup>b</sup> Second Department of Anesthesia and Intensive Care, Medical University of Warsaw, 1A Banacha Str., 02-097, Warsaw, Poland

# Passive leg raising test

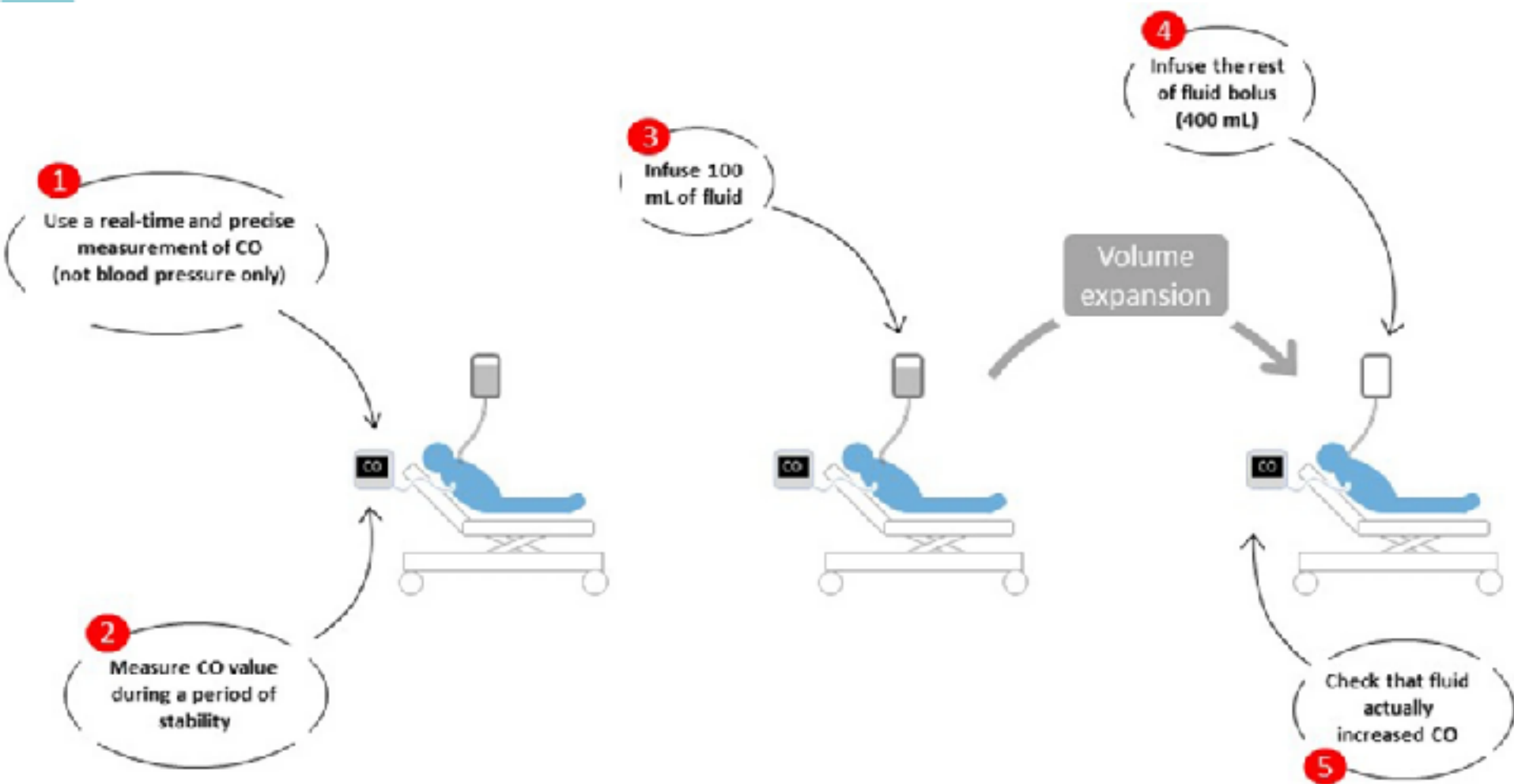


# End-expiratory occlusion test





# Mini-fluid challenge





# Mimicking a classic fluid challenge

Test	Advantages	Limitations	Confounding factors	Criterion of judgement	Diagnostic threshold	Level of evidence*
Passive leg raising	→ Reversible, no fluid infusion	→ Requires a direct estimation of CO/ SV	→ Possible false negatives in case of intra-abdominal hypertension	↗ CO	≥ 10%	++++
	→ Works regardless of breathing activity, cardiac rhythm, Vt, lung compliance	→ False negatives in case of IAH	→ False negatives in case of venous compression stockings	↗ VTI	≥ 10%	++++
	→ Very well validated			↗ end-tidal CO <sub>2</sub>	≥ 5% ≥ 2 mmHg	++
				↗ perfusion index	≥ 9%	+
				↘ PFW/SVV	≥ -1 to 4 points	+
				↘ capillary refill time	≥ -27%	+
Mini-fluid challenge	→ Easy to perform	→ Requires a direct estimation of CO/ SV	→ Poor precision of the technique measuring cardiac output	↗ CO	≥ 5%	++
	→ Works regardless of breathing activity, cardiac rhythm, Vt, lung compliance, IAP	→ Requires a precise estimation of CO/SV → Still requires fluid infusion	→ Volume of fluid infused (minimum: 100 mL)	↗ VTI	≥ 10%	+
Trendelenburg manoeuvre	→ Reversible, no fluid infusion → Possible even in prone position, on the operating table or under ECMO → Works regardless of breathing activity, cardiac rhythm, Vt, lung compliance	→ Possible gastric reflux → Requires more validation	→ Intra-abdominal hypertension?	↗ CO	≥ 8 to 10%	+



# Heart–lung interactions

Test/index	Advantages	Limitations	Confounding factors	Criterion of judgement	Diagnostic threshold	Level of evidence
PPV	<ul style="list-style-type: none"> <li>→Automatically measured</li> <li>→Widely available (invasive or non-invasive arterial pressure curve)</li> <li>→Requires no manoeuvre</li> <li>→Very well validated</li> </ul>	<ul style="list-style-type: none"> <li>→Impossible to use in many patients because of confounding factors</li> </ul>	<ul style="list-style-type: none"> <li>→False positives in case of cardiac arrhythmias, spontaneous breathing activity and possibly right ventricular failure</li> <li>→False negatives in case of low Vt, low lung compliance and IAH</li> </ul>	Absolute value itself	≥ 15%	++++
SVV	<ul style="list-style-type: none"> <li>→Automatically measured</li> <li>→Requires no manoeuvre</li> <li>→Well validated</li> </ul>	<ul style="list-style-type: none"> <li>→Impossible to use in many patients because of confounding factors</li> <li>→Requires a device for pulse contour analysis</li> </ul>	<ul style="list-style-type: none"> <li>→Those of PPV</li> <li>→An arterial pressure of poor quality may provide wrong values</li> </ul>	Absolute value itself	≥ 15%	+++
EEO test	<ul style="list-style-type: none"> <li>→Easy to perform</li> <li>→Works regardless of breathing activity, cardiac rhythm, Vt, lung compliance</li> <li>→Well validated</li> </ul>	<ul style="list-style-type: none"> <li>→Requires a direct estimation of CO/SV</li> <li>→Requires mechanical ventilation</li> <li>→Cannot be used if the patient interrupts the 15-s EEO</li> </ul>	<ul style="list-style-type: none"> <li>→ Interruption of the test before its end by breathing efforts of the patient</li> </ul>	<ul style="list-style-type: none"> <li>✓ CO</li> </ul>	≥ 5%	+++
Vt challenge	<ul style="list-style-type: none"> <li>→Requires no measurement in CO/SV (just an invasive or non-invasive arterial pressure curve)</li> <li>→Reliable in prone position and in spontaneously breathing patients</li> </ul>	<ul style="list-style-type: none"> <li>→Requires mechanical ventilation</li> <li>→Different diagnostic thresholds reported</li> <li>→Requires more validation</li> </ul>	<ul style="list-style-type: none"> <li>→Cardiac arrhythmias?</li> <li>→Intra-abdominal hypertension?</li> </ul>	<ul style="list-style-type: none"> <li>✓ VTI (better with additional EIOI)</li> </ul>	EEO alone: ≥ 5%	+
				<ul style="list-style-type: none"> <li>✓ perfusion index</li> <li>✓ PPV</li> </ul>	EEO + EIC: ≥ 13%	+
					≥ 2.5%	+
					≥ 1 to 3.5%	++
Vena cava distensibility	<ul style="list-style-type: none"> <li>→Requires no measurement in CO/SV</li> </ul>	<ul style="list-style-type: none"> <li>→False positives in case of spontaneous breathing activity and possibly right ventricular failure</li> <li>→False negatives in case of low Vt, low lung compliance</li> <li>→Quite low reliability</li> <li>→Not reliable in case of IAH</li> <li>→For SVC: requires TOE</li> </ul>	<ul style="list-style-type: none"> <li>→Those of PPV (except cardiac arrhythmia)</li> </ul>	Absolute value itself	IVC: ≥ 12% SVC: ≥ 12 to 36%	+



# Prediction of fluid responsiveness in critical care: Current evidence and future perspective

Luigi La Via<sup>a,\*</sup>, Francesco Vasile<sup>a</sup>, Francesco Perna<sup>a</sup>, Mateusz Zawadka<sup>b</sup>

	Equipment	Advantages	Disadvantages
<b>Static indices of preload</b>			
- CVP	o CVC, transducer	o Hemodynamic parameters integration	o Poor fluid responsiveness prediction
- PCWP	o Pulmonary catheter set		o Pulmonary artery damage, infections
<b>Dynamic indices of preload</b>			
- SVV	o Pulse contour analysis device (es. ClearSight, Hemosphere, PICCO)	o High fluid responsiveness prediction sensitivity	o ARDS, cardiac arrhythmia, spontaneous breathing, open chest surgery
- PPV	o Plethysmography	o No specific devices needed	
- SPV		o Non-invasive or mini-invasive	
- PVI			
<b>Echocardiographic methods</b>			
- IVC index	o Ultrasound device	o High fluid responsiveness prediction sensitivity	o Operator-dependent
- SVC index	o Critical care bed unit	o Non-invasive	o Low Tidal Volume, Arrhythmia, LV dysfunction, increased abdominal pressure, high ICP
<b>Dynamic tests</b>			
- PLR test	o Hemodynamic monitoring (or Ultrasound device)	o Easy to perform	o Low diagnostic thresholds
- Mini-fluid Challenge		o Repeatable	o Sensible monitoring required
- Tidal Volume Challenge	o Critical care bed unit	o Reliable	o Irreversible (Mini-fluid Challenge)
<b>Future perspective methods</b>			
- EEOT	o EtCO <sub>2</sub> monitoring	o High fluid responsiveness prediction sensitivity	o Operator-dependent
- CFT	o Ultrasound doppler	o Moderate sensitivity of fluid responsiveness	o Low lung compliance, aortic valve disease, LV dysfunction
- Machine learning applied to echocardiography	o Specific equipment (NICOM)		o High thoracic impedance, lung disease, electrical interference, chest deformities
- Bioreactance			

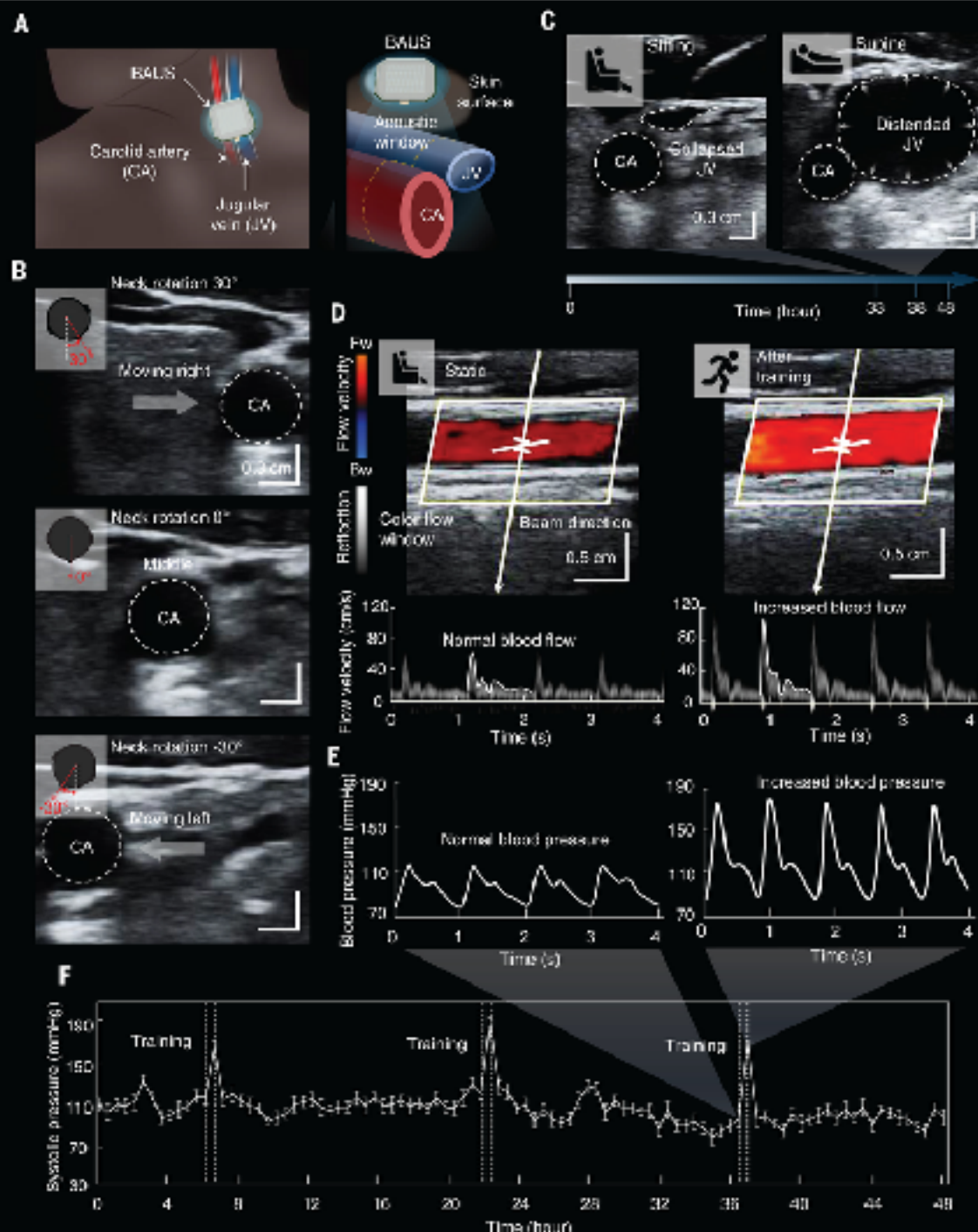


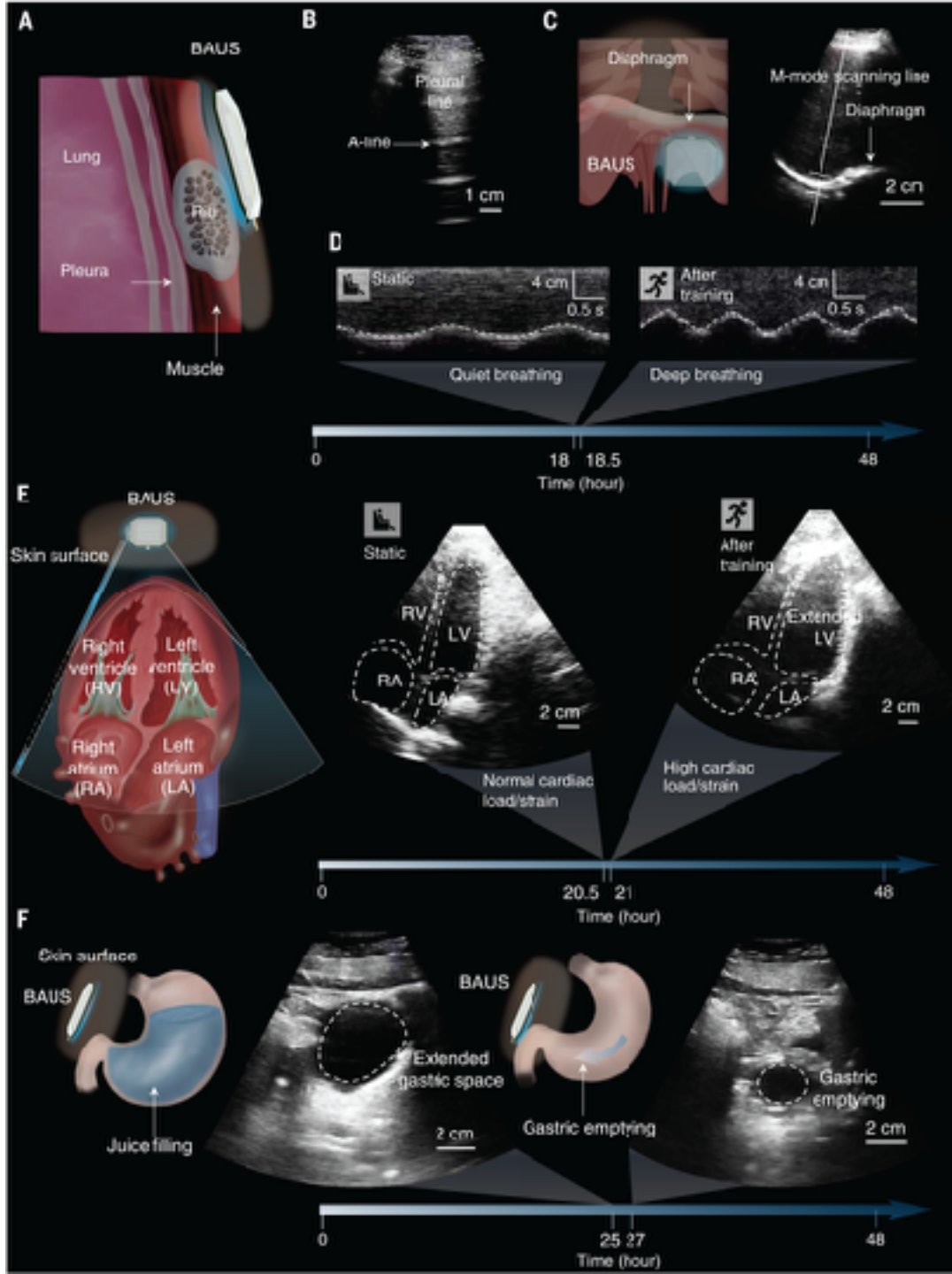


# Bioadhesive ultrasound for long-term continuous imaging of diverse organs

Chonghe Wang<sup>1†</sup>, Xiaoyu Chen<sup>1†</sup>, Liu Wang<sup>1</sup>, Mitsutoshi Makihata<sup>2</sup>, Hsiao-Chuan Liu<sup>3</sup>,  
Tao Zhou<sup>1</sup>, Xuanhe Zhao<sup>1,4\*</sup>

Continuous imaging of internal organs over days could provide crucial information about health and diseases and enable insights into developmental biology. We report a bioadhesive ultrasound (BAUS) device that consists of a thin and rigid ultrasound probe robustly adhered to the skin via a couplant made of a soft, tough, antidehydrating, and bioadhesive hydrogel-elastomer hybrid. The BAUS device provides 48 hours of continuous imaging of diverse internal organs, including blood vessels, muscle, heart, gastrointestinal tract, diaphragm, and lung. The BAUS device could enable diagnostic and monitoring tools for various diseases.





EDITORIAL



# Using echocardiography to predict fluid-responsiveness and manage the need for fluids

Antoine Vieillard-Baron<sup>1,2\*</sup> , Florence Boissier<sup>3,4</sup> and Michel Slama<sup>5,6</sup>

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**Do not fill**

**Fill**

**Optional**

## Valvulopathy

**Fluids**

Do not fill when severe MR, AR or AS

**Limitations**

Skills of intensivists.  
Discussion with an echo expert can be useful.  
Patients with severe AS poorly tolerates hypovolemia.



## EDITORIAL


# Using echocardiography to predict fluid-responsiveness and manage the need for fluids



Antoine Vieillard-Baron<sup>1,2\*</sup> , Florence Boissier<sup>3,4</sup> and Michel Slama<sup>5,6</sup>

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### Passive Leg Raising

Type of ventilation	SB or IMV. 
Clinical context	Validated regardless type of ventilation, cardiac rhythm, Vt, lung compliance.
Fluids	Optional when increase in aortic VTI $\geq 10\%$ within 1 minute.
Limitations	False negative if venous compression stockings or intra-abdominal pressure $\geq 16$ mmHg.



# Using echocardiography to predict fluid-responsiveness and manage the need for fluids

## RV size: RV/LV EDA

### Route and views

TEE transverse mid-esophageal view.  
TTE apical 4-chamber view.

### Type of ventilation

SB and IMV.

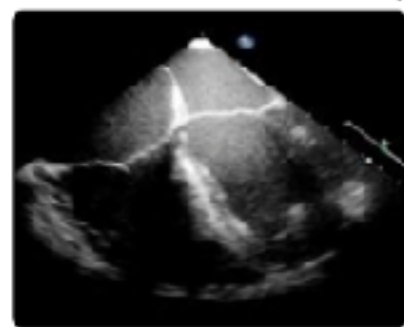


### Clinical context

Described in ARDS and in septic shock.

Do not fill when RV severely/markedly dilated.

### Fluids




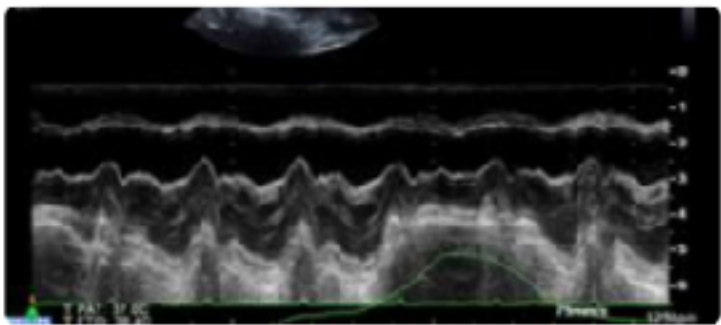
### Limitations

Optimal threshold of RV/LV EDA is unknown; could be lower than 1.

A non- severely dilated right ventricle do not always exclude to fill the patient according to the other parameters.

# Using echocardiography to predict fluid-responsiveness and manage the need for fluids

## SVC respiratory variations (SVC collapsibility index): $D_{max} - D_{min}/D_{max}$

Route and views	TEE longitudinal (90°) upper esophageal view. 2D may be combined with time-motion.
Type of ventilation	IMV without spontaneous effort. 
Clinical context	Vt 6-8 mL/kg. Shock. Still usable in arrhythmia.
Fluids	<p>Fill when collapsibility &gt;31% or partial/complete SVC collapse. Optional when mild SVC respiratory variations. It is likely that in the absence of any respiratory variation the patient is non-responder, i.e. do not fill.</p> 
Limitations	TEE is required. False negative in case of very low Vt?



# Using echocardiography to predict fluid-responsiveness and manage the need for fluids

## Respiratory variations of aortic maximal velocity: $V_{max} - V_{min}/V_{mean}$

### Route and views

TEE transgastric oblique view at  $110^\circ$ .  
TTE apical 5-chamber view.

### Type of ventilation

IMV without spontaneous effort.

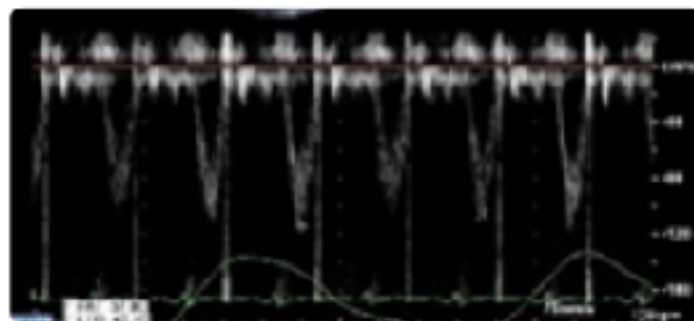


### Clinical context

$V_t$  6-8 mL/kg.  
Shock.

### Fluids

Optional when  $> 10\%$  during tidal ventilation.



### Limitations


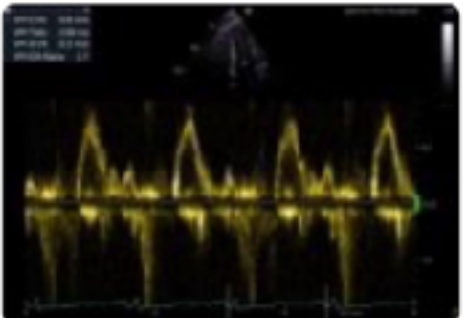
Sinus rhythm is mandatory.  
May be present in unresponsive patient with severe RV dilatation.  
False negative may occur in the case of very low tidal volume.



# Using echocardiography to predict fluid-responsiveness and manage the need for fluids

Antoine Vieillard-Baron<sup>1,2\*</sup> , Florence Boissier<sup>3,4</sup> and Michel Slama<sup>5,6</sup>

## LV filling pressure

<b>Route and views</b>	<p>TEE transverse mid-esophageal view. TTE apical 4-chamber view. Pulsed wave Doppler and tissue Doppler imaging.</p>
<b>Type of ventilation</b>	<p>SB or IMV.</p> 
<b>Clinical context</b>	<p>Most studies done in the cardiological field.</p>
<b>Fluids</b>	<p>Do not fill when elevated (restrictive mitral inflow with <math>E/A &gt; 1.8</math> and/or <math>E/E' &gt; 15</math>).</p> 
<b>Limitations</b>	<p>A restrictive mitral inflow may be observed in young patients (low LV compliance). <math>E/E'</math> was mainly validated in cardiac patients.</p>

# Using echocardiography to predict fluid-responsiveness and manage the need for fluids

Antoine Vieillard-Baron<sup>1,2\*</sup> , Florence Boissier<sup>3,4</sup> and Michel Slama<sup>5,6</sup>

## End-expiratory IVC diameter

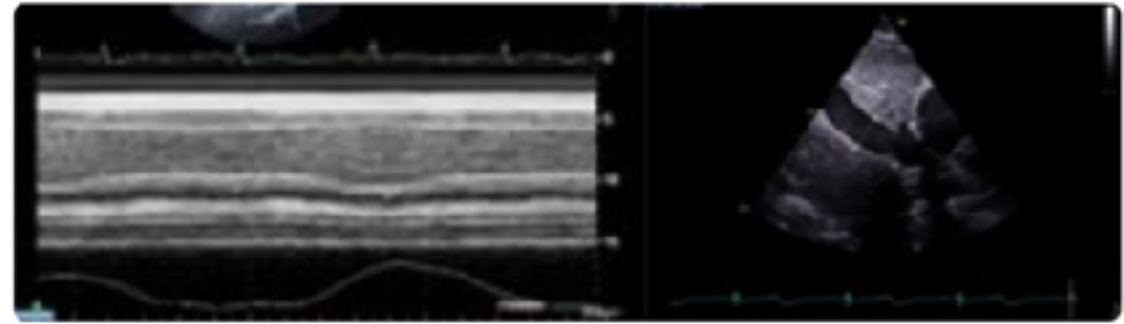
**Route and views** TTE sub-costal view. 2D may be combined with time motion.

**Type of ventilation** SB or IMV.



**Clinical context** Vt 6- 8 mL/kg.  
Shock.  
Still usable in arrhythmia.

**Fluids** Fill when diameter < 10 mm.  
Do not fill when diameter > 25-27 mm.


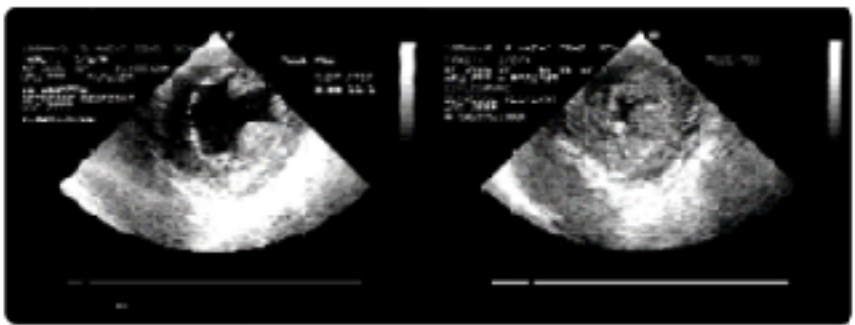


**Limitations** 2/3 of patients are between 10 and 25-27mm.  
Place of measurement can be questionable.

# Using echocardiography to predict fluid-responsiveness and manage the need for fluids

Antoine Vieillard-Baron<sup>1,2\*</sup> , Florence Boissier<sup>3,4</sup> and Michel Slama<sup>5,6</sup>

## LV size and function

<b>Route and views</b>	TEE transverse transgastric view. TTE parasternal short axis view. (At papillary muscle level).
<b>Type of ventilation</b>	SB or IMV. 
<b>Clinical context</b>	Septic shock. Dynamic obstruction with SAM may be associated.
<b>Fluids</b>	Fill when "kissing" LV with low end-diastolic area (<5 cm <sup>2</sup> /m <sup>2</sup> ). 
<b>Limitations</b>	A "kissing" LV is observed in profound vasoplegia but LVEDA is preserved.



Contents lists available at ScienceDirect

## Journal of Critical Care

journal homepage: [www.journals.elsevier.com/journal-of-critical-care](http://www.journals.elsevier.com/journal-of-critical-care)

## The emerging concept of fluid tolerance: A position paper

Eduardo Kattan<sup>a</sup>, Ricardo Castro<sup>a</sup>, Francisco Miralles-Aguar<sup>b</sup>, Glenn Hernández<sup>a</sup>, Philippe Rola<sup>c,\*</sup><sup>a</sup> Departamento de Medicina Intensiva, Facultad de Medicina, Pontificia Universidad Católica de Chile, Chile<sup>b</sup> Anesthesia & Surgery Critical Care Service, Hospital Universitario Puerta del Mar, Cádiz, Spain<sup>c</sup> Chief of Service, Intensive Care Unit, Hôpital Santa Cabrini, CIUSSS EMTL, Montreal, Canada

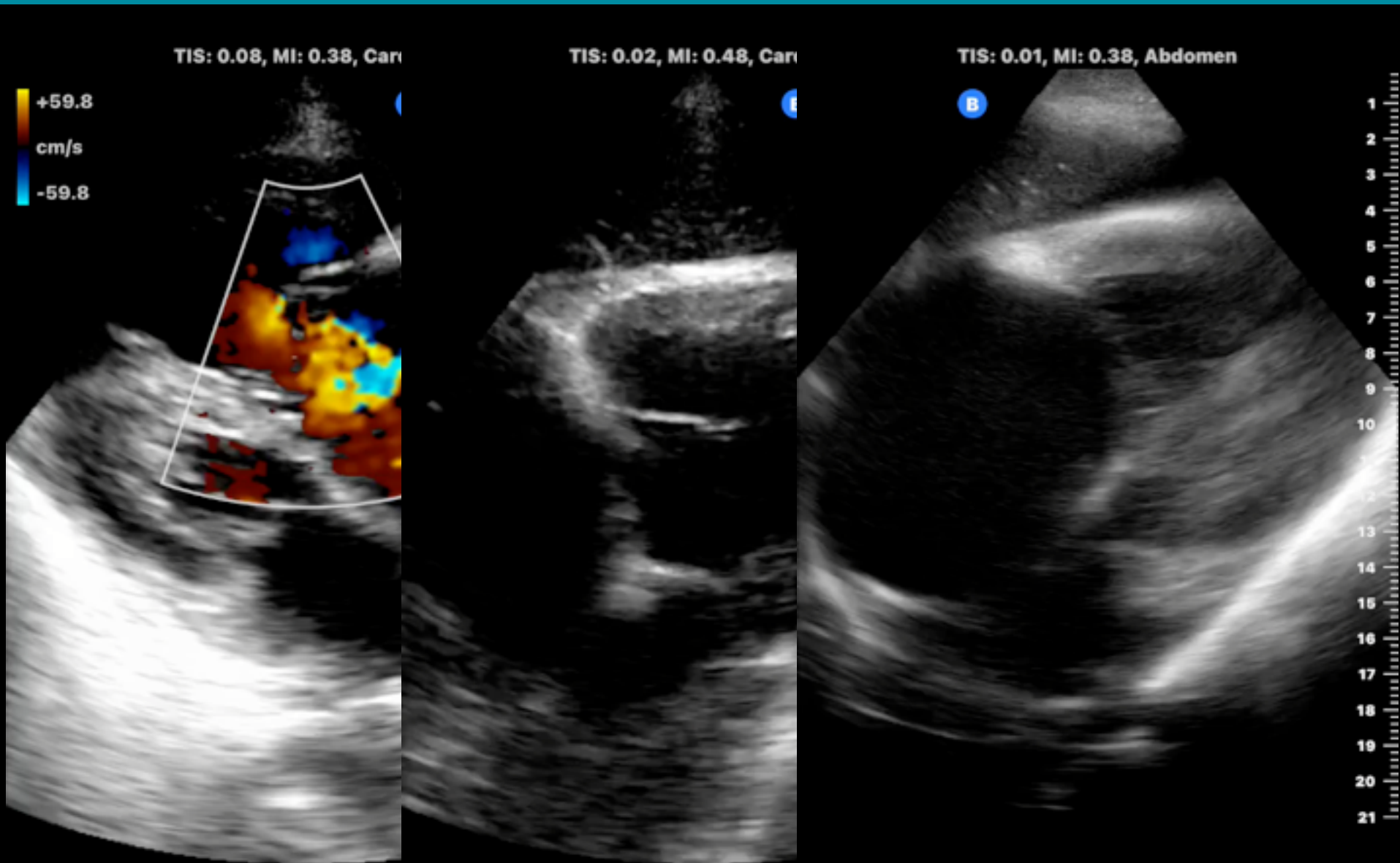
Characteristic	Fluid responsiveness	Fluid tolerance	Fluid overload
Definition	Increase on cardiac output $\geq 10\%$ after preload incrementation by manipulation of venous return in a dynamic test context.	Fluid tolerance is the degree to which a patient can tolerate administration of fluids without causation of organ dysfunction.	A state of global body accumulation of fluids after resuscitation with a deleterious impact on organ function.
When to use	During resuscitation	During resuscitation	After resuscitation
Adequate use	Increase CO through a fluid challenge in FR+ patients to resolve hypoperfusion	Modify resuscitation strategy (vasopressors, other types of fluids, etc.)	Prompt de-resuscitation
Inadequate use	Consider fluid responsiveness as a mandatory trigger for fluid administration, irrespective of tissue perfusion status	Assume that fluid intolerance only occurs in fluid unresponsive patients	Inadequate timing or intensity of de-resuscitation
Limitations	Not assessable in all patients and technical challenges	Theoretical construct, not clinically validated yet	Retrospective diagnosis; still lack of evidence on how to best de-resuscitate



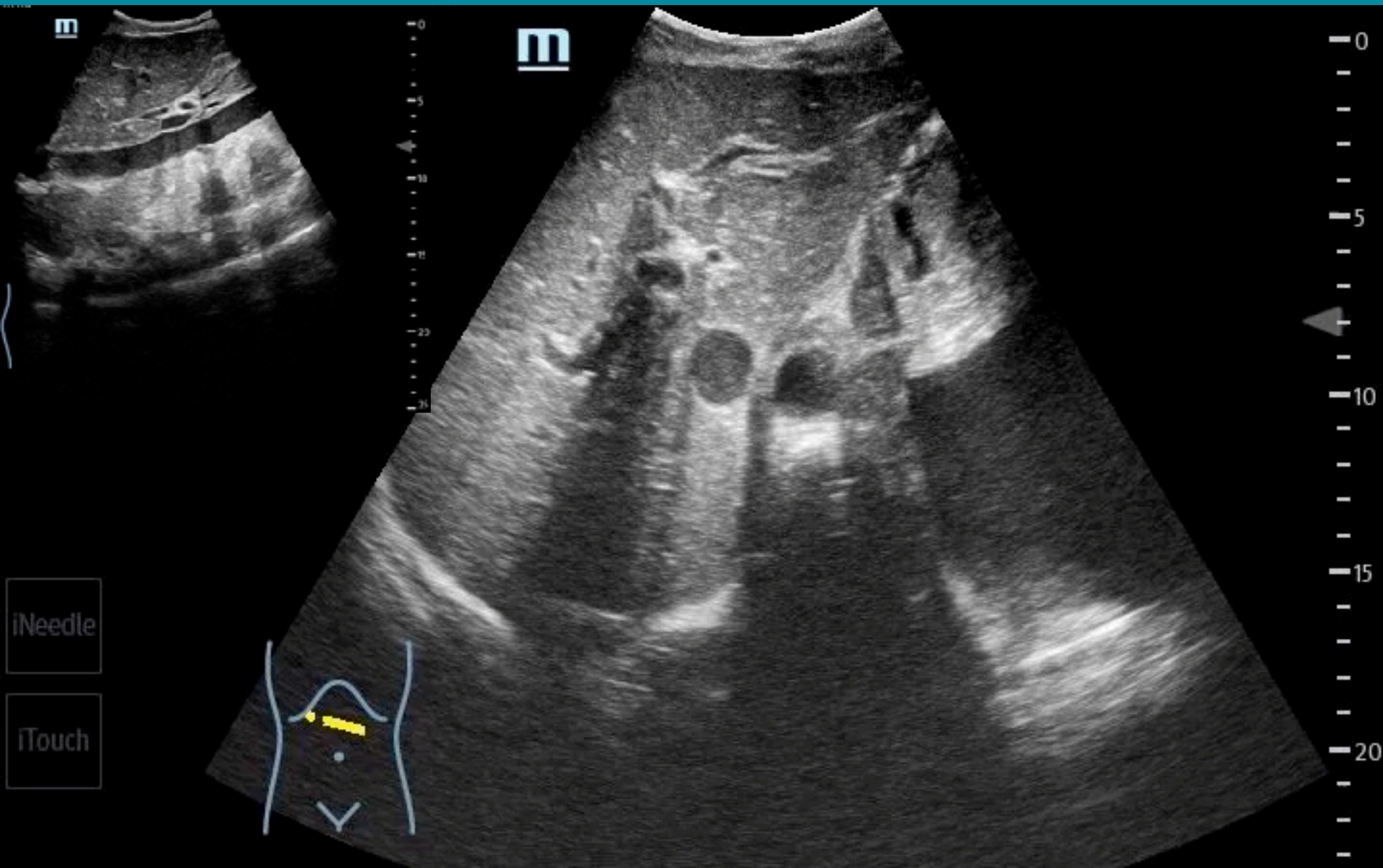
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# Fill or not to fill ?

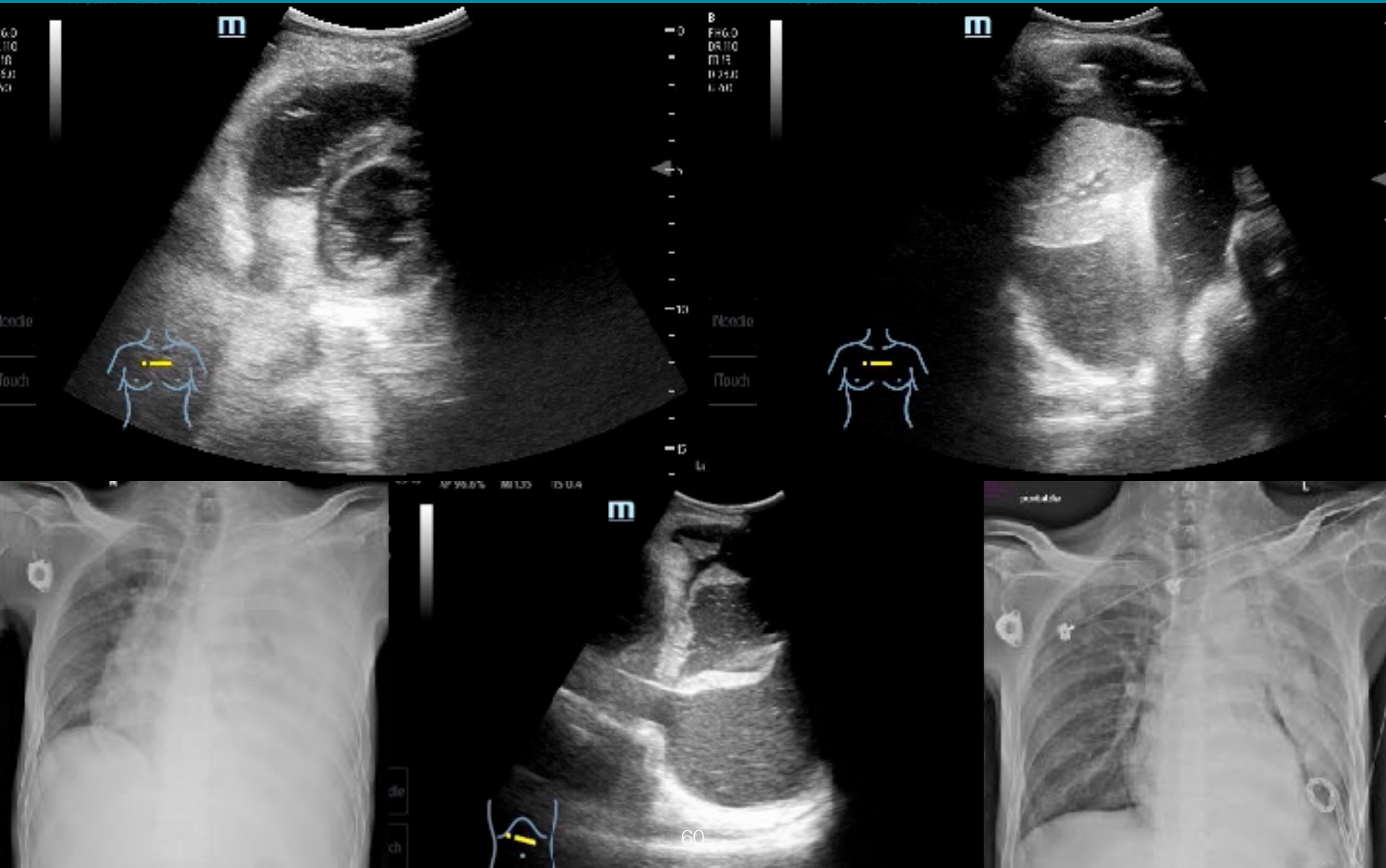


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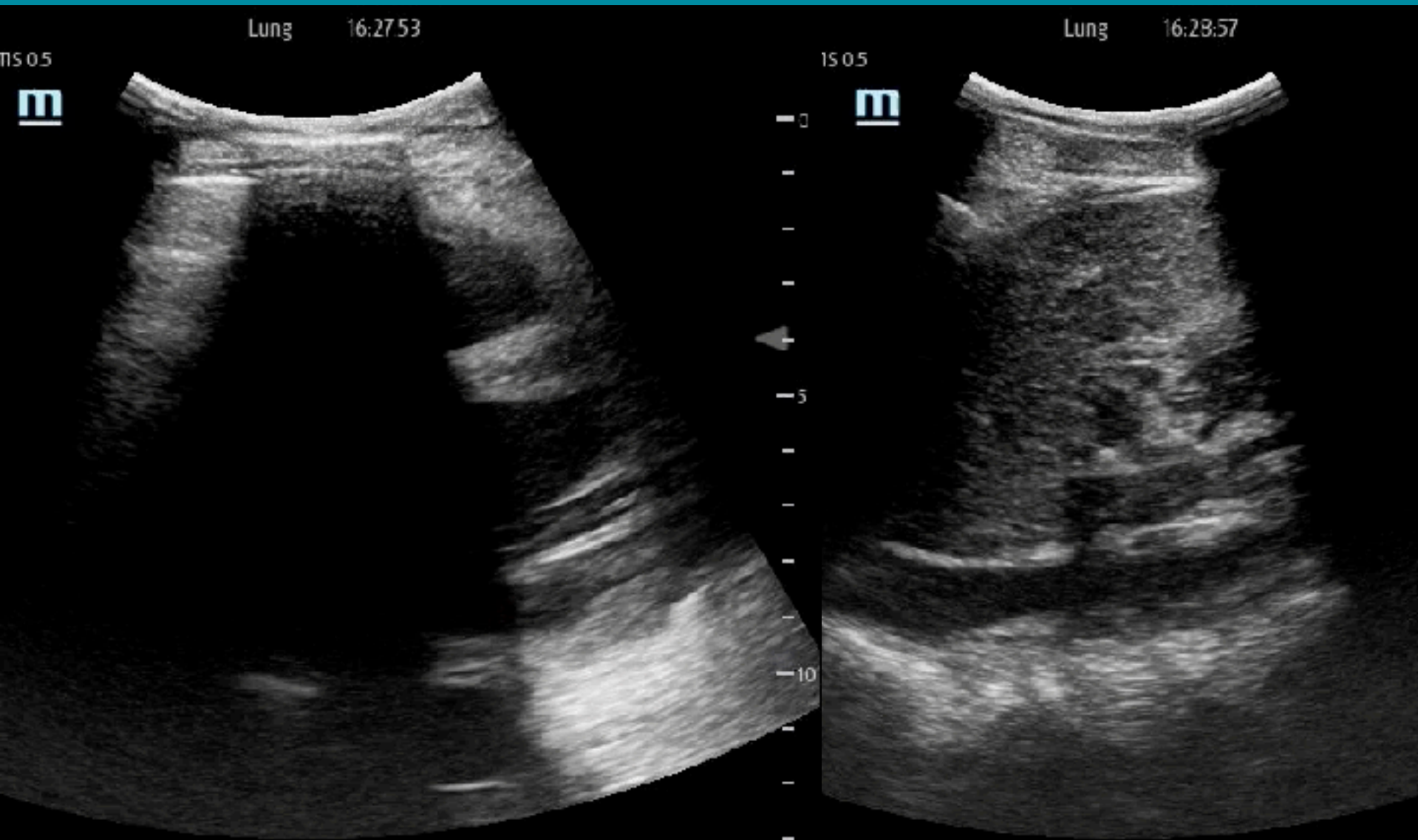


# Pyopneumothorax

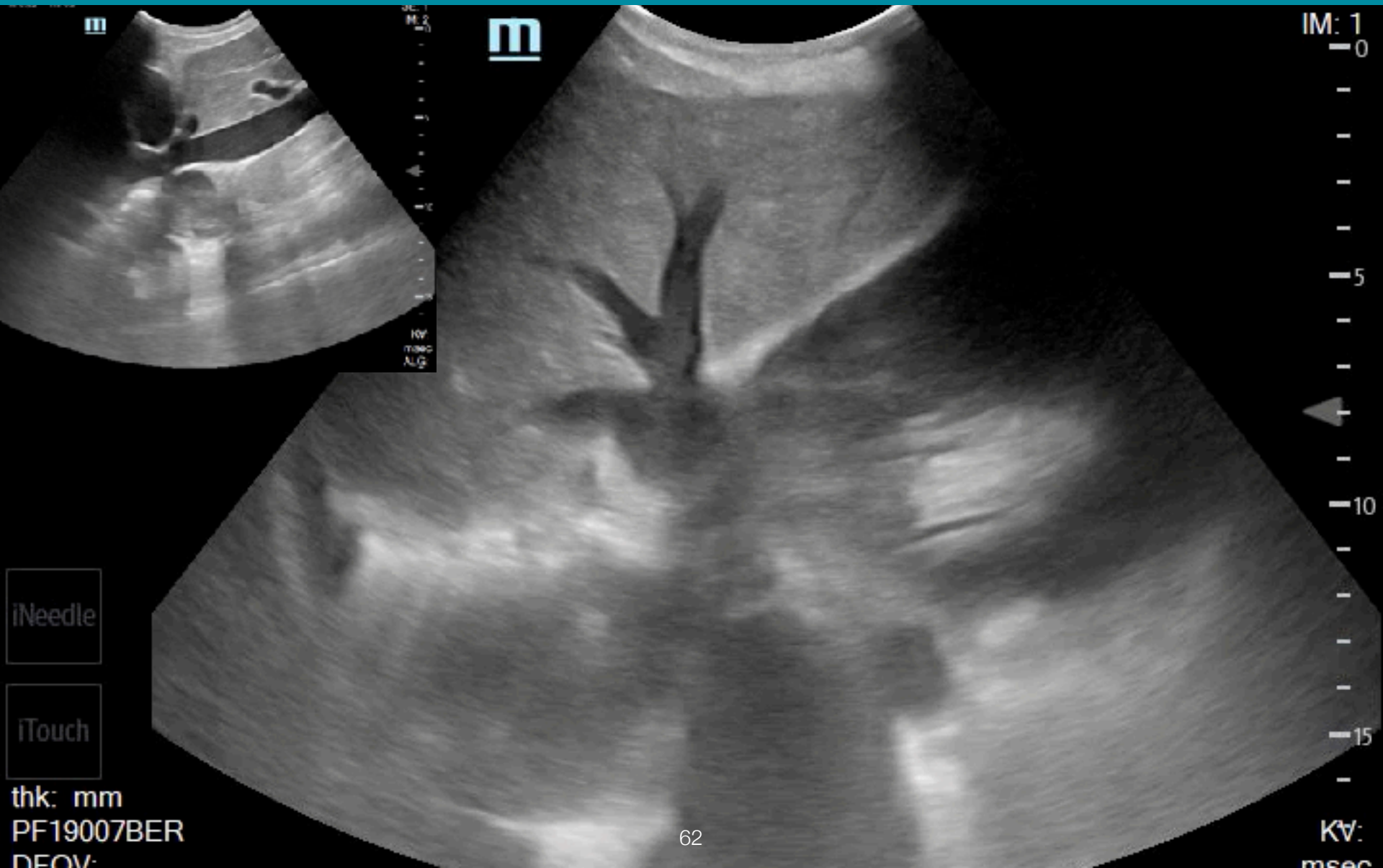




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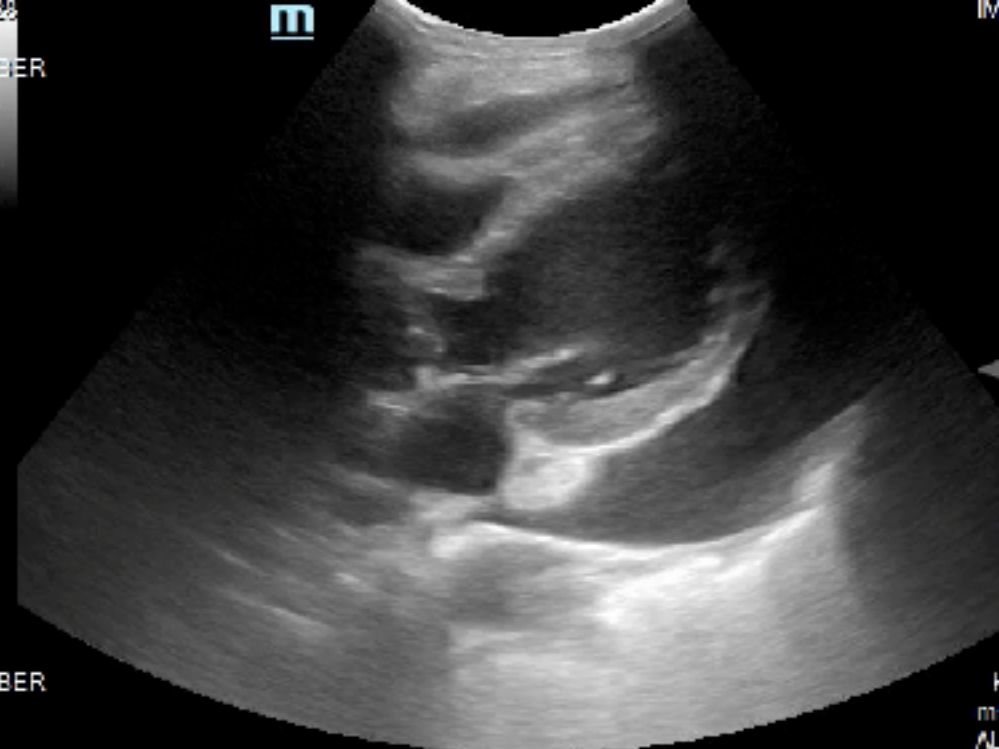


# Fill or not to fill ?





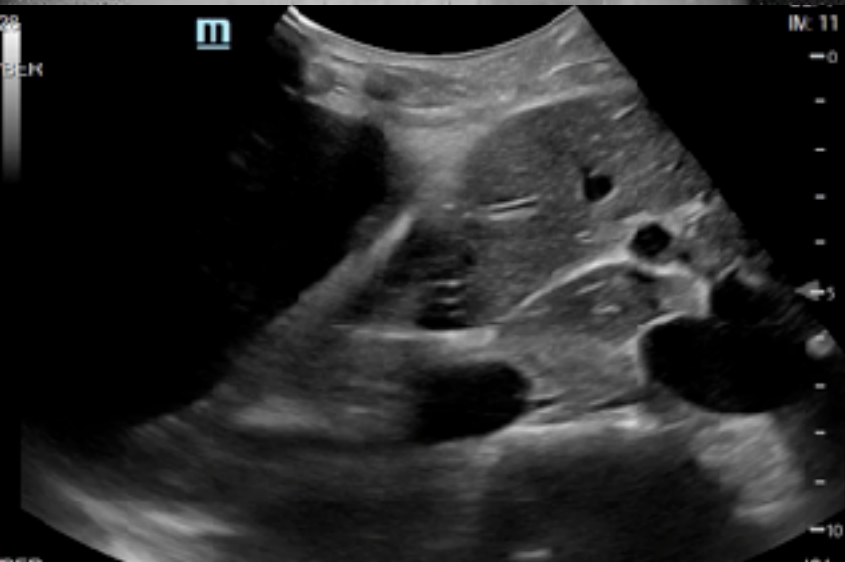
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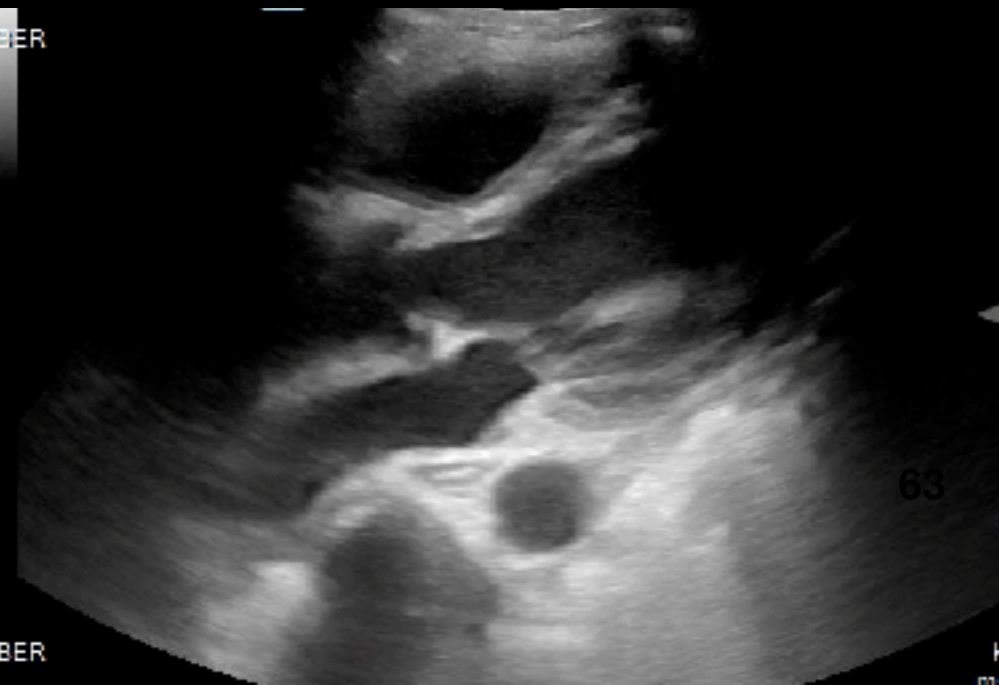
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# Heart - Lung - IVC

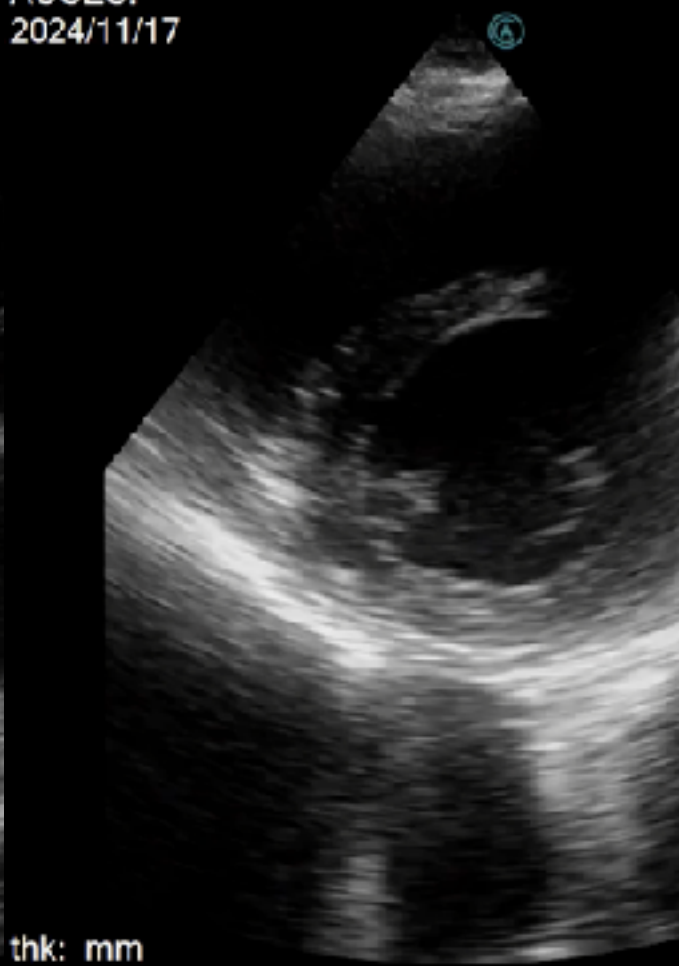
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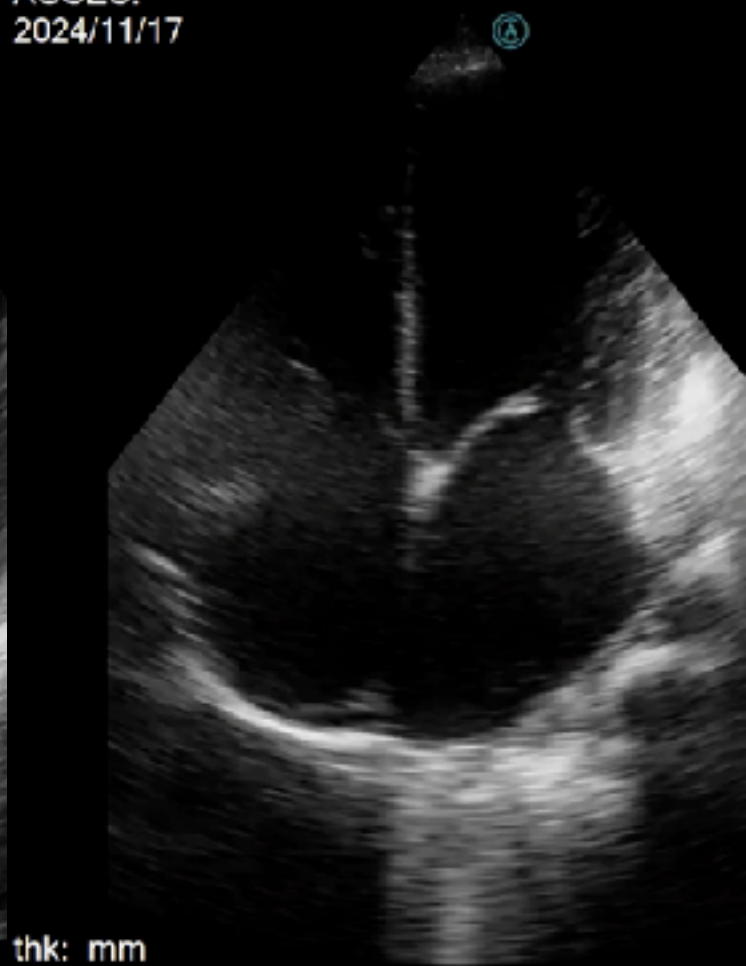
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ACCES:  
2024/11/17



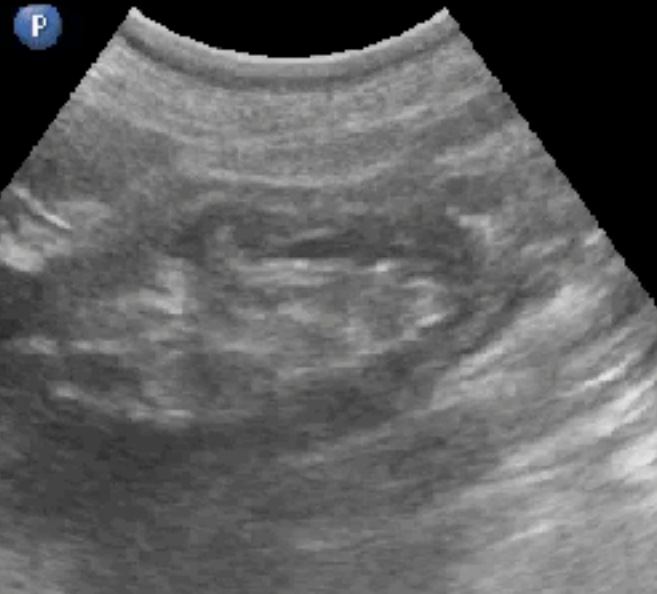
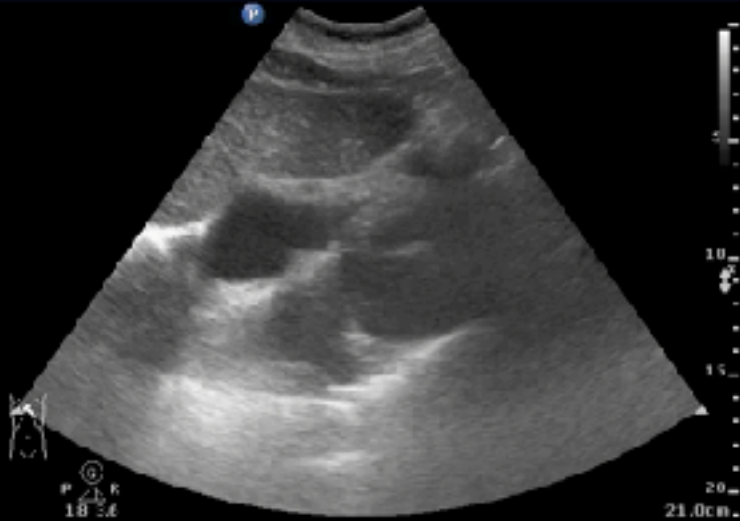
thk: mm

DFOV:



# Heart - Lung - IVC

Abd Gen  
C5-1  
27 H2  
21.0cm  
2D  
HGen  
Gn 04  
C 56  
3/3/3



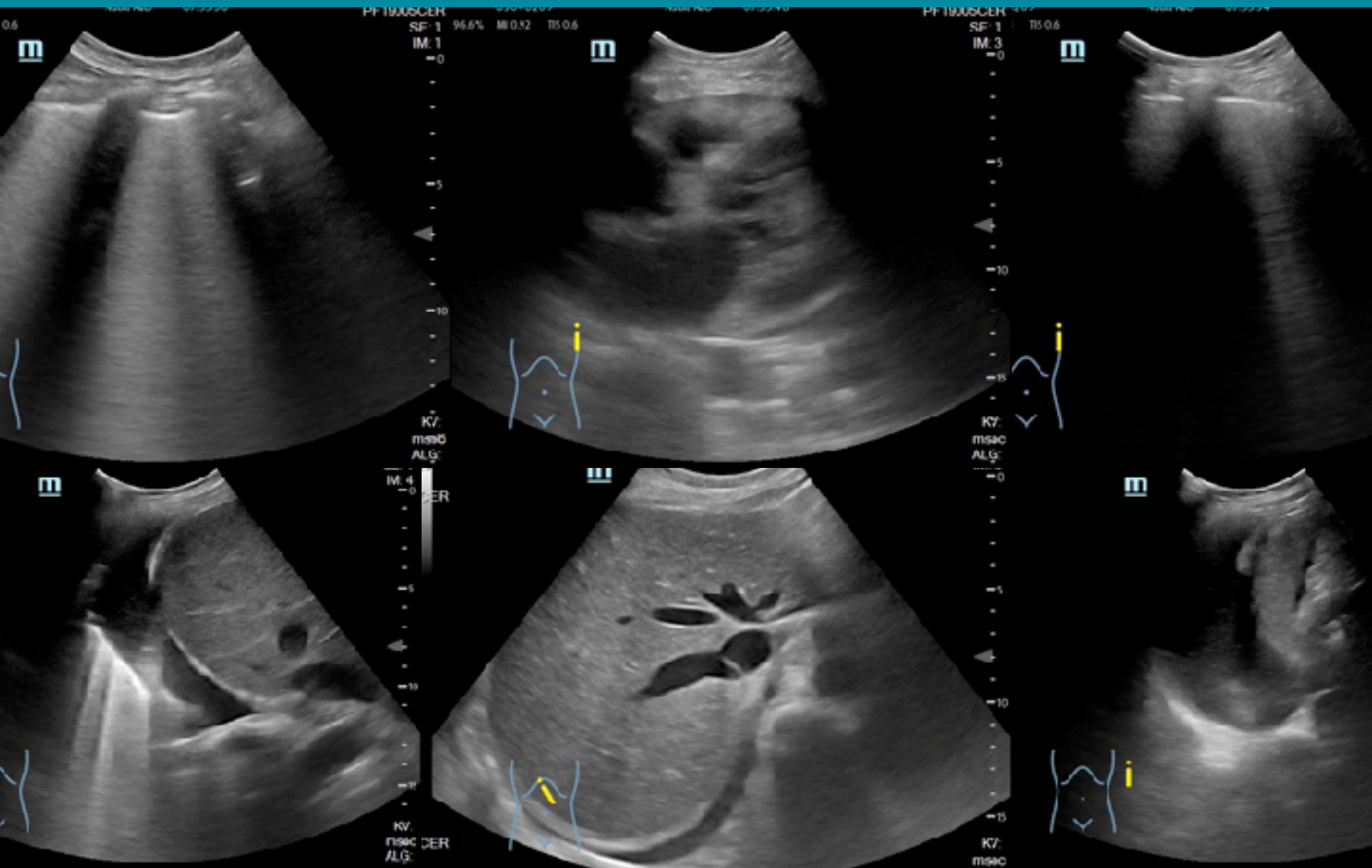
Abd Gen  
C5-1  
29 H2  
19.0cm  
2D  
HGen  
Gn 04  
C 56  
3/3/3



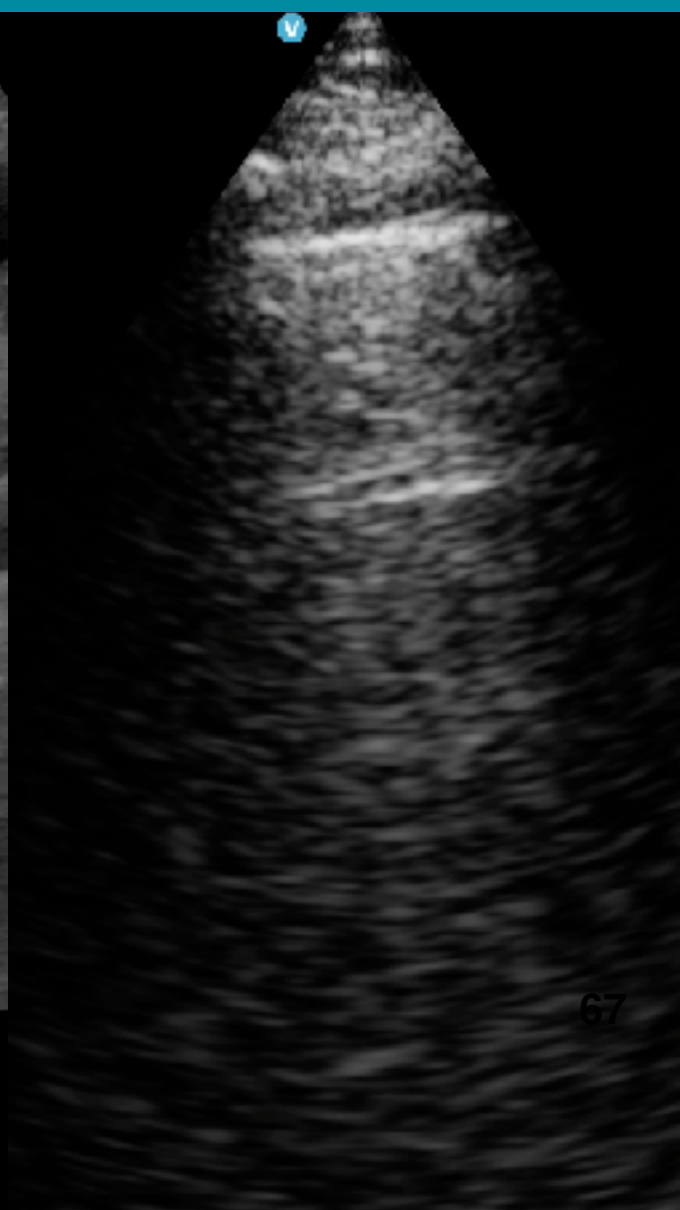
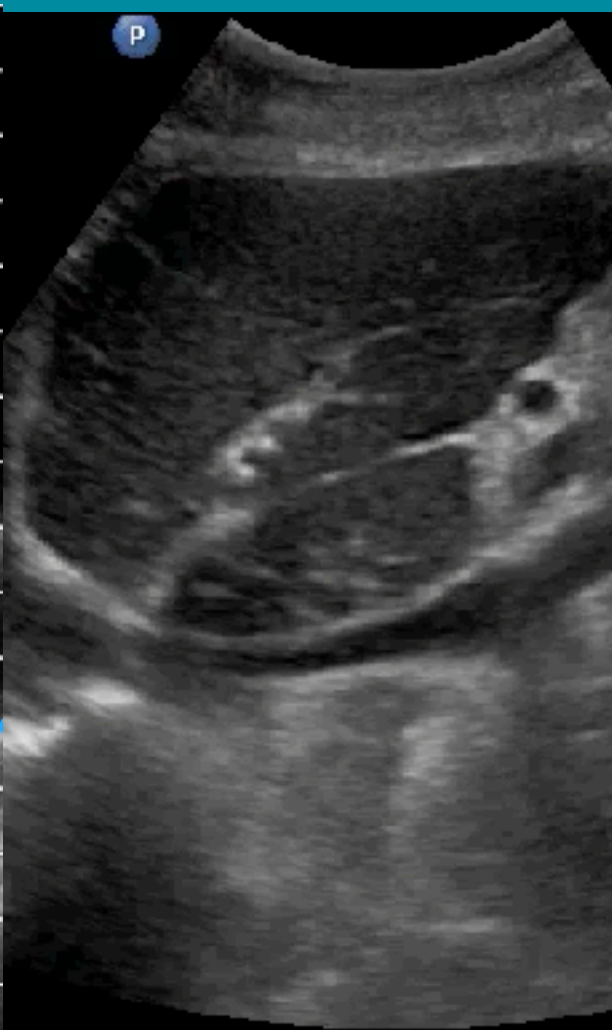
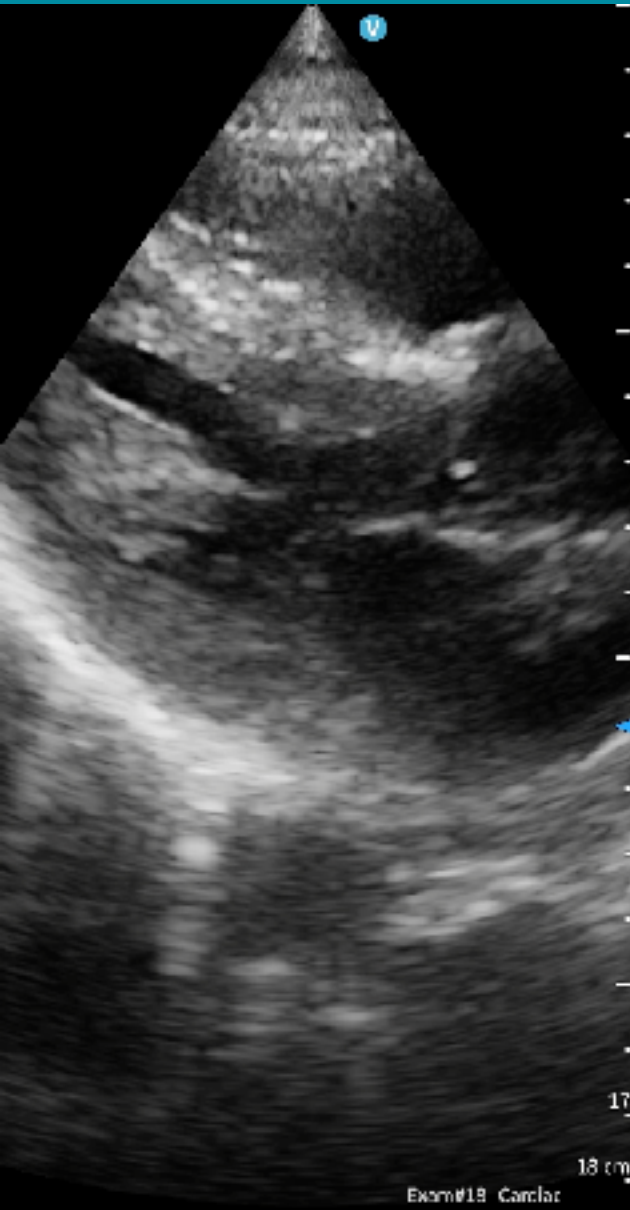
①  
P R  
1.8 3.6



# Heart - Lung - IVC

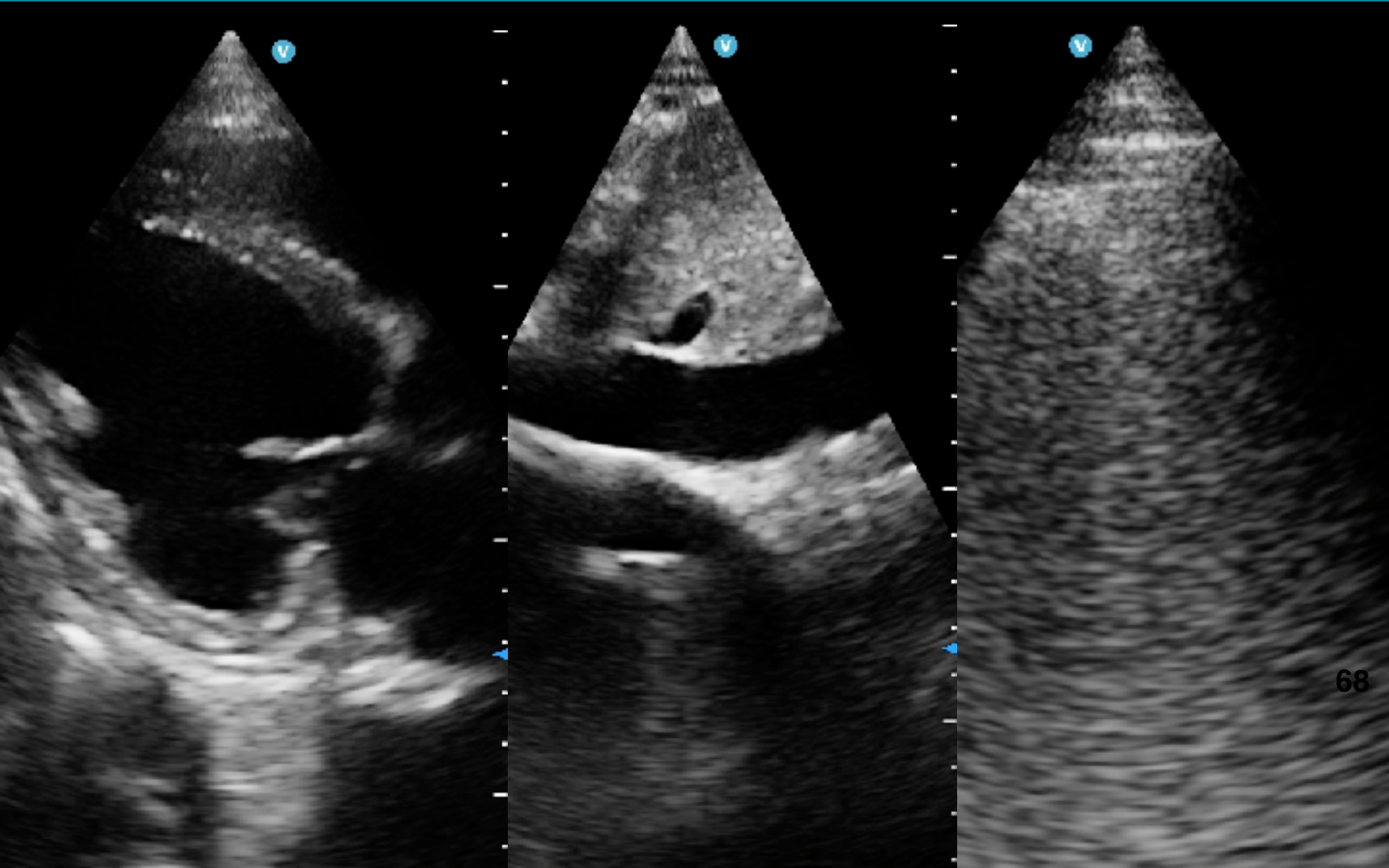


# Fill

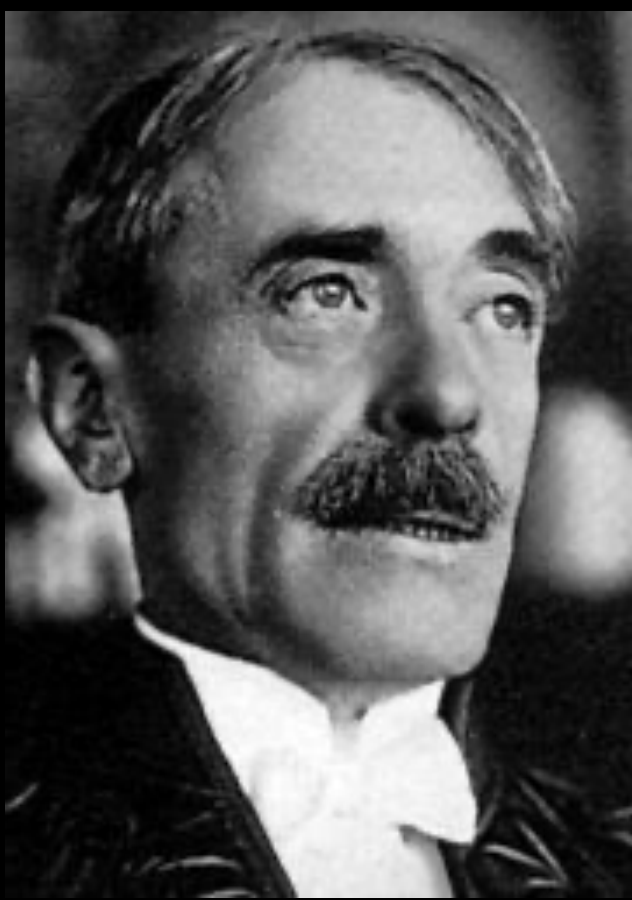




# Not to fill







# Paul Valéry

~ French poet, essayist, philosopher

*“Everything simple is false.  
Everything complex is unusable.”*